

# Update on the ISCP International Centre for Coaching Psychology Research



*Prof Stephen Palmer PhD is Co-ordinating Director of the ISCP International Centre for Coaching Psychology Research*

**T**he International Society for Coaching Psychology (ISCP) launched its research faculty, the ISCP International Centre for Coaching Psychology Research in August 2016. It was set up to support international collaboration on different aspects of coaching psychology research. This includes the dissemination of research through publications, meetings, conferences and symposium.

## **Teams and International Advisory Board**

The centre has a Development Team focusing on building up resources on the website. The centre also has an International Advisory Board. It has members from four key areas:

- Representatives nominated by the professional bodies that the International Society for Coaching Psychology (ISCP) has

a Memorandum of Understanding.

- Representatives nominated by the professional bodies that the ISCP International Centre for Coaching Psychology Research has an Memorandum of Understanding.
- Experts or specialists in coaching psychology or an allied field, affiliated to an accredited university.
- Experts or specialists from ISCP Approved Centres.

For the duration of their post, International Advisory Board members become Honorary Research Fellows of International Centre. Current research

Research undertaken so far has looked at different aspects of coaching and coaching psychology practice using online surveys:

1. The supervisee-supervisor relationship.
2. What do Coaching Psychologists and Coaches really do?

The Centre's Research is initially disseminated at International Congress of Coaching Psychology events (*Palmer, 2017; Palmer & Whybrow, 2017*) or other affiliated conferences.

### **Resources**

The resources will provide information for researchers through various methods and mediums:

- Assessment measures
- Research protocols
- Research methodology
- Videos
- Publications
- Journals
- *Coaching Psychology International* (relevant journal articles)
- Audio recordings of relevant lectures/ conference papers
- PowerPoint presentations
- An international list of doctorate students undertaking coaching psychology and allied research including contact details

The website already has 85 pages and over 18 posts which may assist researchers in their work.

### **ISCP Research Hubs**

The ISCP International Centre for Coaching Psychology Research will be setting up ISCP Research Hubs in order to bring together our members with an interest or passion about research. The Research Hubs can hold virtual meetings using zoom and invite researchers to discuss their most recent research papers.

The first virtual hub is based in Cambridge, England. The ISCP Cambridge

Research Hub held its inaugural online meeting on 2 May, 2017. Dr Kristina Gyllensten was interviewed about: Why use a mixed methods approach for a doctoral research programme? This event was well received by the international group of participants.

### **Communication with members**

Anybody with an interest in coaching and coaching psychology research is invited to join the ISCP International Centre for Coaching Psychology Research LinkedIn group. In September, 2018, our 11,400th member joined this group. The Centre also has a facebook page.

Our groups are kept up-to-date with developments and invited to become participants in our research. The online ISCP Coaching Psychology Newsletters are all archived on the Centre's website.

### **The future**

The website will increase the resources relating to different research methodologies and psychometric tools. More research hubs will be launched and further research will be undertaken. For example, as positive and coaching psychology practitioners may have coachees with a range of physical and/or mental health problems, it may benefit the profession and client groups if a greater understanding of the issues involved were investigated and guidelines developed.

Also research into whether or not Social Prescribing (*see Palmer, 2018*) could be integrated into coaching psychology practice is being considered.

## References

- Palmer, S. (2017). Beyond the coaching and therapeutic relationship: the supervisee-supervisor relationship. Keynote given on 15 September at the 7th International Congress of Coaching Psychology, 2017, Aalborg University, Aalborg, Denmark.
- Palmer, S. (2018). Can positive and coaching psychologists become more involved in social prescribing? The prescription for enhanced wellbeing. *Coaching Psychology International*, 11, 1, 27-31.
- Palmer, S., & Whybrow, A. (2017). What do Coaching Psychologists and Coaches really do? Results from two international surveys. Invited paper at the 7th International Congress of Coaching Psychology 2017. Theme: Positive and Coaching Psychology: Enhancing Performance, Resilience, and Well-being. Presented on 18th October, 2017, in London.

## Websites

- ISCP International Centre for Coaching Psychology Research: [www.iscpresearch.org](http://www.iscpresearch.org)
- International Congress of Coaching Psychology: [www.coachingpsychologycongress.net](http://www.coachingpsychologycongress.net)
- ISCP International Centre for Coaching Psychology Research Facebook page: [www.facebook.com/ISCPResearch](https://www.facebook.com/ISCPResearch)
- ISCP International Centre for Coaching Psychology Research LinkedIn group: [www.linkedin.com/groups/2156043](https://www.linkedin.com/groups/2156043)

## Biography

*Prof Stephen Palmer PhD is Co-ordinating Director of the ISCP International Centre for Coaching Psychology Research*

*Email: [president@isfcp.net](mailto:president@isfcp.net)*