

Planning Into Flow december 2018

maandag 3 Hatha 19U30 - 20U45	dinsdag 4	Woensdag 5 Vinyasa flow 19U30 - 20U45	donderdag 6 Morning Hatha 8u - 9u Soft Restorative 19U30 - 20U45	vrijdag 7	zaterdag 8 <i>Chakra Workshop</i> 13U - 17U	zondag 9
10 Hatha 19U30 - 20U45	11	12 Vinyasa flow 19U30 - 20U45	13 Morning Hatha 8u - 9u Soft Restorative 19U30 - 20U45	14	15 <i>Tantra yoga workshop</i> 9u - 13u <hr/> <i>Opstellingen</i> 13U - 17U	16
17 Hatha 19U30 - 20U45	18	19 Vinyasa flow 19U30 - 20U45	20 Morning Hatha 8u - 9u Soft Restorative 19U30 - 20U45	21	22	23
24	25	26 Vinyasa flow 19U30 - 20U45	27 Morning Hatha 8u - 9u Soft Restorative 19U30 - 20U45	28	29 <i>Sacred Communication workshop</i> 14U - 18U	30

Informatie en inschrijven workshops:
www.intoflow.be