

Inspirees EAT Modular Program Outline (hybrid format)

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Module	Content	Hours
Module 1: Expressive arts therapy coursework (taught by Inspirees EAT faculty) Designed to meet IEATA training requirements	Expressive Arts Therapy Theory and Practice (1 semesters)	50
	Group Process in Expressive Therapy	50
	Expressive Arts Therapy Studio (1 semesters- meets the intermodal and integrative arts requirements)	50
	Applications of Expressive Arts Therapy	50
	Total	200
Module 2: General Training (Partly outsourced to partners). Exempted for students with MA degree in social work or psychology. Designed to meet IEATA training requirements	Abnormal Psychology or Psychopathology	25
	Developmental Psychology	25
	Ethics of Professional Practice	25
	Theories of Therapy/Counseling	25
	Total	100
Module 3: Internship (Only for students who have completed a MA and are going to apply for the REAT)	Expressive Arts Therapy Internship (MA degree required) Students with psychology background: 200 hrs Students with arts background: 500 hrs	200/500
	Supervision Students with psychology background <ul style="list-style-type: none"> • Group supervision 50 hrs • 1-1 supervision 25 hrs to be provided on site Students without psychology background <ul style="list-style-type: none"> • Group supervision 100 hrs • 1-1 supervision 50 hrs to be provided on site 	75~150
	Total	275~650
	Grand total	475~950

After the Modules 1/2/3 of institutional training, students will receive the certificate of completion of EAT training from the Inspirees Institute with the title of Expressive Arts Facilitator/Practitioner/Educator. For students who have the MA degree and meet all eligibility requirements including 1000 hrs of related work experience in the field, after completion of their EAT training, students are eligible to apply for the REAT credential (registered expressive arts therapist) from the IEATA Association.