



BLACK HEALTH INEQUALITIES SUMMIT

25 March 2024

FROM RECOGNITION TO ACTION:

Community and Systems Collaboration Approach to
Improving the health of Black Londoners

The Royal Society of Medicine

1 Wimpole St, London, W1G 0AE | **09:30hrs – 17:00hrs**

#BlackHealthSummit24

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Welcome

from Co-Chairs of London inspire Programme

inspire

Supporting the health of
Black Londoners



Juliet Amoa

We are delighted to welcome you to the London Inspire Programme Black Health Inequalities Summit - From Recognition to Action: Community and Systems Collaboration Approaches to Improving the Health of Black Londoners.

This summit marks a crucial step forward in our collective journey towards health equity for Black Londoners. We acknowledge the historical and ongoing challenges faced by Black communities in accessing quality healthcare and achieving optimal health outcomes. In this context, the London Inspire Programme is a clarion call from recognising these existing realities to actioning culturally equitable access for high-quality Healthcare.

"From Recognition to Action" signifies a critical shift. We move beyond simply acknowledging these disparities to actively co-creating solutions - By bringing together community voices, healthcare professionals, policymakers, and cross sector stakeholders we aim to be more practical in highlighting solutions that truly make a difference.

The summit will deliver cross-sector foundational knowledge that addresses various issues exacerbating health inequalities in London's Black community

There will be Keynote speeches from senior health leaders and health inequalities experts showcasing system leadership to tackling health inequalities.

Presentations highlighting best practices will be delivered to amplify the voices of Black communities who are leveraging purposeful collaborations to co-create pathways to a healthier future.

There will be a strong focus on building sustainable systems for long-term health improvement, leading to action plans that will guide participants in developing actionable strategies.

The programme culminates with a focus on creating lasting change, building trust with communities and Pledges with a call to action to improve the health of London's Black community.

We believe that through genuine collaboration and a commitment to action, we can create a healthier and more equitable future for Black Londoners.

Thank you and we hope you find the day really enlightening!

Juliet Amoa, Associate Director in Equality, Diversity and Inclusion for Community Health and Engagement in the Borough of Lambeth.

Cedi Frederick, Independent Chair at the London Legacy and Health Equity Partnership (LHEP) Oversight Group.

About

the London inspire Programme (LiP)

inspire

Supporting the health of
Black Londoners

Across Greater London, the mosaic of diverse communities is one of its greatest strengths. However, within this tapestry lies a stark reality – historic health inequalities disproportionately affecting the Black Caribbean & African communities. The COVID-19 pandemic undoubtedly made acutely visible the state of poor health in the Black Caribbean & African communities, which contributed to excessive death rates compared to what was evidenced across the white community.

There is a body of academic and community research that highlights how poor health outcomes can be avoided if institutional and structural racism are dealt with head-on. Acknowledging the urgent need for change led to the development of the London inspire Programme .

The London **inspire** Programme is a ground-breaking programme developed to raise awareness and promote targeted health interventions aimed at reducing the staggering health inequalities faced by Black people in London.

It is specifically dedicated to promoting health equity and will seek to galvanise and amplify the voices of Black Caribbean and African communities across all 32 boroughs in London. It will champion calls for improvements to the health and wellbeing of all Black Londoners and enable the Black community to play an active role in engaging the wider systems that influence health and wellbeing outcomes.

Initially implemented through the 8 Boroughs Pilot Project, the programme will now seek to enhance current initiatives addressing health inequalities faced by the Black community across London.

This programme will promote collaboration and sharing of good practice, highlighting models of engagement that improve overall health and wellbeing. It will utilise strong communication within and across Local Authorities, Integrated Care Systems (ICS), primary and acute care trusts, NHS partners, businesses, and the Voluntary Community Faith and Social Enterprise sector.

The **inspire** network and the programme's Steering Group is co-chaired by:

Juliet Amoa - Associate Director, EDI Community Health and Engagement (London Borough of Lambeth)

Cedi Frederick - Independent Chair, London Legacy & Health Equity Partnership Oversight Group (LHEP)

The delivery of the programme is led by the Caribbean & African Health Network (CAHN), funded by the NHS.

Steering Group Members:

1. **Dr Geoffrey Ocen** – CEO, The Bridges Renewal Trust
2. **Oveta McInnis** – Chair of Enfield Caribbean Association
3. **Sistah Stella Headley** – CEO/Co-founder of RMUK Wellbeing CIC (RMUK)
4. **Sheri Lawal** – Founder of Choices CIC
5. **Paula Bryan** – Carers4Carers
6. **Dr Julie Hammond** – GP in Dartford East
7. **Angharad Shambler** – Senior Public Health Strategist, Haringey Council
8. **Brenda Scotland** – Public Health Programme Manager (Healthy Communities) London Borough of Tower Hamlets
9. **Dr Datapwa Mujong** – GP in North Kensington
10. **Leah De-Souza Thomas** – Office for Health Improvement and Disparities
11. **Rev Les Isaac** – President, Ascension Trust
12. **Lamide Kamau** – Senior Communications & Engagement Manager, LHEP, NHS England
13. **Asha Winifred** – Development Manager Lambeth Together - Equality, Diversity & Inclusion

LiP Year One Objectives



Charles Kwaku-Odoi DL



On behalf of the delivery team, I would like to thank you for attending the London inspire Programme first annual Black Health Inequalities Summit.

For many years, we have known about the stark health inequalities and disparities faced by Black Caribbean and African People in the United Kingdom, however, it took COVID-19 to wake many up to have the conversation. Our theme is right because we need intentional targeted action and not warm words if we are to improve the health of Black people.

Furthermore, the healthcare system cannot do to Black people; co-designing and co-production must be the way forward if we are to build trust for equitable access and improve health outcomes. This summit is not just about information sharing; but a call to arms to move beyond recognition to personal and organisational responsibility regarding unwanted variation in healthcare outcomes.

I am extremely delighted to have funders in the Summit who are considering sustainable funding approaches to support the impactful work led by Black people aimed at providing culturally appropriate services and initiatives. We believe in the principle of nothing for us without us; led by and led for! We look forward to seeing the pledges made from today and keen to support individuals and organisation implement actionable strategies, and with an intentional shared commitment to improved health of the Black community.

Support CAHN and the London inspire programme in our mission to eradicate health inequalities and wider disparities for Black Caribbean and African people within a generation.

Massive thanks to our LIP Co-Chairs and Steering Group members for incredible support in delivering on year one priorities. To our programme funder NHS England via the Legacy Health Equity Partnership (ending March 2024) and Summit funders Impact on Urban Health and The National Lottery Community Fund; un grand merci / muito obrigado!!!

About the Caribbean & African Health Network (CAHN)

CAHN is a national, Black-led organisation well positioned to facilitate collaboration and partnerships and to create access opportunities for the private and the public sectors to work with Black communities across the UK. CAHN has reach to thousands of people from across the Black Caribbean and African diaspora. CAHN can help partners to achieve their goals whether this is for representation in research, recruitment, increasing uptake of health screening, and enhancing initiatives aimed at Black people for better health outcomes. CAHN is set up to address the wider social determinants and reduce health disparities for Black people of Caribbean & African descent across the UK. We work with the Black community and cross-sector organisations at strategic and operational levels to build community resilience, relationships, and a social movement to reduce health inequalities. CAHN's vision is to end health inequalities and wider disparities for Black Caribbean and African people in a generation. Our mission is to ensure that the strategic and operational actions of service providers across health and cross sector agencies and commissioners, lead to racial and social justice for Black people.



Programme Schedule

Time	Agenda Item	Lead
09:30	Welcome Address	<p>LiP Co-Chairs</p> <p>Juliet Amoa Associate Director, EDI Community Health and Engagement London Borough of Lambeth</p> <p>Cedi Frederick Independent Chair, London Legacy & Health Equity Partnership Oversight Group (LHEP)</p>
09:40	<p>Morning Opening Remarks: The importance of Better Health Outcomes for the Black Community across London</p>	<p>Dr Leonora Weil Director NHS London Legacy and Health Equity Partnership (LHEP)</p>
09:45	<p>Keynote Address: "Racism as a determinant of Health"</p>	<p>Prof Kevin Fenton CBE London Regional Director at Office for Health Improvement and Disparities, Regional Public Health Director, London.</p>
10:10	<p>Presentation: Promoting collaboration and sharing best practices across communities</p>	<p>Oveta McInnis Chair Enfield Caribbean Association</p>
10:20	<p>Presentation: The Role of Primary Care in Reducing Health Inequalities</p>	<p>Dr Margaret Ikpoh Vice Chair, Royal College of General Practitioners</p>
10:35	<p>Presentation: Ethnicity Health Inequalities</p>	<p>Prof Habib Naqvi OBE Chief Executive, NHS Race and Health Observatory</p>
10:50	Short Break	
11:00 - 11:50	Morning Workshops – Health Conditions/Wellbeing Issues	Delegates to Workshops

Time	Agenda Item	Lead
12:00	*Back in the main room	
12:00	Plenary System and Cross Sector Collaboration <ul style="list-style-type: none"> • Stuart Love – Chief Executive, Westminster Council • Prof. Kevin Fenton – Regional Director London, Office of Health Improvement and Disparities, Department of Health and Social Care • Jeff Boothe – Chief Superintendent at Metropolitan Police • Vishaal Virani, Head of Health, YouTube • Dr Lade Smith CBE – President, Royal College of Psychiatrists 	Chaired by Nick Kituno , Correspondent, Health Service Journal
12:40	Morning Closing Remarks	LiP Co-Chairs
12:45	Lunch	
13:55	Poster Competition Winners Presentation	Professor George Holmes Patron of CAHN DL Vice Chancellor and President, University of Greater Manchester
14:00	Keynote Address: Working with Black communities for improved health outcomes	Professor Bola Owolabi , Director of National Healthcare Inequalities Improvement Programme, NHS England
14:15	Presentation: CVD Policy Paper	Dr Faye Ruddock DL , Chair CAHN
14:25	Call to Action and Pledges	Yvonne Coghill CBE
14:40 – 15:30	Afternoon workshops – Action-based	Delegates to Workshops
Short Break		
15:40	*Back in the main room	
15:40	Plenary: Creating Sustainable Change in Black Health . <ul style="list-style-type: none"> • David Knott, Chief Executive Officer, The National Lottery Community Fund . • Kamna Muralidharan, Programme Director, Impact on Urban Health . • Lizzie Smith, NHS London EDI lead; Director of Workforce, Training and Education, London Region (Interim). • Professor George Holmes, Vice Chancellor and President, University of Greater Manchester 	Chaired by Melissa Sigodo , Journalist, The Mirror
16:20	Address: Collaboration and building trust – community experience	Rev Les Isaac , President, Ascension Trust
16:25	Thank you	Charles Kwaku-Odoi DL Chief Executive, CAHN
16:30	Address: Closing Remarks	LiP Co-Chairs
16:35 – 17:00	Networking & Drinks Reception	

Summit Workshops

Morning and Afternoon Workshops

Main Auditorium – Guy Whittle (Ground floor)	Cardiovascular	Funding Black-led Community Health & Wellbeing Projects and Initiatives
Room 1: Seminar Suite (lower ground floor)	Food Insecurity	Community Health Approaches increasing engagement with Black Led organisations
Room 2: Henrietta Room (4th floor)	Immunisation and Screening	VCFS and Integrated Care Boards and Collaborations
Room 3: Dame Deirdre Hine (4th floor)	Sickle Cell	Core20PLUS5 Approach to Reducing Black Health Inequalities
Room 4: Wheatley Room (2nd floor of the library)	Maternal and Neonatal Health	Black Health Manifesto – Women, Men, Children & Young People
Room 5: Naim Dangoor Auditorium (Ground floor)	Mental Health – Young People	Scale and spread – Improvements & Expansion of Black-led Health & Wellbeing Initiatives

Morning Workshops: Health Conditions/Wellbeing Issues

Session	Chair/ Facilitator	Address and Key Contributors
Maternal and Neonatal Health	Dr Akila Anbazhagan, Consultant Obstetrician and GMEC LMNS clinical lead Manchester Foundation Trust	<ul style="list-style-type: none"> Wendy Olayiwola – National Maternity Lead for Equality, Professional Midwifery Advocate NHS England Tinuke Awe – FIVEXMORE Clotilde Abe – FIVEXMORE Janet Fyle – Professional Advisory Advisor, Royal College of Midwives
Cardiovascular Disease Hypertension	Dr Vanessa Apea Consultant Physician in Sexual Health and HIV, Barts Health NHS Trust	<ul style="list-style-type: none"> Dr Faye Ruddock – Chair, Caribbean & African Health Network (CAHN) Julie Jaye Charles CBE
Food Insecurity	Leah de Souza-Thomas Health and Wellbeing Programme Manager, Office for Health Improvement and Disparities (London Region)	<ul style="list-style-type: none"> Sistah Stella Headley RMUK Wellbeing CIC Sheri Lawal – Director at Choices, Islington Stop & Search Community Monitoring Group Chair
Mental Health – Young People	Dr Lade Smith CBE President, Royal College of Psychiatrists	<ul style="list-style-type: none"> Dr Yansie Rolston FRSA, – Associate Director – Health & Wellbeing, The Ubele Initiative
Sickle Cell	Dr Evelyn Mensah – Consultant Ophthalmic Surgeon, Clinical Lead & WRES Expert at London Northwest University Healthcare NHS Trust	<ul style="list-style-type: none"> Dr Dianne Addei – Senior Public Health Advisor, National Healthcare Inequalities Improvement Programme, NHS England Marsha Jones, Director of Nursing and Safeguarding at North East London Integrated Care System.
Immunisation and Screening	Dr Loretta Ogboro-Okor, Consultant Obstetrician and Gynaecologist	<ul style="list-style-type: none"> Dr Oge Ilozue, Chair of Barnet Local Medical Committee Dr Aziza Sesay, NHS GP, Fellow of Health Awareness, Advocacy and Empowerment Riyadul Karim, Assistant Director – Community Engagement and Vaccine Equity, NHS England – London Region.

Afternoon Workshops: Action Based

Session	Chair/ Facilitator	Address and Key Contributors
Community Health Approaches – increasing engagement with Black Led organisations	Brenda Scotland – Public Health Programme Manager, LB Tower Hamlet	<ul style="list-style-type: none"> Robbie Currie – Lead Commissioner: London HIV Prevention Programme, London Borough of Lambeth Asha Winifred, Development Manager Lambeth Together – Equality, Diversity & Inclusion Riyadul Karim, Assistant Director –Community Engagement and Vaccine Equity, NHS England – London Region. Pastor Emmanuel Ajoku – Caribbean & African Health Network

VCFSE and Integrated Care Boards and Collaboration	Dr Datapwa Mujong, GP in North-West London with Public Health roles	<ul style="list-style-type: none"> • Lizzie Smith - NHS London EDI lead; Director of Workforce, Training and Education, London Region • Oveta McInnis, Chair Enfield Caribbean Association • Cedi Frederick, Chair, NHS Kent and Medway • Pastor Nick Chanda, Revival Church of Enfield
Funding Black-led Community Health & Wellbeing Projects and Initiatives	Sarah Watson, Head of Innovation, The National Lottery Community Fund	<ul style="list-style-type: none"> • Kamna Muralidharan - Programme Director, Impact on Urban Health • David Knott, Chief Executive Officer, The National Lottery Community • Shane Ryan MBE - Senior Adviser to CEO, The National Lottery Community Fund • John Hume, Chief Executive, People's Health Trust
Scale and spread - Improvements & Expansion of Black-led Health & Well-being Initiatives	Becky Margiotta Principal/Owner at The Billions Institute	<ul style="list-style-type: none"> • Ruth Jordan - Assistant Director Improvement, Implementation & Spread, Cardiff and Vale UHB • Rev Les Isaac, President, Ascension Trust
Core20PLUS5 Approach to Reducing Black Health Inequalities	Dr Julie Hammond, Salaried GP (Dartford East Health Centre); BMA EDI Advisory group member; Core20PLUS5 NHS Ambassador	<ul style="list-style-type: none"> • Charles Kwaku-Odoi DL - Chief Executive Officer, Caribbean & African Health Network (CAHN)
Black Health Manifesto - Women, Men, Children & Young People	Dr Loretta Ogboro-Okor Consultant Obstetrician and Gynaecologist	<ul style="list-style-type: none"> • Dr Vanessa Apea - Consultant Physician in Sexual Health and HIV, Barts Health NHS Trust

Morning Compere



Nick Kituno

Nick Kituno is a correspondent for HSJnews, focusing on workforce and north London. He has also contributed to West London Sport. Nick covers a range of topics including healthcare policy, government decisions, and employee issues within the healthcare sector.

Afternoon Compere



Charles Kwaku-Odoi DL

Charles Kwaku-Odoi DL is Chief Executive of the Caribbean & African Health Network (CAHN). He is a Deputy Lieutenant of the County of Greater Manchester and also an honorary member of the esteemed Faculty of Public Health (FPH). He sits on local and national governance boards including Manchester Foundation Trust Council of Governors, Faith Network for Manchester, Macc (Manchester Community Central), Greater Manchester Voluntary Community & Social Enterprise (VCSE) Leadership Group, Government SAGE ethnicity Subgroup. Charles was named in the Health Service Journal the 50 most influential Black Asian and Minority Ethnic people in health in the UK for two years

running - 2022 & 2023. <https://www.hsj.co.uk/the-50-most-influential-black-asian-and-minority-ethnic-people-in-health-full-list/7033425.article>

Charles is a great advocate for equity and fairness across a range of important health and wellbeing issues for people of the Caribbean and African Diaspora. He is involved in work that influences the research, policy, and practice at local, regional and national levels. His special interest includes Organ & Blood Donation, Civic and democratic participation, Female Genital Mutilation, HIV, Domestic Violence, Modern Slavery, Hate Crime, and Forced Marriage.

Keynote and Guest Speakers



FACULTY OF
PUBLIC HEALTH

Professor Kevin Fenton CBE, Regional Director for London in the Department of Health and Social Care's Office for Health Improvement and Disparities (OHID)

Keynote Address

Professor Kevin Fenton CBE PhD PrFPH FRCP FFSRH (Hon)

Kevin Fenton is the President of the Faculty of Public Health. He is a senior public health expert and infectious disease epidemiologist who has worked in a variety of public health executive leadership roles across government and academia in the United Kingdom and internationally. His specialist interests are in tackling health inequalities, infectious disease prevention and control, climate justice and urban health.

Professor Fenton is the Regional Director for London in the Office for Health Improvement and Disparities (OHID) within the Department of Health and Social Care (DHSC). Within this role, he is also the statutory public health advisor to the Mayor of London and the Greater London Authority and the Regional Director of Public Health for NHS London. He is also the government's Chief Advisor on HIV and Chair of the HIV Action Plan Implementation Steering Group for England.

As President, Kevin works closely with the Academy of Royal Medical Colleges, UK Local Government Association and a wide range of partners who have interests in Public Health. Kevin is committed to working with all 4 Nations of the UK and FPH members across the world.



Dr Leonora Weil

Dr Leonora Weil is a Public Health Consultant at the UK Health Security Agency, London and Director of the NHS Legacy and Health Equity Partnership - an innovative programme with a focus on reducing inequalities in immunisations, screening, and access to health. Leonora specialises in Public Health strategy, policy and applied academic research, holding senior leadership roles, and collaborating across organisations in specialist areas including vaccination, child health and health equity across the national, regional and local footprint.

A medical doctor by background, Leonora has published books, in peer reviewed journals and is an advocate for public engagement of science, writing in magazines and newspapers and delivering public talks, webinars and television interviews. She has an honorary Clinical Lectureship in the department of Applied Research at University College London. She has developed and is co-chair of the Local Authority Public Health Academic Research Network (LAPHRN) for London and North Thames developing and building on applied research across the capital.



Keynote Address

Professor Bola Owolabi, Director of the Healthcare Inequalities Improvement Programme at NHS England

Professor Bola Owolabi (MRCGP, MFPH Hon, FRSPH) is Director of the National Healthcare Inequalities Improvement Programme at NHS England (NHSE). She also works as a GP in the Midlands.

Bola has particular interest in reducing healthcare inequalities through integrated care models, service transformation, and using data insights for quality improvement. She has spearheaded NHSE's Core20PLUS5 approach to narrowing healthcare inequalities.

Internationally, Bola was a member of the Danish Ambassador's Tour De Health – a ten nation healthcare policy leaders' summit. Additionally, she was the UK representative on the Commonwealth Fund / Academy Health Tour 2023, exploring equity in national health policy across the United States, Australia, New Zealand, and Singapore.

She was previously National Speciality Advisor for Older People and Integrated Person-Centred Care at NHSE, where she led the Anticipatory Care workstream of the National Ageing Well Programme. She collaborated with teams across NHSE and the Department of Health and Social Care as part of the Covid-19 pandemic response.

Bola is an alumna of Ashridge Executive Education / Hult International Business School and holds a Master's degree with distinction in Leadership (Quality Improvement). She also received an NHS Leadership Academy Award in Executive Healthcare Leadership for Clinicians.

Bola is an Honorary Professor at the Institute of Applied Health Research, College of Medicine and Dentistry, University of Birmingham. She is also a Vice President of the Royal Society of Public Health (RSPH).



Guest Speaker

Prof Margaret Ikpoh, Vice Chair for Professional Development & Standards at the Royal College of General Practitioners

Margaret Ikpoh is a GP Partner at Holderness Health, a practice for 36,000 patients in East Yorkshire and has worked there for 12 years. She is the current Royal College of General Practitioners Vice Chair for Professional Development.

She is the practice lead for research and has had previous roles with the NIHR Yorkshire and Humber as a research champion for First5 GPs and AITs.

She is also the former Associate Director for Primary Care for Hull York Medical School and is a GP Trainer.

Currently she co-chairs the regional Primary Care Workforce Group with NHS England & Improvement for the North-East and Yorkshire Regional People Board.

At the RCGP, she has been involved in the Black, Asian and Minority Ethnic Task groups and was awarded Fellow of The Year at the 2021 RCGP Inspire Awards ceremony.



Guest Speaker

Prof Habib Naqvi OBE, Chief Executive of the NHS Race & Health Observatory

Professor Habib Naqvi is Chief Executive of the NHS Race and Health Observatory in the UK, which works to tackle ethnic inequalities in health and care by facilitating research, making health policy recommendations, and enabling long-term transformational change.

Habib joined the NHS in 2001 and spent several years working at the Department of Health and Social Care where he led national policy. From 2013, Habib directed the development and implementation of national health equity programmes for the NHS and has given evidence to the UK's House of Commons Health and Social Care Committee.

Habib was awarded an MBE in the 2019 Queen's Birthday Honours for services to equality and diversity in the NHS; he received a Fellowship through distinction at the Faculty of Public Health in 2023 and was awarded the title of Honorary Visiting Professor of Health Equity at the Queen's Institute for Medicine, University of Bolton. Habib is listed in the Health Service Journal's '100 most influential people in health'.



Chair-Panel Facilitator

Melissa Sigodo

Melissa Sigodo is a Daily Mirror community reporter covering issues affecting ethnic minorities living in the UK.

Melissa covers a range of topics including social issues, racial inequality, housing, and crime, with a focus on giving a voice to marginalized communities and shedding light on important stories that often go unnoticed.



Guest Speaker

Julie Jaye Charles CBE

Since 2021 to date, I am the NHS Board Advisor & Lead on Advocacy & Co Production at North East London NHS Foundation Trust. NHS England's first Board Advisor on Co-Production and Advocacy. Prior to this for 12 years I was a Patient & Carer Involvement Advisor, Chairperson of Patient Experience and Trustee lead on equalities, diversity and inclusion. I am also the Founding Executive Director of Start Change CIC Limited, an organisation seeking to empower disabled people of colour to drive changes that are meaningful to them and their communities. Start Change CIC is the culmination of my 30 plus years' experience as an advocate and catalyst for change for Black and minority ethnic communities and disabled people.



Guest Speaker

Yvonne Coghill CBE, FRCN

Yvonne commenced nurse training at Central Middlesex Hospital in 1977, qualified as a general nurse in 1980 and then went on to qualify in mental health nursing and health visiting. In 1986 she secured her first NHS management job and has since held a number of operational and strategic leadership posts.

Yvonne has recently retired after 43 years in the NHS. The last role she held was as Director, Workforce Race Equality, NHS London, prior to which she was the Director for the Workforce Race Equality Implementation Team in NHS England/Improvement. She is a member of the board at the Institute for

Healthcare Improvement (IHI) in the United States where she helped develop their inclusion strategy. Yvonne has delivered lectures on inclusion and diversity at Harvard University in Cambridge Massachusetts and the Johns Hopkins Hospital in Baltimore. She continues to work closely with world expert on health and race Professor D. Williams, of Harvard University School of Public Health.

In 2012 Yvonne was appointed a Magistrate to the North London bench. She has been voted by colleagues in the NHS as one of the top 50 most inspirational women, one of the top 50 most inspirational nurse leaders and one of the top 50 BME pioneers and in December 2017 she was included in the HSJ top 100 influential leaders list. Yvonne was awarded an OBE for services to healthcare in 2010 and was appointed to the position of Director for WRES implementation in June 2015. In 2018 Yvonne was awarded a Fellowship of the Royal College of Nursing, a CBE in the Queen's birthday honours list, an honorary fellowship from Kings College University, honorary doctorates from The Middlesex and Buckinghamshire Universities, voted one of the top 70 most inspirational nurses in the NHS over the last 70 years and became Deputy President of the RCN in January 2019. Summer 2020 Yvonne led on the development of a race equality strategy for London and was invited to be a senior fellow at the Institute of Health Improvement and again was voted one of the top 50 most influential black people in the NHS. Yvonne is on the board of the NHS Race and Health Observatory and co-chairs its international experts' group. Since retiring Yvonne has set up her own company, Excellence in Action and continues to work across the NHS, with the police and with colleagues in higher education.



Guest Speaker

Dr Faye Ruddock DL

Faye is founder and Chair of the Caribbean & African Health Network (CAHN). CAHN is a national, Black-led organisation seeking to eradicate health inequities and wider disparities for Caribbean and African people. She is a clinician by background and has developed master's in Public health programmes within Higher education. Faye co-chaired the Greater Manchester and Eastern Cheshire Black and Asian Maternity Advisory Group which continues to influence outcomes for Black and Asian women across the region. She is the Maternal Medicine Network Service user reference group lead for North-West of England and she is also the driver and lead for the Greater Manchester Women's Communities of Practice.

Faye Chaired the National Black Cardiovascular Advisory group which she will be presenting at the Summit. She has led on a significant number of national, regional and local research, policy and practice initiatives across health and care with a focus on race, equity and social justice, some of these include the Diabetes UK Health inequalities Commission and she is currently reviewing a Local Maternity and Neonatal System. Faye is a member of the Race & Health Observatory and the Director of Health Equity and Social Justice Institute University of Bolton. Faye holds a doctorate in decolonisation and health inequities in Black Caribbean & African people and has written a book about decolonising public health. Faye is a Deputy Lieutenant in the county of Greater Manchester.'



Guest Speaker

David Knott - Chief Executive Officer, The National Lottery Community Fund

David was appointed CEO of the National Lottery Community Fund in October 2021 after joining the Fund in October 2020. "For thirty years the National Lottery has been instrumental in funding life changing projects in the places we live in and the communities we are part of. I'm delighted to lead The National Lottery Community and our work to strengthen society and improve lives. This is what 'It starts with community' means." David has had a varied career in public and community service. Prior to joining the Community Fund, David was Director of the Office for Civil Society. In this role he was responsible for policy on charities, volunteering, young people, philanthropy, dormant assets, impact investment and mission-led business. He has also worked internationally, advising on governance and public policy in more than a dozen countries, and in the private sector. He enjoys leading people and organisations in support of social improvement. His leadership has particularly spanned fields of education, health, civil society and community development, and topics including social mobility, loneliness and culture change. He has two degrees in economics and one degree in Public Policy from the London School of Economics and Political Science.



Guest Speaker

Dr Akila Anbazhagan, Consultant Obstetrician and GMEC LMNS clinical lead Manchester Foundation Trust

I have been a consultant obstetrician for over 10 years. I currently work at St Mary's Hospital at Wythenshawe, Manchester Foundation Trust. My special interests include maternal and fetal medicine and high-risk obstetrics. My clinics provide care for women with complex medical conditions such as diabetes, cystic fibrosis, asthma, and epilepsy.

I have vast experience of maternity governance and risk.

I am the Clinical lead for the Greater Manchester and Eastern Cheshire (GMEC) Local Maternity System (LMS).

I am an UKOSS (UK Obstetric Surveillance society) member and contribute towards supporting research and understanding the rare conditions affecting pregnancies.

I was the co-chair of the GMEC Black and Asian maternity advisory group".



Guest Speaker

Dr Oge Ilozue - GP Partner, Brunswick Park Medical Practice

GP Partner & Trainer in Barnet, Barnet LMC Chair

Senior clinical advisor with the vaccination programme - NHSE, London region

Welfare secretary for Medical Associations of Nigerians across Great Britain (MANSAG).



Guest Speaker

Jeff Boothe - Chief Superintendent - Metropolitan Police Service

Chief Supt Jeff Boothe is the Programme Director for the London Race Action Plan, which seeks to improve the policing experience for black people in London. He is also currently leading on the Met's drive to increase the number of underrepresented groups, in particular women, and people from the black community to consider a career in policing.

After 24 years' service with the British Transport Police, Jeff joined the Metropolitan Police Service to be part of the Commissioners 20/20 Change Programme and bring about lasting change to a global city. He assumed the command of the London Borough of Bexley and was able to achieve the lowest crime rate in London during his tenure. Jeff is a qualified Strategic Public Order Commander, Strategic Firearms Commander and CBRN Commander; with extensive operational experience performing key command roles for events such as the London Olympics 2012, Trooping the Colour, Notting Hill Carnival and New Years' celebrations, and he was awarded a commissioners commendation for delivering the planning and organising of the four-day Queens Diamond Jubilee events in London.

Jeff developed an inclusion and diversity talent scheme within the BTP and is in the process of introducing key aspects into the MPS, which he hopes will encouraged the progression of women and Black, Asian and Minority staff within the organisation to assist in achieving one of the Commissioners 20/20 objectives of having a more diverse representation at a senior level. This scheme involved mentoring, coaching, attachments.



Guest Speaker

Dr. Aziza Sesay - NHS GP, GP educator, Honorary Senior Clinical lecturer

She has a strong passion for health education, awareness, advocacy and empowerment. She channels this through her platform 'Talks with Dr. Sesay' where she shares short informative videos, infographics, live discussions and tips on a variety of topics with a particular emphasis on women's and gynaecological health, cancer awareness, mental health and health inequity. The goal is to equip and empower individuals with knowledge in the hope of preventing disease, ensuring they are picked up early, moderating their progression and improving outcomes.

Dr Sesay is the creative director of Black Female Doctors UK organisation, Charity fundraising lead for Keep it Fax charity, one of the Board of Directors of Prevention First Initiative, Ambassador for the Eve Appeal charity and was a UN Women UK delegate for CSW 67 (volunteer role). She's been featured on BBC News, Metro News, Stylist magazine, Women's health UK and many more. She has collaborated with several different organisations including NHS, CoppaFeel!, Jo's Cervical Cancer Trust, Black Women Rising UK, PANDAS foundation and many more to help make this a reality. In addition, she has also supported several national public health campaigns.



Guest Speaker

Dr Vanessa Ape - Consultant Physician in Sexual Health and HIV Medicine

Consultant Physician with extensive experience in healthcare, academia and business sectors, spanning the UK, North America and Ghana. She is able to evidence high quality skills in senior clinical, strategic and operational leadership across the UK and Ghana. Dr Vanessa has a successful track record of managing large scale strategic programmes, with the ability to develop effective collaborative relationships through a motivational and passionate leadership style.

Dr Vanessa has been instrumental in CAHN Health Hours as a regular host and steering group member and overall support for the work CAHN undertakes around health inequalities. Dr Vanessa is driving change around Black Women's health in the development of a National Black Women's Health Manifesto.



Guest Speaker

Loretta Ogboro-Okor

Loretta Ogboro-Okor, is a UK trained Obstetrician and Gynaecology Consultant. She has been able to blend her work in the science field of medical practise with being an author, a passionate motivational speaker, women and youth health advocate, educationist and med simulation trainer as well as a social entrepreneur and an ardent blogger.

She set up Loretta Reveals "borderless motivational space" <http://lorettareveals.org> in 2015 to inspire people worldwide; sharing stories of enterprise, excellence and achievement against all odds. She also co-founded Ashanti Graham Health & Education Initiative Foundation (AGHEIF) in 2010 - a charity with the vision "21st Century Health Care for Africa."

Loretta is passionate about "Cultural Integration" in African communities as a means to tackling women's Reproductive and Mental Health issues as well as trafficking.

Aside from her own Charity, she does voluntary work with other Charities/NGOs & community commitments. Amongst these are her work with Association Against Women Export (AWWE) as donor and mentor for young women of Nigerian extraction. She is also a member of Edo State Women's Association (ESWA) UK, where she lectures and mentors young women with social challenges such as refugee, immigration irregularities or trafficked background. Likewise, Loretta has actively worked with Edo Global Organisation UK (EGO) in several of the cross UK-Nigeria community help projects at grassroots level.

She is President of University of Benin Alumni Assoc, UK and recently, she was made Chair, BoT of Creative Leadership Initiative Project (CLIP); a UK based Charity set up to advance the education and relief of poverty amongst children, women & young adults in poor resource societies.

Her long-term aspiration is to continue positively affecting humanity. She intends to optimise her work with teams that have better global outreach, formulating policies for curbing women trafficking and other girl-child and women related Reproductive Health care challenges in sub-Saharan Africa.



Guest Speaker

Wendy Olayiwola - BEM, FRSA, FRCM MSc Public Health, BA(Hons), RN, BSc (Hons), RM, ILM

National Maternity Lead for Equality NHS England. Professional Midwifery Advocate in a large NHS trust.

Wendy Olayiwola's values personal development, philanthropy, and mentoring, just as passionately promoting and advocating for equality, are integral to her core values and beliefs.

Wendy is a registered nurse and practising midwife with more than two decades of clinical practice and leadership in the community and public health. The recognition and influence of her ability and impact in England and internationally are evident by her charitable work and contributions, publications and speaking internationally.

She is very passionate about supporting and empowering nurses and midwives to provide culturally sensitive and holistic care for women and their families.

Wendy has held various senior operational and specialist positions and project management roles in maternity. She was appointed into her current role as the National Maternity Lead for Equality NHS England in February 2021.

Wendy has co-authored articles in professional midwifery journals, including Talking to Men about FGM. Reducing the incidence of Stillbirths in Black women and Sustaining quality education and practice learning in a pandemic and beyond: 'I have never learnt as much in my life, as quickly, ever'. Significant blogs include Caring for the Carers - RCN midwifery forum and promoting cultural safety and cultural intelligence - dismantling racism in maternity care -UNICEF.

Wendy is a member of the Nursing and Midwifery Council Equality Diversity and Inclusion. Research Advisory Group and Midwifery Panel. She is the Lead midwife/co-chair of CNO CMiDO BME Strategic Advisory Group NHS England and a member of the Race Health Observatory (RHO) maternity group chaired by the Chief midwifery officer for England.

Wendy was awarded a British Empire Medal (BEM) for service to the NHS and Equality during the COVID-19 response in the 2021 New Year's Honours List. In March 2022, she was awarded a Royal College of Midwives (RCM) fellowship and admitted as a fellow of the African Society of Arts (FRSA) 2020. She was listed in the 2020 year of the Nurse and Midwife Global WHO/UN/WGH 100 outstanding women nurse and midwife leader. She is the winner of the NHS@70 Women Leaders Award 2018



Guest Speaker

Dr Shubulade Smith CBE

Dr Shubulade Smith is a Consultant Psychiatrist at the South London and Maudsley NHS Foundation Trust and a Visiting Senior Lecturer in the Department of Forensic and Neurodevelopmental Sciences (FANS) at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London. Dr Smith was awarded a CBE for services to forensic psychiatric intensive care in the Queen's Birthday Honours 2019.

Guest Speaker

Five X More

Tinuke is the co-founder of Five X More CIC - an organisation campaigning for Black maternal health outcomes in the UK. She is also the founder of Learning with Ez - specialising in diverse educational resources for children as well as Mums & Tea - a social platform aimed at connecting Black mums together.

All in all, Black motherhood/ parenthood is important to Tinuke and creating spaces and resources to help with the advancement of the community means everything to her.

Clo is co-founder of Five X More, an organisation founded in 2019 and named in relation to the findings from the MBRRACE studies that Black women were five times more likely to die during pregnancy and childbirth than white women (the current stats show Black women are still four times more likely to die).

She has worked in different hospitals in London on the maternity unit.

Clo was an Expert by experience for NHSE/I working on The Ockenden report to develop the Maternity and Neonatal Independent Senior Advocate role and founded Prosperity's a maternal well-being social enterprise which supports Black Ethnic Minority parents mental health focuses on early intervention, perinatal mental health awareness and social isolation.



Stall Holders and Posters

We are delighted to have so many stalls at this event. The stall holders will be available to promote the good works they are doing across our VCSE, Public and private sectors. Please visit them in the foyer of the venue.

ABC Parents - Paediatric Community Outreach, North Middlesex Hospital NHS Trust	BAYO - Ubele
Carers4Carers	The British Caribbean Doctors and Dentists Association (BCDD)
Black Health Equity Day	Efficacy Eva
Health In Check	Five x More
Partnership for Black People's Health	Public Health Lewisham
RMUK Wellbeing	Race Equality Foundation
Towards a Future of Black Abundance in Health	Red Card
The Nerve of My Multiple Sclerosis CIC	Enfield Caribbean Association
Tommy's	Brent Health Matters CLCH NHS

For more information about the stall holders please click on their logo.



Abstract/Posters

Exhibitors will be showcasing the work they have done to address inequalities for Black people. For further information please visit them in the foyer so that you can engage with the producers about their work.

All digital posters will be on display during the event and will be featured along with the winners on the LiP website following the Summit.

Website <https://www.inspireblackhealth.london/>

Meet our Co-Chairs



Cedi Frederick - Independent Chair, London Legacy & Health Equity Partnership Oversight Group (LHEP)

During a career that has spanned 40+ years, Cedi has held a number of senior management and chief executive positions across the public, Not-for-Profit and private sectors.

In addition, with over 30 years' experience as a member of the boards of housing, social care and sporting national governing bodies, several housing associations and voluntary organisations, Cedi has held Non-Executive Director and Chair roles within the NHS and a university Governor role. Cedi is currently Chair of NHS Kent and Medway, Chair of the Health and Europe Centre, Chair of the NHS London's Vaccine Legacy Equity Group and is a Non-Executive Director of Sage Homes.

Cedi is owner and Managing Director of Article Consulting Ltd, a company that works with the 'Leaders of Today and Tomorrow', the CEO of Consiliaris Digital Systems, a health tech start-up, and runs a successful executive coaching and mentoring practice. On four separate occasions, Cedi was named as one of Britain's '100 Most Influential Black People'; described as '...unsung hero of the Third Sector, who has changed as many lives in his life outside of work as he has in his job'. In 2015, Cedi was recognised as one of the '1,000 Black & Asian Heroes 1950-2010' by Our Heritage TV.

At present he also co-chairs the ground-breaking London inspire Programme, focused on improving the health of Black Londoners.



Juliet Amoa - Associate Director, EDI Community Health and Engagement, London Borough of Lambeth Council.

Since being appointed Associate Director of EDI Community Health and Engagement three years ago, Juliet has worked with communities to address inequalities and co-create programs for change.

Her background is in social work, and she has over 30 years of experience in the public sector.

Juliet began her career as a Day Centre worker and has steadily progressed into strategic leadership, advocating for equity and justice, empowering inclusion and transformational change across systems.

A passionate advocate for equity and justice, Juliet is compassionate, motivated, and determined to cultivate positive social change and be a positive influence on the world.

Black Health Inequalities Summit

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Supporting the health of
Black Londoners

FROM RECOGNITION TO ACTION:

Community and Systems Collaboration Approach to Improving the health of Black Londoners

Meet our Steering Group Members



Rev Canon Les Isaac CBE - Associate Director, EDI Community Health and Engagement, London Borough of Lambeth Council.

Born in Antigua, Les moved to the UK as a young child in 1965 growing up in north London with his parents. He experienced gangs and street violence in his teens, becoming a Rastafarian in his search for hope. In his late teens Les became a Christian.

He has been a minister for over 45 years and is committed to sharing not only the spiritual relevance of the gospel message but also the very practical message of the gospel message of Jesus Christ.

As the first Chief Executive Officer of Ascension Trust, he founded the Street Pastor Initiative over 30 years ago "out of his concern to see churches involved in mission relevant to their own context and locality".

Presentation



Oveta McInnis taught science in London secondary schools for 38 years. She was a deputy headteacher and also an associate headteacher. Throughout her teaching career she was passionate about ensuring all students achieved their best. Many of her students have gone on to have successful careers in science.

Since her retirement from full time teaching, she has continued to contribute to the community she is Chair of the Enfield Caribbean Association. The charity serves the Caribbean community in North London, providing a luncheon club for the elderly. They also run Careers days, collaborate with health professionals, run annual black history month and Windrush events. She is also Chair of Governors at a academy in Enfield

"I am committed to the Black community in Enfield and to making a difference through delivering on our four priorities. It is an honour to serve the community and to collaborate with organisations in Enfield, to support the Caribbean community."



Angharad Shambler - Senior Public Health Strategist, Haringey Council

Angharad is a Senior Public Health Strategist and registered UKPHR Public Health Practitioner and Assessor, leading on Health Protection and Population Health Improvement at Haringey Council.

Angharad has worked in several local authority public health teams, NHS regional teams and in the private health sector, with a focus on Long Term Conditions, Health Protection (including outbreak response, vaccinations, and screening) and Community Engagement. Angharad is a Member of the Steering Group of the London Inspire Programme.

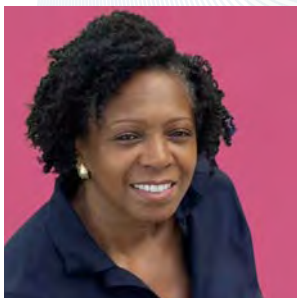


Sistah Stella Headley

Sistah Stella Headley Leads RMUK Wellbeing CIC, supporting the cultural, social, economic, and personal well-being of under-served communities of South London. RMUK Wellbeing believes that hunger has no post-code boundaries, so focuses on providing support as widely as it can to African and Caribbean households and wider communities, facing difficult circumstances related to access to healthy Food and Well-being support, and using cultural foods to bridge gaps between communities.

RMUK Wellbeing facilitates access to a range of support services from food, financial support to dissemination of public health information; with a focus on community recovery, healing and repair from historical harm, due to systemic and structural inequalities across multiple generations.

Driven by a desire to make a real difference, Stella brings her diverse skillset to the London Inspire Programme Steering Group.



Brenda Scotland

Brenda is a Public Health Program Manager working in the London Borough of Tower Hamlets. Brenda has worked in various Public Health and Local Authority roles for the past 25 years, managing services and commissioning community-led programmes of work. Her main goals and focus are to strive for equality, fairness and empowerment within disadvantaged communities. Brenda is a member of the London Inspire steering Group where she strives to reduce health inequalities for Black Caribbean and Black African communities in London.



Paula Bryan

Paula is passionate about wellbeing, community (local and global) and social justice. With over 30 years' experience of delivering and managing services years Paula's commitment and drive to improve wellbeing in our community grew from her early life as a young carer supporting her mother who was diagnosed with schizophrenia and depression. Her lived experience gave her an insight into how health inequalities can impact individuals, families and communities and the desire to create change.

Alongside her role at Inspire, Paula is the Founder and CEO of Carers4Carers, an award-winning social enterprise, Director of Men's Walk n Talk supporting men's health, Executive Board Member for the Open Minds Alliance supporting the mental health of African and Caribbean heritage communities and a Wellbeing Coach.



Dr Geoffrey Ocen

Geoffrey started his career in academia and over more than 20 years has held several senior executive roles in Local Government, the NHS and the voluntary sector. He was previously a governor at South Essex College, Ambitious College and a large secondary school in East London. His current roles include Chief Executive of the Bridge Renewal Trust, co-chair of the Racial Equity Group in Health and Social Care in Haringey, North London and Associate Non-Executive Member at NHS Mid and South Essex Integrated Care Board.

Geoffrey holds three master's degrees and a PhD in organisational change.

Geoffrey is a steering Group Member of the London Inspire programme where he leverages his passion for reducing health inequalities and addressing the wider determinants of health to drive change in the life of Black Londoners.



Dr Datapwa Mujong

Dr. Datapwa Mujong is a GP in North-West London with Public Health roles. He led COVID-19 vaccine equity projects with Public Health England, and he currently leads primary care equity projects under the Legacy Health and Equity Partnership in London.

Through the programme "Health for all", Dr. Datapwa has been to Africa CDC in the past, as an Improving Global Health Fellow also in South Africa. With a passion for health equity, Datapwa brings his wide-ranging skills to the London Inspire Programme Steering Group, determined to make a significant impact on public health, especially for underserved communities.



Lamide Kamau

I have been working in the NHS for over four years in various comms role but have found my passion in health inequalities. Being part of the inspire steering group and working on a cause so close to my heart is not a privilege many are afforded in their career. I'm so excited about the amazing work inspire is doing and can't wait to see how it is fully embedded within the NHS in London, so in generations to come the health inequalities we face in our community is truly a thing of the past.



Leah De Souza-Thomas BSc (Hons), MSc, MPH

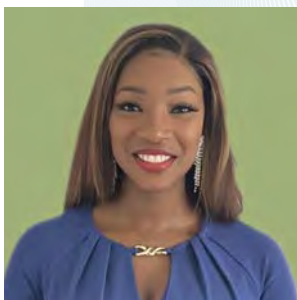
Leah is a seasoned public health professional with 20 years of rich experience at national, regional, and local levels. Trained in biomedical science, epidemiology, and public health, Leah adds a unique blend of scientific rigour and holistic wellness to healthcare approaches. Her expertise extends to lifestyle medicine and nutritional therapy, showing a solid commitment to preventive care and wellbeing.

As a member of the London inspire Programme Steering group, Leah is thrilled to contribute her wide-ranging skills and insights to make a lasting impact on public health, particularly for those communities that need it the most.



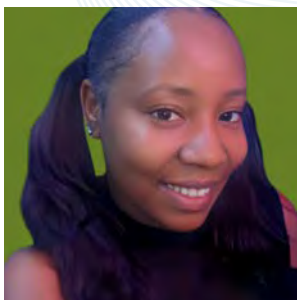
Sheri Lawal

Sheri Lawal has extensive community work experience supporting the aspirations of challenged and vulnerable groups, through a variety of roles, such as Social Services, Education Welfare, Social Housing and Community Development, employment, training and education. Sheri is a Founding Director of a community Organisation called Choices (London) C.I.C Ltd, she also chairs the Black Leaders Alliance, which addresses the historical social exclusion and marginalisation of Afro-Caribbean individuals and communities in Islington – Sheri brings these leadership skills to the London Inspire Programme to make landmark changes in Health for the African & Caribbean Community.



Dr Julie Hammond

Dr Hammond is a GP, advanced medical aesthetics practitioner, mentor and passionate advocate for health equity. She has a special interest in mental health and women’s health and has obtained the DRCOG qualification and holds a BSc in Psychology from King’s College University. Her dedication to mental health advocacy and education is exemplified through her work as a trustee at the Sarah Agnes Foundation and West Kent Mind. She serves as a board member for multiple organisations dedicated to creating a more inclusive and representative healthcare system. She serves as a member of the London Inspire Steering Group.



Lamide Kamau

Asha is responsible for leading, developing, and overseeing the delivery of the Lambeth Together Equality, Diversity and Inclusion (EDI) programme. The programme is aimed at reducing health inequalities within the London Borough of Lambeth, and it is delivered in partnership with health and social care partners.

Asha has been involved with Inspire, where she supported projects in Lambeth. Currently, she assists co-chairs in expanding the program across London. She collaborates with lead partners to ensure that Black Londoners have access to equitable health outcomes through the London Inspire Programme.

Thank You on behalf of the Steering Group

Black Health Inequalities Summit

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FROM RECOGNITION TO ACTION:
Community and Systems Collaboration Approach to
Improving the health of Black Londoners

Keep in Touch

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Supporting the Health of Black Londoners

The London **inspire** Programme is specifically developed to raise awareness and promote targeted interventions aimed at reducing health disparities faced by Black people in London.

The programme sets out to mobilise and amplify the voices of Black Caribbean and African community groups in championing calls for improvements to the health and wellbeing of Black Londoners.

The London **inspire** Programme seeks to:

- Improve health awareness
- Facilitate community events & health screening
- Highlight best practices
- Community Asset Mapping
- Share key health resources
- Facilitate structured engagement with the Integrated Care Systems



Contact us at hello@inspireblackhealth.london
www.inspireblackhealth.london

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CAHN
Caribbean & African Health Network

Black Healthcare Awards Professionals in Practice

Endorsed by our highly esteemed Patrons

Saturday 27th July 2024
18:00hrs - Late

Park Plaza, Westminster Bridge, London
200 Westminster Bridge Rd
London SE1 7UT

For further details on how to Nominate and to book visit:
www.cahn.org.uk/blackhealthcareawards



The London inspire Programme (LiP) along with our delivery partner CAHN, would like to express our deep and sincere gratitude to all who have helped make this event possible.

We would also like to convey particular thanks to our host, keynote speakers, funders, volunteers and staff, who have offered us their time and resources.

We also want to thank YOU for being a part of the very first Black Health Inequalities Summit!

We urge you to continue to support our work as we work to address health inequalities and advance the health of the Black community in London.

We wish you a safe journey home, and we hope that today's conference has supplied you with significant learnings which you can apply to your practice as a healthcare professional, thereby strengthening the standard of care delivered by the health system within which you work.



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For further information, please contact:

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