

Hulme Hall Grammar School



Relationships and Sex Education Policy

Policy Control	
Report	Relationships and Sex Education Policy
Approval Body	Education Committee
Date Reviewed	November 2023
Review Schedule	Annually
Next Review Date	November 2024

Introduction

Relationships and Sex Education is an important part of children's preparation for adult life and covers moral and emotional as well as physical development. It is not about the promotion of sexual orientation or sexual activity.

The purpose of Relationships and Sex Education should be to provide knowledge about stable and loving relationships, the nature of sexuality and the processes of human reproduction. At the same time, it should lead to the acquisition of understanding and attitudes which prepare students to view their relationships in a responsible and healthy manner. Students should be encouraged to consider the importance of self-restraint, dignity, respect for themselves and others, acceptance of responsibility, sensitivity towards the needs of others, loyalty and fidelity. They should be able to recognise the physical, emotional and moral implications, and risks, of certain types of behaviour, and to accept that both sexes must behave responsibly in sexual matters.

Our Aims Are:

- To encourage students to discuss relationships and sex issues in a mature, responsible and age appropriate manner, equipping them to make informed decisions in the future
- To provide information and resources which are appropriate for different age groups, including access to and information from relevant outside agencies
- To provide access to effective teaching materials through the Personal, Social, Health and Economic Education (PSHE) scheme of work which is regularly reviewed and updated by the Head of PSHE through feedback from the students and PSHE teachers.

How is Relationships and Sex Education provided?

- The Head of PSHE is responsible for planning, delivery and evaluation of our Relationships and Sex Education programme. Delivery is through our PSHE courses, together with the biology curriculum. Relationship issues are also addressed through other relevant subjects such as English and drama
- The School's programme PSHE is delivered throughout all years, with age appropriate topics and learning activities. Included within this are reference to Contraception, Sexually Transmitted Infections, HIV/AIDS, Abortion, Attitudes to Relationships (including educating pupils about the dangers of being in unhealthy relationships) and Pornography
- Delivery is via PSHE lessons
- Further details for the provision of Relationships and Sex Education can be found in the PSHE scheme of work.

School works hard to build positive relationships / community by doing the following:

- Knowing each individual pupil by name as soon as possible
- Being proactive by knowing pupil's individual social, emotional and academic needs
- Spending time talking to pupils both formally and informally – e.g. whilst on break duty – to get to know their preferences, families, and interests
- Meeting, greeting and dismissing pupils with warmth and kindness
- Providing Form Time opportunities to determine class climate and if there is any need for discussion of specific topics
- Modelling positive communication and effective problem solving with students
- Asking pupils to stand up when visitors enter the room
- Beginning each week with a full school assembly, exploring important topics such as charity, random acts of kindness, anti-bullying week etc.
- Voting for a School Council which meets regularly to voice pupil opinion and seek positive change.

School builds positive relationships among pupils by doing the following:

- Encouraging pupils to speak to each other with respect and kindness
- Adopting a restorative approach where possible when there is potential conflict
- Praising pupils when they show an act of kindness – e.g. holding the door open for each other / staff / visitors
- Encouraging pupils to be supportive and understanding and accepting of each other's differences
- Creating a positive atmosphere in class and around the school where pupils can pair and share ideas, conduct supportive peer assessments, discuss and listen to topics / current affairs issues, have a voice and a listening ear etc.
- Encouraging older students to be mentors / ambassadors / buddies with younger pupils
- Having a buddy system when potential new pupils attend for Taster Days.

The Right of Withdrawal from Lessons

Parents have the right to withdraw their children from any or all parts of the School's programme of Relationships and Sex Education, other than those elements which are required by the National Curriculum. The parental right of withdrawal extends to all pupils, including those over compulsory school age. The parental right of withdrawal may be exercised by either parent or by a person who has responsibility for, or care of, the child. Parents do not have to give reasons for their decision, although we would like them to indicate their reasons for withdrawal, so that any misunderstandings about the nature of the Relationships and Sex Education programme provided by the School can be resolved. Any request to withdraw a child from all or part of the Relationships and Sex Education programme must be made by completing the relevant Relationships and Sex Education form which is provided in the admissions package when starting at Hulme Hall Grammar School.



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