

HSOK Påske Cup 2022
Split resultater Etape 1

sø 17-04-2022 14:28

Oprettet af [MT2003](#) © [Stephan Krämer](#) 2008

Pl	Navn	Tid							
2 km blå (9)		2.4 km	0 Hm	8 K					
			1 (62)	2 (33)	3 (34)	4 (44)	5 (43)	6 (47)	
7 (48)	8 (59)	M							
1	Else Juul Hansen	36:40	4:06	8:51	12:23	18:29	26:26	31:49	
34:01	36:07 36:40								
	Søllerød OK		4:06	4:45	3:32	6:06	7:57		
5:23	2:12 2:06 0:33								
2	Kuno Rasmussen	37:56	2:24	7:13	10:52	15:49	26:16	32:41	
35:06	37:26 37:56								
	Ballerup OK		2:24	4:49	3:39	4:57	10:27	6:25	
2:25	2:20 0:30								
3	Jannie Nielsen	40:04	6:38	12:14	16:52	23:05	29:15	34:46	
37:16	39:35 40:04								
	Holbæk OK		6:38	5:36	4:38	6:13	6:10	5:31	
2:30	2:19 0:29								
4	Bent Mortensen	40:42	2:55	7:16	12:17	19:37	26:57	33:17	
36:37	39:54 40:42								
	OK73		2:55	4:21	5:01	7:20	7:20	6:20	
3:20	3:17 0:48								
5	Annelise Hansen	43:15	3:09	7:36	11:17	24:49	31:49	38:40	
40:41	42:46 43:15								
	FIF Hillerød Orientering		3:09	4:27	3:41	13:32	7:00	6:51	
2:01	2:05 0:29								
6	Kurt Valery	54:06	2:50	14:57	19:58	30:16	39:14	46:48	
50:20	53:24 54:06								
	Tisvilde Hegn OK		2:50	12:07	5:01	10:18	8:58	7:34	
3:32	3:04 0:42								
7	Bente Keil	1:02:17	8:46	19:48	25:25	33:11	40:55	49:24	
52:28	57:34 1:02:17								
	Lyngby OK		8:46	11:02	5:37	7:46	7:44	8:29	
3:04	5:06 4:43								
8	Birgitte Stürup	1:13:21	28:27	35:45	41:12	47:24	59:27	1:06:53	
1:09:38	1:12:42 1:13:21								
	Helsingør SOK		28:27	7:18	5:27	6:12	12:03	7:26	
2:45	3:04 0:39								
	Marie Krogsgaard	Fejlkl.	-----	10:31	14:37	20:49	28:42	37:21	
41:51	44:10 44:45	5:40							
	Helsingør SOK			10:31	4:06	6:12	7:53	8:39	
4:30	2:19 0:35	*63							
4 km D (26)		3.7 km	0 Hm	13 K					
			1 (31)	2 (45)	3 (33)	4 (34)	5 (50)	6 (35)	
7 (49)	8 (51)	9 (42)	10 (43)	11 (46)	12 (47)	13 (59)	M		
1	Vera Mullerova	29:06	1:12	4:00	5:35	7:43	9:32	10:24	
14:02	16:29 19:03 21:57	24:59	26:51	28:48	29:06				
	Farum Orienteringsklub		1:12	2:48	1:35	2:08	1:49		
0:52	3:38 2:27 2:34	2:54	3:02	1:52	1:57	0:18			
2	Anne Maarup	34:13	1:13	4:32	6:23	8:54	11:12	12:24	
16:29	19:12 22:22 25:35	29:30	31:26	33:51	34:13				

	Allerød OK					1:13	3:19	1:51	2:31	2:18	1:12
4:05	2:43	3:10	3:13	3:55	1:56	2:25	0:22				
	3 Maria Douglas			34:47	1:14	4:41	7:13	9:32	11:46	12:59	
17:10	20:15	23:39	26:52	29:58	31:59	34:19	34:47				
	FIF Hillerød Orientering				1:14	3:27	2:32	2:19	2:14	1:13	
4:11	3:05	3:24	3:13	3:06	2:01	2:20	0:28				
	4 Tonje 1 Pihl			36:41	1:08	4:16	7:31	10:11	12:38	14:05	
18:22	21:49	25:10	28:29	32:04	34:01	36:22	36:41				
	OK Roskilde				1:08	3:08	3:15	2:40	2:27	1:27	
4:17	3:27	3:21	3:19	3:35	1:57	2:21	0:19				
	5 Nina Steen Vinde Sørense			38:59	1:06	3:59	6:43	9:23	11:44	12:53	
17:37	20:55	24:27	28:27	33:50	35:46	38:34	38:59				
	Kildeholm OK				1:06	2:53	2:44	2:40	2:21	1:09	
4:44	3:18	3:32	4:00	5:23	1:56	2:48	0:25				
	6 Kathrine Dyrstin Sandvan			40:00	1:13	4:12	8:54	11:25	13:32	15:25	
19:45	23:11	26:34	29:49	35:28	37:22	39:43	40:00				
	FIF Hillerød Orientering				1:13	2:59	4:42	2:31	2:07	1:53	
4:20	3:26	3:23	3:15	5:39	1:54	2:21	0:17				
	7 Annette Bonde			40:17	1:18	4:51	8:18	11:20	13:48	15:06	
20:42	23:46	27:14	31:03	34:49	37:25	39:57	40:17				
	Ballerup OK				1:18	3:33	3:27	3:02	2:28	1:18	
5:36	3:04	3:28	3:49	3:46	2:36	2:32	0:20				
	8 Lea Reime			41:42	1:36	12:04	14:53	16:59	19:04	20:24	
23:51	27:01	29:53	32:56	37:09	39:06	41:18	41:42				
	Farum Orienteringsklub				1:36	10:28	2:49	2:06	2:05	1:20	
3:27	3:10	2:52	3:03	4:13	1:57	2:12	0:24				
	9 Birgitte Birck			41:51	1:31	5:22	7:43	11:13	14:21	15:49	
20:35	24:08	27:55	31:54	36:09	38:45	41:27	41:51				
	Allerød OK				1:31	3:51	2:21	3:30	3:08	1:28	
4:46	3:33	3:47	3:59	4:15	2:36	2:42	0:24				
	10 Lone Nielsen			44:06	1:30	5:13	7:54	10:49	13:29	14:47	
19:41	24:29	28:20	31:54	38:25	40:45	43:48	44:06				
	Kildeholm OK				1:30	3:43	2:41	2:55	2:40	1:18	
4:54	4:48	3:51	3:34	6:31	2:20	3:03	0:18				
	11 Ea Willumsen			51:52	1:38	5:18	7:52	10:40	13:18	16:00	
20:24	33:24	37:47	40:54	46:37	49:15	51:31	51:52				
	DSRs O-sektion				1:38	3:40	2:34	2:48	2:38	2:42	
4:24	13:00	4:23	3:07	5:43	2:38	2:16	0:21				
	12 Christine Svendsen			53:53	1:41	5:36	10:55	13:53	17:31	19:34	
25:26	31:59	36:54	41:19	46:23	49:42	53:19	53:53				
	OK Roskilde				1:41	3:55	5:19	2:58	3:38	2:03	
5:52	6:33	4:55	4:25	5:04	3:19	3:37	0:34				
	13 Pernille Hansen			54:34	1:53	6:01	8:58	13:55	18:03	20:07	
26:56	31:31	36:38	41:42	47:11	50:44	54:04	54:34				
	Helsingør SOK				1:53	4:08	2:57	4:57	4:08	2:04	
6:49	4:35	5:07	5:04	5:29	3:33	3:20	0:30				
	14 Maria Iben Sell-Petersen			54:46	2:18	6:07	10:40	13:24	16:43	18:34	
24:35	30:10	35:51	41:32	47:52	51:09	54:25	54:46				
	Allerød OK				2:18	3:49	4:33	2:44	3:19	1:51	
6:01	5:35	5:41	5:41	6:20	3:17	3:16	0:21				
	15 Karina Dixen			55:23	1:52	6:51	10:12	14:29	18:09	20:28	
26:17	31:30	36:49	41:32	46:57	51:05	54:54	55:23				
	Helsingør SOK				1:52	4:59	3:21	4:17	3:40	2:19	
5:49	5:13	5:19	4:43	5:25	4:08	3:49	0:29				
	16 Dorte Munk-Petersen			55:28	2:12	6:56	10:13	13:31	16:38	18:04	
24:20	31:28	37:00	41:51	48:17	51:46	55:05	55:28				
	Søllerød OK				2:12	4:44	3:17	3:18	3:07	1:26	
6:16	7:08	5:32	4:51	6:26	3:29	3:19	0:23				
	17 Eva Emanuelsson			57:10	1:50	6:11	8:52	12:32	16:20	19:28	
31:27	36:38	41:26	45:51	51:01	53:41	56:45	57:10				
	Helsingborgs SOK SWE				1:50	4:21	2:41	3:40	3:48	3:08	
11:59	5:11	4:48	4:25	5:10	2:40	3:04	0:25				
	18 Kirsten Ellekilde			1:00:54	2:07	7:10	10:36	14:01	17:20	19:39	
26:34	31:13	36:14	40:28	49:23	52:25	1:00:14	1:00:54				

	Helsingør SOK					2:07	5:03	3:26	3:25	3:19	2:19
6:55	4:39	5:01	4:14	8:55	3:02	7:49	0:40				
	19 Kirsten Urhøj				1:01:08	2:24	7:37	11:33	16:17	20:12	21:56
29:17	34:45	40:29	45:52	53:31	56:57	1:00:31	1:01:08				
	Vinderød OK af 1992					2:24	5:13	3:56	4:44	3:55	1:44
7:21	5:28	5:44	5:23	7:39	3:26	3:34	0:37				
	20 Vibeke Bøgevig				1:01:36	2:15	7:04	14:35	17:58	21:36	23:20
31:37	37:44	43:03	47:51	54:37	57:44	1:01:02	1:01:36				
	Søllerød OK					2:15	4:49	7:31	3:23	3:38	1:44
8:17	6:07	5:19	4:48	6:46	3:07	3:18	0:34				
	21 Inge Olsen				1:05:01	2:12	7:01	10:41	14:21	18:30	26:02
34:22	39:31	45:10	50:40	57:06	1:01:15	1:04:27	1:05:01				
	Helsingør SOK					2:12	4:49	3:40	3:40	4:09	7:32
8:20	5:09	5:39	5:30	6:26	4:09	3:12	0:34				
	22 Kirsten Olsen				1:09:47	2:42	8:07	12:17	16:34	21:32	23:41
33:09	41:14	49:19	54:31	1:01:26	1:05:14	1:09:08	1:09:47				
	Søllerød OK					2:42	5:25	4:10	4:17	4:58	2:09
9:28	8:05	8:05	5:12	6:55	3:48	3:54	0:39				
	23 Janni Fischer				1:13:30	2:02	6:25	8:52	11:30	14:23	15:43
40:39	47:10	51:23	55:14	1:06:45	1:09:30	1:12:24	1:13:30				
	Ballerup OK					2:02	4:23	2:27	2:38	2:53	1:20
24:56	6:31	4:13	3:51	11:31	2:45	2:54	1:06				
	24 Bodil M. Mortensen				1:21:35	2:20	7:20	11:00	14:50	19:11	21:07
28:37	41:52	49:03	56:13	1:09:28	1:14:59	1:20:46	1:21:35				
	Ballerup OK					2:20	5:00	3:40	3:50	4:21	1:56
7:30	13:15	7:11	7:10	13:15	5:31	5:47	0:49				
	25 Hanne Frost				1:23:32	2:30	9:15	13:14	16:48	21:05	23:39
31:43	43:40	50:46	57:57	1:11:10	1:16:48	1:22:31	1:23:32				
	Ballerup OK					2:30	6:45	3:59	3:34	4:17	2:34
8:04	11:57	7:06	7:11	13:13	5:38	5:43	1:01				
	26 Ulla Valnert				1:34:06	3:13	13:13	17:25	22:26	27:34	30:28
41:04	56:23	1:05:11	1:13:10	1:22:01	1:27:21	1:33:07	1:34:06				
	OK73					3:13	10:00	4:12	5:01	5:08	2:54
10:36	15:19	8:48	7:59	8:51	5:20	5:46	0:59				

4 km H (33)

4.0 km 0 Hm 15 K

						1 (63)	2 (32)	3 (45)	4 (33)	5 (34)	6 (50)
7 (35)	8 (36)	9 (49)	10 (51)	11 (42)	12 (43)	13 (46)	14 (47)				
						15 (59)	M				

	1 Ronnie Hjorth				32:42	1:33	3:33	5:05	6:47	9:03	11:01
12:01	14:18	16:43	19:03	21:46	24:54	28:31	30:18				
	Ballerup OK					1:33	2:00	1:32	1:42	2:16	
1:58	1:00	2:17	2:25	2:20	2:43	3:08	3:37	1:47			
						32:23	32:42				
						2:05	0:19				
	2 Per Windfeld-Hansen				39:34	1:36	4:01	5:50	8:06	10:34	13:04
14:12	17:00	21:07	23:45	27:05	30:38	34:33	36:53				
	OK ØST Birkerød					1:36	2:25	1:49	2:16	2:28	2:30
1:08	2:48	4:07	2:38	3:20	3:33	3:55	2:20				
						39:14	39:34				
						2:21	0:20				
	3 Preben Brinch				39:46	1:35	3:47	5:46	8:00	10:16	12:49
14:00	17:30	20:12	23:02	26:37	30:19	34:41	37:02				
	Helsingør SOK					1:35	2:12	1:59	2:14	2:16	2:33
1:11	3:30	2:42	2:50	3:35	3:42	4:22	2:21				
						39:26	39:46				
						2:24	0:20				
	4 Preben Sloth				41:59	1:49	4:21	8:05	10:05	12:30	14:48
15:52	18:43	22:55	25:33	28:56	32:18	37:01	39:07				
	FIF Hillerød Orientering					1:49	2:32	3:44	2:00	2:25	2:18
1:04	2:51	4:12	2:38	3:23	3:22	4:43	2:06				

						41:37	41:59				
						2:30	0:22				
	5 Jørn Mouritzen			42:02		1:52	3:55	5:25	7:19	10:03	12:42
15:06	17:37 19:59	23:47	27:09	31:03	36:42	39:06					
	Fredensborg OK										
2:24	2:31 2:22	3:48	3:22	3:54	5:39	2:24		1:30	1:54	2:44	2:39
						41:44	42:02				
						2:38	0:18				
	6 Erik Ellegaard Simonsen			42:34		1:57	4:08	7:38	9:32	12:22	14:40
15:48	19:05 22:12	25:51	29:43	33:28	37:17	39:26					
	OK ØST Birkerød										
1:08	3:17 3:07	3:39	3:52	3:45	3:49	2:09		3:30	1:54	2:50	2:18
						42:09	42:34				
						2:43	0:25				
	7 Peter Dyrsting			43:25		2:05	4:36	6:13	8:10	10:47	13:25
14:45	18:00 22:47	26:09	29:51	33:28	37:53	40:21					
	FIF Hillerød Orientering										
1:20	3:15 4:47	3:22	3:42	3:37	4:25	2:28		1:37	1:57	2:37	2:38
						43:07	43:25				
						2:46	0:18				
	8 Henrik Nielsen			43:41		1:43	3:54	5:24	7:13	10:17	14:16
15:29	18:32 21:14	24:23	28:41	32:43	37:04	40:06					
	Holbæk OK										
1:13	3:03 2:42	3:09	4:18	4:02	4:21	3:02		1:30	1:49	3:04	3:59
						43:14	43:41				
						3:08	0:27				
	9 Jens Peter Gundorf			44:42		1:54	4:24	6:30	8:26	11:02	13:40
15:07	18:17 21:33	24:44	29:57	33:30	39:25	41:46					
	OK ØST Birkerød										
1:27	3:10 3:16	3:11	5:13	3:33	5:55	2:21		2:06	1:56	2:36	2:38
						44:18	44:42				
						2:32	0:24				
	10 Henrik Pedersen			46:16		2:07	5:36	7:08	9:13	11:53	14:33
16:27	19:47 23:02	28:01	32:39	36:29	40:30	42:45					
	Søllerød OK										
1:54	3:20 3:15	4:59	4:38	3:50	4:01	2:15		1:32	2:05	2:40	2:40
						45:50	46:16				
						3:05	0:26				
	11 Thomas Almqvist			46:38		1:57	4:37	7:38	9:44	13:04	15:52
17:20	20:48 24:09	27:19	31:34	35:55	40:21	43:04					
	Karlskrona SOK SWE										
1:28	3:28 3:21	3:10	4:15	4:21	4:26	2:43		3:01	2:06	3:20	2:48
						46:10	46:38				
						3:06	0:28				
	12 Jens Erik Larsen			47:23		2:09	4:56	7:47	10:28	13:36	16:33
19:57	22:49 26:30	29:43	33:21	36:45	42:12	44:27					
	OK73										
3:24	2:52 3:41	3:13	3:38	3:24	5:27	2:15		2:51	2:41	3:08	2:57
						46:56	47:23				
						2:29	0:27				
	13 Henrik Kleffel			47:24		2:03	5:26	7:00	9:47	15:01	17:48
18:53	22:23 24:56	28:02	33:47	37:05	41:36	44:18					
	Søllerød OK										
1:05	3:30 2:33	3:06	5:45	3:18	4:31	2:42		1:34	2:47	5:14	2:47
						47:05	47:24				
						2:47	0:19				
	14 Kaj Rostvad			47:50		3:52	6:39	9:12	12:06	14:57	17:34
18:57	22:15 26:28	29:45	33:37	37:35	41:53	44:33					
	Søllerød OK										
1:23	3:18 4:13	3:17	3:52	3:58	4:18	2:40		2:33	2:54	2:51	2:37
						47:23	47:50				
						2:50	0:27				
	15 Niels Raagaard			47:52		2:11	5:00	7:13	9:58	12:57	15:40
16:52	20:06 23:29	27:12	30:58	34:53	41:30	44:32					

	Søllerød OK					2:11	2:49	2:13	2:45	2:59	2:43
1:12	3:14	3:23	3:43	3:46	3:55	6:37	3:02				
						47:30	47:52				
						2:58	0:22				
	16 Jonas Blomqvist				48:00	1:33	4:03	5:55	9:29	11:38	14:00
14:57	23:27	26:52	29:50	32:48	36:09	44:00	45:35				
	Helsingør SOK					1:33	2:30	1:52	3:34	2:09	2:22
0:57	8:30	3:25	2:58	2:58	3:21	7:51	1:35				
						47:42	48:00				
						2:07	0:18				
	17 Ole Berner				50:23	2:05	4:54	6:55	9:26	12:13	16:26
18:08	21:36	25:16	30:27	34:45	38:50	43:53	46:30				
	Søllerød OK					2:05	2:49	2:01	2:31	2:47	4:13
1:42	3:28	3:40	5:11	4:18	4:05	5:03	2:37				
						49:59	50:23				
						3:29	0:24				
	18 John Pihl				51:07	2:23	5:16	7:06	9:39	13:20	16:35
18:03	21:37	25:08	29:35	34:00	38:20	45:17	47:36				
	Helsingør SOK					2:23	2:53	1:50	2:33	3:41	3:15
1:28	3:34	3:31	4:27	4:25	4:20	6:57	2:19				
						50:42	51:07				
						3:06	0:25				
	19 Ole D. Jensen				52:32	2:16	4:54	7:22	10:02	13:36	16:30
18:23	22:14	26:00	30:06	34:33	38:34	46:46	49:37				
	Tisvilde Hegn OK					2:16	2:38	2:28	2:40	3:34	2:54
1:53	3:51	3:46	4:06	4:27	4:01	8:12	2:51				
						52:13	52:32				
						2:36	0:19				
	20 Gert Bøgevig				54:33	2:43	5:45	7:50	10:22	13:30	16:52
18:40	22:53	27:19	32:09	37:07	41:38	47:50	50:56				
	Søllerød OK					2:43	3:02	2:05	2:32	3:08	3:22
1:48	4:13	4:26	4:50	4:58	4:31	6:12	3:06				
						54:03	54:33				
						3:07	0:30				
	21 Allan Christensen				55:30	3:00	7:09	10:31	13:16	16:44	20:30
22:16	26:25	30:18	34:38	38:25	42:30	49:03	52:10				
	Fredensborg OK					3:00	4:09	3:22	2:45	3:28	3:46
1:46	4:09	3:53	4:20	3:47	4:05	6:33	3:07				
						55:03	55:30				
						2:53	0:27				
	22 Jan Kristoffersen				56:09	3:07	6:01	8:23	14:27	17:15	20:48
23:43	27:16	30:59	35:30	40:24	45:06	50:10	53:05				
	Ballerup OK					3:07	2:54	2:22	6:04	2:48	3:33
2:55	3:33	3:43	4:31	4:54	4:42	5:04	2:55				
						55:51	56:09				
						2:46	0:18				
	23 Søren Christensen				56:33	2:15	5:43	7:26	13:34	16:26	19:21
20:42	28:16	31:46	36:58	41:09	45:02	50:04	52:45				
	OK Skærmen Værløse					2:15	3:28	1:43	6:08	2:52	2:55
1:21	7:34	3:30	5:12	4:11	3:53	5:02	2:41				
						56:02	56:33				
						3:17	0:31				
	24 Niels Conradsen				1:03:00	2:44	5:46	11:11	14:41	17:51	21:07
22:55	32:10	36:17	41:43	46:36	51:04	56:12	59:15				
	Søllerød OK					2:44	3:02	5:25	3:30	3:10	3:16
1:48	9:15	4:07	5:26	4:53	4:28	5:08	3:03				
						1:02:26	1:03:00				
						3:11	0:34				
	25 Johan Frydendahl				1:03:03	2:54	7:34	10:05	12:49	16:52	20:20
21:54	27:35	32:38	37:35	43:27	48:59	55:07	58:48				
	DSRs O-sektion					2:54	4:40	2:31	2:44	4:03	3:28
1:34	5:41	5:03	4:57	5:52	5:32	6:08	3:41				
						1:02:32	1:03:03				
						3:44	0:31				

26 Ronald Clausen				1:03:52	2:37	5:51	7:58	11:24	14:56	19:11
21:36	29:49	34:43	40:28	45:59	50:48	56:43	1:00:00			
DSRs O-sektion					2:37	3:14	2:07	3:26	3:32	4:15
2:25	8:13	4:54	5:45	5:31	4:49	5:55	3:17			
					1:03:20	1:03:52				
					3:20	0:32				
27 Knud Torm				1:07:57	3:31	7:42	13:27	16:24	20:18	24:07
26:05	32:29	36:36	41:59	48:14	53:32	1:00:14	1:03:20			
OK Skærmen Værløse					3:31	4:11	5:45	2:57	3:54	3:49
1:58	6:24	4:07	5:23	6:15	5:18	6:42	3:06			
					1:07:28	1:07:57				
					4:08	0:29				
28 Henrik W. Kristensen				1:14:38	3:01	6:41	9:11	13:05	17:26	25:32
27:20	32:00	36:03	45:03	53:09	57:40	1:07:00	1:10:30			
OK73					3:01	3:40	2:30	3:54	4:21	8:06
1:48	4:40	4:03	9:00	8:06	4:31	9:20	3:30			
					1:14:11	1:14:38				
					3:41	0:27				
29 Mogens Jørgensen				1:14:44	3:15	6:43	9:12	13:23	17:06	21:38
24:46	31:18	35:57	47:48	53:58	59:47	1:06:45	1:10:37			
Søllerød OK					3:15	3:28	2:29	4:11	3:43	4:32
3:08	6:32	4:39	11:51	6:10	5:49	6:58	3:52			
					1:14:09	1:14:44				
					3:32	0:35				
30 Jørn Andreasen				1:25:50	3:30	7:23	10:18	13:47	18:04	22:04
28:37	33:44	41:20	47:32	54:31	1:00:37	1:15:03	1:19:31			
OK73					3:30	3:53	2:55	3:29	4:17	4:00
6:33	5:07	7:36	6:12	6:59	6:06	14:26	4:28			
					1:25:15	1:25:50				
					5:44	0:35				
Ulrik Danneskiold-Samsøe				Fejlkl.	5:30	9:11	11:04	13:07	15:39	17:53
19:15	22:48	30:43	33:56	42:17	45:46	-----	-----			
Farum Orienteringsklub					5:30	3:41	1:53	2:03	2:32	2:14
1:22	3:33	7:55	3:13	8:21	3:29					
					1:01:16	1:01:38				
					15:30	0:22				
Jens Høgsfeldt				Fejlkl.	2:05	4:49	6:35	8:57	11:44	14:26
15:44	21:18	-----	-----	-----	-----	-----	-----			
FIF Hillerød Orientering					2:05	2:44	1:46	2:22	2:47	2:42
1:18	5:34									
					38:47	39:32				
					17:29	0:45				
Sven-Åke Emanuelsson				Udgået	-----	-----	-----	-----	-----	-----
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
Helsingborgs SOK SWE										

4,5 km ms (8)				3.7 km 0 Hm 13 K							
						1 (31)	2 (32)	3 (41)	4 (34)	5 (50)	6 (35)
7 (36)	8 (49)	9 (51)	10 (42)	11 (43)	12 (47)	13 (59)	M				
1 Mads Vindegaard				29:50	1:18	3:32	5:48	7:05	9:03	10:08	
12:28	14:52	17:30	21:05	24:02	27:08	29:29	29:50				
FIF Hillerød Orientering					1:18	2:14	2:16	1:17	1:58	1:05	
2:20	2:24	2:38	3:35	2:57	3:06	2:21	0:21				
2 Jes Rossen Johansen				33:11	1:58	4:06	6:13	7:27	9:17	10:25	
12:53	16:09	19:43	23:01	26:20	30:49	32:57	33:11				
FIF Hillerød Orientering					1:58	2:08	2:07	1:14	1:50	1:08	
2:28	3:16	3:34	3:18	3:19	4:29	2:08	0:14				

	3 Michael Hjorth				34:32	1:11	3:43	6:22	8:06	10:40	11:47
14:31	17:22	20:11	23:51	27:24	31:39	34:12	34:32				
	Ballerup OK					1:11	2:32	2:39	1:44	2:34	1:07
2:44	2:51	2:49	3:40	3:33	4:15	2:33	0:20				
	4 Peter San Dvano				37:46	1:11	3:03	4:58	6:34	8:38	9:41
12:48	17:59	20:26	23:38	26:18	29:53	37:25	37:46				
	FIF Hillerød Orientering					1:11	1:52	1:55	1:36	2:04	
1:03	3:07	5:11	2:27	3:12	2:40	3:35	7:32	0:21			
	5 Trine Hershøj				1:00:59	1:55	5:07	10:38	12:26	15:55	17:33
24:01	36:45	41:23	46:02	51:02	57:25	1:00:37	1:00:59				
	Ballerup OK					1:55	3:12	5:31	1:48	3:29	1:38
6:28	12:44	4:38	4:39	5:00	6:23	3:12	0:22				
	6 Gitte Willumsen				1:09:08	2:48	8:31	12:09	13:44	20:59	23:49
28:02	37:30	47:23	53:36	58:05	1:05:16	1:08:35	1:09:08				
	DSRs O-sektion					2:48	5:43	3:38	1:35	7:15	2:50
4:13	9:28	9:53	6:13	4:29	7:11	3:19	0:33				
	7 Flemming Sørensen				1:21:55	2:55	10:21	19:33	22:36	26:57	29:49
38:52	44:46	51:08	58:35	1:05:21	1:14:56	1:21:03	1:21:55				
	Lyngby OK					2:55	7:26	9:12	3:03	4:21	2:52
9:03	5:54	6:22	7:27	6:46	9:35	6:07	0:52				
	Anton Bastholm Truelson				Fejlkl.	-----	6:12	10:56	13:52	17:23	19:15
25:32	31:23	37:57	44:13	50:30	58:58	1:03:15	1:03:49				
	Helsingør SOK						6:12	4:44	2:56	3:31	1:52
6:17	5:51	6:34	6:16	6:17	8:28	4:17	0:34				
							3:14				
							*63				

7 km (30)				6.3 km 0 Hm 20 K							
					1 (61)	2 (32)	3 (33)	4 (34)	5 (50)	6 (35)	
7 (36)	8 (37)	9 (38)	10 (39)	11 (40)	12 (44)	13 (43)	14 (42)				
					15 (49)	16 (45)	17 (46)	18 (47)	19 (48)	20 (59)	

M

	1 Stefan Frands Petersen				44:18	1:04	2:38	4:10	5:48	7:12	7:53
10:49	14:01	15:31	17:20	20:40	25:09	27:49	29:55				
	OK Pan					1:04	1:34	1:32	1:38	1:24	
0:41	2:56	3:12	1:30	1:49	3:20	4:29	2:40	2:06			
					33:43	37:27	40:32	41:57	42:57	44:03	
44:18											
0:15					3:48	3:44	3:05	1:25	1:00	1:06	
	2 Søren Skaarup Larsen				45:52	1:18	3:06	4:47	6:26	8:02	8:44
10:31	12:34	14:47	16:41	21:40	26:33	30:23	32:34				
	OK ØST Birkerød					1:18	1:48	1:41	1:39	1:36	0:42
1:47	2:03	2:13	1:54	4:59	4:53	3:50	2:11				
					35:53	39:22	41:58	43:23	44:29	45:37	
45:52											
0:15					3:19	3:29	2:36	1:25	1:06	1:08	
	3 Ole Hansen				46:52	1:35	3:32	5:21	7:18	9:07	9:55
12:28	14:33	16:23	18:31	22:06	26:25	29:26	31:57				
	Helsingør SOK					1:35	1:57	1:49	1:57	1:49	0:48
2:33	2:05	1:50	2:08	3:35	4:19	3:01	2:31				
					35:29	38:52	42:26	44:14	45:27	46:36	
46:52											
0:16					3:32	3:23	3:34	1:48	1:13	1:09	
	4 Steen Olsen				47:47	1:31	3:29	5:28	7:21	9:03	10:00
12:19	14:33	16:18	18:50	22:34	26:40	29:56	32:36				
	Søllerød OK					1:31	1:58	1:59	1:53	1:42	0:57
2:19	2:14	1:45	2:32	3:44	4:06	3:16	2:40				

47:47					35:56	39:25	42:41	44:43	46:04	47:29	
0:18					3:20	3:29	3:16	2:02	1:21	1:25	
	5 Michael Graae				48:42	1:38	3:47	5:42	7:52	9:33	10:23
12:39	14:57	16:53	19:05	23:01	27:38	31:09	33:34				
	Søllerød OK					1:38	2:09	1:55	2:10	1:41	0:50
2:16	2:18	1:56	2:12	3:56	4:37	3:31	2:25				
48:42					37:17	40:55	44:15	46:00	47:14	48:25	
0:17					3:43	3:38	3:20	1:45	1:14	1:11	
	6 Emil Illemann Andreasen				49:18	1:35	4:02	6:03	8:46	10:26	11:21
13:23	16:04	17:56	20:09	24:22	28:35	31:43	33:54				
	Viking Atletik					1:35	2:27	2:01	2:43	1:40	0:55
2:02	2:41	1:52	2:13	4:13	4:13	3:08	2:11				
49:18					38:10	41:31	45:23	46:49	47:56	49:01	
0:17					4:16	3:21	3:52	1:26	1:07	1:05	
	7 Dyre Martin Gulbrandsen				49:34	1:35	3:35	5:27	7:17	9:02	9:50
11:47	16:27	18:13	20:13	23:47	27:34	31:10	33:33				
	Frederikstad SK	NOR				1:35	2:00	1:52	1:50	1:45	0:48
1:57	4:40	1:46	2:00	3:34	3:47	3:36	2:23				
49:34					38:10	41:55	45:11	46:47	48:04	49:17	
0:17					4:37	3:45	3:16	1:36	1:17	1:13	
	8 Leif E. Larsen				51:29	1:38	3:52	6:12	8:14	9:59	10:49
13:00	16:42	18:41	21:02	24:33	28:57	32:46	35:27				
	Tisvilde Hegn OK					1:38	2:14	2:20	2:02	1:45	0:50
2:11	3:42	1:59	2:21	3:31	4:24	3:49	2:41				
51:29					39:29	43:12	46:56	48:38	49:58	51:13	
0:16					4:02	3:43	3:44	1:42	1:20	1:15	
	9 Christian Olsen				52:34	1:35	3:39	5:35	7:26	9:12	10:07
12:49	16:51	18:38	21:15	25:13	29:33	32:52	35:28				
	Amager OK					1:35	2:04	1:56	1:51	1:46	0:55
2:42	4:02	1:47	2:37	3:58	4:20	3:19	2:36				
52:34					40:48	44:27	47:51	49:35	50:54	52:18	
0:16					5:20	3:39	3:24	1:44	1:19	1:24	
	10 Peter Steen Landsperg				52:46	1:29	3:21	5:30	7:15	8:56	9:58
12:29	15:12	16:57	19:11	22:41	27:07	30:42	33:13				
	Tisvilde Hegn OK					1:29	1:52	2:09	1:45	1:41	1:02
2:31	2:43	1:45	2:14	3:30	4:26	3:35	2:31				
52:46					37:31	41:01	48:47	50:16	51:26	52:31	
0:15					4:18	3:30	7:46	1:29	1:10	1:05	
	11 Syver Strand Gulbrandsen				53:42	2:01	4:13	6:40	8:52	10:36	11:28
13:45	16:12	18:07	20:57	25:21	30:08	34:06	36:33				
	Frederikstad SK	NOR				2:01	2:12	2:27	2:12	1:44	0:52
2:17	2:27	1:55	2:50	4:24	4:47	3:58	2:27				
53:42					40:57	45:33	49:25	51:14	52:33	53:31	
0:58	0:11				4:24	4:36	3:52	1:49	1:19		
	12 Emil Huseby Aamodt				53:44	1:47	4:02	6:22	8:40	10:24	11:16
13:33	15:55	17:55	20:46	25:06	29:57	33:54	36:23				
	Frederikstad SK	NOR				1:47	2:15	2:20	2:18	1:44	0:52
2:17	2:22	2:00	2:51	4:20	4:51	3:57	2:29				

53:44					40:42	45:15	49:15	51:02	52:22	53:23	
0:21					4:19	4:33	4:00	1:47	1:20	1:01	
	13 Anne Marie Thommesen				53:57	1:44	4:13	6:14	8:26	10:35	11:28
13:35	17:11	19:19	21:32	25:29	30:11	33:57	36:44				
	Ballerup OK					1:44	2:29	2:01	2:12	2:09	0:53
2:07	3:36	2:08	2:13	3:57	4:42	3:46	2:47				
53:57					41:04	45:15	48:51	50:53	52:19	53:38	
0:19					4:20	4:11	3:36	2:02	1:26	1:19	
	14 Søren Sloth				56:05	1:59	4:18	6:34	8:46	11:01	12:09
14:52	18:02	20:01	22:44	27:32	32:33	36:42	39:57				
	FIF Hillerød Orientering					1:59	2:19	2:16	2:12	2:15	1:08
2:43	3:10	1:59	2:43	4:48	5:01	4:09	3:15				
56:05					44:04	48:02	51:22	53:00	54:28	55:46	
0:19					4:07	3:58	3:20	1:38	1:28	1:18	
	15 Morten Ploug				56:33	1:43	4:14	6:57	8:58	10:53	11:53
14:14	18:30	21:03	23:45	28:15	34:00	37:45	40:31				
	Ballerup OK					1:43	2:31	2:43	2:01	1:55	1:00
2:21	4:16	2:33	2:42	4:30	5:45	3:45	2:46				
56:33					44:33	48:10	51:34	53:21	54:36	56:12	
0:21					4:02	3:37	3:24	1:47	1:15	1:36	
	16 Kent Pihl				58:18	1:39	3:41	6:23	8:28	10:32	11:29
13:47	16:19	19:28	22:48	26:46	32:29	36:23	39:09				
	OK Roskilde					1:39	2:02	2:42	2:05	2:04	0:57
2:18	2:32	3:09	3:20	3:58	5:43	3:54	2:46				
58:18					44:58	49:30	53:22	55:12	56:34	57:58	
0:20					5:49	4:32	3:52	1:50	1:22	1:24	
	17 Jørgen Pedersen				59:45	4:08	6:11	8:10	10:07	11:55	12:49
15:01	17:53	19:58	22:33	27:11	34:05	38:41	41:20				
	Ballerup OK					4:08	2:03	1:59	1:57	1:48	0:54
2:12	2:52	2:05	2:35	4:38	6:54	4:36	2:39				
59:45					46:05	50:47	54:34	56:34	57:57	59:23	
0:22					4:45	4:42	3:47	2:00	1:23	1:26	
	18 Frede Lillelund				1:02:58	2:22	4:38	7:18	9:34	11:44	12:42
15:20	21:03	23:11	25:41	30:25	36:35	40:23	43:23				
	Søllerød OK					2:22	2:16	2:40	2:16	2:10	0:58
2:38	5:43	2:08	2:30	4:44	6:10	3:48	3:00				
1:02:58					48:27	52:49	57:47	59:42	1:01:16	1:02:39	
		1:13	1:41								
0:19		*31	*63		5:04	4:22	4:58	1:55	1:34	1:23	
	19 Rasmus Skovhede Hviid				1:03:20	1:35	3:49	5:59	8:23	10:39	11:38
18:08	22:53	24:51	27:30	31:44	37:08	41:46	44:28				
	Lyngby OK					1:35	2:14	2:10	2:24	2:16	0:59
6:30	4:45	1:58	2:39	4:14	5:24	4:38	2:42				
1:03:20					50:30	54:36	58:17	1:00:16	1:01:37	1:03:05	
0:15					6:02	4:06	3:41	1:59	1:21	1:28	
	20 Søren Vestergaard				1:05:05	1:52	4:23	7:05	9:25	11:27	13:53
17:23	20:48	23:29	26:07	31:08	38:53	43:01	46:10				
	PI-København					1:52	2:31	2:42	2:20	2:02	2:26
3:30	3:25	2:41	2:38	5:01	7:45	4:08	3:09				

1:05:05					51:43	56:31	59:56	1:02:03	1:03:29	1:04:49
0:16					5:33	4:48	3:25	2:07	1:26	1:20
	21 Casper Vindegaard Sørense			1:09:29	1:37	3:38	6:14	8:04	10:26	11:51
15:54	19:50	21:51	24:04	29:44	36:57	40:21	42:50			
	Kildeholm OK				1:37	2:01	2:36	1:50	2:22	1:25
4:03	3:56	2:01	2:13	5:40	7:13	3:24	2:29			
1:09:29					48:28	52:30	1:01:23	1:07:02	1:08:12	1:09:13
0:16					5:38	4:02	8:53	5:39	1:10	1:01
	22 Morten Neregaard			1:10:46	1:53	4:46	7:13	9:29	11:56	13:02
16:04	21:00	23:18	26:12	32:02	38:39	44:05	47:53			
	Vinderød OK af 1992				1:53	2:53	2:27	2:16	2:27	1:06
3:02	4:56	2:18	2:54	5:50	6:37	5:26	3:48			
1:10:46					53:15	1:00:42	1:05:30	1:07:25	1:08:54	1:10:23
0:23					5:22	7:27	4:48	1:55	1:29	1:29
	23 Anders Jonsson			1:11:16	3:07	5:44	8:29	10:56	13:04	14:16
16:55	20:23	23:05	26:03	35:42	43:46	48:29	51:59			
	Søllerød OK				3:07	2:37	2:45	2:27	2:08	1:12
2:39	3:28	2:42	2:58	9:39	8:04	4:43	3:30			
1:11:16					56:40	1:01:11	1:04:56	1:07:19	1:08:58	1:10:53
0:23					4:41	4:31	3:45	2:23	1:39	1:55
	24 Jan Frank Nielsen			1:17:07	2:17	5:09	7:49	11:15	14:03	15:22
18:07	23:51	26:33	29:56	35:31	43:25	47:38	51:01			
	FSK Orientering				2:17	2:52	2:40	3:26	2:48	1:19
2:45	5:44	2:42	3:23	5:35	7:54	4:13	3:23			
1:17:07					1:00:20	1:06:33	1:10:06	1:13:47	1:15:22	1:16:50
0:17					9:19	6:13	3:33	3:41	1:35	1:28
	25 Jesper Kirkeskov			1:26:11	2:32	5:27	9:43	12:24	15:13	16:28
19:40	23:17	26:00	29:07	42:15	49:40	54:16	57:39			
	Søllerød OK				2:32	2:55	4:16	2:41	2:49	1:15
3:12	3:37	2:43	3:07	13:08	7:25	4:36	3:23			
1:26:11					1:06:14	1:14:35	1:19:45	1:22:10	1:24:10	1:25:48
0:23					8:35	8:21	5:10	2:25	2:00	1:38
	26 Jesper Allan Jensen			1:33:54	3:28	6:31	13:35	16:13	18:56	20:29
23:56	28:45	31:35	35:32	41:49	51:53	58:11	1:02:21			
	OK Roskilde				3:28	3:03	7:04	2:38	2:43	1:33
3:27	4:49	2:50	3:57	6:17	10:04	6:18	4:10			
1:33:54					1:09:30	1:17:49	1:24:54	1:28:47	1:31:12	1:33:23
0:31					7:09	8:19	7:05	3:53	2:25	2:11
	27 Roland Dumong			1:48:45	3:51	10:56	15:36	19:06	22:25	23:53
28:40	36:09	39:38	44:06	51:30	1:05:09	1:12:18	1:16:37			
	OK ØST Birkerød				3:51	7:05	4:40	3:30	3:19	1:28
4:47	7:29	3:29	4:28	7:24	13:39	7:09	4:19			
1:48:45					1:24:57	1:32:39	1:41:34	1:44:07	1:46:21	1:48:21
0:24					8:20	7:42	8:55	2:33	2:14	2:00
	28 Jakob Døpping			1:49:34	2:44	5:28	13:28	16:11	18:36	19:55
22:46	38:28	40:45	43:18	50:56	59:44	1:04:43	1:10:27			
	Søllerød OK				2:44	2:44	8:00	2:43	2:25	1:19
2:51	15:42	2:17	2:33	7:38	8:48	4:59	5:44			

1:49:34					1:22:23	1:36:19	1:42:19	1:45:24	1:47:29	1:49:12	
0:22					11:56	13:56	6:00	3:05	2:05	1:43	
16:11	Peter Sørensen				Udgået	1:56	4:45	7:51	10:31	12:36	13:34
	18:57	21:13	23:44	-----	-----	-----	-----	-----	-----	-----	-----
2:37	PI-København					1:56	2:49	3:06	2:40	2:05	0:58
	2:46	2:16	2:31								
42:12					-----	-----	-----	-----	-----	-----	-----
18:28											
-----	Bent Olav Aamodt				Udgået	-----	-----	-----	-----	-----	-----
	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	Frederikstad SK	NOR									
					-----	-----	-----	-----	-----	-----	-----

Let (3)					2.4 km	0 Hm	9 K				
						1 (52)	2 (53)	3 (60)	4 (54)	5 (55)	6 (56)
7 (57)	8 (58)	9 (59)	M								
	1 Inge K. Kristoffersen				31:14	2:42	6:24	10:28	14:20	16:29	19:22
23:52	28:03	30:25	31:14								
	Ballerup OK					2:42	3:42	4:04	3:52	2:09	
2:53	4:30	4:11	2:22	0:49							
	2 Magne Laage Storm				42:47	2:50	8:12	13:11	23:37	26:05	29:31
34:33	38:59	41:50	42:47								
	OK Roskilde					2:50	5:22	4:59	10:26	2:28	3:26
5:02	4:26	2:51	0:57								
	3 Peter Larsen				1:17:38	4:12	16:32	24:42	31:01	47:32	52:49
1:01:19	1:09:09	1:13:54	1:17:38								
	Helsingør SOK					4:12	12:20	8:10	6:19	16:31	5:17
8:30	7:50	4:45	3:44								