## **Evaluating Advice**

what you're doing.

Use this flowchart to determine whether Principle 3: No oes it imply that the horse thinks you should implement or acts like a human? Principle 2: Are the horse's needs considered (e.g. nutritional, physical, health the advice a friend, and behaviourial)? Start Here You got advice... coach, or trainer is Yes No Does it take into account how the horse is currently feeling? giving you for your Does the advice fit with the Principle 1: horse. 10 First Principles of Not Sure No Is the advice safe to implement? **Equitation Science?** Principle 5: Is the horse forced to endure Stop! This technique will either harm you overwhelming situations or your horse, or it will not be effective. The advice fits Find a different solution. the Principles Can the advice giver explain why they advocate this method? Stop! This technique will either harm you or your horse, or it will not be effective. No Yes Principle 6: Principle 10: Are the horse's correct Does it require the use of force, behaviours rewarded promptly? nagging, or unrelenting pressure? Does the explanation use emotion to cloud what it means? Caution! Make sure you understand what you are doing, get help, or find a better solution No Principle 9: Do you understand the Does it provide the horse No Principle 7: No explanation enough to write a with clear, distinct signals? Does it avoid using any more plan and try it yourself? pressure than necessary? No Does your horse respond to it? Yes Principle 8: Does it break learning down into small, sequential steps that will form a habit? Source: 10 Principles from International Society for Equitation Science (paraphrased) ClairetyHorsemanship.ca **CLAIRET** Take the advice. Your horse's welfare won't be harmed and you understand