

Plass Navn

Klasse

Tid

D 1,5

1	Linda Stensby Stenbakken	89	13:44						
00:45=	02:32=	03:57=	04:14=	05:08=	09:19=	09:55=	12:30=	13:05=	13:44=
00:45=	01:47=	01:25=	00:17=	00:54=	04:11=	00:36=	02:35=	00:35=	00:39=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Unni Fladsrud Vold	96	16:07						
00:39-	03:07+	04:57+	05:19+	06:31+	11:41+	12:24+	14:34+	15:11+	16:07+
00:39-	02:28+	01:50+	00:22+	01:12+	05:10+	00:43+	02:10-	00:37+	00:56+
00:06-	00:41&	00:25&	00:05&	00:18&	00:59#	00:07#	00:25-	00:02+	00:17&
3	Irene Øien	1071	16:10						
00:40-	02:56+	04:51+	05:12+	06:19+	11:35+	12:27+	14:38+	15:17+	16:10+
00:40-	02:16+	01:55+	00:21+	01:07+	05:16+	00:52+	02:11-	00:39+	00:53+
00:05-	00:29&	00:30&	00:04#	00:13#	01:05&	00:16&	00:24-	00:04#	00:14&
4	Margareth T. Dyresen	7	16:47						
00:51+	03:05+	05:48+	06:05+	07:06+	12:33+	13:10+	15:07+	16:07+	16:47+
00:51+	02:14+	02:43+	00:17=	01:01+	05:27+	00:37+	01:57-	01:00+	00:40+
00:06#	00:27&	01:18&	00:00=	00:07#	01:16&	00:01+	00:38-	00:25&	00:01+
5	Lise Tronstad	7	16:56						
00:50+	03:11+	05:06+	05:30+	06:42+	12:00+	12:51+	15:00+	15:50+	16:56+
00:50+	02:21+	01:55+	00:24+	01:12+	05:18+	00:51+	02:09-	00:50+	01:06+
00:05#	00:34&	00:30&	00:07&	00:18&	01:07&	00:15&	00:26-	00:15&	00:27&
6	Turid Kolseth	7	16:59						
00:49+	03:11+	05:12+	05:34+	06:46+	12:04+	12:49+	15:06+	15:54+	16:59+
00:49+	02:22+	02:01+	00:22+	01:12+	05:18+	00:45+	02:17-	00:48+	01:05+
00:04+	00:35&	00:36&	00:05&	00:18&	01:07&	00:09#	00:18-	00:13&	00:26&
7	Turid Norstad Opsahl	89	17:10						
00:45=	03:06+	05:30+	05:57+	07:11+	12:38+	13:23+	15:31+	16:12+	17:10+
00:45=	02:21+	02:24+	00:27+	01:14+	05:27+	00:45+	02:08-	00:41+	00:58+
00:00=	00:34&	00:59&	00:10&	00:20&	01:16&	00:09#	00:27-	00:06#	00:19&
8	Gerd Grønvold	7	19:59						
01:02+	03:50+	06:13+	06:46+	08:06+	14:01+	14:48+	17:30+	18:41+	19:59+
01:02+	02:48+	02:23+	00:33+	01:20+	05:55+	00:47+	02:42+	01:11+	01:18+
00:17&	01:01&	00:58&	00:16&	00:26&	01:44&	00:11&	00:07+	00:36@	00:39&
9	Helga Hansen	7	20:04						
01:01+	03:45+	06:13+	06:42+	08:07+	13:56+	14:46+	18:07+	18:51+	20:04+
01:01+	02:44+	02:28+	00:29+	01:25+	05:49+	00:50+	03:21+	00:44+	01:13+
00:16&	00:57&	01:03&	00:12&	00:31&	01:38&	00:14&	00:46&	00:09&	00:34&
10	Aud Grønvold	7	20:18						
00:56+	03:44+	06:49+	07:10+	08:39+	14:41+	15:42+	18:18+	19:08+	20:18+
00:56+	02:48+	03:05+	00:21+	01:29+	06:02+	01:01+	02:36+	00:50+	01:10+
00:11#	01:01&	01:40@	00:04#	00:35&	01:51&	00:25&	00:01+	00:15&	00:31&
11	Solveig Johannessen	7	20:20						
00:56+	03:52+	06:25+	06:52+	08:37+	14:38+	15:37+	18:18+	19:07+	20:20+
00:56+	02:56+	02:33+	00:27+	01:45+	06:01+	00:59+	02:41+	00:49+	01:13+
00:11#	01:09&	01:08&	00:10&	00:51&	01:50&	00:23&	00:06+	00:14&	00:34&

Beste strekktid for klassen

00:39 01:47 01:25 00:17 00:54 04:11 00:36 01:57 00:35 00:39

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1	Susanne Valberg Granheim	1071	21:45							
02:34=	05:42=	06:44=	10:03=	12:35=	14:09=	14:52=	18:59=	19:27=	21:04=	21:45=
02:34=	03:08=	01:02=	03:19=	02:32=	01:34=	00:43=	04:07=	00:28=	01:37=	00:41=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
D 2,5			
2	Berit Røste	152	21:46
03:11+	05:41- 06:48+ 09:29- 11:53- 13:10- 13:58- 18:21- 18:50- 20:55- 21:46+		
03:11+	02:30- 01:07+ 02:41- 02:24- 01:17- 00:48+ 04:23+ 00:29+ 02:05+ 00:51+		
00:37#	00:38- 00:05+ 00:38- 00:08- 00:17- 00:05# 00:16+ 00:01+ 00:28& 00:10#		
3	Mette A Wernberg	1071	22:49
02:46+	06:08+ 07:08+ 09:56+ 13:18+ 14:37+ 15:32+ 19:43+ 20:19+ 22:08+ 22:49+		
02:46+	03:22+ 01:00+ 02:48+ 03:22+ 01:19+ 00:55+ 04:11+ 00:36+ 01:49+ 00:41+		
02:46+	03:22+ 01:00+ 02:48+ 03:22+ 01:19+ 00:55+ 04:11+ 00:36+ 01:49+ 00:41+		
4	Marit Holmgren	7	23:04
03:54+	05:51+ 07:02+ 09:58+ 12:49+ 14:16+ 14:59+ 19:38+ 20:09+ 22:18+ 23:04+		
03:54+	01:57+ 01:11+ 02:56+ 02:51+ 01:27+ 00:43+ 04:39+ 00:31+ 02:09+ 00:46+		
03:54+	01:57+ 01:11+ 02:56+ 02:51+ 01:27+ 00:43+ 04:39+ 00:31+ 02:09+ 00:46+		
5	Karen Tomter	163	23:20
03:22+	05:18+ 06:27+ 10:32+ 13:15+ 14:42+ 15:34+ 20:06+ 20:39+ 22:38+ 23:20+		
03:22+	01:56+ 01:09+ 04:05+ 02:43+ 01:27+ 00:52+ 04:32+ 00:33+ 01:59+ 00:42+		
03:22+	01:56+ 01:09+ 04:05+ 02:43+ 01:27+ 00:52+ 04:32+ 00:33+ 01:59+ 00:42+		
6	Bente Tangen Wikstrøm	Geno	23:48
02:57+	06:44+ 07:43+ 10:44+ 12:50+ 14:00+ 16:28+ 20:40+ 21:14+ 23:03+ 23:48+		
02:57+	03:47+ 00:59+ 03:01+ 02:06+ 01:10+ 02:28+ 04:12+ 00:34+ 01:49+ 00:45+		
02:57+	03:47+ 00:59+ 03:01+ 02:06+ 01:10+ 02:28+ 04:12+ 00:34+ 01:49+ 00:45+		
7	Bente Grøndalen	152	24:08
04:19+	06:18+ 07:40+ 10:51+ 13:24+ 14:55+ 15:45+ 20:46+ 21:25+ 23:25+ 24:08+		
04:19+	01:59+ 01:22+ 03:11+ 02:33+ 01:31+ 00:50+ 05:01+ 00:39+ 02:00+ 00:43+		
04:19+	01:59+ 01:22+ 03:11+ 02:33+ 01:31+ 00:50+ 05:01+ 00:39+ 02:00+ 00:43+		
8	Anne Bergljot Falck-Ytter	1058	24:31
03:55+	08:32+ 09:38+ 12:30+ 15:03+ 16:20+ 17:01+ 21:24+ 21:58+ 23:48+ 24:31+		
03:55+	04:37+ 01:06+ 02:52+ 02:33+ 01:17+ 00:41+ 04:23+ 00:34+ 01:50+ 00:43+		
03:55+	04:37+ 01:06+ 02:52+ 02:33+ 01:17+ 00:41+ 04:23+ 00:34+ 01:50+ 00:43+		
9	Rønnaug Sagbakken	1071	27:53
04:27+	07:03+ 08:36+ 12:08+ 15:37+ 17:15+ 18:16+ 23:50+ 24:35+ 27:02+ 27:53+		
04:27+	02:36+ 01:33+ 03:32+ 03:29+ 01:38+ 01:01+ 05:34+ 00:45+ 02:27+ 00:51+		
04:27+	02:36+ 01:33+ 03:32+ 03:29+ 01:38+ 01:01+ 05:34+ 00:45+ 02:27+ 00:51+		
10	Rigmor Lømo Aas	1013	28:02
03:19+	07:54+ 08:57+ 11:59+ 18:04+ 19:22+ 20:10+ 24:35+ 25:14+ 27:14+ 28:02+		
03:19+	04:35+ 01:03+ 03:02+ 06:05+ 01:18+ 00:48+ 04:25+ 00:39+ 02:00+ 00:48+		
03:19+	04:35+ 01:03+ 03:02+ 06:05+ 01:18+ 00:48+ 04:25+ 00:39+ 02:00+ 00:48+		
11	Wenche Brobakken	120	29:21
06:08+	07:41+ 08:50+ 12:34+ 15:15+ 17:45+ 20:05+ 24:38+ 25:12+ 28:40+ 29:21+		
06:08+	01:33+ 01:09+ 03:44+ 02:41+ 02:30+ 02:20+ 04:33+ 00:34+ 03:28+ 00:41+		
06:08+	01:33+ 01:09+ 03:44+ 02:41+ 02:30+ 02:20+ 04:33+ 00:34+ 03:28+ 00:41+		
12	Inger K. Brøndbo	165	29:48
02:55+	06:48+ 07:45+ 16:43+ 19:16+ 22:12+ 23:27+ 27:07+ 27:39+ 29:13+ 29:48+		
02:55+	03:53+ 00:57+ 08:58+ 02:33+ 02:56+ 01:15+ 03:40+ 00:32+ 01:34+ 00:35+		
02:55+	03:53+ 00:57+ 08:58+ 02:33+ 02:56+ 01:15+ 03:40+ 00:32+ 01:34+ 00:35+		
13	Inger E. Vamnes	NOTEAM	33:49
03:43+	10:59+ 12:23+ 16:01+ 21:00+ 22:39+ 23:37+ 29:22+ 30:12+ 32:48+ 33:49+		
03:43+	07:16+ 01:24+ 03:38+ 04:59+ 01:39+ 00:58+ 05:45+ 00:50+ 02:36+ 01:01+		
03:43+	07:16+ 01:24+ 03:38+ 04:59+ 01:39+ 00:58+ 05:45+ 00:50+ 02:36+ 01:01+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 3,5

D 3,5

1	Elianne Haneberg	1071	30:41
02:30=	05:50= 08:15= 09:48= 15:03= 17:29=	20:28= 22:13= 22:27= 23:42= 27:15= 27:45= 29:22=	30:02= 30:41=
02:30=	03:20= 02:25= 01:33= 05:15= 02:26=	02:59= 01:45= 00:14= 01:15= 03:33= 00:30= 01:37=	00:40= 00:39=
00:00=	00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00=
2	Wenche Bjørnstad	Geno	32:07
02:32+	06:54+ 09:19+ 10:51+ 15:33+ 18:03+	20:36+ 25:24+ 25:40+ 26:40+ 29:20+ 29:45+ 31:01+	31:35+ 32:07+
02:32+	04:22+ 02:25+ 01:32+ 04:42+ 02:30+	02:33+ 04:48+ 00:16+ 01:00+ 02:40+ 00:25+ 01:16+	00:34+ 00:32+
02:32+	04:22+ 02:25+ 01:32+ 04:42+ 02:30+	02:33+ 04:48+ 00:16+ 01:00+ 02:40+ 00:25+ 01:16+	00:34+ 00:32+
3	Rita Hangaard	1071	32:10
02:28+	06:02+ 08:51+ 10:17+ 16:29+ 19:16+	22:19+ 24:20+ 24:37+ 25:51+ 28:56+ 29:26+ 30:57+	31:37+ 32:10+
02:28+	03:34+ 02:49+ 01:26+ 06:12+ 02:47+	03:03+ 02:01+ 00:17+ 01:14+ 03:05+ 00:30+ 01:31+	00:40+ 00:33+
02:28+	03:34+ 02:49+ 01:26+ 06:12+ 02:47+	03:03+ 02:01+ 00:17+ 01:14+ 03:05+ 00:30+ 01:31+	00:40+ 00:33+
4	May Kristin Tangen	119	32:55
02:25+	06:38+ 10:48+ 11:55+ 16:30+ 18:59+	21:32+ 26:22+ 26:37+ 27:33+ 30:12+ 30:37+ 31:54+	32:27+ 32:55+
02:25+	04:13+ 04:10+ 01:07+ 04:35+ 02:29+	02:33+ 04:50+ 00:15+ 00:56+ 02:39+ 00:25+ 01:17+	00:33+ 00:28+
02:25+	04:13+ 04:10+ 01:07+ 04:35+ 02:29+	02:33+ 04:50+ 00:15+ 00:56+ 02:39+ 00:25+ 01:17+	00:33+ 00:28+
5	Kjersti Narum	165	35:58
02:28+	05:58+ 08:25+ 09:55+ 21:06+ 23:29+	26:00+ 27:37+ 27:50+ 29:03+ 32:43+ 33:11+ 34:36+	35:16+ 35:58+
02:28+	03:30+ 02:27+ 01:30+ 11:11+ 02:23+	02:31+ 01:37+ 00:13+ 01:13+ 03:40+ 00:28+ 01:25+	00:40+ 00:42+
02:28+	03:30+ 02:27+ 01:30+ 11:11+ 02:23+	02:31+ 01:37+ 00:13+ 01:13+ 03:40+ 00:28+ 01:25+	00:40+ 00:42+
6	Sidsel Storihle	Geno	36:00
03:10+	08:05+ 13:15+ 15:03+ 20:51+ 23:31+	26:25+ 27:51+ 28:07+ 29:15+ 32:37+ 33:02+ 34:36+	35:23+ 36:00+
03:10+	04:55+ 05:10+ 01:48+ 05:48+ 02:40+	02:54+ 01:26+ 00:16+ 01:08+ 03:22+ 00:25+ 01:34+	00:47+ 00:37+
03:10+	04:55+ 05:10+ 01:48+ 05:48+ 02:40+	02:54+ 01:26+ 00:16+ 01:08+ 03:22+ 00:25+ 01:34+	00:47+ 00:37+
7	Grete Storsveen	1071	36:15
03:02+	06:49+ 11:37+ 13:14+ 19:15+ 22:10+	25:19+ 26:43+ 26:58+ 28:12+ 32:20+ 32:53+ 34:46+	35:32+ 36:15+
03:02+	03:47+ 04:48+ 01:37+ 06:01+ 02:55+	03:09+ 01:24+ 00:15+ 01:14+ 04:08+ 00:33+ 01:53+	00:46+ 00:43+
03:02+	03:47+ 04:48+ 01:37+ 06:01+ 02:55+	03:09+ 01:24+ 00:15+ 01:14+ 04:08+ 00:33+ 01:53+	00:46+ 00:43+
8	Kristin Haga	7	37:04
02:38+	06:48+ 12:39+ 15:42+ 21:19+ 24:03+	27:00+ 28:32+ 28:48+ 29:56+ 33:05+ 33:47+ 35:41+	36:36+ 37:04+
02:38+	04:10+ 05:51+ 03:03+ 05:37+ 02:44+	02:57+ 01:32+ 00:16+ 01:08+ 03:09+ 00:42+ 01:54+	00:55+ 00:28+
02:38+	04:10+ 05:51+ 03:03+ 05:37+ 02:44+	02:57+ 01:32+ 00:16+ 01:08+ 03:09+ 00:42+ 01:54+	00:55+ 00:28+
9	Gro Solnørdal	10001	37:15
02:33+	07:02+ 09:19+ 12:14+ 22:04+ 24:18+	27:04+ 28:20+ 28:34+ 29:57+ 32:55+ 33:22+ 36:05+	36:39+ 37:15+
02:33+	04:29+ 02:17+ 02:55+ 09:50+ 02:14+	02:46+ 01:16+ 00:14+ 01:23+ 02:58+ 00:27+ 02:43+	00:34+ 00:36+
02:33+	04:29+ 02:17+ 02:55+ 09:50+ 02:14+	02:46+ 01:16+ 00:14+ 01:23+ 02:58+ 00:27+ 02:43+	00:34+ 00:36+
10	Linda Thorvaldsen	7	37:25
03:32+	07:37+ 10:20+ 11:56+ 21:23+ 24:17+	27:28+ 28:40+ 28:58+ 30:16+ 33:55+ 34:24+ 36:03+	36:47+ 37:25+
03:32+	04:05+ 02:43+ 01:36+ 09:27+ 02:54+	03:11+ 01:12+ 00:18+ 01:18+ 03:39+ 00:29+ 01:39+	00:44+ 00:38+
03:32+	04:05+ 02:43+ 01:36+ 09:27+ 02:54+	03:11+ 01:12+ 00:18+ 01:18+ 03:39+ 00:29+ 01:39+	00:44+ 00:38+
11	Gunnhild Ljones	55	39:19
03:18+	08:02+ 11:41+ 13:37+ 19:58+ 23:37+	27:47+ 29:29+ 29:50+ 31:13+ 35:24+ 35:54+ 37:46+	38:38+ 39:19+
03:18+	04:44+ 03:39+ 01:56+ 06:21+ 03:39+	04:10+ 01:42+ 00:21+ 01:23+ 04:11+ 00:30+ 01:52+	00:52+ 00:41+
03:18+	04:44+ 03:39+ 01:56+ 06:21+ 03:39+	04:10+ 01:42+ 00:21+ 01:23+ 04:11+ 00:30+ 01:52+	00:52+ 00:41+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Eirin Lodgaard	136	41:07
08:01=	08:55= 09:27= 12:32= 13:29= 14:03=	14:33= 17:10= 19:57= 21:19= 26:22= 29:04= 31:54= 32:10= 33:15= 33:37= 33:51= 34:52= 37:29= 38:35= 40:00= 40:36= 41:07=	
08:01=	00:54= 00:32= 03:05= 00:57= 00:34=	00:30= 02:37= 02:47= 01:22= 05:03= 02:42= 02:50= 00:16= 01:05= 00:22= 00:14= 01:01= 02:37= 01:06= 01:25= 00:36= 00:31=	
00:00=	00:00= 00:00= 00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=	

Class	Navn	Klasse	Tid
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D 4,5

2	Line Merete Libak	89	44:55																						
00:22-	00:59-	03:22-	03:57-	08:35-	08:45-	09:19-	09:30-	12:50-	13:05-	13:45-	14:38-	15:19-	15:50-	17:01-	18:42-	19:36-	22:00-	23:29-	23:33-	24:02-	25:42-	29:27-	32:04+	35:11+	35:26+
00:22-	00:37-	02:23+	00:35-	04:38+	00:10-	00:34+	00:11-	03:20+	00:15-	00:40-	00:53-	00:41-	00:31+	01:11+	01:41+	00:54+	02:24+	01:29-	00:04-	00:29-	01:40+	03:45+	02:37+	03:07+	00:15+
07:39-	00:17-	01:51@	02:30-	03:41@	00:24-	00:04#	02:26-	00:33#	01:07-	04:23-	01:49-	02:09-	00:15&	00:06+	01:19@	00:40@	01:23@	01:08-	01:02-	00:56-	01:04@	03:14@	02:37+	03:07+	00:15+
36:26+	36:47+	37:49+	40:46+	41:58+	43:36+	44:15+	44:55+																		
01:00+	00:21+	01:02+	02:57+	01:12+	01:38+	00:39+	00:40+																		
01:00+	00:21+	01:02+	02:57+	01:12+	01:38+	00:39+	00:40+																		

3	Unn Mette Klopbakken	43	46:36																						
08:03+	08:44+	11:58+	12:54+	13:51+	14:34+	17:28+	24:19+	25:44+	31:18+	34:18+	37:15+	37:33+	38:52+	39:07+	40:12+	42:49+	43:55+	45:23+	46:01+	46:36+					
08:03+	00:41+	03:14+	00:56+	00:57+	00:43+	02:54+	06:51+	01:25+	05:34+	03:00+	02:57+	00:18+	01:19+	00:15+	01:05+	02:37+	01:06+	01:28+	00:38+	00:35+					
08:03+	00:41+	03:14+	00:56+	00:57+	00:43+	02:54+	06:51+	01:25+	05:34+	03:00+	02:57+	00:18+	01:19+	00:15+	01:05+	02:37+	01:06+	01:28+	00:38+	00:35+					

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 5,5

1	Anne Marit Bordal	119	39:31																						
07:38=	10:28=	11:00=	11:39=	12:26=	14:56=	15:25=	19:46=	21:07=	26:43=	27:30=	28:49=	31:28=	31:43=	32:33=	32:45=	33:41=	36:06=	37:07=	38:25=	39:00=	39:31=				
07:38=	02:50=	00:32=	00:39=	00:47=	02:30=	00:29=	04:21=	01:21=	05:36=	00:47=	01:19=	02:39=	00:15=	00:50=	00:12=	00:56=	02:25=	01:01=	01:18=	00:35=	00:31=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste strekktid for klassen

07:38 02:50 00:32 00:39 00:47 02:30 00:29 04:21 01:21 05:36 00:47 01:19 02:39 00:15 00:50 00:12 00:56 02:25 01:01 01:18 00:35 00:31

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 1,5

1	Roger Sterud	7	11:04																						
02:40=	04:20=	04:46=	06:58=	08:45=	09:14=	10:36=	11:04=																		
02:40=	01:40=	00:26=	02:12=	01:47=	00:29=	01:22=	00:28=																		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=																		

2	Ottar Evensen	27	14:54																						
04:38+	05:52+	06:46+	09:50+	12:19+	12:53+	14:54+	17:06+																		
04:38+	01:14-	00:54+	03:04+	02:29+	00:34+	02:01+	02:12+																		
01:58&	00:26-	00:28@	00:52&	00:42&	00:05#	00:39&	01:44@																		

3	Geir-Håkon Øverby	If	15:00																						
02:43+	04:39+	05:25+	08:14+	10:39+	11:12+	14:19+	15:00+																		
02:43+	01:56+	00:46+	02:49+	02:25+	00:33+	03:07+	00:41+																		
00:03+	00:16#	00:20&	00:37&	00:38&	00:04#	01:45@	00:13&																		

4	Knut Røhrsveen	7	15:21																						
03:22+	05:36+	06:16+	09:32+	12:07+	12:39+	14:43+	15:21+																		
03:22+	02:14+	00:40+	03:16+	02:35+	00:32+	02:04+	00:38+																		
00:42&	00:34&	00:14&	01:04&	00:48&	00:03#	00:42&	00:10&																		

5	Erik Skårås	1071	18:01																						
04:09+	06:38+	07:30+	11:08+	13:56+	14:32+	16:56+	18:01+																		
04:09+	02:29+	00:52+	03:38+	02:48+	00:36+	02:24+	01:05+																		
01:29&	00:49&	00:26&	01:26&	01:01&	00:07#	01:02&	00:37@																		

6	Knut Martinsen	1071	19:03																						
03:49+	06:18+	07:20+	11:18+	14:26+	15:09+	17:54+	19:03+																		
03:49+	02:29+	01:02+	03:58+	03:08+	00:43+	02:45+	01:09+																		
01:09&	00:49&	00:36@	01:46&	01:21&	00:14&	01:23@	00:41@																		

7	Thorvald Sæhlie	166	19:28																						
03:49+	05:42+	06:48+	10:33+	13:31+	14:22+	18:30+	19:28+																		
03:49+	01:53+	01:06+	03:45+	02:58+	00:51+	04:08+	00:58+																		
01:09&	00:13#	00:40@	01:33&	01:11&	00:22&	02:46@	00:30@																		

Class	Navn	Klasse	Tid
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H 1,5

8	Ingvald Pedersen	28	19:44
05:35+	07:18+ 08:04+ 11:45+ 15:19+ 16:02+ 18:39+ 19:44+		
05:35+	01:43+ 00:46+ 03:41+ 03:34+ 00:43+ 02:37+ 01:05+		
02:55@	00:03+ 00:20& 01:29& 01:47& 00:14& 01:15& 00:37@		
9	Hans Asbjørn Tingvold	RILO	21:26
02:08+	03:15+ 04:55+ 08:31+ 09:39+ 11:22+ 12:08+ 13:46+ 14:11+ 17:39+ 18:57+ 20:42+ 21:26+		
02:08+	01:07+ 01:40+ 03:36+ 01:08+ 01:43+ 00:46+ 01:38+ 00:25+ 03:28+ 01:18+ 01:45+ 00:44+		
02:08+	01:07+ 01:40+ 03:36+ 01:08+ 01:43+ 00:46+ 01:38+ 00:25+ 03:28+ 01:18+ 01:45+ 00:44+		
10	Halstein Ødegård	89	23:43
04:17+	06:55+ 08:01+ 14:51+ 18:43+ 19:32+ 22:37+ 23:43+		
04:17+	02:38+ 01:06+ 06:50+ 03:52+ 00:49+ 03:05+ 01:06+		
04:17+	02:38+ 01:06+ 06:50+ 03:52+ 00:49+ 03:05+ 01:06+		
11	Dag Erik Hovde	7	24:19
07:09+	10:19+ 11:19+ 15:43+ 19:17+ 20:07+ 23:01+ 24:19+		
07:09+	03:10+ 01:00+ 04:24+ 03:34+ 00:50+ 02:54+ 01:18+		
07:09+	03:10+ 01:00+ 04:24+ 03:34+ 00:50+ 02:54+ 01:18+		
12	Trygve Jan Bjerke	55	27:07
11:41+	14:57+ 15:38+ 19:14+ 23:14+ 23:59+ 26:15+ 27:07+		
11:41+	03:16+ 00:41+ 03:36+ 04:00+ 00:45+ 02:16+ 00:52+		
11:41+	03:16+ 00:41+ 03:36+ 04:00+ 00:45+ 02:16+ 00:52+		
13	Ragnar Høsøien	55	30:07
05:48+	11:08+ 12:22+ 18:45+ 23:33+ 24:32+ 28:32+ 30:07+		
05:48+	05:20+ 01:14+ 06:23+ 04:48+ 00:59+ 04:00+ 01:35+		
05:48+	05:20+ 01:14+ 06:23+ 04:48+ 00:59+ 04:00+ 01:35+		

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 2,5

1	Kristian Narum	165	18:01
01:38=	02:32= 04:02= 06:43= 07:36= 09:00= 09:57= 11:15= 11:50= 14:32= 16:04= 17:29= 18:01=		
01:38=	00:54= 01:30= 02:41= 00:53= 01:24= 00:57= 01:18= 00:35= 02:42= 01:32= 01:25= 00:32=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Arne Hagen	167	18:44
01:47+	02:37+ 04:02= 06:39- 07:39+ 09:16+ 10:01+ 11:43+ 12:10+ 15:28+ 16:35+ 18:10+ 18:44+		
01:47+	00:50- 01:25- 02:37- 01:00+ 01:37+ 00:45- 01:42+ 00:27- 03:18+ 01:07- 01:35+ 00:34+		
00:09+	00:04- 00:05- 00:04- 00:07# 00:13# 00:12- 00:24& 00:08- 00:36# 00:25- 00:10# 00:02+		
3	Leif Martin Kjos	1071	19:18
01:36-	02:32= 04:07+ 06:55+ 07:55+ 09:28+ 10:42+ 11:58+ 12:43+ 15:51+ 17:04+ 18:42+ 19:18+		
01:36-	00:56+ 01:35+ 02:48+ 01:00+ 01:33+ 01:14+ 01:16- 00:45+ 03:08+ 01:13- 01:38+ 00:36+		
00:02-	00:02+ 00:05+ 00:07+ 00:07# 00:09# 00:17& 00:02- 00:10& 00:26# 00:19- 00:13# 00:04#		
4	Tore Stenseth	1013	20:04
01:45+	02:48+ 04:26+ 07:24+ 08:33+ 10:18+ 10:59+ 12:28+ 12:55+ 16:27+ 17:43+ 19:25+ 20:04+		
01:45+	01:03+ 01:38+ 02:58+ 01:09+ 01:45+ 00:41- 01:29+ 00:27- 03:32+ 01:16- 01:42+ 00:39+		
00:07+	00:09# 00:08+ 00:17# 00:16& 00:21# 00:16- 00:11# 00:08- 00:50& 00:16- 00:17# 00:07#		
5	Morten Øie	39	20:13
01:59+	02:59+ 04:35+ 07:36+ 08:39+ 10:13+ 11:01+ 12:37+ 13:03+ 16:27+ 17:43+ 19:30+ 20:13+		
01:59+	01:00+ 01:36+ 03:01+ 01:03+ 01:34+ 00:48- 01:36+ 00:26- 03:24+ 01:16- 01:47+ 00:43+		
00:21#	00:06# 00:06+ 00:20# 00:10# 00:10# 00:09- 00:18# 00:09- 00:42& 00:16- 00:22& 00:11&		
6	Karl Petter Opsahl	89	20:56
01:59+	03:07+ 04:42+ 07:56+ 09:02+ 11:02+ 12:03+ 13:32+ 14:00+ 17:18+ 18:36+ 20:16+ 20:56+		
01:59+	01:08+ 01:35+ 03:14+ 01:06+ 02:00+ 01:01+ 01:29+ 00:28- 03:18+ 01:18- 01:40+ 00:40+		
00:21#	00:14& 00:05+ 00:33# 00:13# 00:36& 00:04+ 00:11# 00:07- 00:36# 00:14- 00:15# 00:08#		

Class	Navn	Klasse	Tid
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H 2,5

7	Ludvig Bjerke-Narud	Geno	22:28									
02:13+	03:16+	05:26+	08:46+	09:54+	11:56+	13:07+	14:34+	15:01+	18:34+	20:01+	21:44+	22:28+
02:13+	01:03+	02:10+	03:20+	01:08+	02:02+	01:11+	01:27+	00:27-	03:33+	01:27-	01:43+	00:44+
00:35&	00:09#	00:40&	00:39#	00:15&	00:38&	00:14#	00:09#	00:08-	00:51&	00:05-	00:18#	00:12&
8	Per Vold	96	22:35									
01:57+	02:53+	04:38+	07:19+	08:22+	13:24+	14:06+	15:26+	15:50+	19:03+	20:19+	21:56+	22:35+
01:57+	00:56+	01:45+	02:41+	01:03+	05:02+	00:42+	01:20+	00:24+	03:13+	01:16+	01:37+	00:39+
01:57+	00:56+	01:45+	02:41+	01:03+	05:02+	00:42+	01:20+	00:24+	03:13+	01:16+	01:37+	00:39+
9	Jan Olav Sæther	165	23:35									
02:21+	03:30+	05:48+	08:59+	10:13+	12:11+	13:15+	15:24+	15:55+	19:41+	21:03+	22:53+	23:35+
02:21+	01:09+	02:18+	03:11+	01:14+	01:58+	01:04+	02:09+	00:31+	03:46+	01:22+	01:50+	00:42+
02:21+	01:09+	02:18+	03:11+	01:14+	01:58+	01:04+	02:09+	00:31+	03:46+	01:22+	01:50+	00:42+
10	Einar Stensby	89	24:34									
02:44+	03:50+	05:45+	09:17+	10:28+	12:22+	13:08+	14:45+	15:07+	20:41+	22:00+	23:52+	24:34+
02:44+	01:06+	01:55+	03:32+	01:11+	01:54+	00:46+	01:37+	00:22+	05:34+	01:19+	01:52+	00:42+
02:44+	01:06+	01:55+	03:32+	01:11+	01:54+	00:46+	01:37+	00:22+	05:34+	01:19+	01:52+	00:42+
11	Stein Sandaker	1038	28:08									
01:48+	02:56+	04:26+	07:00+	08:02+	14:34+	17:48+	19:00+	19:40+	24:48+	26:00+	27:36+	28:08+
01:48+	01:08+	01:30+	02:34+	01:02+	06:32+	03:14+	01:12+	00:40+	05:08+	01:12+	01:36+	00:32+
01:48+	01:08+	01:30+	02:34+	01:02+	06:32+	03:14+	01:12+	00:40+	05:08+	01:12+	01:36+	00:32+
12	Harald Grønvold	7	28:40									
02:08+	03:06+	04:42+	12:56+	14:00+	18:23+	19:00+	20:24+	20:50+	24:16+	25:52+	28:01+	28:40+
02:08+	00:58+	01:36+	08:14+	01:04+	04:23+	00:37+	01:24+	00:26+	03:26+	01:36+	02:09+	00:39+
02:08+	00:58+	01:36+	08:14+	01:04+	04:23+	00:37+	01:24+	00:26+	03:26+	01:36+	02:09+	00:39+
13	Sven Marken	89	29:29									
03:24+	04:50+	07:15+	12:08+	13:38+	15:54+	16:56+	18:52+	19:25+	23:58+	26:06+	28:30+	29:29+
03:24+	01:26+	02:25+	04:53+	01:30+	02:16+	01:02+	01:56+	00:33+	04:33+	02:08+	02:24+	00:59+
03:24+	01:26+	02:25+	04:53+	01:30+	02:16+	01:02+	01:56+	00:33+	04:33+	02:08+	02:24+	00:59+
14	Johnny Johansen	89	30:22									
02:25+	03:39+	05:34+	15:18+	16:37+	18:41+	19:50+	21:33+	21:59+	25:58+	27:33+	29:34+	30:22+
02:25+	01:14+	01:55+	09:44+	01:19+	02:04+	01:09+	01:43+	00:26+	03:59+	01:35+	02:01+	00:48+
02:25+	01:14+	01:55+	09:44+	01:19+	02:04+	01:09+	01:43+	00:26+	03:59+	01:35+	02:01+	00:48+

Beste strekketid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 3,5

1	Tom S Helgesen	55	26:40														
01:34=	02:20=	06:21=	08:24=	09:39=	14:09=	16:10=	18:04=	19:03=	19:33=	20:27=	22:04=	23:26=	23:47=	25:35=	25:48=	26:14=	26:40=
01:34=	00:46=	04:01=	02:03=	01:15=	04:30=	02:01=	01:54=	00:59=	00:30=	00:54=	01:37=	01:22=	00:21=	01:48=	00:13=	00:26=	00:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Terje Tangen	119	28:02														
01:30-	02:20=	06:43+	09:02+	10:19+	14:42+	17:00+	19:14+	20:26+	21:06+	22:01+	23:44+	25:12+	25:34+	26:52+	27:10+	27:32+	28:02+
01:30-	00:50+	04:23+	02:19+	01:17+	04:23-	02:18+	02:14+	01:12+	00:40+	00:55+	01:43+	01:28+	00:22+	01:18-	00:18+	00:22-	00:30+
00:04-	00:04+	00:22+	00:16#	00:02+	00:07-	00:17#	00:20#	00:13#	00:10&	00:01+	00:06+	00:06+	00:01+	00:30-	00:05&	00:04-	00:04#
3	Tor Haugstulen	55	29:22														
01:41+	02:29+	06:54+	09:39+	11:39+	16:01+	18:32+	20:31+	21:31+	21:59+	22:55+	25:02+	26:23+	26:48+	28:09+	28:24+	28:48+	29:22+
01:41+	00:48+	04:25+	02:45+	02:00+	04:22-	02:31+	01:59+	01:00+	00:28-	00:56+	02:07+	01:21-	00:25+	01:21-	00:15+	00:24-	00:34+
00:07+	00:02+	00:24+	00:42&	00:45&	00:08-	00:30#	00:05+	00:01+	00:02-	00:02+	00:30&	00:01-	00:04#	00:27-	00:02#	00:02-	00:08&
4	Olav Juliussen	55	31:41														
01:43+	02:38+	07:19+	09:58+	11:43+	16:39+	19:03+	21:47+	22:54+	23:32+	24:50+	26:52+	28:28+	29:00+	30:27+	30:48+	31:13+	31:41+
01:43+	00:55+	04:41+	02:39+	01:45+	04:56+	02:24+	02:44+	01:07+	00:38+	01:18+	02:02+	01:36+	00:32+	01:27-	00:21+	00:25-	00:28+
00:09+	00:09#	00:40#	00:36&	00:30&	00:26+	00:23#	00:50&	00:08#	00:08&	00:24&	00:25&	00:14#	00:11&	00:21-	00:08&	00:01-	00:02+

H 3,5

5	Jonny Rudi	7	33:57																		
01:53+	02:46+	08:16+	10:51+	12:24+	17:30+	19:57+	22:48+	23:29+	25:33+	25:59+	26:59+	29:08+	30:43+	31:08+	32:41+	33:01+	33:30+	33:57+			
01:53+	00:53+	05:30+	02:35+	01:33+	05:06+	02:27+	02:51+	00:41-	02:04+	00:26-	01:00-	02:09+	01:35+	00:25-	01:33+	00:20-	00:29+	00:27+			
00:19#	00:07#	01:29#	00:32&	00:18#	00:36#	00:26#	00:57&	00:18-	01:34@	00:28-	00:37-	00:47&	01:14@	01:23-	01:20@	00:06-	00:03#	00:27+			
6	Rune Waaler	RAUT	34:05																		
01:42+	02:45+	07:40+	10:17+	11:46+	18:04+	21:07+	23:38+	24:59+	25:38+	26:51+	28:50+	30:27+	31:03+	32:39+	33:02+	33:33+	34:05+				
01:42+	01:03+	04:55+	02:37+	01:29+	06:18+	03:03+	02:31+	01:21+	00:39+	01:13+	01:59+	01:37+	00:36+	01:36+	00:23+	00:31+	00:32+				
01:42+	01:03+	04:55+	02:37+	01:29+	06:18+	03:03+	02:31+	01:21+	00:39+	01:13+	01:59+	01:37+	00:36+	01:36+	00:23+	00:31+	00:32+				
7	Jo Gisle Jørgensen	105	34:17																		
01:52+	02:46+	08:38+	11:16+	13:59+	18:55+	21:43+	24:28+	25:35+	26:07+	27:12+	29:15+	30:58+	31:19+	32:57+	33:15+	33:42+	34:17+				
01:52+	00:54+	05:52+	02:38+	02:43+	04:56+	02:48+	02:45+	01:07+	00:32+	01:05+	02:03+	01:43+	00:21+	01:38+	00:18+	00:27+	00:35+				
01:52+	00:54+	05:52+	02:38+	02:43+	04:56+	02:48+	02:45+	01:07+	00:32+	01:05+	02:03+	01:43+	00:21+	01:38+	00:18+	00:27+	00:35+				
8	Jan Åsmund Sætaberget	1002	34:54																		
01:29+	02:19+	08:58+	11:25+	12:59+	18:57+	21:57+	24:40+	25:48+	26:22+	27:29+	29:23+	31:30+	32:01+	33:34+	33:53+	34:19+	34:54+				
01:29+	00:50+	06:39+	02:27+	01:34+	05:58+	03:00+	02:43+	01:08+	00:34+	01:07+	01:54+	02:07+	00:31+	01:33+	00:19+	00:26+	00:35+				
01:29+	00:50+	06:39+	02:27+	01:34+	05:58+	03:00+	02:43+	01:08+	00:34+	01:07+	01:54+	02:07+	00:31+	01:33+	00:19+	00:26+	00:35+				
9	Tore Gustav Tomter	1021	35:03																		
01:33+	02:27+	07:37+	10:03+	12:04+	17:05+	19:49+	22:15+	23:28+	24:12+	27:57+	30:27+	31:59+	32:22+	33:45+	34:06+	34:37+	35:03+				
01:33+	00:54+	05:10+	02:26+	02:01+	05:01+	02:44+	02:26+	01:13+	00:44+	03:45+	02:30+	01:32+	00:23+	01:23+	00:21+	00:31+	00:26+				
01:33+	00:54+	05:10+	02:26+	02:01+	05:01+	02:44+	02:26+	01:13+	00:44+	03:45+	02:30+	01:32+	00:23+	01:23+	00:21+	00:31+	00:26+				
10	Knut Wikstrøm	78	35:16																		
01:40+	02:37+	07:59+	10:37+	12:04+	18:34+	21:39+	24:13+	25:46+	26:15+	28:12+	30:13+	32:06+	32:29+	33:58+	34:21+	34:45+	35:16+				
01:40+	00:57+	05:22+	02:38+	01:27+	06:30+	03:05+	02:34+	01:33+	00:29+	01:57+	02:01+	01:53+	00:23+	01:29+	00:23+	00:24+	00:31+				
01:40+	00:57+	05:22+	02:38+	01:27+	06:30+	03:05+	02:34+	01:33+	00:29+	01:57+	02:01+	01:53+	00:23+	01:29+	00:23+	00:24+	00:31+				
11	Erik Haugen	119	35:19																		
01:53+	02:53+	08:08+	11:04+	12:40+	18:27+	21:44+	24:05+	25:13+	25:48+	26:55+	28:49+	30:36+	31:05+	32:36+	33:13+	34:12+	34:39+	35:19+			
01:53+	01:00+	05:15+	02:56+	01:36+	05:47+	03:17+	02:21+	01:08+	00:35+	01:07+	01:54+	01:47+	00:29+	01:31+	00:37+	00:59+	00:27+	00:40+			
01:53+	01:00+	05:15+	02:56+	01:36+	05:47+	03:17+	02:21+	01:08+	00:35+	01:07+	01:54+	01:47+	00:29+	01:31+	00:37+	00:59+	00:27+	00:40+			
12	Knut Olav Strætkvern	1058	35:47																		
01:57+	02:58+	07:57+	10:44+	12:59+	19:09+	21:52+	25:33+	26:42+	27:17+	28:30+	30:38+	32:24+	32:54+	34:32+	34:50+	35:17+	35:47+				
01:57+	01:01+	04:59+	02:47+	02:15+	06:10+	02:43+	03:41+	01:09+	00:35+	01:13+	02:08+	01:46+	00:30+	01:38+	00:18+	00:27+	00:30+				
01:57+	01:01+	04:59+	02:47+	02:15+	06:10+	02:43+	03:41+	01:09+	00:35+	01:13+	02:08+	01:46+	00:30+	01:38+	00:18+	00:27+	00:30+				
13	Steinar Tønsager	11	39:59																		
01:50+	02:42+	09:45+	13:35+	15:06+	21:40+	24:37+	27:44+	28:30+	30:07+	30:43+	31:55+	33:01+	34:47+	36:32+	37:07+	38:45+	39:05+	39:30+	39:59+		
01:50+	00:52+	07:03+	03:50+	01:31+	06:34+	02:57+	03:07+	00:46+	01:37+	00:36+	01:12+	01:06+	01:46+	01:45+	00:35+	01:38+	00:20+	00:25+	00:29+		
01:50+	00:52+	07:03+	03:50+	01:31+	06:34+	02:57+	03:07+	00:46+	01:37+	00:36+	01:12+	01:06+	01:46+	01:45+	00:35+	01:38+	00:20+	00:25+	00:29+		
14	Torleif Finstad	55	49:28																		
01:58+	03:07+	14:53+	18:03+	20:48+	26:46+	30:43+	34:01+	35:26+	36:14+	37:42+	40:28+	43:02+	43:40+	46:03+	47:46+	48:23+	49:28+				
01:58+	01:09+	11:46+	03:10+	02:45+	05:58+	03:57+	03:18+	01:25+	00:48+	01:28+	02:46+	02:34+	00:38+	02:23+	01:43+	00:37+	01:05+				
01:58+	01:09+	11:46+	03:10+	02:45+	05:58+	03:57+	03:18+	01:25+	00:48+	01:28+	02:46+	02:34+	00:38+	02:23+	01:43+	00:37+	01:05+				

Beste strekktid for klassen

= Som klassevinner , - raskere , + senere , # 10% tap , & 25% tap , @ 100% tap.

H 4,5

1	Terje Wikstrøm	Geno	37:37																		
06:21=	06:57=	09:37=	10:18=	10:49=	11:17=	13:34=	16:05=	17:21=	22:57=	25:25=	28:02=	28:15=	29:07=	29:21=	30:15=	34:18=	35:15=	36:32=	37:05=	37:37=	
06:21=	00:36=	02:40=	00:41=	00:31=	00:28=	02:17=	02:31=	01:16=	05:36=	02:28=	02:37=	00:13=	00:52=	00:14=	00:54=	04:03=	00:57=	01:17=	00:33=	00:32=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Vidar Nomerstad	10071	38:15																		
06:25+	07:02+	10:13+	11:12+	11:52+	12:32+	15:06+	17:55+	19:19+	24:30+	27:11+	29:53+	30:08+	31:04+	31:20+	32:19+	34:37+	35:41+	37:06+	37:41+	38:15+	
06:25+	00:37+	03:11+	00:59+	00:40+	00:40+	02:34+	02:49+	01:24+	05:11-	02:41+	02:42+	00:15+	00:56+	00:16+	00:59+	02:18-	01:04+	01:25+	00:35+	00:34+	
00:04+	00:01+	00:31#	00:18&	00:09&	00:12&	00:17#	00:18#	00:08#	00:25-	00:13+	00:05+	00:02#	00:04+	00:02#	00:05+	01:45-	00:07#	00:08#	00:02+	00:02+	

Class	Navn	Klasse	Tid
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H 4,5

Beste strekktid for klassen

06:21 00:36 02:40 00:41 00:31 00:28 02:17 02:31 01:16 05:11 02:28 02:37 00:13 00:52 00:14 00:54 02:18 00:57 01:17 00:33 00:32

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 5,5

1	Sigurd Dæhli	89	35:55																		
06:11=	08:42=	09:17=	09:53=	10:40=	13:58=	14:29=	18:22=	19:31=	24:34=	25:19=	26:29=	28:48=	29:00=	29:45=	29:57=	30:45=	32:52=	33:45=	34:57=	35:26=	35:55=
06:11=	02:31=	00:35=	00:36=	00:47=	03:18=	00:31=	03:53=	01:09=	05:03=	00:45=	01:10=	02:19=	00:12=	00:45=	00:12=	00:48=	02:07=	00:53=	01:12=	00:29=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Frode Ødegårdstuen	ASKO	37:50																		
06:29+	09:02+	09:31+	10:16+	11:02+	13:31-	14:08-	18:59+	20:10+	25:40+	26:30+	27:43+	30:08+	30:20+	31:09+	31:21+	32:15+	34:42+	35:37+	36:52+	37:23+	37:50+
06:29+	02:33+	00:29-	00:45+	00:46-	02:29-	00:37+	04:51+	01:11+	05:30+	00:50+	01:13+	02:25+	00:12=	00:49+	00:12=	00:54+	02:27+	00:55+	01:15+	00:31+	00:27-
00:18+	00:02+	00:06-	00:09#	00:01-	00:49-	00:06#	00:58#	00:02+	00:27+	00:05#	00:03+	00:06+	00:00=	00:04+	00:00=	00:06#	00:20#	00:02+	00:03+	00:02+	00:02-
3	Arne Røste	25	38:33																		
06:33+	09:08+	09:41+	10:14+	10:54+	13:49-	14:49+	18:52+	20:14+	25:20+	26:03+	27:24+	30:10+	30:23+	31:35+	31:47+	32:41+	35:06+	36:11+	37:34+	38:06+	38:33+
06:33+	02:35+	00:33-	00:33-	00:40-	02:55-	01:00+	04:03+	01:22+	05:06+	00:43-	01:21+	02:46+	00:13+	01:12+	00:12=	00:54+	02:25+	01:05+	01:23+	00:32+	00:27-
00:22+	00:04+	00:02-	00:03-	00:07-	00:23-	00:29#	00:10+	00:13#	00:03+	00:02-	00:11#	00:27#	00:01+	00:27#	00:00=	00:06#	00:18#	00:12#	00:11#	00:03#	00:02-
4	Bjørn Solbergseter	100	38:40																		
07:01+	09:24+	10:31+	11:25+	12:00+	14:51+	15:19+	19:04+	20:18+	25:53+	26:40+	27:53+	30:25+	30:38+	32:11+	32:21+	33:38+	35:45+	36:37+	37:47+	38:14+	38:40+
07:01+	02:23-	01:07+	00:54+	00:35-	02:51-	00:28-	03:45-	01:14+	05:35+	00:47+	01:13+	02:32+	00:13+	01:33+	00:10-	01:17+	02:07=	00:52-	01:10-	00:27-	00:26-
00:50#	00:08#	00:32#	00:18#	00:12-	00:27-	00:03-	00:08-	00:05+	00:32#	00:02+	00:03+	00:13+	00:01+	00:48#	00:02-	00:29#	00:00=	00:01-	00:02-	00:02-	00:03-
5	Frode Bergersen	1059	40:45																		
08:42+	11:28+	12:03+	12:36+	13:22+	15:51+	16:28+	20:40+	21:59+	28:01+	28:48+	30:05+	32:36+	32:47+	33:49+	34:03+	35:00+	37:26+	38:24+	39:39+	40:14+	40:45+
08:42+	02:46+	00:35=	00:33-	00:46-	02:29-	00:37+	04:12+	01:19+	06:02+	00:47+	01:17+	02:31+	00:11-	01:02+	00:14+	00:57+	02:26+	00:58+	01:15+	00:35+	00:31+
02:31#	00:15+	00:00=	00:03-	00:01-	00:49-	00:06#	00:19+	00:10#	00:59#	00:02+	00:07#	00:12+	00:01-	00:17#	00:02#	00:09#	00:19#	00:05+	00:03+	00:06#	00:02+
6	Stein Arne Negård	166	42:32																		
07:58+	11:07+	11:45+	12:28+	13:16+	16:06+	16:41+	21:24+	22:50+	28:46+	29:39+	31:07+	33:58+	34:16+	35:18+	35:31+	36:30+	39:00+	40:03+	41:28+	42:01+	42:32+
07:58+	03:09+	00:38+	00:43+	00:48+	02:50-	00:35+	04:43+	01:26+	05:56+	00:53+	01:28+	02:51+	00:18+	01:02+	00:13+	00:59+	02:30+	01:03+	01:25+	00:33+	00:31+
01:47#	00:38#	00:03+	00:07#	00:01+	00:28-	00:04#	00:50#	00:17#	00:53#	00:08#	00:18#	00:32#	00:06#	00:17#	00:01+	00:11#	00:23#	00:10#	00:13#	00:04#	00:02+

Beste strekktid for klassen

06:11 02:23 00:29 00:33 00:35 02:29 00:28 03:45 01:09 05:03 00:43 01:10 02:19 00:11 00:45 00:10 00:48 02:07 00:52 01:10 00:27 00:26

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.