

Plass Navn

Klasse

Tid

D 1,5

1 Pia Holmen 152 31:15

04:28= 06:03= 11:19= 18:38= 21:52= 26:07= 29:54= 31:15=
 04:28= 01:35= 05:16= 07:19= 03:14= 04:15= 03:47= 01:21=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Turid Norstad Opsahl 89 44:57

03:42- 06:43+ 15:11+ 22:23+ 27:27+ 33:42+ 42:37+ 44:57+
 03:42- 03:01+ 08:28+ 07:12- 05:04+ 06:15+ 08:55+ 02:20+
 00:46- 01:26& 03:12& 00:07- 01:50& 02:00& 05:08@ 00:59&

3 Unni Fladsrud Vold 96 49:21

03:18- 06:01- 17:27+ 24:29+ 29:04+ 35:26+ 44:59+ 49:21+
 03:18- 02:43+ 11:26+ 07:02- 04:35+ 06:22+ 09:33+ 04:22+
 01:10- 01:08& 06:10@ 00:17- 01:21& 02:07& 05:46@ 03:01@

4 Gerd Grønvold 7 52:28

06:59+ 09:50+ 21:26+ 28:45+ 32:34+ 41:29+ 48:13+ 52:28+
 06:59+ 02:51+ 11:36+ 07:19= 03:49+ 08:55+ 06:44+ 04:15+
 02:31& 01:16& 06:20@ 00:00= 00:35# 04:40@ 02:57& 02:54@

5 Helga Hansen 7 52:36

06:58+ 09:47+ 21:36+ 29:01+ 32:40+ 41:29+ 48:27+ 52:36+
 06:58+ 02:49+ 11:49+ 07:25+ 03:39+ 08:49+ 06:58+ 04:09+
 02:30& 01:14& 06:33@ 00:06+ 00:25# 04:34@ 03:11& 02:48@

6 Solveig Johannessen 7 54:34

04:27- 07:33+ 19:03+ 30:51+ 35:14+ 43:10+ 50:09+ 54:34+
 04:27- 03:06+ 11:30+ 11:48+ 04:23+ 07:56+ 06:59+ 04:25+
 00:01- 01:31& 06:14@ 04:29& 01:09& 03:41& 03:12& 03:04@

Beste strekktid for klassen

03:18 01:35 05:16 07:02 03:14 04:15 03:47 01:21

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 2,5

1 Mari N Petershagen 146 39:34

01:53= 03:29= 09:41= 17:39= 22:07= 26:40= 30:25= 32:52= 37:51= 39:34=
 01:53= 01:36= 06:12= 07:58= 04:28= 04:33= 03:45= 02:27= 04:59= 01:43=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Bente Tangen Wikstrøm Geno 40:06

01:58+ 03:33+ 09:35- 19:11+ 22:33+ 27:47+ 31:35+ 34:02+ 38:25+ 40:06+
 01:58+ 01:35- 06:02- 09:36+ 03:22- 05:14+ 03:48+ 02:27= 04:23- 01:41-
 00:05+ 00:01- 00:10- 01:38# 01:06- 00:41# 00:03+ 00:00= 00:36- 00:02-

3 Mette Marit Jensen INN 40:44

02:17+ 04:36+ 09:38- 17:49+ 22:30+ 27:14+ 31:29+ 34:31+ 39:06+ 40:44+
 02:17+ 02:19+ 05:02- 08:11+ 04:41+ 04:44+ 04:15+ 03:02+ 04:35- 01:38-
 00:24# 00:43& 01:10- 00:13+ 00:13+ 00:11+ 00:30# 00:35# 00:24- 00:05-

4 Øyfrid Larsen Moen Ntnui 42:50

02:21+ 04:11+ 09:28- 18:30+ 22:31+ 27:10+ 31:22+ 35:24+ 41:05+ 42:50+
 02:21+ 01:50+ 05:17- 09:02+ 04:01- 04:39+ 04:12+ 04:02+ 05:41+ 01:45+
 00:28# 00:14# 00:55- 01:04# 00:27- 00:06+ 00:27# 01:35& 00:42# 00:02+

Class	Navn	Klasse	Tid						
D 2,5									
5	Gunnhild Ljones	55	45:46						
05:41+	08:02+	13:22+	21:13+	26:00+	31:29+	35:49+	40:05+	44:17+	45:46+
05:41+	02:21+	05:20-	07:51-	04:47+	05:29+	04:20+	04:16+	04:12-	01:29-
03:48@	00:45&	00:52-	00:07-	00:19+	00:56#	00:35#	01:49&	00:47-	00:14-
6	Mette A Wernberg	1071	46:10						
03:27+	05:14+	10:11+	19:47+	24:45+	31:02+	34:42+	37:20+	44:17+	46:10+
03:27+	01:47+	04:57+	09:36+	04:58+	06:17+	03:40+	02:38+	06:57+	01:53+
03:27+	01:47+	04:57+	09:36+	04:58+	06:17+	03:40+	02:38+	06:57+	01:53+
7	Karen Tomter	163	46:19						
02:25+	04:24+	10:40+	19:36+	24:01+	31:38+	35:52+	39:56+	44:24+	46:19+
02:25+	01:59+	06:16+	08:56+	04:25+	07:37+	04:14+	04:04+	04:28+	01:55+
02:25+	01:59+	06:16+	08:56+	04:25+	07:37+	04:14+	04:04+	04:28+	01:55+
8	Inger K. Brøndbo	165	46:19						
03:16+	05:18+	09:36+	19:19+	24:23+	30:37+	36:29+	39:22+	44:57+	46:19+
03:16+	02:02+	04:18+	09:43+	05:04+	06:14+	05:52+	02:53+	05:35+	01:22+
03:16+	02:02+	04:18+	09:43+	05:04+	06:14+	05:52+	02:53+	05:35+	01:22+
9	Bente Grøndalen	152	49:24						
06:22+	08:33+	14:49+	25:34+	29:45+	34:20+	38:30+	42:14+	47:44+	49:24+
06:22+	02:11+	06:16+	10:45+	04:11+	04:35+	04:10+	03:44+	05:30+	01:40+
06:22+	02:11+	06:16+	10:45+	04:11+	04:35+	04:10+	03:44+	05:30+	01:40+
10	Kari Undrum	152	50:16						
02:30+	04:54+	15:09+	23:55+	28:48+	34:53+	39:15+	43:48+	48:39+	50:16+
02:30+	02:24+	10:15+	08:46+	04:53+	06:05+	04:22+	04:33+	04:51+	01:37+
02:30+	02:24+	10:15+	08:46+	04:53+	06:05+	04:22+	04:33+	04:51+	01:37+
11	Sigrun Sigurjonsdottir	119	52:07						
02:35+	05:37+	12:47+	24:46+	28:51+	37:27+	40:58+	44:41+	50:22+	52:07+
02:35+	03:02+	07:10+	11:59+	04:05+	08:36+	03:31+	03:43+	05:41+	01:45+
02:35+	03:02+	07:10+	11:59+	04:05+	08:36+	03:31+	03:43+	05:41+	01:45+
12	Grethe Borchgrevink Alu	1039	55:58						
03:18+	05:23+	18:07+	29:27+	34:33+	39:58+	43:47+	47:38+	53:59+	55:58+
03:18+	02:05+	12:44+	11:20+	05:06+	05:25+	03:49+	03:51+	06:21+	01:59+
03:18+	02:05+	12:44+	11:20+	05:06+	05:25+	03:49+	03:51+	06:21+	01:59+
13	Marit Holmgren	7	57:46						
02:53+	05:34+	11:28+	26:30+	32:05+	38:25+	46:22+	50:09+	55:37+	57:46+
02:53+	02:41+	05:54+	15:02+	05:35+	06:20+	07:57+	03:47+	05:28+	02:09+
02:53+	02:41+	05:54+	15:02+	05:35+	06:20+	07:57+	03:47+	05:28+	02:09+
14	Anita Stensby Bekkelund	89	1:01:48						
02:57+	05:26+	13:15+	28:01+	32:59+	41:05+	46:08+	50:23+	59:21+	61:48+
02:57+	02:29+	07:49+	14:46+	04:58+	08:06+	05:03+	04:15+	08:58+	02:27+
02:57+	02:29+	07:49+	14:46+	04:58+	08:06+	05:03+	04:15+	08:58+	02:27+

Beste strekketid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 3,5

Class	Navn	Klasse											Tid
D 3,5													
1	Kjersti Narum	165											44:59
	01:29=	03:05=	07:37=	12:02=	14:46=	17:51=	21:18=	27:24=	30:50=	37:01=	40:48=	43:30=	44:59=
	01:29=	01:36=	04:32=	04:25=	02:44=	03:05=	03:27=	06:06=	03:26=	06:11=	03:47=	02:42=	01:29=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Anne-Guri Jevne	152											45:15
	02:05+	03:39+	08:44+	14:08+	17:34+	20:09+	22:51+	28:04+	30:56+	39:07+	41:49+	44:09+	45:15+
	02:05+	01:34+	05:05+	05:24+	03:26+	02:35+	02:42+	05:13+	02:52+	08:11+	02:42+	02:20+	01:06+
	02:05+	01:34+	05:05+	05:24+	03:26+	02:35+	02:42+	05:13+	02:52+	08:11+	02:42+	02:20+	01:06+
3	Rita Hangaard	1071											46:16
	02:10+	03:42+	07:50+	12:12+	15:04+	17:52+	20:34+	26:18+	29:46+	36:39+	40:06+	44:57+	46:16+
	02:10+	01:32+	04:08+	04:22+	02:52+	02:48+	02:42+	05:44+	03:28+	06:53+	03:27+	04:51+	01:19+
	02:10+	01:32+	04:08+	04:22+	02:52+	02:48+	02:42+	05:44+	03:28+	06:53+	03:27+	04:51+	01:19+
4	Line Merete Libak	89											47:08
	01:44+	03:22+	07:13+	13:58+	17:02+	19:48+	22:38+	29:32+	32:49+	37:35+	41:04+	45:37+	47:08+
	01:44+	01:38+	03:51+	06:45+	03:04+	02:46+	02:50+	06:54+	03:17+	04:46+	03:29+	04:33+	01:31+
	01:44+	01:38+	03:51+	06:45+	03:04+	02:46+	02:50+	06:54+	03:17+	04:46+	03:29+	04:33+	01:31+
5	Wenche Bjørnstad	Geno											48:03
	02:05+	03:31+	07:49+	12:14+	16:14+	19:08+	21:45+	27:29+	30:39+	40:15+	43:44+	46:34+	48:03+
	02:05+	01:26+	04:18+	04:25+	04:00+	02:54+	02:37+	05:44+	03:10+	09:36+	03:29+	02:50+	01:29+
	02:05+	01:26+	04:18+	04:25+	04:00+	02:54+	02:37+	05:44+	03:10+	09:36+	03:29+	02:50+	01:29+
6	Marianne Rud Skjærstad	89											55:47
	02:34+	04:00+	08:02+	17:31+	21:56+	25:39+	28:46+	35:46+	39:15+	44:45+	48:25+	54:48+	55:47+
	02:34+	01:26+	04:02+	09:29+	04:25+	03:43+	03:07+	07:00+	03:29+	05:30+	03:40+	06:23+	00:59+
	02:34+	01:26+	04:02+	09:29+	04:25+	03:43+	03:07+	07:00+	03:29+	05:30+	03:40+	06:23+	00:59+
7	Sidsel Storihle	Geno											57:49
	05:01+	06:38+	10:45+	20:07+	25:30+	28:50+	31:53+	40:24+	44:16+	48:51+	53:31+	56:34+	57:49+
	05:01+	01:37+	04:07+	09:22+	05:23+	03:20+	03:03+	08:31+	03:52+	04:35+	04:40+	03:03+	01:15+
	05:01+	01:37+	04:07+	09:22+	05:23+	03:20+	03:03+	08:31+	03:52+	04:35+	04:40+	03:03+	01:15+
8	Grete Storsveen	1071											1:01:02
	03:11+	05:19+	10:57+	16:22+	20:25+	25:54+	31:51+	38:41+	43:27+	49:08+	54:33+	59:38+	61:02+
	03:11+	02:08+	05:38+	05:25+	04:03+	05:29+	05:57+	06:50+	04:46+	05:41+	05:25+	05:05+	01:24+
	03:11+	02:08+	05:38+	05:25+	04:03+	05:29+	05:57+	06:50+	04:46+	05:41+	05:25+	05:05+	01:24+
9	Anita Høie	7											1:11:17
	02:05+	03:55+	19:31+	26:38+	31:08+	34:09+	38:08+	45:24+	49:11+	55:30+	60:48+	69:42+	71:17+
	02:05+	01:50+	15:36+	07:07+	04:30+	03:01+	03:59+	07:16+	03:47+	06:19+	05:18+	08:54+	01:35+
	02:05+	01:50+	15:36+	07:07+	04:30+	03:01+	03:59+	07:16+	03:47+	06:19+	05:18+	08:54+	01:35+
10	Kristin Haga	7											1:12:58
	02:08+	05:09+	09:37+	15:28+	22:58+	26:33+	29:53+	39:53+	44:44+	50:36+	67:32+	71:26+	72:58+
	02:08+	03:01+	04:28+	05:51+	07:30+	03:35+	03:20+	10:00+	04:51+	05:52+	16:56+	03:54+	01:32+
	02:08+	03:01+	04:28+	05:51+	07:30+	03:35+	03:20+	10:00+	04:51+	05:52+	16:56+	03:54+	01:32+
11	Linda Thorvaldsen	7											1:13:25
	03:14+	06:27+	10:44+	22:06+	27:21+	31:42+	34:36+	45:38+	50:52+	59:20+	63:53+	71:49+	73:25+
	03:14+	03:13+	04:17+	11:22+	05:15+	04:21+	02:54+	11:02+	05:14+	08:28+	04:33+	07:56+	01:36+
	03:14+	03:13+	04:17+	11:22+	05:15+	04:21+	02:54+	11:02+	05:14+	08:28+	04:33+	07:56+	01:36+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 4,5

1	Anne Marit Bordal	119	43:15												
00:55=	03:15=	07:32=	10:28=	12:51=	14:56=	17:24=	22:17=	24:55=	28:01=	29:55=	32:16=	33:57=	38:19=	42:21=	43:15=
00:55=	02:20=	04:17=	02:56=	02:23=	02:05=	02:28=	04:53=	02:38=	03:06=	01:54=	02:21=	01:41=	04:22=	04:02=	00:54=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	May Kristin Tangen	119	54:32												
05:32+	07:19+	13:36+	16:17+	18:38+	20:35+	23:19+	29:13+	34:06+	36:53+	38:53+	41:05+	42:59+	47:58+	53:40+	54:32+
05:32+	01:47-	06:17+	02:41-	02:21-	01:57-	02:44+	05:54+	04:53+	02:47-	02:00+	02:12-	01:54+	04:59+	05:42+	00:52-
04:37@	00:33-	02:00&	00:15-	00:02-	00:08-	00:16#	01:01#	02:15&	00:19-	00:06+	00:09-	00:13#	00:37#	01:40&	00:02-

3	Unn Mette Klopbakken	43	57:05												
01:32+	03:35+	09:21+	12:45+	15:20+	17:45+	20:29+	25:52+	29:10+	34:32+	36:36+	39:08+	41:13+	50:47+	55:58+	57:05+
01:32+	02:03-	05:46+	03:24+	02:35+	02:25+	02:44+	05:23+	03:18+	05:22+	02:04+	02:32+	02:05+	09:34+	05:11+	01:07+
00:37&	00:17-	01:29&	00:28#	00:12+	00:20#	00:16#	00:30#	00:40&	02:16&	00:10+	00:11+	00:24#	05:12@	01:09&	00:13#

4	Ingunn Lund Nordstrøm	105	1:01:08												
01:22+	03:31+	08:06+	16:16+	19:51+	22:59+	25:38+	33:07+	37:33+	40:34+	42:35+	45:35+	47:47+	54:27+	59:57+	61:08+
01:22+	02:09-	04:35+	08:10+	03:35+	03:08+	02:39+	07:29+	04:26+	03:01-	02:01+	03:00+	02:12+	06:40+	05:30+	01:11+
00:27&	00:11-	00:18+	05:14@	01:12&	01:03&	00:11+	02:36&	01:48&	00:05-	00:07+	00:39&	00:31&	02:18&	01:28&	00:17&

Beste strekktid for klassen

00:55 01:47 04:17 02:41 02:21 01:57 02:28 04:53 02:38 02:47 01:54 02:12 01:41 04:22 04:02 00:52

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 5,5

1	Mari Norstad Opsahl	1032	1:00:35																
03:43=	05:25=	07:15=	11:39=	14:25=	16:41=	20:11=	23:32=	26:52=	33:38=	37:18=	39:39=	41:37=	43:44=	47:55=	50:18=	54:00=	55:49=	59:34=	60:35=
03:43=	01:42=	01:50=	04:24=	02:46=	02:16=	03:30=	03:21=	03:20=	06:46=	03:40=	02:21=	01:58=	02:07=	04:11=	02:23=	03:42=	01:49=	03:45=	01:01=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste strekktid for klassen

03:43 01:42 01:50 04:24 02:46 02:16 03:30 03:21 03:20 06:46 03:40 02:21 01:58 02:07 04:11 02:23 03:42 01:49 03:45 01:01

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 1,5

1	Trygve Jan Bjerke	55	32:29				
02:13=	05:02=	08:52=	14:13=	19:31=	26:10=	31:06=	32:29=
02:13=	02:49=	03:50=	05:21=	05:18=	06:39=	04:56=	01:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Ingvald Pedersen	28	35:24				
02:18+	05:55+	09:42+	13:46-	21:12+	28:00+	32:58+	35:24+
02:18+	03:37+	03:47-	04:04-	07:26+	06:48+	04:58+	02:26+
00:05+	00:48&	00:03-	01:17-	02:08&	00:09+	00:02+	01:03&

3	Kjell Vidar Holmen	7	36:24				
06:56+	10:02+	14:05+	17:51+	23:07+	30:04+	34:35+	36:24+
06:56+	03:06+	04:03+	03:46-	05:16-	06:57+	04:31-	01:49+
04:43@	00:17#	00:13+	01:35-	00:02-	00:18+	00:25-	00:26&

Class	Navn	Klasse	Tid
-------	------	--------	-----

H 1,5

4 Knut Røhrsveen 7 38:49

07:49+ 10:56+ 15:00+ 18:46+ 24:03+ 30:56+ 35:30+ 38:49+
 07:49+ 03:07+ 04:04+ 03:46- 05:17- 06:53+ 04:34- 03:19+
 05:36@ 00:18# 00:14+ 01:35- 00:01- 00:14+ 00:22- 01:56@

5 Geir-Håkon Øverby If 42:28

06:36+ 10:11+ 14:18+ 29:25+ 36:23+ 40:47+ 42:28+
 06:36+ 03:35+ 04:07+ 15:07+ 06:58+ 04:24+ 01:41+
 06:36+ 03:35+ 04:07+ 15:07+ 06:58+ 04:24+ 01:41+

6 Dag Erik Hovde 7 50:27

03:08+ 06:46+ 11:15+ 24:57+ 34:44+ 40:53+ 48:32+ 50:27+
 03:08+ 03:38+ 04:29+ 13:42+ 09:47+ 06:09+ 07:39+ 01:55+
 03:08+ 03:38+ 04:29+ 13:42+ 09:47+ 06:09+ 07:39+ 01:55+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 2,5

1 Morten Øie 39 32:10

01:14= 05:37= 08:01= 15:46= 18:18= 21:06= 22:33= 25:12= 30:44= 32:10=
 01:14= 04:23= 02:24= 07:45= 02:32= 02:48= 01:27= 02:39= 05:32= 01:26=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Gunnar Alu 1058 34:56

01:18+ 06:12+ 09:14+ 16:39+ 19:33+ 23:15+ 24:36+ 27:33+ 33:28+ 34:56+
 01:18+ 04:54+ 03:02+ 07:25- 02:54+ 03:42+ 01:21- 02:57+ 05:55+ 01:28+
 00:04+ 00:31# 00:38& 00:20- 00:22# 00:54& 00:06- 00:18# 00:23+ 00:02+

3 Magne Smeland 167 37:43

01:34+ 06:30+ 08:59+ 15:48+ 18:22+ 24:51+ 26:14+ 30:34+ 36:13+ 37:43+
 01:34+ 04:56+ 02:29+ 06:49- 02:34+ 06:29+ 01:23- 04:20+ 05:39+ 01:30+
 00:20& 00:33# 00:05+ 00:56- 00:02+ 03:41@ 00:04- 01:41& 00:07+ 00:04+

4 Harald Øie ARBTIL 38:03

01:34+ 05:29- 07:57- 17:22+ 22:20+ 24:56+ 27:24+ 29:41+ 36:44+ 38:03+
 01:34+ 03:55- 02:28+ 09:25+ 04:58+ 02:36- 02:28+ 02:17- 07:03+ 01:19-
 00:20& 00:28- 00:04+ 01:40# 02:26& 00:12- 01:01& 00:22- 01:31& 00:07-

5 Terje Malm 52 40:45

04:35+ 09:10+ 11:42+ 18:51+ 21:37+ 25:45+ 27:17+ 30:30+ 39:24+ 40:45+
 04:35+ 04:35+ 02:32+ 07:09- 02:46+ 04:08+ 01:32+ 03:13+ 08:54+ 01:21-
 03:21@ 00:12+ 00:08+ 00:36- 00:14+ 01:20& 00:05+ 00:34# 03:22& 00:05-

6 Tore Stensby 93 41:19

05:48+ 10:56+ 19:39+ 23:11+ 25:51+ 29:02+ 33:06+ 39:54+ 41:19+
 05:48+ 05:08+ 08:43+ 03:32- 02:40+ 03:11+ 04:04+ 06:48+ 01:25-
 04:34@ 00:45# 06:19@ 04:13- 00:08+ 00:23# 02:37@ 04:09@ 04:07-

7 Jan Olav Sæther 165 42:46

02:11+ 07:57+ 11:17+ 19:33+ 23:12+ 27:06+ 28:51+ 32:42+ 40:14+ 42:46+
 02:11+ 05:46+ 03:20+ 08:16+ 03:39+ 03:54+ 01:45+ 03:51+ 07:32+ 02:32+
 00:57& 01:23& 00:56& 00:31+ 01:07& 01:06& 00:18# 01:12& 02:00& 01:06&

Class	Navn	Klasse	Tid
H 2,5			
8	Hans Petter Jevanord	Geno	43:55
	02:24+ 08:05+ 11:22+ 20:05+ 25:09+ 28:46+ 30:42+ 34:15+ 42:16+ 43:55+		
	02:24+ 05:41+ 03:17+ 08:43+ 05:04+ 03:37+ 01:56+ 03:33+ 08:01+ 01:39+		
	01:10& 01:18& 00:53& 00:58# 02:32& 00:49& 00:29& 00:54& 02:29& 00:13#		
9	Espen Melby	89	44:04
	02:34+ 07:19+ 10:04+ 20:52+ 24:53+ 29:16+ 30:37+ 34:52+ 41:51+ 44:04+		
	02:34+ 04:45+ 02:45+ 10:48+ 04:01+ 04:23+ 01:21+ 04:15+ 06:59+ 02:13+		
	02:34+ 04:45+ 02:45+ 10:48+ 04:01+ 04:23+ 01:21+ 04:15+ 06:59+ 02:13+		
10	Leif Martin Kjos	1071	45:00
	03:18+ 07:04+ 09:46+ 23:33+ 26:16+ 29:18+ 35:22+ 38:47+ 43:56+ 45:00+		
	03:18+ 03:46+ 02:42+ 13:47+ 02:43+ 03:02+ 06:04+ 03:25+ 05:09+ 01:04+		
	03:18+ 03:46+ 02:42+ 13:47+ 02:43+ 03:02+ 06:04+ 03:25+ 05:09+ 01:04+		
11	Tore Stenseth	1013	46:17
	06:09+ 11:10+ 14:01+ 22:08+ 28:37+ 31:41+ 33:08+ 36:20+ 43:28+ 46:17+		
	06:09+ 05:01+ 02:51+ 08:07+ 06:29+ 03:04+ 01:27+ 03:12+ 07:08+ 02:49+		
	06:09+ 05:01+ 02:51+ 08:07+ 06:29+ 03:04+ 01:27+ 03:12+ 07:08+ 02:49+		
12	Magnar Nybakk	1071	46:24
	04:58+ 09:23+ 11:54+ 20:59+ 24:21+ 28:35+ 33:11+ 36:58+ 44:35+ 46:24+		
	04:58+ 04:25+ 02:31+ 09:05+ 03:22+ 04:14+ 04:36+ 03:47+ 07:37+ 01:49+		
	04:58+ 04:25+ 02:31+ 09:05+ 03:22+ 04:14+ 04:36+ 03:47+ 07:37+ 01:49+		
13	Karl Petter Opsahl	89	46:43
	02:53+ 08:08+ 10:43+ 22:02+ 25:06+ 27:53+ 30:03+ 34:04+ 45:37+ 46:43+		
	02:53+ 05:15+ 02:35+ 11:19+ 03:04+ 02:47+ 02:10+ 04:01+ 11:33+ 01:06+		
	02:53+ 05:15+ 02:35+ 11:19+ 03:04+ 02:47+ 02:10+ 04:01+ 11:33+ 01:06+		
14	Terje Lien	155	47:20
	01:34+ 06:23+ 18:49+ 27:03+ 30:30+ 33:58+ 35:17+ 38:18+ 44:36+ 47:20+		
	01:34+ 04:49+ 12:26+ 08:14+ 03:27+ 03:28+ 01:19+ 03:01+ 06:18+ 02:44+		
	01:34+ 04:49+ 12:26+ 08:14+ 03:27+ 03:28+ 01:19+ 03:01+ 06:18+ 02:44+		
15	Sven Marken	89	49:56
	02:05+ 09:48+ 13:54+ 26:27+ 30:33+ 34:20+ 36:09+ 40:18+ 48:09+ 49:56+		
	02:05+ 07:43+ 04:06+ 12:33+ 04:06+ 03:47+ 01:49+ 04:09+ 07:51+ 01:47+		
	02:05+ 07:43+ 04:06+ 12:33+ 04:06+ 03:47+ 01:49+ 04:09+ 07:51+ 01:47+		
16	Torbjørn Ødegaard	1058	50:27
	03:25+ 09:20+ 14:06+ 25:52+ 28:56+ 32:57+ 35:07+ 39:48+ 48:49+ 50:27+		
	03:25+ 05:55+ 04:46+ 11:46+ 03:04+ 04:01+ 02:10+ 04:41+ 09:01+ 01:38+		
	03:25+ 05:55+ 04:46+ 11:46+ 03:04+ 04:01+ 02:10+ 04:41+ 09:01+ 01:38+		
17	Johnny Johansen	89	50:55
	02:15+ 08:07+ 11:49+ 27:39+ 31:14+ 34:26+ 37:00+ 41:55+ 49:02+ 50:55+		
	02:15+ 05:52+ 03:42+ 15:50+ 03:35+ 03:12+ 02:34+ 04:55+ 07:07+ 01:53+		
	02:15+ 05:52+ 03:42+ 15:50+ 03:35+ 03:12+ 02:34+ 04:55+ 07:07+ 01:53+		
18	Steinar Mariussen	27	52:23
	05:40+ 12:08+ 16:07+ 25:31+ 30:35+ 35:16+ 37:14+ 42:28+ 50:42+ 52:23+		
	05:40+ 06:28+ 03:59+ 09:24+ 05:04+ 04:41+ 01:58+ 05:14+ 08:14+ 01:41+		
	05:40+ 06:28+ 03:59+ 09:24+ 05:04+ 04:41+ 01:58+ 05:14+ 08:14+ 01:41+		
19	Stein Sandaker	1038	1:07:01
	07:07+ 11:55+ 25:07+ 40:45+ 48:43+ 52:06+ 53:52+ 56:37+ 65:22+ 67:01+		
	07:07+ 04:48+ 13:12+ 15:38+ 07:58+ 03:23+ 01:46+ 02:45+ 08:45+ 01:39+		
	07:07+ 04:48+ 13:12+ 15:38+ 07:58+ 03:23+ 01:46+ 02:45+ 08:45+ 01:39+		

H 2,5

20 Reidar Syversen 155 1:19:12

05:39+ 16:03+ 21:11+ 32:52+ 45:43+ 52:26+ 55:36+ 63:16+ 77:54+ 79:12+
 05:39+ 10:24+ 05:08+ 11:41+ 12:51+ 06:43+ 03:10+ 07:40+ 14:38+ 01:18+
 05:39+ 10:24+ 05:08+ 11:41+ 12:51+ 06:43+ 03:10+ 07:40+ 14:38+ 01:18+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 3,5

1 Morten Eriksen 105 34:17

02:00= 05:37= 08:20= 12:01= 13:56= 16:13= 18:08= 20:10= 25:10= 27:31= 30:39= 33:28= 34:17=
 02:00= 03:37= 02:43= 03:41= 01:55= 02:17= 01:55= 02:02= 05:00= 02:21= 03:08= 02:49= 00:49=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Jan Åsmund Sætaberget 1002 37:11

01:34- 04:40- 06:50- 10:44- 12:46- 15:03- 17:48- 20:48+ 26:54+ 29:48+ 33:17+ 36:09+ 37:11+
 01:34- 03:06- 02:10- 03:54+ 02:02+ 02:17= 02:45+ 03:00+ 06:06+ 02:54+ 03:29+ 02:52+ 01:02+
 00:26- 00:31- 00:33- 00:13+ 00:07+ 00:00= 00:50& 00:58& 01:06# 00:33# 00:21# 00:03+ 00:13&

3 Einar Lund 52 37:14

04:37+ 06:19+ 09:58+ 12:16+ 14:40+ 16:56+ 20:46+ 26:04+ 30:41+ 33:41+ 36:11+ 37:14+
 04:37+ 01:42- 03:39+ 02:18- 02:24+ 02:16- 03:50+ 05:18+ 04:37- 03:00+ 02:30- 01:03-
 02:37@ 01:55- 00:56& 01:23- 00:29& 00:01- 01:55& 03:16@ 00:23- 00:39& 00:38- 01:46-

4 Tormod Pedersen 7 37:22

01:37- 04:55- 07:02- 11:27- 13:38- 16:38+ 19:47+ 22:09+ 27:51+ 30:30+ 33:35+ 36:02+ 37:22+
 01:37- 03:18- 02:07- 04:25+ 02:11+ 03:00+ 03:09+ 02:22+ 05:42+ 02:39+ 03:05- 02:27- 01:20+
 00:23- 00:19- 00:36- 00:44# 00:16# 00:43& 01:14& 00:20# 00:42# 00:18# 00:03- 00:22- 00:31&

5 Tom S Helgesen 55 39:17

01:04- 04:33- 06:40- 11:12- 15:03+ 17:13+ 19:24+ 23:16+ 28:59+ 31:49+ 35:26+ 38:22+ 39:17+
 01:04- 03:29- 02:07- 04:32+ 03:51+ 02:10- 02:11+ 03:52+ 05:43+ 02:50+ 03:37+ 02:56+ 00:55+
 00:56- 00:08- 00:36- 00:51# 01:56@ 00:07- 00:16# 01:50& 00:43# 00:29# 00:29# 00:07+ 00:06#

6 Knut Wikstrøm 78 41:11

01:23- 04:59- 07:40- 12:16+ 15:05+ 17:23+ 20:08+ 23:08+ 29:57+ 33:18+ 36:53+ 39:53+ 41:11+
 01:23- 03:36- 02:41- 04:36+ 02:49+ 02:18+ 02:45+ 03:00+ 06:49+ 03:21+ 03:35+ 03:00+ 01:18+
 00:37- 00:01- 00:02- 00:55# 00:54& 00:01+ 00:50& 00:58& 01:49& 01:00& 00:27# 00:11+ 00:29&

7 Olav Juliussen 55 41:18

03:16+ 07:20+ 09:24+ 15:10+ 18:10+ 20:19+ 22:53+ 25:20+ 31:29+ 34:07+ 37:37+ 40:21+ 41:18+
 03:16+ 04:04+ 02:04- 05:46+ 03:00+ 02:09- 02:34+ 02:27+ 06:09+ 02:38+ 03:30+ 02:44- 00:57+
 01:16& 00:27# 00:39- 02:05& 01:05& 00:08- 00:39& 00:25# 01:09# 00:17# 00:22# 00:05- 00:08#

8 Jo Gisle Jørgensen 105 42:26

01:04- 05:09- 07:34- 12:27+ 14:50+ 17:55+ 20:24+ 23:09+ 29:22+ 32:30+ 36:08+ 41:01+ 42:26+
 01:04- 04:05+ 02:25- 04:53+ 02:23+ 03:05+ 02:29+ 02:45+ 06:13+ 03:08+ 03:38+ 04:53+ 01:25+
 00:56- 00:28# 00:18- 01:12& 00:28# 00:48& 00:34& 00:43& 01:13# 00:47& 00:30# 02:04& 00:36&

9 Terje Tangen 119 43:02

01:05- 04:22- 06:40- 12:57+ 16:51+ 23:25+ 25:17+ 27:38+ 32:51+ 35:32+ 39:08+ 42:02+ 43:02+
 01:05- 03:17- 02:18- 06:17+ 03:54+ 06:34+ 01:52- 02:21+ 05:13+ 02:41+ 03:36+ 02:54+ 01:00+
 00:55- 00:20- 00:25- 02:36& 01:59@ 04:17@ 00:03- 00:19# 00:13+ 00:20# 00:28# 00:05+ 00:11#

Class	Navn	Klasse											Tid
H 3,5													
10	Tore Gustav Tomter	1021											43:15
01:42-	05:57+	08:45+	13:17+	16:08+	19:16+	22:22+	24:50+	30:21+	33:24+	38:24+	42:02+	43:15+	
01:42-	04:15+	02:48+	04:32+	02:51+	03:08+	03:06+	02:28+	05:31+	03:03+	05:00+	03:38+	01:13+	
00:18-	00:38#	00:05+	00:51#	00:56&	00:51&	01:11&	00:26#	00:31#	00:42&	01:52&	00:49&	00:24&	
11	Stein Arne Bekkum	7											44:13
01:06+	05:40+	09:25+	15:57+	18:40+	21:26+	24:13+	27:17+	33:04+	35:48+	39:49+	43:18+	44:13+	
01:06+	04:34+	03:45+	06:32+	02:43+	02:46+	02:47+	03:04+	05:47+	02:44+	04:01+	03:29+	00:55+	
01:06+	04:34+	03:45+	06:32+	02:43+	02:46+	02:47+	03:04+	05:47+	02:44+	04:01+	03:29+	00:55+	
12	Lars Ivar Ulmo	120											44:14
02:35+	06:14+	09:07+	13:44+	17:38+	20:20+	23:21+	25:56+	31:29+	34:51+	39:45+	43:17+	44:14+	
02:35+	03:39+	02:53+	04:37+	03:54+	02:42+	03:01+	02:35+	05:33+	03:22+	04:54+	03:32+	00:57+	
02:35+	03:39+	02:53+	04:37+	03:54+	02:42+	03:01+	02:35+	05:33+	03:22+	04:54+	03:32+	00:57+	
13	Gjermund Nedgård	105											44:55
02:27+	06:24+	10:16+	16:50+	19:14+	21:46+	28:05+	30:03+	35:03+	37:24+	40:42+	43:32+	44:55+	
02:27+	03:57+	03:52+	06:34+	02:24+	02:32+	06:19+	01:58+	05:00+	02:21+	03:18+	02:50+	01:23+	
02:27+	03:57+	03:52+	06:34+	02:24+	02:32+	06:19+	01:58+	05:00+	02:21+	03:18+	02:50+	01:23+	
14	Erik Haugen	119											47:09
01:39+	06:00+	08:58+	19:22+	22:10+	24:34+	27:04+	30:02+	35:40+	38:19+	42:01+	45:37+	47:09+	
01:39+	04:21+	02:58+	10:22+	02:50+	02:24+	02:30+	02:58+	05:38+	02:39+	03:42+	03:36+	01:32+	
01:39+	04:21+	02:58+	10:22+	02:50+	02:24+	02:30+	02:58+	05:38+	02:39+	03:42+	03:36+	01:32+	
15	Ove Tåsåsen	1013											47:24
01:49+	05:25+	07:06+	14:02+	16:41+	18:56+	21:14+	23:46+	29:05+	31:31+	35:02+	46:40+	47:24+	
01:49+	03:36+	01:41+	06:56+	02:39+	02:15+	02:18+	02:32+	05:19+	02:26+	03:31+	11:38+	00:44+	
01:49+	03:36+	01:41+	06:56+	02:39+	02:15+	02:18+	02:32+	05:19+	02:26+	03:31+	11:38+	00:44+	
16	Tor Haugstulen	55											51:28
02:28+	06:34+	10:22+	13:40+	21:21+	24:11+	26:29+	29:57+	39:42+	42:34+	47:04+	49:45+	51:28+	
02:28+	04:06+	03:48+	03:18+	07:41+	02:50+	02:18+	03:28+	09:45+	02:52+	04:30+	02:41+	01:43+	
02:28+	04:06+	03:48+	03:18+	07:41+	02:50+	02:18+	03:28+	09:45+	02:52+	04:30+	02:41+	01:43+	
17	Knut Olav Strætkvern	1058											53:20
02:33+	06:55+	09:36+	14:21+	18:49+	21:29+	24:36+	27:21+	34:23+	39:10+	43:56+	52:24+	53:20+	
02:33+	04:22+	02:41+	04:45+	04:28+	02:40+	03:07+	02:45+	07:02+	04:47+	04:46+	08:28+	00:56+	
02:33+	04:22+	02:41+	04:45+	04:28+	02:40+	03:07+	02:45+	07:02+	04:47+	04:46+	08:28+	00:56+	
18	Rune Waaler	RAUT											54:11
01:40+	05:35+	08:12+	12:50+	15:30+	19:19+	22:12+	25:13+	31:35+	44:16+	48:42+	52:45+	54:11+	
01:40+	03:55+	02:37+	04:38+	02:40+	03:49+	02:53+	03:01+	06:22+	12:41+	04:26+	04:03+	01:26+	
01:40+	03:55+	02:37+	04:38+	02:40+	03:49+	02:53+	03:01+	06:22+	12:41+	04:26+	04:03+	01:26+	
19	Kjetil Liven	LMF											54:24
01:29+	05:32+	08:10+	12:54+	15:19+	20:01+	23:03+	25:55+	32:54+	37:11+	47:08+	53:17+	54:24+	
01:29+	04:03+	02:38+	04:44+	02:25+	04:42+	03:02+	02:52+	06:59+	04:17+	09:57+	06:09+	01:07+	
01:29+	04:03+	02:38+	04:44+	02:25+	04:42+	03:02+	02:52+	06:59+	04:17+	09:57+	06:09+	01:07+	
20	Knut Malmo	167											54:26
01:11+	05:27+	07:57+	12:48+	21:08+	26:39+	29:23+	34:38+	41:26+	45:08+	49:30+	53:11+	54:26+	
01:11+	04:16+	02:30+	04:51+	08:20+	05:31+	02:44+	05:15+	06:48+	03:42+	04:22+	03:41+	01:15+	
01:11+	04:16+	02:30+	04:51+	08:20+	05:31+	02:44+	05:15+	06:48+	03:42+	04:22+	03:41+	01:15+	
21	Steinar Tønsager	11											58:11
04:38+	09:54+	13:00+	17:54+	22:11+	26:51+	30:33+	35:16+	41:29+	45:33+	52:55+	57:07+	58:11+	
04:38+	05:16+	03:06+	04:54+	04:17+	04:40+	03:42+	04:43+	06:13+	04:04+	07:22+	04:12+	01:04+	
04:38+	05:16+	03:06+	04:54+	04:17+	04:40+	03:42+	04:43+	06:13+	04:04+	07:22+	04:12+	01:04+	

H 3,5

22 Torleif Finstad 55 59:45

04:50+	08:52+	14:10+	24:04+	27:25+	29:43+	32:11+	35:12+	40:45+	43:40+	53:53+	58:14+	59:45+
04:50+	04:02+	05:18+	09:54+	03:21+	02:18+	02:28+	03:01+	05:33+	02:55+	10:13+	04:21+	01:31+
04:50+	04:02+	05:18+	09:54+	03:21+	02:18+	02:28+	03:01+	05:33+	02:55+	10:13+	04:21+	01:31+

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 4,5

1 Terje Wikstrøm Geno 42:22

00:57=	02:19=	07:47=	10:13=	12:39=	14:19=	16:42=	21:26=	23:58=	26:21=	28:04=	30:16=	32:01=	36:04=	41:10=	42:22=
00:57=	01:22=	05:28=	02:26=	02:26=	01:40=	02:23=	04:44=	02:32=	02:23=	01:43=	02:12=	01:45=	04:03=	05:06=	01:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2 Frode Haug 10005 47:21

00:48-	02:01-	07:21-	10:52+	13:23+	15:13+	17:45+	23:16+	26:01+	28:39+	31:20+	33:34+	35:22+	39:59+	46:15+	47:21+
00:48-	01:13-	05:20-	03:31+	02:31+	01:50+	02:32+	05:31+	02:45+	02:38+	02:41+	02:14+	01:48+	04:37+	06:16+	01:06-
00:09-	00:09-	00:08-	01:05&	00:05+	00:10#	00:09+	00:47#	00:13+	00:15#	00:58&	00:02+	00:03+	00:34#	01:10#	00:06-

3 Tom Røise Ntnui 47:35

01:31+	03:08+	07:33-	10:13=	12:23-	14:20+	16:45+	20:51-	28:01+	30:35+	32:13+	34:10+	35:45+	40:01+	46:43+	47:35+
01:31+	01:37+	04:25-	02:40+	02:10-	01:57+	02:25+	04:06-	07:10+	02:34+	01:38-	01:57-	01:35-	04:16+	06:42+	00:52-
00:34&	00:15#	01:03-	00:14+	00:16-	00:17#	00:02+	00:38-	04:38@	00:11+	00:05-	00:15-	00:10-	00:13+	01:36&	00:20-

4 Bjørn J Sørum 1002 49:45

01:58+	03:36+	08:41+	13:10+	15:39+	17:49+	20:29+	26:23+	29:31+	32:22+	34:15+	36:30+	38:45+	43:10+	48:48+	49:45+
01:58+	01:38+	05:05-	04:29+	02:29+	02:10+	02:40+	05:54+	03:08+	02:51+	01:53+	02:15+	02:15+	04:25+	05:38+	00:57-
01:01@	00:16#	00:23-	02:03&	00:03+	00:30&	00:17#	01:10#	00:36#	00:28#	00:10+	00:03+	00:30&	00:22+	00:32#	00:15-

5 Odd Arne Blystad 89 55:38

01:42+	03:41+	09:40+	12:40+	15:35+	19:47+	23:03+	30:20+	35:12+	38:03+	40:03+	42:21+	44:07+	49:04+	54:45+	55:38+
01:42+	01:59+	05:59+	03:00+	02:55+	04:12+	03:16+	07:17+	04:52+	02:51+	02:00+	02:18+	01:46+	04:57+	05:41+	00:53-
00:45&	00:37&	00:31+	00:34#	00:29#	02:32@	00:53&	02:33&	02:20&	00:28#	00:17#	00:06+	00:01+	00:54#	00:35#	00:19-

6 Bjarne Harkinn If 56:13

01:44+	03:16+	09:12+	13:26+	16:44+	19:15+	22:02+	29:15+	32:10+	35:55+	39:07+	41:29+	43:50+	49:35+	54:52+	56:13+
01:44+	01:32+	05:56+	04:14+	03:18+	02:31+	02:47+	07:13+	02:55+	03:45+	03:12+	02:22+	02:21+	05:45+	05:17+	01:21+
00:47&	00:10#	00:28+	01:48&	00:52&	00:51&	00:24#	02:29&	00:23#	01:22&	01:29&	00:10+	00:36&	01:42&	00:11+	00:09#

7 Henning Wernøe 49 57:18

01:15+	03:13+	11:02+	14:44+	18:14+	20:37+	23:25+	29:13+	33:28+	36:40+	39:02+	41:49+	44:16+	49:58+	56:00+	57:18+
01:15+	01:58+	07:49+	03:42+	03:30+	02:23+	02:48+	05:48+	04:15+	03:12+	02:22+	02:47+	02:27+	05:42+	06:02+	01:18+
00:18&	00:36&	02:21&	01:16&	01:04&	00:43&	00:25#	01:04#	01:43&	00:49&	00:39&	00:35&	00:42&	01:39&	00:56#	00:06+

8 Ole Petter Saxrud 1028 1:03:11

01:23+	03:07+	08:40+	12:08+	16:02+	18:24+	21:33+	28:07+	32:25+	38:39+	41:04+	43:45+	46:27+	54:29+	61:50+	63:11+
01:23+	01:44+	05:33+	03:28+	03:54+	02:22+	03:09+	06:34+	04:18+	06:14+	02:25+	02:41+	02:42+	08:02+	07:21+	01:21+
00:26&	00:22&	00:05+	01:02&	01:28&	00:42&	00:46&	01:50&	01:46&	03:51@	00:42&	00:29#	00:57&	03:59&	02:15&	00:09#

9 Jon Bjørnstad 1071 1:08:12

01:05+	03:09+	09:41+	14:06+	17:10+	23:02+	26:01+	33:48+	37:35+	41:56+	44:32+	48:17+	50:35+	58:45+	66:29+	68:12+
01:05+	02:04+	06:32+	04:25+	03:04+	05:52+	02:59+	07:47+	03:47+	04:21+	02:36+	03:45+	02:18+	08:10+	07:44+	01:43+
00:08#	00:42&	01:04#	01:59&	00:38&	04:12@	00:36&	03:03&	01:15&	01:58&	00:53&	01:33&	00:33&	04:07@	02:38&	00:31&

Class	Navn	Klasse	Tid
-------	------	--------	-----

H 4,5

Beste strekktid for klassen

00:48 01:13 04:25 02:26 02:10 01:40 02:23 04:06 02:32 02:23 01:38 01:57 01:35 04:03 05:06 00:52

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 5,5

1	Kenneth Bilstad	39	41:18																	
00:41=	01:41=	03:19=	04:58=	07:15=	09:09=	10:59=	13:23=	16:01=	18:17=	23:05=	25:27=	26:55=	28:12=	29:28=	32:54=	34:53=	37:34=	38:59=	40:43=	41:18=
00:41=	01:00=	01:38=	01:39=	02:17=	01:54=	01:50=	02:24=	02:38=	02:16=	04:48=	02:22=	01:28=	01:17=	01:16=	03:26=	01:59=	02:41=	01:25=	01:44=	00:35=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Sigurd Dæhli	89	50:50																	
00:54+	02:14+	03:53+	05:30+	07:55+	10:40+	12:47+	15:49+	19:16+	22:04+	28:49+	31:49+	33:31+	35:12+	36:48+	40:37+	42:57+	46:01+	47:33+	49:58+	50:50+
00:54+	01:20+	01:39+	01:37-	02:25+	02:45+	02:07+	03:02+	03:27+	02:48+	06:45+	03:00+	01:42+	01:41+	01:36+	03:49+	02:20+	03:04+	01:32+	02:25+	00:52+
00:13&	00:20&	00:01+	00:02-	00:08+	00:51&	00:17#	00:38&	00:49&	00:32#	01:57&	00:38&	00:14#	00:24&	00:20&	00:23#	00:21#	00:23#	00:07+	00:41&	00:17&

3	Michael Sætvedt	RAUT	57:08																	
01:19+	02:59+	04:39+	06:20+	09:10+	12:11+	14:16+	17:03+	22:38+	25:54+	31:29+	34:43+	36:24+	37:50+	39:52+	43:37+	46:03+	49:37+	51:54+	55:43+	57:08+
01:19+	01:40+	01:40+	01:41+	02:50+	03:01+	02:05+	02:47+	05:35+	03:16+	05:35+	03:14+	01:41+	01:26+	02:02+	03:45+	02:26+	03:34+	02:17+	03:49+	01:25+
00:38&	00:40&	00:02+	00:02+	00:33#	01:07&	00:15#	00:23#	02:57@	01:00&	00:47#	00:52&	00:13#	00:09#	00:46&	00:19+	00:27#	00:53&	00:52&	02:05@	00:50@

4	Stein Arne Negård	166	1:00:25																
02:45+	04:52+	06:44+	09:59+	12:48+	15:17+	18:47+	22:44+	25:38+	32:49+	36:38+	38:46+	40:40+	42:55+	47:39+	50:15+	54:13+	56:11+	59:31+	60:25+
02:45+	02:07+	01:52+	03:15+	02:49+	02:29+	03:30+	03:57+	02:54+	07:11+	03:49-	02:08-	01:54+	02:15+	04:44+	02:36-	03:58+	01:58-	03:20+	00:54-
02:04@	01:07@	00:14#	01:36&	00:32#	00:35&	01:40&	01:33&	00:16#	04:55@	00:59-	00:14-	00:26&	00:58&	03:28@	00:50-	01:59&	00:43-	01:55@	00:50-

5	Bjørn Solbergseter	100	1:00:32																	
01:07+	02:49+	04:44+	06:20+	10:06+	12:31+	14:51+	18:36+	24:23+	27:51+	34:24+	37:08+	38:49+	40:36+	42:08+	46:01+	50:03+	53:23+	56:24+	59:24+	60:32+
01:07+	01:42+	01:55+	01:36-	03:46+	02:25+	02:20+	03:45+	05:47+	03:28+	06:33+	02:44+	01:41+	01:47+	01:32+	03:53+	04:02+	03:20+	03:01+	03:00+	01:08+
00:26&	00:42&	00:17#	00:03-	01:29&	00:31&	00:30&	01:21&	03:09@	01:12&	01:45&	00:22#	00:13#	00:30&	00:16#	00:27#	02:03@	00:39#	01:36@	01:16&	00:33&

6	Frode Bergersen	1059	1:00:37																	
01:04+	02:50+	04:33+	07:07+	10:18+	13:06+	15:48+	19:38+	23:10+	26:12+	32:45+	38:01+	39:48+	42:03+	44:16+	48:27+	50:58+	54:30+	56:38+	59:39+	60:37+
01:04+	01:46+	01:43+	02:34+	03:11+	02:48+	02:42+	03:50+	03:32+	03:02+	06:33+	05:16+	01:47+	02:15+	02:13+	04:11+	02:31+	03:32+	02:08+	03:01+	00:58+
00:23&	00:46&	00:05+	00:55&	00:54&	00:54&	00:52&	01:26&	00:54&	00:46&	01:45&	02:54@	00:19#	00:58&	00:57&	00:45#	00:32&	00:51&	00:43&	01:17&	00:23&

Beste strekktid for klassen

00:41 01:00 01:38 01:36 02:17 01:54 01:50 02:24 02:38 02:16 03:49 02:08 01:28 01:17 01:16 02:36 01:59 01:58 01:25 00:54 00:35

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.