

## COMMON COMMUNICATION PRINCIPLES

Rate how easy or difficult you find the below principles.

Rate how easy or difficult you find the below communication principles.	Very Easy	Quite Easy	Neither nor	A Bit Difficult	Very Difficult
<b>Communicate as required by your job:</b> You communicate as much and as often <i>as your job requires</i> and not be influenced by any desire to be liked, fear of embarrassment, personal agendas, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Have a genuine desire to understand:</b> You put yourself <i>in the other person's position</i> —you are empathetic and try to see things from the other person's perspective.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Adapt to the style of the receiver:</b> When you're communicating with others, you think about how <i>their</i> styles differ from yours and try to adapt to that.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Speak up:</b> You communicate your views and opinions when the situation calls for it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Be clear and direct:</b> You make your communication as simple and clear as possible, minimizing the chance of misunderstandings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Be brief:</b> You communicate your message without too much detail or other less important information that risks diluting your main message. You keep it intentionally concise.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>State your main point at the start:</b> You communicate the message of primary interest to the receiver at the beginning, then elaborate on the details and background <i>after</i> that.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Make it positive:</b> You communicate in a positive and appreciative manner. You sound as positive as you can, even if the main issue is, by nature, negative.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What can you do to improve your use of those principles that are the most difficult to you?