BUILDING CONFIDENCE

Think about things in which you want to build more confidence (both hard and soft skills).

wnat can you ac	tually <i>do</i> to build	confidence? Wh	nich concrete acti	ons can you
ake?	•			•
What are some s	teps you can brea	ık vour bigger g	nal into? When?	
	re reasonably difficult a			
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