

ASKING FOR FEEDBACK GUIDE

Think about what you want feedback on and from whom.

What to ask for...

What do you want feedback on?	Who do you want to ask?
Formulate your request: Remember 1) Ask for feedback directed towards the <u>future</u> and focused on <i>how to improve</i> ; 2) Ask for <u>advice</u> rather than criticism; 3) Ask for feedback that is <u>specific</u> .	

*Imagine you ask someone for just **one** thing to get feedback on.*

What <i>specifically</i> do you want feedback on?	Who do you want to ask?
Formulate your request for just <i>one</i> piece of advice or feedback:	