

IDENTIFYING YOUR NATURAL STRENGTHS

Write down the activities that best fit each question

The way you work:

Which activities...	
... come naturally and easily to you?	
... are you more creative and productive in?	
... do you try over again and again without giving up?	
... do you learn quickly?	
... make you get so absorbed that you lose track of time?	

Your work results:

Which activities do you...	
... do better than other people?	
... get praised for; do others see <i>you</i> as being good at?	

How you feel about work:

Which activities do you...	
... look forward to doing?	
... enjoy doing?	
... feel strong when doing – feel are “the real <i>me</i> ”?	
... get energized from, even if you work for a long time?	
... feel satisfied and proud about when finished?	