

Overview

This pathway provides an overview of the steps which should be taken to safely manage a Fall in a Care Home. The pathway should be used in conjunction with the 'Management of Person who has Fallen in Care Home Pathway Checklist' or 'ISTUMBLE' app.

As per the pathway, an assessment should be carried out after every fall using the 'Post Falls Assessment Tool'. Red and Amber flags indicate key actions which must take place

Red Flags = Immediate call to 999 and administer first aid
Amber Flags = Administer first aid and consider call to 111 (or HAARC depending on time and locality)

Glossary

HCC – Hertfordshire County Council
 CQC – Care Quality Commission
 MAR sheet - Medical Administration Record sheet
 ADRT - Advance Decision to Refuse Treatment
 DNACPR - Do not attempt CPR
 LPA - Lasting Power of Attorney
 ACP - Advanced Care Plan
 HAARC – Hertfordshire Admission Avoidance Response Car
 AP – Advanced Paramedic
 MCA – Mental Capacity Act
 BIA – Best Interest Assessment
 HV – Hertfordshire Valley area
 ENH – East and North Hertfordshire area
 Neuro Obs - Neurological observations

Supporting Documents

Post Falls Assessment Tool (including 24 hour observation log) Microsoft Excel Worksheet

Management of Person who has Fallen in Care Home Pathway Checklist Microsoft Excel Worksheet

Verbally Assisting when a person has fallen on their front Microsoft Edge PDF Document

Verbally Assisting when a person has fallen on their back Microsoft Edge PDF Document

ENH Restore2 Microsoft Edge PDF Document

Herts Valley Restore2 Microsoft Edge PDF Document

