



# Equipment and Walking Aids

## Check the walking aids

Are they still in good working condition? Check the rubber grips and feet on frames and brake systems on rollators, for example. Make an audit schedule so things don't get missed.



## Walking Aids

Ensure that the person keeps their walking aid close by and within reaching distance, this will prevent them having to overreach or walk without it.



## Using a person's own walking aid

Ensure people only use their prescribed walking aid. They are tailored for the individual and may not be safe for others to use.



## Assistance Bells

If a person finds it difficult to move safely without support, it is essential that they can use a call bell to ask for assistance. Are call bells easy to access in the care home?

See the enclosed "Technology" leaflet to learn more.



## Do you feel a person you support could benefit from an aid?

Get professional advice from Hertfordshire Action on Disability (HAD) or Hertfordshire Equipment Service (HES). A Physio or Occupational Therapist can advise which piece of equipment would be best suited.



Hertfordshire Action on Disability (HAD) | [hadnet.org](http://hadnet.org) | 01707 324 581  
Hertfordshire Equipment Service (HES) | [hertsdirect.org](http://hertsdirect.org) | 01707 292 555

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