

SUPPORT WORKER / CLIENT RISK ASSESSMENT

CLIENT	H***** *****	ASSESSMENT DATE	28 th August 2020/4 th September 2020/6 th January 2021
CASE MANAGER	Naomi Griffiths	REVIEW DATE	Situation to be reviewed daily, as necessary

Coronavirus (COVID-19) is a virus which can affect the airways and lungs. The symptoms are:

- A cough
- A high temperature
- Shortness of breath.
- A loss of taste or smell.

This risk assessment should be reviewed when necessary and ALL STAFF should undertake their own risk assessment before they enter H***'s home/come into contact with her and those working/living with her.**

The government guidelines change regularly and the website: www.gov.uk/government/publications/staying-safe-outside-your-home will provide the most up to date information.

The current recommendations are that you should

- **Wash your hands regularly with soap and water for at least 20 seconds: make sure you wash the front and back on your hands, between your fingers and under your nails. Use alcohol based (at least 60%) hand wash if soap is not available. You should wash your hands at least, after blowing your nose, sneezing or coughing, before and after any caring activity, on entering and exiting the house, as well as the usual requirements in terms of food preparation etc.**
- **Keep two metres away from people as a precaution or one metre when you can mitigate the risk by taking other precautions in this list.**
- **Wear a face covering in shops, public transport, shopping centres, libraries, visitor attractions: essentially any indoor facility.**
- **Keep your hands and face as clean as possible**



If staff are concerned that they have contracted the virus, they should:

On its website the NHS advises that you should call 111, stay indoors and avoid close contact with other people. Tell 111 about any recent travel and any symptoms you have.

You must then telephone Rachel and Naomi and update them on the advice you have been given and follow their advice.

The risk assessment below is written to minimise the risk of contracting and infecting others with Coronavirus. Please also refer to guidance and policy as provided for when working with H*****.

Below you will find a list of pointers to assist you in using your initiative and making informed decisions in H*****'s best interests, whilst also taking care of yourselves.

This is an unprecedented time, if you have questions/queries, please do not hesitate to contact myself on 07584 258084.

H***** has a very caring and supportive team, who support her incredibly well with a kind human and professional manner; you are an extremely valued member of the team.

Please be assured that we will support you as we can during and through this time.

ACTIVITY	RISK IDENTIFIED	TO WHOM/WHAT	HOW MAY THEY BE HARMED	ACTION REQUIRED AND BY WHOM	REVIEW DATE
Possible spreading of coronavirus to H*****'s/ families and/or other care and therapy staff	A support worker could infect H*****/family members, therapists or other people coming into	Client/family member/other support worker contracting coronavirus.	Coronavirus can cause death to those more vulnerable, such as the elderly population and those with compromised health, especially respiratory difficulties.	To help prevent the spread of respiratory viruses, the government is urging care staff to wash their hands often - with soap and water, or use alcohol sanitiser that contains at least 60 per cent alcohol if handwashing facilities are not available - this particularly important after taking	As required.



	contact with the client.		H***** would be at significant risk should she contract coronavirus and this risk needs to be minimised.	<p>public transport.</p> <ul style="list-style-type: none"> • Cover your cough or sneeze with a tissue, then throw the tissue in a bin • People who feel unwell should stay at home and should not attend work • Employees should wash their hands: <ul style="list-style-type: none"> • before leaving home • on arrival at work • after using the toilet • after breaks and sporting activities • before food preparation • before eating any food, including snacks • before leaving work • on arrival at home • Avoid touching your eyes, nose, and mouth with unwashed hands • Clean and disinfect frequently touched objects and surfaces • if staff are worried about their symptoms or those of a family member or colleague, please call NHS 111. They should not go to their GP or other healthcare environment. <ul style="list-style-type: none"> • Only take essential personal items into the family home and consider whether these need to be taken into H*****'s room. • Wear a new set of clean clothes each shift which are only worn for the purposes of getting to and undertaking your shift. 	
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Please refer to the details below:

You MUST-



a) Keep yourself updated with the guidance and legislation as provided by the government bodies and the NHS. H*****'s Case Manager and employer will continue to assist you with this. Referring to these may assist you:

Gov.uk <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

NHS <https://www.nhs.uk/conditions/coronavirus-covid-19/>

b) Adhere to the guidance and legislation as provided by the relevant bodies.

c) If you believe you may be suffering from any of the publicised symptoms please refer to the NHS website where you will find an online '111' form to complete. If this indicates that you should self-isolate, you must do so as advised.

d) If you are unwell and/or need to self-isolate, you must do so with immediate effect, and immediately let Rachel, and Naomi, Case Manager, know by phone.

e) If you are at home with H*****, please remain, as far as possible, 2 metres distance from her. (I know this will be difficult bearing in mind her care needs)

f) As advised previously, you must continue to wash your hands according to the (NHS) guidance provided and/or use hand sanitiser.

g) Try and avoid touching your face during your work, (unless of course you are washing yourself).

h) Dispose of any items that have bodily fluids on safely and accordingly to guidance. It may help to take a specified bag out for placing used tissues in for example when you are out and about, then disposing the bag and contents as soon as you are able.

i) Continue to use the disinfectant at home to clean all surface that you/others may touch with their hands, this includes work surface, door handles, toilet flushes, keys, and such like.

j) Wash your hands thoroughly before using/handling the Carer contact notes and immediately afterwards.

K) You must wear the PPE that is provided: this is apron, gloves and a face mask. A specifically fitted face mask must be worn when working with H*** at night and standard face masks during the day. YOU MUST INFORM RACHEL IF STOCKS OF ANY PPE ARE GETTING LOW SO THAT THESE CAN BE ORDERED.**

As is apparent COVID-19 is contagious and individuals can become 'carriers' whilst not displaying symptoms; this leaves clients, as for everybody, at a level of risk of contracting the virus whilst they are remaining at home.



Whilst measures are taken to minimise the risk of contracting the virus it is not possible to ensure that this is eliminated. **Please refer to the details below if you suspect that H***** is showing any signs/symptoms of COVID-19:**

PLEASE NOTE that the list of symptoms, cross infection, and potential mitigation against, is an evolving one as more and more becomes know about the virus, and how best to manage and treat it.

a) Keep yourself updated with the guidance and legislation as provided by the government bodies and the NHS. H*****'s CM and employer will continue to assist you with this. Referring to these may assist you: Gov.uk <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response> NHS

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

b) Keep in mind the current 'list' of symptoms, for yourself, and for whilst working with H*****.

c) If you believe that H***** may be suffering from any of the publicised symptoms please refer to the NHS website where you will find an online '111' form to complete.

d) You MUST immediately move yourself 2 metres away from H*****, telling her why you are doing so, and then immediately speak to Rachel and Ross regarding your concerns and observations.

e) Rachel and Ross will then take over care of H***** in terms of liaising with 111 etc.

Please sign to confirm that you have read this risk assessment:

Naomi Thayre:

Joanna Milligan:

Jade Platt;



Kelly Platt:

Alice Wylie:

Lauren Rowe:

