

Medical health declaration 2025 (document 1b)

The undersigned declares that since the last medical examination I have:

- Not been hospitalized or inpatient for more than 3 days.
- Not been on sick leave for more than 10 days.
- Not begun to take any new fixed prescription medication that I did not already take in 2024.
- Not have developed any new significant physical or psychological problems.

If you are in doubt as to whether a change in condition is significant, please contact our medical team via email:

medicals@egrip.camp

Participants Name	Signature	Date