

*ADDICTIONS TO: What awaits me when  
working through:*

*Intensity - Passion of my heart awaits*

*Perfection - Excellence of my own  
authenticity awaits*

*The Need to Know - My own wisdom,  
objectivity and clarity  
awaits*

*Being fixated on what's not working in my life -  
Inevitable grace awaits*

*Angeles Arrien*

Stan “ If we have fear within us, we can put it on anything”

When fear leaves us we can be invincible. When we are caught up in fear we are paralysed