



LISBON'S WILD COAST

LANDSCAPE PHOTOGRAPHY WORKSHOP (4 DAYS/3 NIGHTS)

October 2017



HIGHLIGHTS

Stunning coastal locations for sunset
 A range of locations for sunrise
 Possibility of star photography
 Small group size
 Fantastic accommodation and food
 Experienced professional guide

GROUP SIZE

4-6

EXPERIENCE

Beginner, amateur, enthusiast and semi-pro photographers
 DSLR, or mirrorless, systems
 Lots of walking with some moderate to challenging descents/ascents to beaches. As there are various different beaches in the area with differing levels of difficulty to access, locations will be chosen depending on how much of a challenge participants are comfortable with.

WORKSHOP INCLUDES

- Landscape, waterscape and nature photography
- Professional photographer & guide
- Post-processing workshops in Lightroom and Photoshop (with screen recordings which the participants keep allowing everything to be reviewed in future).
- All accommodation in local hotel
- Breakfast and dinner (drinks and snacks not included)
- Local transportation to and from the locations
- Airport transfer (around 45 minutes to 1 hour)

NON PHOTOGRAPHER PARTNERS

Welcome. There's plenty to do in the area. Sintra is a fascinating town with lots to see and do, and there are plenty of guided hikes (we can arrange a guide for you) in the surrounding park. You can explore the area on a rented bicycle or simply catch a bus to one of many nearby beaches. Lisbon is also less than an hour away by train from the nearby station, and the town of Cascais is also easily accessible.



West of Lisbon lies some of the most dramatic coastline in Europe. At Cabo da Roca, mainland Europe's most westerly point, towering rock stacks stand just offshore of isolated stony beaches and Atlantic waves pound the cliffs, this really is a landscape photographers paradise. Westerly facing, it's perfect for sunset with all the elements needed to create some stunning images of the ocean, and if we get clear skies at night we may even get the chance to photograph the stars.

Within a few kilometers of our accommodation the coast here has a number of breath-taking beaches, each with a different character and feeling and with different levels of difficulty in terms of access. There's the beautiful rocks of Praia da Adraga and the lighthouse at Cabo do Raso which are easy to access, the towering rock stacks of Praia da Ursa, which is a little more challenging to get to, and then the dramatic rock beaches of Ouriçal and Aroeira, which have difficult access but are more than worth the effort. This range of beaches gives us the opportunity cater to the preferences and comfort of our participants, and also means we can adapt our schedule to ensure we go where the conditions look most promising.

The nearby forest of Sintra offers some great opportunities for dawn shoots amongst the trees, and on one day we'll head into Lisbon to shoot the iconic Vasco da Gama bridge at sunrise.

The small group size ensures each participant gets plenty of one-to-one tuition from the guide and allows

us to better tailor each session to your needs. Because of this we can accept a range of experience levels from beginners to professionals and comfortably cater to each. Depending on the level of the participants we will cover the following areas on the workshop:

- **Composition for coastal photography.**
- **Using longer shutter speeds to capture moving water**
- **Using graduated filters to capture the full range of tones in a scene**
- **Using neutral density filters to create long exposures**
- **First/last light, sunsets/sunrises and shooting in the blue hour**
- **Getting the best out of your RAW file in post processing**
- **More advanced editing in Photoshop using layers (including luminosity masks and/or Nik Color Efex Pro)**

Our workshops are designed so you don't have to worry about anything. We'll pick you up at the airport and bring everyone out to the hotel in the beautiful region of Sintra, an idyllic area of forests and wild beaches around an hour away from Lisbon. Breakfast and dinner are included in the workshop price, as well as all transport to and from locations and final airport drop off. Our guide has been photographing this area for around ten years and can share this experience of capturing images on the coast here to ensure you get the best from each location.



SCHEDULE

Day 1

- Airport pick up
- Meet the guide / each other
- Sunset session on the coast

Day 2

- Sunrise session in Serra da Sintra
- Review and post processing session
- Sunset session on the coast
(possibly astro photography after dinner)

Day 3

- Sunrise session at Vasco da Gama
- Review and post processing session
- Sunset session on the coast
(possibly astro photography after dinner)

Day 4

- Sunrise session in Serra da Sintra
- Goodbyes and airport transfer



DAILY ITINERARY

This is a standard overview, but it's flexible and which particular location we shoot at can be adapted according local conditions and the level of comfort of the participants.

DAY 1

Meet at airport and transfer back to hotel by 14h

15h – 16h30

Presentation on the area from the guide and then we get to know each other at the hotel, talk about our expectations from the workshop and the participant's level of photography.

17h – 19h30

Head out in minibus to first location on the coast. We'll arrive at the location at around 17h15 and sunset is around 18h55 so we'll have plenty of time in the field.

20h

Dinner at a local restaurant

DAY 2

6h30 – 8h15

Head out for a sunrise shoot in Serra da Sintra (we'll take a packed breakfast with us)

We'll arrive on location before 7am, which gives us plenty of time to find a composition for sunrise at 7h45

Capture the sunrise behind Palacio da Pena in the Sintra forests.

8h30

Breakfast and free morning to relax and enjoy the area and then have lunch.

14h30 - 16h30

After lunch we review some of our shots so far and a look at post processing. This two hour session can include everything from basic curves and levels in Photoshop to Luminosity Masks depending on the level of Photoshop familiarity of the participants.

17h – 19h30

Head out in minibus to another location on the coast depending on the prevailing weather conditions and the level of hiking challenge participants are comfortable with. We'll arrive at the location at around 17h15 and sunset is around 18h55 so we'll have plenty of time in the field.

20h

Dinner at a local restaurant

21h

If the conditions permit, and if people are willing, we head out to do some star shots.

DAY 3

6h – 11h

Head out for a sunrise shoot at the iconic photographic location of Vasco da Gama bridge (once again, we'll take a packed breakfast with us).

We'll arrive on location before 6am and it's a straightforward walk to where we'll shoot the sunrise at around 6h40

After the shoot we'll have a proper breakfast nearby before spending the morning exploring Parque das Nações and photographing some of the fascinating architecture there.

This will be quite free and participants will have the morning to explore the area before heading back to Sintra for some time to relax and lunch.

14h30 - 16h30

After lunch we review some of our shots so far and a look at post processing. This two hour session can include everything from basic curves and levels in Photoshop to Luminosity Masks depending on the level of Photoshop familiarity of the participants.

17h – 19h30

Head out in minibus to another location on the coast depending on the prevailing weather conditions and the level of hiking challenge participants are comfortable with. We'll arrive at the location at around 17h15 and sunset is around 18h55 so we'll have plenty of time in the field

Dinner at a local restaurant.

21h

If the conditions permit, and if people are willing, we head out to do some star shots.

DAY 4

6h30 – 8h15

Head out for a sunrise shoot in Serra da Sintra, this time to the chapel at Penhinha or the dolmen stones at Anta. (Once again, we'll take a packed breakfast with us)

We'll arrive on location before 7am, which gives us plenty of time to find a composition for sunrise at 7h45.

8h15

Head back to the hotel for a proper breakfast and then depending on people's flight times transfer to the airport, or a free morning followed by lunch and then transfer to the airport.

WHAT TO BRING



A DSLR OR MIRRORLESS CAMERA

The criteria for the kind of work we'll be doing is a camera that can be operated completely manually as we'll be doing a lot of work where we adjust shutter times, aperture and ISO. Interchangeable lenses are a must as well, and also a camera that can produce decent images up to around ISO 2500 in case we get an opportunity to shoot the stars.

A WIDE ANGLE LENS

For coastal photography wider really is better if you want to get those epic seascapes that have the ocean sweeping up in the foreground and a big, epic sky in the background. Ideal is something around 16mm or 17mm on a full frame camera, or 10 to 12mm on an APS-C sensor camera. Anything below 24mm (16mm on a crop frame sensor) should be OK. Also, for shooting stars f4 or faster is better.

A TELEPHOTO LENS

When we head out to shoot sunrises in some locations we may be shooting long, and for this a telephoto zoom that starts at 70mm (55mm on a crop sensor) is ideal.

TRIPOD

We'll be shooting long exposures of anything from half a second to a couple of minutes so a tripod is an absolutely essential piece of equipment.

NEUTRAL DENSITY FILTERS

Another essential piece of kit for seascapes. Neutral density filters help to slow down the exposure time, giving the water an appealing blur, and neutral density graduated filters help us control the brightness of the sky. Don't worry if you don't know how to use them, by the end of the workshop you'll be an expert.

A CABLE RELEASE

This allows us to trip the camera shutter without touching the camera, which can cause movement blur during longer exposures.

STRONG HIKING BOOTS

We'll be on some rocky and stony terrain, and we'll certainly be doing some walking over uneven ground, so having strong, warm hiking boots with good grip and support is essential.

WINDPROOF JACKET AND WARM TOP

It can get very windy at the coast, so a windproof and waterproof outer shell jacket over a warm top will help keep you comfortable. If we're out shooting stars at night you may need a couple more layers.

CAMERA BACKPACK

When moving your camera gear for any length of time a backpack (or waistpack if you have smaller gear) can really save your back. Shoulder bags or sling bags put all the camera weight on one shoulder, which can affect the spine or the shoulder muscles, especially when combined with making ascents up steep paths from the beach. A good backpack, one with sturdy hip straps, can safely distribute the weight of your gear and really save you from aches, pains and potential injury.

LAPTOP WITH ADOBE LIGHTROOM OR CAMERA RAW AND PHOTOSHOP

We'll be shooting RAW, and as part of each day will be dedicated to post processing images a good RAW converter like Adobe Lightroom or Camera RAW is essential. If you use another converter like Capture One, then that's fine instead. Adobe Photoshop is also great for more advanced processing as it allows us to be much more subtle and creative in it's use of layers.

If you have any questions about what to bring, don't hesitate to contact us.

WHAT WE DO

(and what we want you to get from our workshops)

Our aim is to take you to stunning locations and give you every opportunity to get great images while improving your technique over the course of the workshop. From the beginning of your time with us our guide will aim to identify your photographic level and what you'd like to focus on, as well as ascertaining the level of difficulty you feel comfortable with in terms of access to the locations. This gives us a great foundation to tailor the workshop to your precise needs and the small group size means that each participant will receive plenty of one-to-one tuition both in the field and in the post processing sessions. Small group sizes also mean it's never too crowded on location and there'll be plenty of room for everyone to find a composition without having to work around each other's tripods.

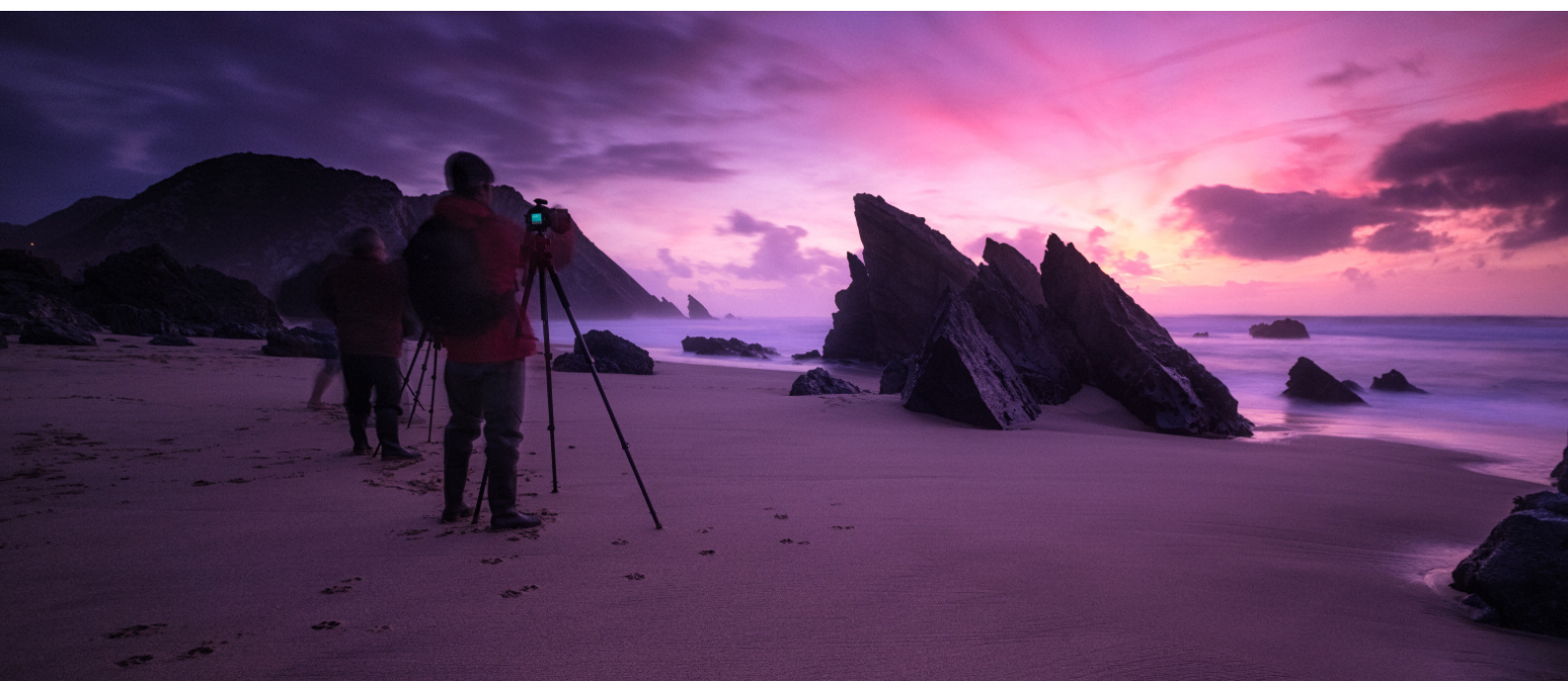
We also believe that having two shooting sessions a day means that participants get into a shooting rhythm and can quickly take in and put into practice new skills as they are learned. We carefully select the dates of our workshops to try and give you the best chance of getting great weather for photography. Throughout the summer months Portugal is extremely hot, the sunsets are quite late at night, the sunrises very early, and generally there are almost no clouds in the sky, which doesn't make for interesting seascapes. Later in the autumn conditions are more changeable often providing great opportunities for interesting skies, sunset is much earlier meaning we can get our evening session done comfortably before dinner, and sunrise is a little later, so we don't have to get up quite so early. Also, at this time of year the Milky Way can be visible to the

south west after sunset so there's a chance of shooting stars if the skies are clear.

Our timetable is highly flexible and combined with having a number of fantastic locations all very close to each other means we can adapt to the weather and go to beaches which have the best conditions for shooting as well as ensuring participants have a range of options suited to the level of challenge they feel comfortable with.

This adaptability also extends to the post processing sessions. We believe that editing is an integral part of getting the absolute best out of an image but we understand that the range of participant's skill levels and familiarity with post processing techniques varies greatly. Because of this the editing sessions in the afternoon can potentially range from the basics of editing a RAW file in programs like Lightroom to more complex techniques like using layers and luminosity masks in Photoshop depending on the participant's comfort and familiarity with the techniques and software.

Finally, we also want to bring you the very best of the place, not only in taking you to stunning locations for photography, but also in introducing you to some of the best food and drink the region has to offer. Food is a vital part of any trip to Portugal, and eating with friends, sharing stories and a bottle of wine is an essential part of Portuguese life. We aim to make your experience here on the wild coast of Lisbon a memorable one and a trip from which, as well as getting some great images from amazing locations, you'll also enjoy great food and great company in a very special place.



PAYMENT AND CANCELLATION TERMS

PAYMENT

This workshop is costed in Euros and that is thus the only constant price. Due to the fluctuations of the exchange rate prices in other currencies libel to change.

In order to secure your place on this workshop, a deposit of €500,00 is required. This deposit can be paid via wire transfer or PayPal. Please note that your spot on the workshop is not confirmed until we have received the deposit payment.

Full Payment must be made 60 days prior to the start of the workshop. Prior to this we will send out an invoice for the full amount to any client who has yet to make full payment 60 days prior to the start of the workshop. If payment isn't received and we receive no communication from you, we reserve the right to consider your booking as cancelled.

When booking within 60 days of the start of the workshop, immediate full payment will be required to secure your place.

MEDICAL INSURANCE

All participants are insured up to 2.000,00€ for transportation and medical treatment in case of an accident.

HEALTH

This workshop is designed to be within the capabilities of the average person in good

health. Participants will be required to walk over uneven terrain or trails and may occasionally need to hike to a destination while carrying their camera equipment. If you have concerns about your own capabilities and/or fitness as it relates to this workshop, please contact us to clarify any uncertainties.

We assume no responsibility for medical care. We will advise the lodges/hotels of any dietary requirements or restrictions for individual participants, if sufficient notice is provided, but we do not assume responsibility for the delivery of such special dietary requirements.


CANCELLATION

The deposit is partially refundable in case of cancelation. If canceled up to 90 days prior the start of the workshop, we will refund 50% of the deposit. After that period, we are unable to make any refund as necessary bookings with all the third parties (accommodation, transport, etc) will have been made and their required deposits paid by us.

If you need to cancel your participation once you have made full payment, a 75% refund of the full price will be given up to 30 days prior to the start of the workshop.

Cancellations within 30 days of the workshop starting receive a 50% refund of the full payment.

THE GUIDE



ANDY MUMFORD is a Lisbon based professional landscape and travel photographer. Andy has travelled all over the world taking pictures and his work has featured in various publications such as Practical Photography UK, Australian Photography and Progresso Fotografico amongst others. Andy is the author of the travel photography guide Photographing Burma and has co-authored the soon-to-be-published Beyond Lisbon, a walking guide to the coast and countryside of the Lisbon region.

Andy grew up in the UK loving nature and travel, and originally came to Lisbon as a teacher in 1998. A love of photography came later when he first picked up a camera in 2006 and some of his first landscape work was taken on Lisbon's wild coast. He has been leading both group and one-to-one workshops in the area for 4 years and knows the beaches and local area intimately.

He is a Fuji X Photographer and a brand ambassador for Fujifilm in Portugal, although he also has extensive experience with Nikon and Canon cameras.