

| 2020   | RTF  | CTF | Verein                         | Strecken         | Infos              |
|--------|------|-----|--------------------------------|------------------|--------------------|
| Sa     | 4.1  | CTF | RSV Gütersloh 1931             | 25/36/52         |                    |
| So     | 5.1  | CTF | SC Capelle ' 71                | 20/33/52         | 1. WWBT            |
| Fr     | 10.1 |     |                                |                  |                    |
| So     | 12.1 | CTF | RSC 79 Werne                   | 30/50            | 2. WWBT            |
| Fr     | 17.1 |     |                                |                  |                    |
| So     | 19.1 | CTF | RTV Kurbel-Dortmund 86         | 35/53/72         | 3. WWBT            |
| Fr     | 24.1 |     |                                |                  |                    |
| So     | 26.1 | CTF | RC Sprinter Waltrop 81         | 34/54/74         | 4. WWBT            |
| Fr     | 31.1 |     |                                |                  |                    |
| So     | 2.2  | CTF | ASC 09 Dortmund - MTB          | 33/65/76         | 5. WWBT            |
| So     | 2.2  | CTF | RC Endspurt Herford            | 22/33/46/66      |                    |
| Fr     | 7.2  |     |                                |                  |                    |
| So     | 9.2  | CTF | RSV Hansa Soest                | 20/30/45/67      | 6. WWBT            |
| Fr     | 14.2 |     |                                |                  |                    |
| So     | 15.2 | CTF | RC CITO 1906 Hennef-Geistingen | 39/61            |                    |
| So     | 16.2 | CTF | RV Witten 1946                 | 46/56/82         | 7. WWBT            |
| Fr     | 21.2 |     |                                |                  |                    |
| So     | 23.2 | CTF | TuS Neuenrade -Radsport-       | 22/35/53         | 8. WWBT            |
| Fr     | 28.2 |     |                                |                  |                    |
| Sa     | 29.2 | CTF | RSV Coesfeld                   | 34/53/69         | CTF Cup 1          |
| So     | 1.3  | CTF | PSV Iserlohn Abt. Radsport     | 32/40/56/68      | 9. WWBT            |
| Fr     | 6.3  |     |                                |                  |                    |
| Sa     | 7.3  | RTF | Radteam Hamm                   | 40/75/110        |                    |
| Sa     | 7.3  | CTF | Radteam Hamm                   | 34/54            |                    |
| Sa     | 7.3  | RTF | RSC Schwalmtal 1987            | 45/74/112        |                    |
| So     | 8.3  | RTF | TuS Westfalia Dortmund-Sölde   | 41/71/111        |                    |
| So     | 8.3  | RTF | RSG Warendorf-Freckenhorst     | 29/42/72/111     |                    |
| So     | 8.3  | CTF | RSC Dinslaken 1922             | 33/46/72         | CTF Cup 2          |
| Fr     | 13.3 |     |                                |                  |                    |
| Sa     | 14.3 | RTF | RSV Düsseldorf Rath/Ratingen   | 43/72/113        |                    |
| Sa     | 14.3 | RTF | RC Mistral Köln                | 44/74/111        |                    |
| So     | 15.3 | RTF | RSG Herne                      | 25/41/72/113     |                    |
| So     | 15.3 | CTF | RSG Herne                      | 17/33/55         | CTF Cup 3          |
| Fr     | 20.3 |     |                                |                  |                    |
| So     | 22.3 | RTF | ATV Haltern Abt. Radsport      | 28/52/72/111     |                    |
| Fr     | 27.3 |     |                                |                  |                    |
| So     | 29.3 | RTF | RTC Mülheim / Ruhr             | 41/71/111        |                    |
| So     | 29.3 | RTF | Radsportbezirk Aachen          | 44/76/114        |                    |
| Fr     | 3.4  |     |                                |                  |                    |
| Sa     | 4.4  | RTF | RSV Grefrath 1961              | 42/77/112        |                    |
| Sa     | 4.4  | CTF | RSV Grefrath 1961              | 37/57            |                    |
| Sa     | 4.4  | RTF | RSV Friedenau Steinfurt 1962   | 46/77/111        |                    |
| So     | 5.4  | RTF | RSF Bochum                     | 29/49/89/119     |                    |
| So     | 5.4  | RTF | RSC Wadersloh                  | 43/75/118        |                    |
| Karfr  | 10.4 | RTF | RC Buer/Westerholt 1982        | 70/110           | nur mit Voranmeldu |
| Sa     | 11.4 | RTF | RSC MSC Mastholte              | 41/75/111        |                    |
| So     | 12.4 | RTF | Pulheimer SC 1924/57           | 42/73/112/157    |                    |
| Mo Ost | 13.4 | RTF | RC Sprinter Waltrop 81         | 27/41/72/111/151 |                    |
| Fr     | 17.4 |     |                                |                  |                    |

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|-----------|-------------|------------|--|--------------------------|------|
| So        | 19.4        | RTF        | RSG Harsewinkel                        | 48/78/110                |      |
| So        | 19.4        | RTF        | RSV Duisburg 09                        | 44/71/111                |      |
| <b>Fr</b> | <b>24.4</b> |            |  |                          |      |
| Sa        | 25.4        | RTF        | RSG Herne                              | 42/74/111/151 // 210/250 | MC 1 |
| Sa        | 25.4        | RTF        | Düsseldorfer RSV 1911/12               | 45/74/116/155            |      |
| Sa        | 25.4        | RTF        | Marathon Ibbenbüren                    | 41/74/113/151            |      |
| So        | 26.4        | RTF        | RSV Unna 1968                          | 22/46/70/115/150         |      |
| So        | 26.4        | RTF        | 1. RTW Sankt Augustin-Menden           | 41/70/111                |      |
| So        | 26.4        | RTF        | RSC Dorsten 1983                       | 41/72/111/152            |      |
| <b>Fr</b> | <b>30.4</b> |            |  | -                        |      |
| Fr        | 1.5         | RTF        | RC Zugvogel Bielefeld                  | 41/72/113/152//203       | M    |
| Fr        | 1.5         | RTF        | RSV Staubwolke Refrath                 | 23/46/71/112             |      |
| Sa        | 2.5         | RTF        | RSV Hattingen 83                       | 44/70/110                |      |
| So        | 3.5         | RTF        | PSV Stukenbrock-Senne                  | 45/75/111/151            |      |
| So        | 3.5         | RTF        | SpVgg Lülsdorf-Ranzel 1959             | 45/75/111                |      |
| <b>Fr</b> | <b>8.5</b>  |            |  |                          |      |
| Sa        | 9.5         | RTF        | RSC Schwelm                            | 20/41/71/111/151         |      |
| Sa        | 9.5         | RTF        | Radsporthclub Nievenheim               | 26/49/87/125/152         |      |
| Sa        | 9.5         | RTF        | RC Tornado Rees                        | 26/47/76/115/155 // 205  | MC 2 |
| Sa        | 9.5         | RTF        | RSG Delbrück                           | 50/75/121/150            |      |
| Sa        | 9.5         | RTF        | RC Dorff e.V. Stolberg                 | 20/48/82/115/158         |      |
| <b>Sa</b> | <b>10.5</b> | <b>CTF</b> | <b>RSC Jülich / SV Malefinkbach</b>    | <b>17/34/54</b>          |      |
| So        | 10.5        | RTF        | RV Endspurt 08 Wuppertal               | 41/72/112                |      |
| So        | 10.5        | RTF        | LRG Lenzinghausen                      | 42/71/112/152            |      |
| So        | 10.5        | RTF        | Radtreff Campus Bonn                   | 50/79/116                |      |
| So        | 10.5        | RTF        | Paddel-u.Radsporthclub Emsstern Rheine | 52/76/110/153            |      |
| So        | 10.5        | RTF        | SC Capelle ' 71                        | 25/50/75/118/155         |      |
| <b>Fr</b> | <b>15.5</b> |            |  |                          |      |
| Sa        | 16.5        | RTF        | RG Paderborn 99                        | 42/72/112                |      |
| Sa        | 16.5        | RTF        | Radsporth-Club Erfstadt                | 45/75/115/150 // 205     | MC 3 |
| Sa        | 16.5        | RTF        | RSF Greven                             | 49/75/120/152            |      |
| So        | 17.5        | RTF        | Radsporthfreunde Velbert               | 45/75/115                |      |
| So        | 17.5        | RTF        | TSVE 1890 Bielefeld                    | 41/81/122/156 // 222     | RMCD |
| So        | 17.5        | RTF        | RSV von 1895 Münster                   | 28/43/73/111/156         |      |
| Do Him    | 21.5        | RTF        | RSC Ruhr-Süd Witten                    | 41/71/111/151            |      |
| Do Him    | 21.5        | RTF        | RSV Gütersloh 1931                     | 45/78/118/156 // 202     | M    |
| Do Him    | 21.5        | RTF        | RC Titan Leverkusen 1963               | 44/71/113/154            |      |
| <b>Fr</b> | <b>22.5</b> |            |  |                          |      |
| Sa        | 23.5        | RTF        | RC Sprintax Bielefeld                  | 47/74/110/151            |      |
| Sa        | 23.5        | RTF        | Essener RG 1900                        | 333                      | M    |
| So        | 24.5        | RTF        | R.u.M.C. Sturm Hombruch 1925           | 43/73/113                |      |
| So        | 24.5        | RTF        | FC Greffen 1946                        | 49/71/111/151//210       | M    |
| So        | 24.5        | RTF        | RTC Köln 1972                          | 51/78/118/158 // 212     | MC 4 |
| <b>Fr</b> | <b>29.5</b> |            |  |                          |      |
| Sa        | 30.5        | RTF        | Radsporthverein Düren                  | 40/70/110                |      |
| Sa        | 30.5        | RTF        | RC Musketier 1968 Wuppertal            | 41/73/111/151            |      |
| Mo Pfi    | 1.6         | RTF        | RTC Mehlem 1984                        | 44/77/110/150            |      |
| Mo Pfi    | 1.6         | RTF        | DJK Sporthfreunde Dülmen               | 26/47/77/117/152         |      |
| <b>Fr</b> | <b>5.6</b>  |            |  |                          |      |
| Sa        | 6.6         | RTF        | RV Edelweiß Mettmann 1906              | 48/72/113                |      |
| Sa        | 6.6         | RTF        | THC Westerkappeln                      | 50/80/110/150            |      |
| Sa        | 6.6         |            | THC Westerkappeln                      | 35                       |      |

|        |      |     |                               |                         |      |
|--------|------|-----|-------------------------------|-------------------------|------|
| So     | 7.6  | RTF | RSC 79 Werne                  | 25/45/75/110/150 // 205 |      |
| So     | 7.6  | RTF | RV Witten 1946                | 41/71/111/151           |      |
| So     | 7.6  | RTF | RSV Sturm 03 Uedem            | 30/43/71/111/151        |      |
| So     | 7.6  | RTF | RV Blau-Gelb Oberhausen       | 44/75/114               |      |
| So     | 7.6  | RTF | RV Teutoburg-Brackwede        | 48/71/118/151           |      |
| Do Fro | 11.6 | RTF | Radsportgemeinschaft Hövelhof | 42/75/111/151           |      |
| Do Fro | 11.6 | RTF | Erkelenzer Radsportclub       | 45/75/111/151           |      |
| Do Fro | 11.6 | CTF | Erkelenzer Radsportclub 1993  | 31/52/72                |      |
| Do Fro | 11.6 | RTF | SV 1919 Herbern               | 24/42/74/112/151 // 210 | MC 5 |
| Do Fro | 11.6 | CTF | SV 1919 Herbern               | 36/56                   |      |
| Fr     | 12.6 |     |                               |                         |      |
| Sa     | 13.6 | RTF | RTC Staubwolke Hoven          | 45/72/112/153           |      |
| So     | 14.6 | RTF | DJK Adler 07 Bottrop          | 45/78/115/155           |      |
| So     | 14.6 | RTF | RSV Schwalbe Oelde 1920       | 43/74/112/152           |      |
| Fr     | 19.6 |     |                               |                         |      |
| Sa     | 20.6 | RTF | Radsport-Aliens Düsseldorf    | 43/74/111/151           |      |
| Sa     | 20.6 | RTF | Rad-Treff Borchen             | 48/75/113/151           |      |
| Sa     | 20.6 | RTF | RFC Morgenstern 1920 Oberzier | 45/79/115               |      |
| So     | 21.6 | RTF | RV Flottweg 1910 Langendreer  | 42/77/111/160           |      |
| So     | 21.6 | RTF | RC Endspurt Herford           | 41/71/112/154           |      |
| So     | 21.6 | RTF | RSG Ford Köln                 | 53/75/125/152 // 223    | RMCD |
| Fr     | 26.6 |     |                               |                         |      |
| Sa     | 27.6 | RTF | RSV 98 Warburg                | 41/74/111/151           |      |
| Sa     | 27.6 | RTF | RSC Kolpingstadt Kerpen       | 43/79/114               |      |
| Sa     | 27.6 | RTF | RSG Emsdetten 1983            | 48/78/112/152           |      |
| So     | 28.6 | RTF | RTC Rodenkirchen 1980         | 50/75/112/150 // 205    | MC 6 |
| So     | 28.6 | RTF | RSG Warendorf-Freckenhorst    | 29/44/71/111/155        |      |
| Fr     | 3.7  |     |                               |                         |      |
| Sa     | 4.7  | RTF | DJK TuSA 06 Düsseldorf        | 46/77/113/151           |      |
| Sa     | 4.7  | RTF | RC Buer / Westerholt 1982     | 50/86/110 // 303/201    | M    |
| So     | 5.7  | RTF | RC Teuto Halle/Westf.         | 41/76/117/150           |      |
| So     | 5.7  | RTF | RTC Jülich 1980               | 45/75/115/155           |      |
| Fr     | 10.7 |     |                               |                         |      |
| Sa     | 11.7 | RTF | RSC Hochsauerland             | 42/73/114/155           |      |
| Sa     | 11.7 | RTF | Velo Solingen                 | 41/74/116/154           |      |
| Sa     | 11.7 | RTF | Radsportfreunde Münster       | 46/75/111/152           |      |
| So     | 12.7 | RTF | RSV Hansa Soest               | 45/75/112/153           |      |
| So     | 12.7 | RTF | RSV Viktoria Lövenich 1975    | 42/73/115/156           |      |
| Fr     | 17.7 |     |                               |                         |      |
| Sa     | 18.7 | RTF | RSV Concordia Lengerich       | 45/78/118/153           |      |
| So     | 19.7 | RTF | TuS Neuenrade -Radsport-      | 41/71/111/151           |      |
| So     | 19.7 | RTF | Rad-Sport-Club Rietberg       | 26/49/74/121/152        |      |
| So     | 19.7 | RTF | TSV Immendorf 1968            | 41/71/111/151 // 201    | MC 7 |
| Fr     | 24.7 |     |                               |                         |      |
| Sa     | 25.7 | RTF | TSG Schwarz-Gelb Rheda        | 42/75/119/158           |      |
| So     | 26.7 | RTF | RV 1894 Siegburg              | 23/50/80/125            |      |
| So     | 26.7 | RTF | RSC Dinslaken 1922            | 25/42/76/110/151        |      |
| Fr     | 31.7 |     |                               |                         |      |
| Sa     | 1.8  | RTF | RSC Silschede                 | 46/75/115/151           |      |
| Sa     | 1.8  | RTF | Hülser SV Krefeld             | 28/54/78/112/151        |      |
| Sa     | 1.8  | RTF | RMC Schloß Neuhaus            | 45/81/111/151           |      |
| Sa     | 1.8  | RTF | RTV 83 Lohmar                 | 45/75/115/151           |      |

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|----|------|-----|----------------------------------|-------------------------|-----------------|
| So | 2.8  | RTF | RSC Schwalbe 08 Eilendorf        | 42/72/112/152           |                 |
| Fr | 7.8  |     |                                  |                         |                 |
| Sa | 8.8  | RTF | Grenzfahrer - Willich            | 47/75/110/151           |                 |
| Sa | 8.8  | RTF | Bike&Ski Sankt Augustin          | 43/74/113               |                 |
| So | 9.8  | RTF | RC CITO 1906 Hennef-Geistingen   | 48/77/119/159 // 208    | MC 8            |
| So | 9.8  | RTF | RSV Adler 03 Herten              | 43/71/110/150           |                 |
| Fr | 14.8 |     |                                  |                         |                 |
| Sa | 15.8 | RTF | SC Lippstadt DJK Abt. Radsport   | 45/75/113/152 // 203    | M               |
| Sa | 15.8 | RTF | RSV Düsseldorf Rath/Ratingen     | 42/77/112               |                 |
| Sa | 15.8 | RTF | Radsportclub Liblar              | 44/72/112               |                 |
| So | 16.8 | RTF | Holzwickeder Sportclub           | 21/41/71/111/151        |                 |
| So | 16.8 | RTF | Radsportbezirk Köln-Bonn         | 25/45/75/115/155 // 205 | M               |
| So | 16.8 | RTF | RC Bocholt 77                    | 28/43/77/110/152        |                 |
| Fr | 21.8 |     |                                  |                         |                 |
| Sa | 22.8 | RTF | RSC Westfalia Sprockhövel        | 41/71/110/150           |                 |
| Sa | 22.8 | RTF | Rad-Sport-Club 1978 Moers        | 47/75/111/151 // 210    | M               |
| So | 23.8 | RTF | PSV Iserlohn Abt. Radsport       | 25/41/71/114/152        |                 |
| So | 23.8 | RTF | RRC Blitz Essen Kray 1953        | 43/76/110/151           |                 |
| So | 23.8 | RTF | Herzebrocker Sportverein         | 42/76/112/153           |                 |
| So | 23.8 | RTF | RSV Kall 1981                    | 45/77/111               |                 |
| Fr | 28.8 |     |                                  |                         |                 |
| Sa | 29.8 | RTF | Ski-Club Gevelsberg 1963         | 45/72/120/154 // 210    | MC 9            |
| Sa | 29.8 | CTF | Ski-Club Gevelsberg 1963         | 21/41/62                | CTF Cup 4       |
| Sa | 29.8 | RTF | BSG RheinEnergie AG              | 45/75/112               |                 |
| So | 30.8 | RTF | RTV Kurbel-Dortmund 86           | 22/48/75/116/155        |                 |
| So | 30.8 | RTF | RSG Harsewinkel                  | 48/78/110/151           |                 |
| So | 30.8 | RTF | Radsportklub Radz Fatz           | 45/75/110               | geführte Touren |
| Fr | 4.9  |     |                                  |                         |                 |
| Sa | 5.9  | RTF | RV Adler Lüttringhausen          | 41/71/111/151           |                 |
| Sa | 5.9  | CTF | RV Adler Lüttringhausen          | 31/55                   |                 |
| Sa | 5.9  | RTF | RSC MSC Mastholte                | 26/42/78/115/155        |                 |
| Sa | 5.9  | RTF | SV Malefinkbach                  | 41/73/110/150           |                 |
| So | 6.9  | RTF | ARGE Radfest NRW 2020            | 45/75/110/150 // 230    | RMCD / MC 10    |
| So | 6.9  | CTF | ARGE Radfest NRW 2020 SC Capelle | 20/33/52                | CTF Cup 5       |
| Fr | 11.9 |     |                                  |                         |                 |
| Sa | 12.9 | RTF | RSV Lippe 23 Lünen               | 25/50/80/115            |                 |
| Sa | 12.9 | RTF | Düsseldorfer RSV 1911/12         | 41/71/113               |                 |
| So | 13.9 | RTF | RSC Rheinbach                    | 46/76/122               |                 |
| So | 13.9 | RTF | Essener RG 1900                  | 45/75/110               |                 |
| Fr | 18.9 |     |                                  |                         |                 |
| Sa | 19.9 | CTF | RV Sturmvogel Essen 1919         | 40/58                   | CTF Cup 6       |
| Sa | 19.9 | RTF | RC Staubwolke Quadrath           | 25/46/76/110            |                 |
| So | 19.9 | RTF | Radsportfreunde 67 Ahlen         | 42/76/117               |                 |
| So | 20.9 | RTF | RTC Kirchlengern                 | 41/75/112               |                 |
| So | 20.9 | RTF | RSC Welldorf 1998                | 42/75/113/155           |                 |
| So | 20.9 | RTF | RC Sprinter Waltrop 81           | 27/41/72/111/151        |                 |
| Fr | 25.9 |     |                                  |                         |                 |
| Sa | 26.9 | RTF | RV Möve 1922 MG-Lürrip           | 45/72/111/151           |                 |
| Sa | 26.9 | CTF | Rad-Treff Borchten               | 20/33/46/68             |                 |
| So | 27.9 | CTF | RC Lüdenscheid 98                | 36/54                   |                 |
| So | 27.9 | RTF | RSC Essen-Kettwig                | 41/71/111/151           |                 |
| So | 27.9 | RTF | RSC Westfalia 1919 Niedermehren  | 48/76/114/162           |                 |

|         |       |     |                                  |              |                     |
|---------|-------|-----|----------------------------------|--------------|---------------------|
| So      | 27.9  | CTF | RSC Westfalia 1919 Niedermehnen  | 26/47/68     |                     |
| So      | 27.9  | RTF | RadSPORTbezirk Aachen            | 41/71/111    |                     |
| Fr      | 2.10  |     |                                  |              |                     |
| Do TdDE | 3.10  | RTF | RadSPORT-Club Schmitter Köln     | 50/75/115    |                     |
| So      | 4.10  | RTF | RC Buer / Westerholt 1982        | 75           |                     |
| Fr      | 9.10  |     |                                  |              |                     |
| Sa      | 10.10 | RTF | VfR Büttgen 1912 RadSPORT        | 43/75/111    |                     |
| Sa      | 10.10 | CTF | RMC Schloß Neuhaus               | 26/39/52/66  |                     |
| Sa      | 10.10 | CTF | RV Blitz Spich 1908 e.V.         | 30/46/66     |                     |
| So      | 11.10 | RTF | RV Schwalbe 1892 Mönchengladbach | 41/71/111    |                     |
| So      | 11.10 | RTF | PSV Stukenbrock-Senne            | 46/75/117    |                     |
| So      | 11.10 | RTF | BSG Stadt Köln                   | 41/73/111    |                     |
| So      | 11.10 | RTF | ATV Haltern Abt. RadSPORT        | 25/51/71/112 |                     |
| Fr      | 16.10 |     |                                  |              |                     |
| Sa      | 17.10 | CTF | RadSPORTbezirk Düsseldorf        | 28/41/55/67  |                     |
| So      | 18.10 | CTF | RC Buer / Westerholt 1982        | 24/41/61/69  | CTF Cup 7           |
| Fr      | 23.10 |     |                                  | -            |                     |
| Sa      | 24.10 | CTF | Rad-Touristik Club Köln          | 25/35/55     | CTF Cup 8           |
| So      | 25.10 | CTF | SV Klinkum RadSPORT              | 39/56        | Gravelbike tauglich |
| So      | 25.10 | CTF | RadSPORTverein von 1895 Münster  | 34/57        |                     |
| Fr      | 30.10 |     |                                  |              |                     |
| Sa      | 1.11  |     |                                  |              |                     |
| Fr      | 6.11  |     |                                  |              |                     |
| So      | 8.11  | CTF | RSG Warendorf-Freckenhorst       | 31/51        |                     |
| So      | 29.12 | CTF | FC Greffen 1946                  | 18/32/53/67  |                     |