



POSSIBLE



iTeraCare™

RESPONSES



FEELING OF BURNING

- means there are toxins in the body



FEELING OF FREEZING



- means that your body is very cold

FEELING OF ITCH

- means that your body is severely windy, hot blooded or has clogs



FEELING OF WATERY BODY



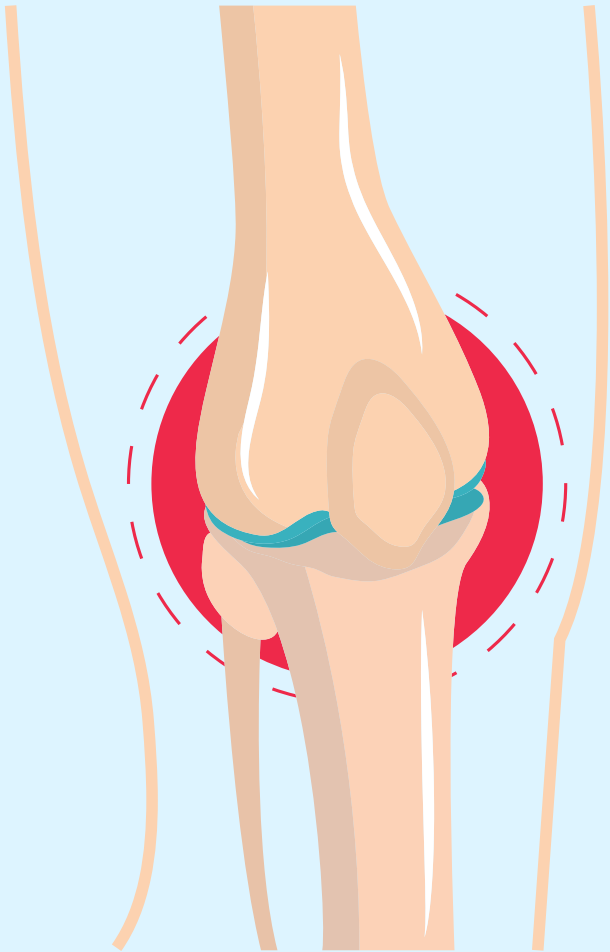
- means there's water retention in your body

FEELING OF NUMBNESS

- meaning that your body lacks qi (energy)



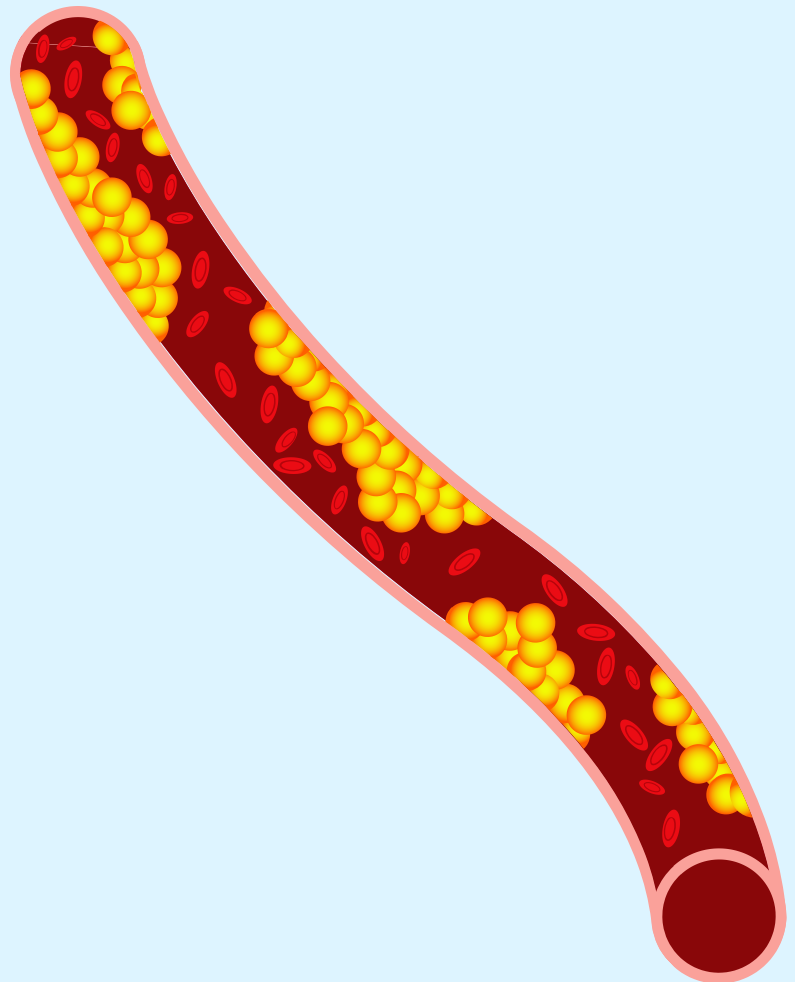
RHEUMATIC PAIN



- means that you have poor blood circulation

FEELING OF PAIN AND DISCOMFORT

- means that you have blocked tendons and veins, and blood vessels



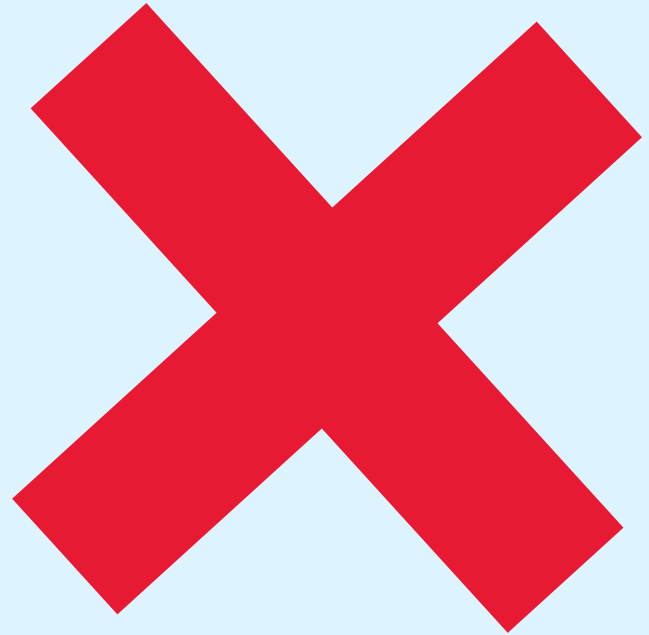
BLISTERS



- means that, due to dampness, the tendons and the veins were blocked and toxins couldn't be discharged. This is a sign of effectiveness.

NO FEELING

- means that your body is cold and that you need to keep blowing



SWEATING



- **a manifestation of skin detoxification**

RED RASH

- a manifestation of skin detoxification



URINATING TOO MUCH



- means that the kidneys and urinary tract aren't too good; for females - illustrating problems in gynecology

DIARRRHEA

- frequent diarrhea and extremely smelly stools, are the results of the detoxification gas, indicating a problem with the gastrointestinal tract



SORE THROAT, TOOTHACHE



- **means that
the liver
fire is
flaming**

FEVER

- means that the Yang Qi is insufficient. *You can use the scraping cup to scrape in the governor vessel and the bladder meridian, and the fever should soon disappear*



REPETITION OF CHRONIC DISEASE SYMPTOMS



- it's a normal symptom of detoxification, no worries

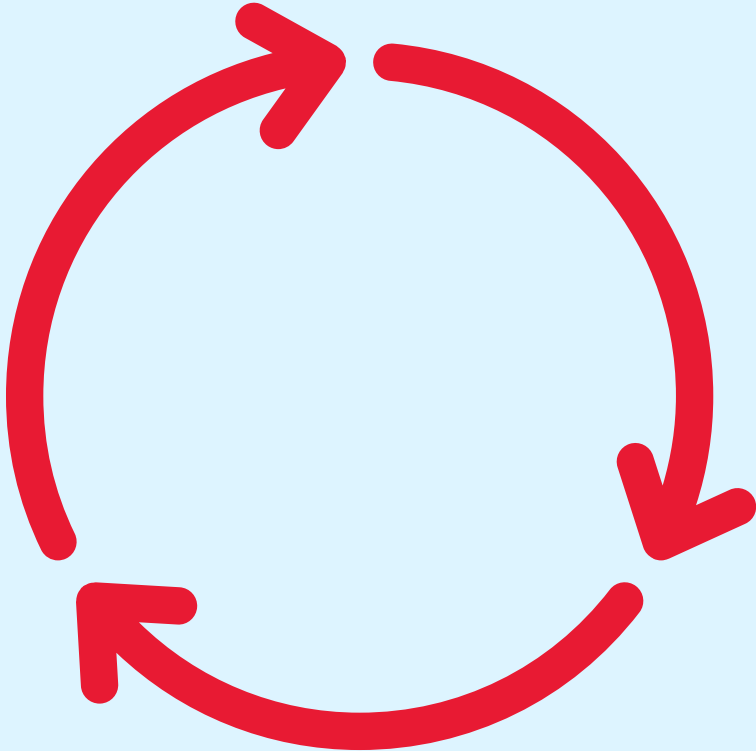
DIZZINESS, TINNITUS

- it means that there is a blockage of your qi and blood



THE REACTION MOVES AROUND

- **this is a good reaction,
indicates the
smoothness of the
meridians**



**In conclusion,
it's okay to keep
on using the
wand in spite of
feeling
particularly
uncomfortable.**



DRINK PLENTY OF WATER.