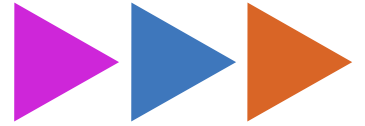


2e & Me Research Kit Instructions



Kit Contents

- Instruction Sheet
- Consent Form
- Activity Guide
- Designer Statement Cards
- White T-Shirt
- White Armband
- Fabric Markers
- Neon Fabric Paint
- Glow Pen
- Metallic Markers
- Transfer Paper
- Crystal Stickers (2E)

Kit Instructions

1. Read and complete the **consent form** with your parent or guardian before you start.
2. Check you have all the kit contents and find a quiet place to work.
3. Use the supplies you like in this kit to design your personalised t-shirt & armband following the **Activity Guide**. You do not need to use all the supplies in the kit.
4. Complete the **Designer Statement Cards** to share more about yourself, how you think and what your designs mean. If you prefer to use a computer, you can find a digital option at: [insert link here]
5. Join the **2e Hall of Fame!** Ask your parent or another adult to help you take photos of your designs and statement cards (Front, Back, and Armband) and send along with your consent form to heythere@francescadare.com or load to [Insert Link Here] by 04 April 2022 and your designs will join the 2e Hall of Fame.

*There are no right or wrong answers. Your completed project is yours to keep along with the craft supplies in this kit.

Note For Parent / Adult

2e & Me is an individual activity to better understand the 2e experience. Do help your child if necessary, but please ensure they complete the activity as independently as possible and without influence.

If you provide any assistance please note on the statement card how you helped (ie. reading, writing, taking photos, etc). I would also greatly appreciate any feedback you have about this 2e & Me activity. Please email me at heythere@francescadare.com with any feedback or questions.

White T-Shirt

Children's crew neck T-shirt made of cotton/Lycra rib. 40°C machine washable, can be ironed, suitable for tumble dryer.

Textile Markers

Suitable for children aged 3 and over, adults should complete the ironing process for young children and supervise with older children. Allow to dry for 6-24hrs after application. Then iron inside out for 5 minutes on the decorated section on the cotton setting.

Neon Fabric Paint

Suitable for children aged 3+, adults should complete the ironing process for young children and supervise with older children. Wait for paint to dry, iron on reverse to make the design permanent.

Glow Pens

Suitable for ages 6+. Use pens to add glow-in-the-dark highlights. Expose to light a source for a few minutes, turn off the lights and watch them glow. Suitable for paper, fabric & more. Allow to dry overnight.

Metallic Markers

Non-permanent when used directly on fabric, suitable for use with transfer paper.

Transfer Paper

Compatible with inkjet printers. Compatible with pigment ink and dye ink.

1. Draw or Print your design on the BLANK Side of transfer paper. Set Paper Type to Plain Paper or Photo Paper. Set Printing Quality to Photo or High Quality Photo.
2. Cut out your design and peel from the logo paper. Place UPWARDS onto appropriate position of T-shirt place your t-shirt on a SOLID surface (Don't use ironing board as it's too soft) and use your ironing tool to smooth out creases on shirt.
3. Cover with Teflon Paper (included in the pack). Note: The teflon paper is two-sided so theres no wrong side.
4. Set Iron to High Temperature (like Cotton/Jeans Setting) and TURN OFF steam. Apply FIRM, EVEN and HEAVY pressure and iron each area of the image for 5 seconds. Circularly press and iron the image for 3 minutes total paying special attention to the corners.

Tips for washing and storing fabric with transfer:

- Don't wash within 48 hours after transfer.
- Wash before wearing on cold.
- Do not tumble dry.

Edinburgh Napier University Research Consent Form

Edinburgh Napier University requires that all research participants give their written consent to participate in research studies. Please read the following and sign this consent form if you agree with what it says.

.....

Study: 2e & Me: The 2e/DME Experience

1. **Study goal:** The goal of the '2e & Me: The 2e/DME Experience' study is to explore the lived experiences of 2e children aged 6+. I agree for my child to participate in the study and to provide documentation of their finished work.
 2. **Anonymity/Confidentiality:** I have been advised that I my child's responses and creative work will be anonymised. Their name will not be linked with the research materials, and they will not be identified or identifiable in any report produced by the researcher.
 3. **Voluntary participation:** I understand my child's participation is voluntary and that if at any time during the activity I or they feel unable or unwilling to continue, they are free to stop. I may withdraw my child without negative consequences. However, after the data has been anonymised, or after project submission or publication of results, it will not be possible for their data to be removed.
 4. **Opportunities to decline:** In addition, my child is free to decline to answer any particular question or questions, or to have any particular item photographed.
 5. **Opportunities to ask questions:** I have been given the opportunity to ask questions regarding the research and my questions have been answered to my satisfaction.
 6. **Data use:** I understand that any creative work, journaling, and interpretive data created by the researcher during this study may also be used in conjunction with my child's data and responses.
 7. **Legal rights:** I have read and understand the above and consent for my child to participate in this study. My signature is not a waiver of any legal rights. I understand that I can keep a copy of the consent form for my records.
 8. **Future contact:** I understand and agree the researcher may contact me in the future regarding this project and my data. My preferred contact method and contact information is: (please provide email and/or phone contact)
-

Informed consent: I agree to allow my child to participate in the research project “2e & Me: The 2e/DME Experience” to be conducted by Francesca Dare, Masters Student at the School of Arts and Creative Industries, Edinburgh Napier University. PVG membership number: 2111 0225 5295 4493. Disclosure Number: 3000 0000 0137 6163

Required special permissions (please tick yes or no)	Yes	No
I agree to allow the researcher to use photographs and provided by me as part of this study. In this situation, any photographs taken with people present will be anonymised and the person’s identity and facial features will be blurred/obscured during the final documentation of this project.		
I agree to allow the researcher to record any emails or conversations with myself and my child during the study if necessary. These records will be used to create transcripts and timeline of the project. The records will be securely stored in encrypted digital files and audio recording will be deleted immediately after transcription.		

Participants/Child’s Name

Parent/Guardian’s Name

Parent/Guardian’s Signature

Date

Researcher: I have explained and described in detail the research procedure to the participant and answered any questions that the participant had about the study. I will retain one copy of the informed consent form for my own records.

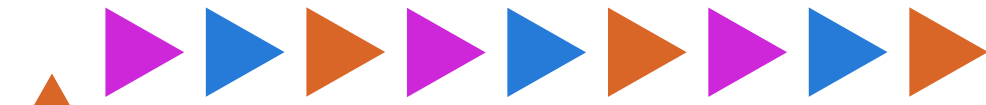
Researcher’s Signature

Date

A decorative border of colorful triangles (orange, blue, and purple) surrounds the central text. The top and bottom borders consist of triangles pointing right and left, respectively. The left and right borders consist of triangles pointing up and down, respectively.

2e & Me

Activity Guide

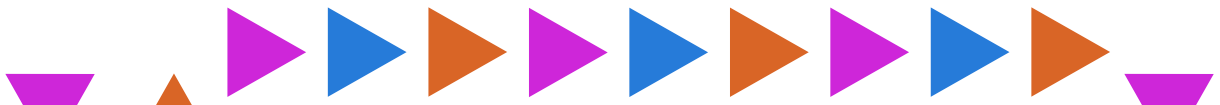


My Superpower

Front of T-Shirt

Use the supplies you like to decorate the **front** of your t-shirt in a way that expresses your **Superpower**.

- Try thinking about
- What makes me unique?
 - How do I solve problems?
 - How does my 2e identity help me?

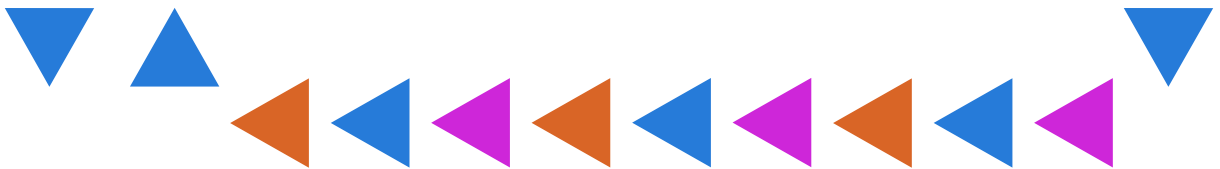


My Superteam

Back of T-Shirt

Use the supplies you like to decorate the **back** of your t-shirt in a way that expresses your **Superteam**.

- Try thinking about
- Who else is like me?
 - What teams or groups am I part of?
 - How does it feel to be in my 2e team?





My Defence

Armband





Use the supplies you like to decorate the **armband** that expresses your **Defence System**.

Try thinking about

- What do you do when things get tough?
- Who helps me when I need it?

*Remember, there are no right or wrong answers. Use the Designer Statement cards included to explain your designs and be sure to send your photos to be included in the 2e Hall of Fame.



About Me

Designer Statement Card

Name: _____

Age: _____ School Year: _____

2e Identity/Diagnosis:

Age when I was 2e Identified: _____

My Favourite Subject: _____

I am the best at:

I need the most help with:

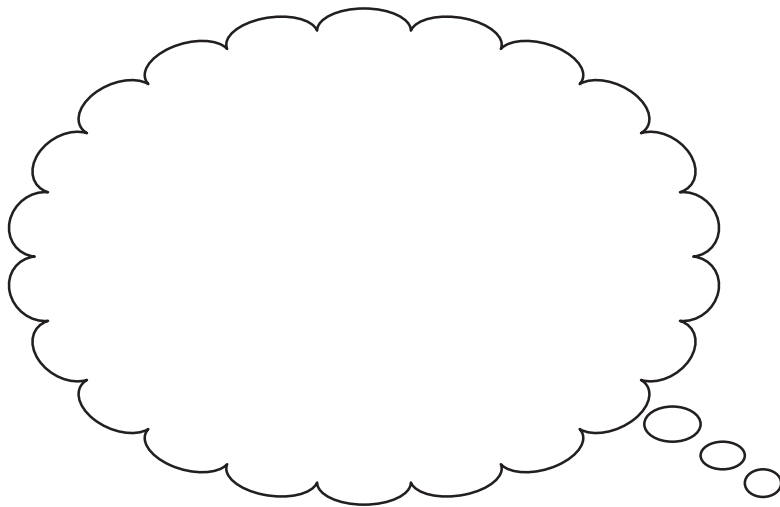
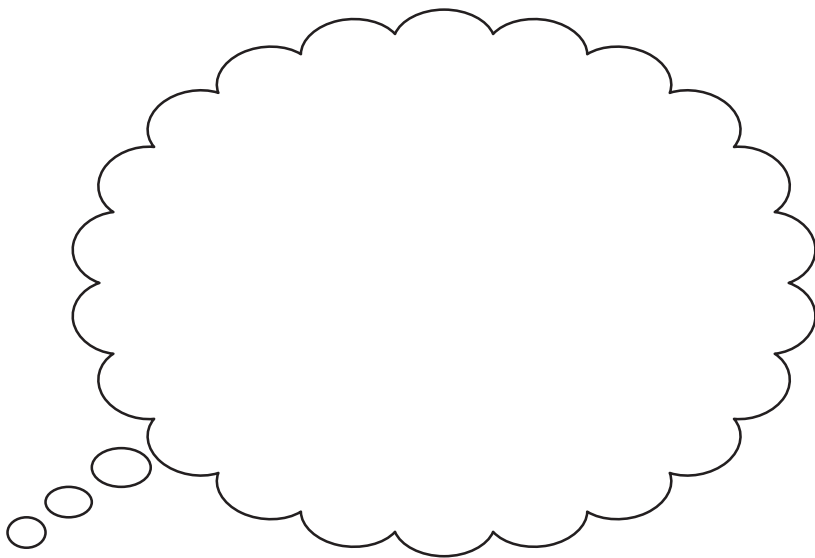
Assistance I received to complete this 2e
& Me activity (if any):



My Superpower

Designer Statement Card

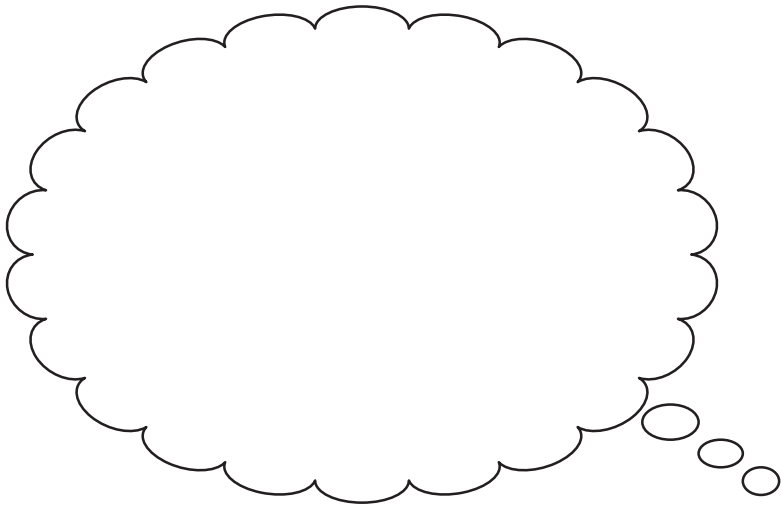
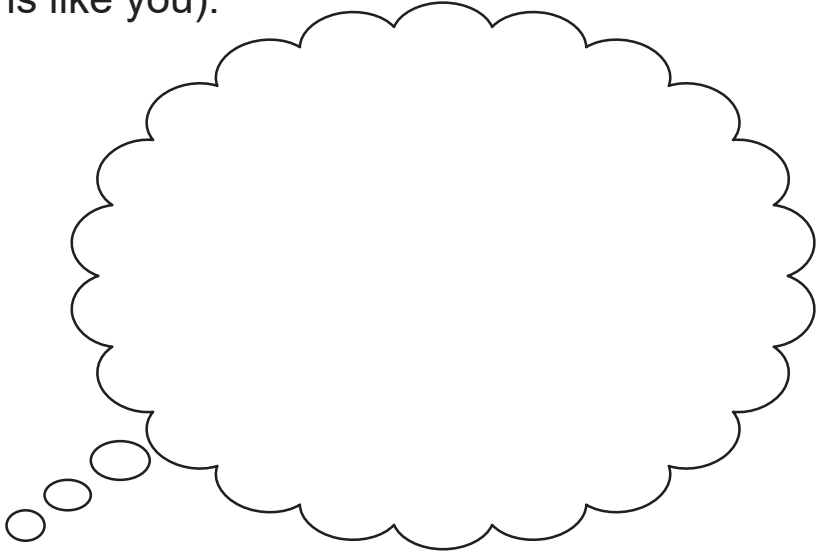
In your own words, explain how your design shows your superpower.



My Superteam

Designer Statement Card

In your own words, explain how your design shows your superteam (who else is like you).



My Defence

Designer Statement Card

In your own words, explain how your design shows your defence system.

