

APPENDIX 1



Trustees' Annual Report for the period

| Period start date | | | | Period end date | | | |
|-------------------|-----|-------|------|-----------------|-----|-------|------|
| From | Day | Month | Year | To | Day | Month | Year |
| | 01 | 04 | 2023 | | 31 | 03 | 2024 |

Office of the Scottish Charity Regulator

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

| |
|---------------------------------|
| Four Pillars |
| |
| Four Pillars SCIO 052260 |
| 33 Regent Quay |
| |
| Aberdeen |
| Postcode: AB11 5BE |

Names of the charity trustees on date of approval of Trustees' Annual Report

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|---------------------|------------------------|--|--|
| 1 | Rachael Beedie | Chair | | Board |
| 2 | Michelle Cameron | Treasurer | July 23 - Present | Board |
| 3 | Johnathan Doran | Vice-Chair | | Board |
| 4 | Amber Keenan | Trustee | July 23 - Present | Board |
| 5 | Ross Hartley | Secretary | | Board |
| 6 | Eoin Cowie | Trustee | | Board |
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
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Structure, governance and management

Type of governing document

The charity is governed by a Constitution.

Trustee recruitment and appointment

The Trustees shall be entitled, by way of a resolution passed by majority vote at a meeting of the Trustees, to appoint any individual as a Trustee. The number of Trustees shall not be less than 3 nor more than 9.

Objectives and activities

Charitable purposes

The advancement of health
The promotion of equality and diversity
The advancement of education

Four Pillars' mission is to support the LGBT+ community in manners of Mental, Emotional, Physical & Sexual Health and offer information & support on a person-to-person basis to build a community that supports itself through peer education; thereby allowing individuals to make informed choices to improve their overall health & wellbeing.

Summary of the main activities in relation to these objects

Operate Four Unity as a hub, offering light refreshments, snacks and merchandise appropriate for the community whilst providing a safe space for individuals to relax, get advice, information, support and barrier contraception.

Provide various support & social groups to improve the mental, emotional, physical & sexual health of individuals through peer education & support.

Facilitate events throughout the year bringing the community together, building relationships and reducing isolation whilst providing educational & informational materials.

Offer 1-2-1 support when requested and establish pathways and referrals to needed services, improving the overall health & wellbeing of each individual.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

Four Pillars struggled at the beginning of the year after being rejected for several funding grants. This led to a re-think of the organisation's structure and finance income. A SoS campaign helped bridge the gap in funding that was denied and a reduction in staff and some services meant we were able to keep our doors open.

Through this the charity has continued to grow its service user base with 414 new service users visiting us in the period. Our overall engagement reach was 3943 with an additional 2751 people reached through events and awareness campaigns. In total Four Pillars supported approximately 110 people every month across the year.

Financial review

Brief statement of the charity's policy on reserves

Four Pillars' policy is to hold a minimum 3 months reserves which represents 3 months of fixed costs.

The charity has been building on this over the last few years and believes it has in place the necessary funds to cover 3 months of fixed costs.

Details of any deficit

During the period ended 31 March 2023, a deficit of £12,559.

Donated facilities and services (if any)

There were no facilities or services donated during the period.

Other optional information

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Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|------------------------------|---|---|
| Signature(s) |  |  |
| Full name(s) | Rachael Beedie | Michelle Cameron |
| Position (e.g. Chair) | Chair of the board | Treasurer |
| Date | 16/04/2024 | 16/04/2024 |

Section B Statement of balances

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Expendable endowment funds to nearest £ | Permanent endowment funds to nearest £ | Total current period to nearest £ | Total last period to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|--|---|--------------------------------------|-----------------------------------|
| B1 Cash funds | Cash and bank balances at start of year | (43,757) | 89,013 | | | 45,256 | |
| | Surplus / (deficit) shown on receipts and payments account | 32,855 | (45,162) | | | (12,307) | |
| | | | | | | - | |
| | Cash and bank balances at end of year | (10,902) | 43,851 | - | - | 32,949 | - |
| | (Agree balances with receipts and payments account(s)) | - | - | - | - | - | - |



| | Details | Fund to which asset belongs | Market valuation to nearest £ | Last year to nearest £ |
|-----------------------|---------|-----------------------------|----------------------------------|---------------------------|
| B2 Investments | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | Total | - | - |

| | Details | Fund to which asset belongs | Cost (if available) to nearest £ | Current value (if available) to nearest £ | Last year to nearest £ |
|------------------------|--------------|-----------------------------|-------------------------------------|--|---------------------------|
| B3 Other assets | Stock levels | Unrestricted | 24,224 | 51,033 | - |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | Total | 24,224 | 51,033 |

| | Details | Fund to which liability relates | Amount due to nearest £ | Last year to nearest £ |
|-----------------------|-------------|---------------------------------|----------------------------|---------------------------|
| B4 Liabilities | Accountancy | Unrestricted | 133 | |
| | | | | |
| | | | | |
| | | | | |
| | | Total | 133 | - |

| | Details | Fund to which liability relates | Amount due (estimate) to nearest £ | Last year to nearest £ |
|----------------------------------|---------|---------------------------------|---------------------------------------|---------------------------|
| B5 Contingent liabilities | | | | |
| | | | | |
| | | | | |
| | | Total | - | - |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|------------------|------------------|
|  | Rachael Beedie | 16 April 2024 |
|  | Michelle Cameron | 16 April 2024 |

APPENDIX 3



| | | Independent examiner's report on the accounts | | | | | | v2 | |
|---|--|--|-------|------|----|-----------------|--------------|---|------|
| Report to the trustees/members of | Charity name | FOUR PILLARS | | | | | | | |
| Registered charity number | | SC10 052260 | | | | | | | |
| On the accounts of the charity for the period | Period start date | Day | Month | Year | to | Period end date | Day | Month | Year |
| | | 01 | 04 | 23 | | | 31 | 03 | 24 |
| Set out on pages | | | | | | | | (remember to include the page numbers of additional sheets) | |
| Respective responsibilities of trustees and examiner | The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention. | | | | | | | | |
| Basis of independent examiner's statement | My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts. | | | | | | | | |
| Independent examiner's statement | In the course of my examination, no matter has come to my attention other than that disclosed on the attached page* | | | | | | | | |
| | 1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or | | | | | | | | |
| | 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. | | | | | | | | |
| Signed: | ALAN FORBES | | | | | | Date: | 10.05.2024 | |
| Name: | ALAN FORBES | | | | | | | | |
| Relevant professional qualification(s) or body (if any): | DIRECTOR OF ACCOUNTANCY FIRM ICPA (INSTITUTE OF CERTIFIED PRACTISING ACCOUNTANTS) | | | | | | | | |
| Address: | 4 RUBISLAW TERRACE ABERDEEN AB10 6RE | | | | | | | | |

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**

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