

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	04	2020	To	31	03	2021

**Reference and administration details**

Charity name  
 Other names charity is known by  
 Registered charity number  
 Charity's principal address

Four Pillars
SC046667
33 Regent Quay
Aberdeen
Postcode: AB11 5BE

**Names of the charity trustees on date of approval of Trustees' Annual Report**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rachael Beedie	Chair		Board
2	Steven Watt	Treasurer		Board
3	Johnathan Doran	Vice-Chair		Board
4	Adam Perry	Trustee		Board
5				
6				
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11				
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13				
14				
15				
16				
17				
18				
19				
20				

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Steven Webber	Apr 2020 – Aug 2020
Skara Bowie	Apr 2020 – Aug 2021
Colin White	Apr 2020 – Aug 2020
Fiona Hughes	Oct 2020 – Mar 2021

## Structure, governance and management

Type of governing document

The charity is governed by a Trust Deed.

Trustee recruitment and appointment

The Trustees shall be entitled, by way of a resolution passed by majority vote at a meeting of the Trustees, to appoint any individual as a Trustee. The number of Trustees shall not be less than 3 nor more than 7.

## Objectives and activities

Charitable purposes

The advancement of health  
The promotion of equality and diversity  
The advancement of education

Four Pillars' mission is to support the LGBT+ community in manners of Mental, Emotional, Physical & Sexual Health and offer information & support on a person-to-person basis to build a community that supports itself through peer education; thereby allowing individuals to make informed choices to improve their overall health & wellbeing.

Summary of the main activities in relation to these objects

Operate Four Unity as a hub, offering light refreshments, meals, snacks and merchandise appropriate for the community whilst providing a safe space for individuals to relax, get advice, information, support and barrier contraception.

Provide various support & social groups to improve the mental, emotional, physical & sexual health of individuals through peer education & support.

Facilitate events throughout the year bringing the community together, building relationships and reducing isolation whilst providing educational & informational materials.

Offer 1-2-1 support when requested and establish pathways and referrals to needed services, improving the overall health & wellbeing of each individual.

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### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

Following the closure of our previous Hub in the Aberdeen Market, we relocated and developed our current premises at 33 Regent Quay. This new venue has far more space, is more private and we can dictate our own opening hours, this allows us to provide a safer environment for service users and volunteers.

We restructured our groups as we felt we were separating the community too much with the number of groups we ran previously. We combined some groups with consent of members of the groups taking us from 9 groups down to 5, this new structure enables us to encompass the same areas of social and support as the old system however it allows the users of the groups to meet more people, increasing the efficacy of the groups and reduce feelings of isolation and loneliness by bringing the community together. We were also able to increase the frequency of groups with all 5 groups running online on a weekly basis throughout lockdown.

We successfully engaged with individuals through Virtual Grampian Pride, a 24-hour gaming livestream History Month and news articles covering our move to 33 Regent Quay as well as online events such as our WAD (World AIDS Day) livestream. We have continued to expand our social media presence; this has been essential in a year where in person events have not been possible.

This year's biggest collaboration is 4ever Friends, a befriending service set up in collaboration with Pink Saltire & Foundation Scotland. This project allows users to be set up with a 'buddy' who they can contact when they are lonely, the service also provides a phone to use if needed. This allows our volunteers to stay in contact with users providing emotional support and advice, assistance with groceries, sexual health provisions and more. A key aspect of this project was to make those that are less technologically literate feel able to access services to reduce their loneliness during lockdown when in person service was not possible. 26 individuals accessed the service, with 6 of those being in the 50+ age bracket and 6 of the 26 being in the under 25 age brackets. The even distribution across age brackets highlights that our efforts towards technology inclusion were successful.

## Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any deficit

N/A

Donated facilities and services (if any)

There were no facilities or services donated during the period.

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## Other optional information

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Rachael Beedie	
Position (e.g. Chair)	Chairperson	
Date	10/11/2021	

**Four Pillars**

Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
		1/4	2020			31/03	2021

**Section A Statement of receipts and payments**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	5,943				5,943	
Legacies					-	
Grants	33,012	25,500			58,512	
Receipts from fundraising activities	4,731				4,731	
Gross trading receipts	1,466				1,466	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	100				100	
					-	
<b>A1 Sub total</b>	<b>45,252</b>	<b>25,500</b>	<b>-</b>	<b>-</b>	<b>70,752</b>	<b>-</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>45,252</b>	<b>25,500</b>	<b>-</b>	<b>-</b>	<b>70,752</b>	<b>-</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	5,080				5,080	
Gross trading payments	6,583				6,583	
Investment management costs					-	
Payments relating directly to charitable activities	26,460	21,927			48,387	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other	100				100	
					-	
<b>A3 Sub total</b>	<b>38,223</b>	<b>21,927</b>	<b>-</b>	<b>-</b>	<b>60,150</b>	<b>-</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>38,223</b>	<b>21,927</b>	<b>-</b>	<b>-</b>	<b>60,150</b>	<b>-</b>
<b>Net receipts / (payments)</b>	<b>7,029</b>	<b>3,573</b>	<b>-</b>	<b>-</b>	<b>10,602</b>	<b>-</b>
<b>A5 Transfers to / (from) funds</b>	<b>4,246</b>	<b>( 4,246)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Surplus / (deficit) for year</b>	<b>11,275</b>	<b>( 673)</b>	<b>-</b>	<b>-</b>	<b>10,602</b>	<b>-</b>

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
<b>B1 Cash funds</b>	Cash and bank balances at start of year	( 5,379)	8,246			2,867	
	Surplus / (deficit) shown on receipts and payments account	11,275	( 673)			10,602	
						-	
						-	
	<b>Cash and bank balances at end of year</b>	<b>5,896</b>	<b>7,573</b>	<b>-</b>	<b>-</b>	<b>13,469</b>	<b>-</b>
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
<b>B2 Investments</b>				
		<b>Total</b>	<b>-</b>	<b>-</b>

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
<b>B3 Other assets</b>					
			<b>Total</b>	<b>-</b>	<b>-</b>

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
<b>B4 Liabilities</b>				
		<b>Total</b>	<b>-</b>	<b>-</b>

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
<b>B5 Contingent liabilities</b>				
		<b>Total</b>	<b>-</b>	<b>-</b>

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Rachael Beedie</i> Rachael (Nov 18, 2021, 2:49pm)	Rachael Beedie	18 Nov 2021

## Section C Notes to the Accounts

**C1 Nature and purpose of funds** *(may be stated on analysis of funds worksheets)*

Unrestricted funds represent funds which can be used for any event or expense that the trustees see fit.

The charity also received the following restricted funds;  
 - £12,500 from The Robertson Trust for community relations manager  
 - £4,000 from Comic Relief for  
 - £10,000 from National Lottery  
 - £3,000 from Aberdeen City Council

	Type of activity or project supported	Individual / institution	Number of grants made	£
<b>C2 Grants</b>	Equality Network		1	7,112
	BOS Foundation		1	10,400
	National Lottery		1	10,000
	Corra Foundation		2	4,000
	Aberdeen City Council		1	3,000
	Grampian Pride		1	10,500
	Albert Hunt		1	1,000
	Robertson Trust		1	12,500
			<b>Total</b>	<b>58,512</b>

<b>C3a Trustee remuneration</b>	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
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Authority under which paid

	£
<b>C3b Trustee remuneration - details</b>	

<b>C4a Trustee expenses</b>	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	x
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	Number of trustees	£
<b>C4b Trustee expenses - details</b>		

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
<b>C5 Transactions with trustees and connected persons</b>				

<b>C6 Other information</b>	
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**Issuer** Mint Accounting Ltd

**Document generated** Thu, 18th Nov 2021 13:21:43 UTC

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### Parties involved with this document

Document processed	Party + Fingerprint
Thu, 18th Nov 2021 14:49:34 UTC	Rachael - Signer (d13395a0ae58669cdacf4d030fe50ac6)
Mon, 22nd Nov 2021 14:57:50 UTC	Michele - Signer (ce2082926d2995eb753733f015f2d469)

### Audit history log

Date	Action
Mon, 22nd Nov 2021 14:57:50 UTC	The envelope has been signed by all parties. (90.197.162.155)
Mon, 22nd Nov 2021 14:57:50 UTC	Michele signed the envelope. (90.197.162.155)
Mon, 22nd Nov 2021 14:57:43 UTC	Michele viewed the envelope. (90.197.162.155)
Mon, 22nd Nov 2021 14:57:41 UTC	Michele opened the document email. (66.249.93.211)
Mon, 22nd Nov 2021 14:57:38 UTC	Michele opened the document email. (66.249.93.206)
Thu, 18th Nov 2021 17:02:15 UTC	Michele opened the document email. (66.249.93.212)
Thu, 18th Nov 2021 14:55:18 UTC	Michele opened the document email. (66.249.93.212)
Thu, 18th Nov 2021 14:49:37 UTC	Michele opened the document email. (66.249.92.195)
Thu, 18th Nov 2021 14:49:35 UTC	Document emailed to michele@mintaccounting.co.uk (13.40.77.74)
Thu, 18th Nov 2021 14:49:34 UTC	Sent the envelope to Michele (michele@mintaccounting.co.uk) for signing. (95.144.4.29)
Thu, 18th Nov 2021 14:49:34 UTC	Rachael signed the envelope. (95.144.4.29)
Thu, 18th Nov 2021 14:46:13 UTC	Rachael viewed the envelope. (95.144.4.29)
Thu, 18th Nov 2021 14:45:34 UTC	Rachael viewed the envelope. (20.49.247.43)
Thu, 18th Nov 2021 14:45:05 UTC	Rachael viewed the envelope. (95.144.4.29)
Thu, 18th Nov 2021 13:23:33 UTC	Document emailed to Rachael.beedie@fourpillarsuk.org (35.178.190.212)
Thu, 18th Nov 2021 13:23:33 UTC	Sent the envelope to Rachael (Rachael.beedie@fourpillarsuk.org) for signing. (90.197.162.155)
Thu, 18th Nov 2021 13:23:24 UTC	Michele has been assigned to this envelope (90.197.162.155)
Thu, 18th Nov 2021 13:22:35 UTC	Rachael has been assigned to this envelope (90.197.162.155)
Thu, 18th Nov 2021 13:21:56 UTC	Document generated with fingerprint 0d3079fd141e1c1086972dafce328c53 (90.197.162.155)

Thu, 18th Nov 2021 13:21:43 UTC

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## APPENDIX 3



**Report to the trustees/members of**  
**Registered charity number**  
**On the accounts of the charity for the period**

**Set out on pages**

Independent examiner's report on the accounts <span style="float: right;">v2</span>						
Charity name FOUR PILLARS						
SC 046667						
Period start date				Period end date		
Day	Month	Year		Day	Month	Year
01	04	2020	to	31	03	2021
1-3					(remember to include the page numbers of additional sheets)	

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Name:**

Allison Walker  
Allison Walker, 2021, 11:14am)

**Date:**

11 Nov 2021

**Relevant professional qualification(s) or body (if any):**

CIMA (1-GYVF)

**Address:**

56 King Street, Aberdeen, AB24 5AX


\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of  
any items that the  
examiner wishes to  
disclose**



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**Parties involved with this document**

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Thu, 11th Nov 2021 11:14:26 UTC	Allison Walker - Signer (cb251d479a817fb9ef0a31279d32e2fd)

**Audit history log**

Date	Action
Thu, 11th Nov 2021 11:14:26 UTC	The envelope has been signed by all parties. (81.153.186.208)
Thu, 11th Nov 2021 11:14:26 UTC	Allison Walker signed the envelope. (81.153.186.208)
Thu, 11th Nov 2021 11:13:02 UTC	Allison Walker viewed the envelope. (81.153.186.208)
Thu, 11th Nov 2021 11:13:01 UTC	Allison Walker opened the document email. (66.249.93.219)
Thu, 11th Nov 2021 11:12:57 UTC	Allison Walker opened the document email. (66.249.93.218)
Thu, 11th Nov 2021 10:07:40 UTC	Allison Walker opened the document email. (66.249.92.78)
Thu, 11th Nov 2021 10:07:38 UTC	Document emailed to allison@mintaccounting.co.uk (35.178.135.127)
Thu, 11th Nov 2021 10:07:38 UTC	Sent the envelope to Allison Walker (allison@mintaccounting.co.uk) for signing. (90.197.162.155)
Thu, 11th Nov 2021 10:05:53 UTC	Allison Walker has been assigned to this envelope (90.197.162.155)
Thu, 11th Nov 2021 10:05:38 UTC	Document generated with fingerprint 18e8fc9bcae1afe3224d61b74fc7f172 (90.197.162.155)
Thu, 11th Nov 2021 10:03:55 UTC	Envelope generated by Mint Accounting (90.197.162.155)