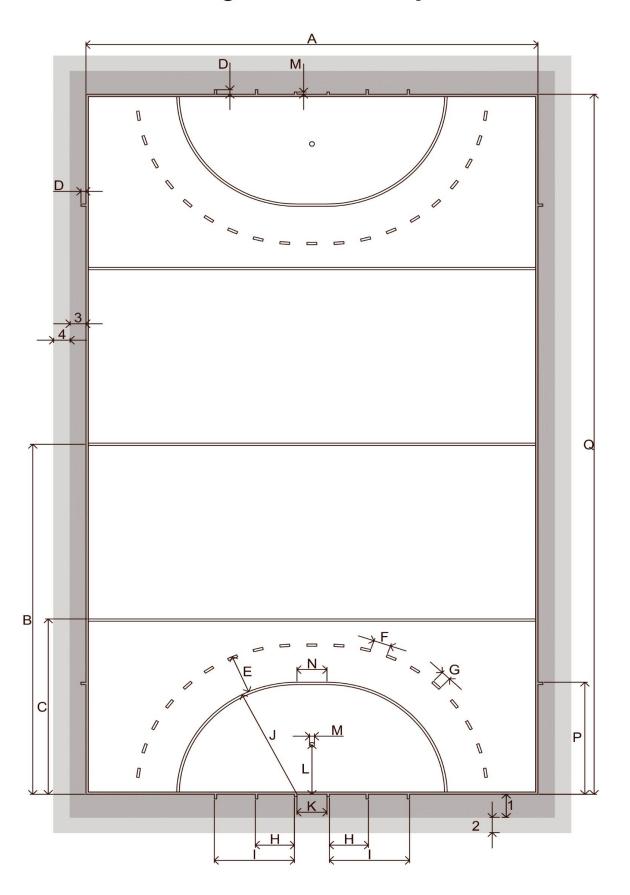
Fieldhockey banestørrelse Udsnit af FIH's samlede regelsæt



04-07-2019

Figure 1: Field of Play



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Field Dimensions

Code	Metres	Code	Metres
Α	55.00	М	0.15
В	45.70	N	3.66
С	22.90	Р	14.63
D	0.30	a	91.40
E	5.00	1	minimum 2.00
F	3.00	2	1.00
G	0.30	(1 + 2)	minimum 3.00
H*	4.975*	3	minimum 1.00
l*	9.975*	4	1.00
J	14.63	(3 + 4)	minimum 2.00
K	3.66		
L	6.475		

^{*} Dimensions H and I are measured from the goal-post line and not from the goal-post itself; the dimensions from the goal-post are 5.00 metres and 10.00 metres respectively.

1.5 Goals:

- a two vertical goal-posts joined by a horizontal crossbar are placed at the centre of each back-line on the external marks
- the goal-posts and cross-bar are white, rectangular in cross section, 50 mm wide and between 50 mm and 75 mm deep
- c the goal-posts must not extend vertically beyond the cross-bar and the cross-bar must not extend horizontally beyond the goal-posts

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- d the distance between the inner edges of the goal-posts is 3.66 metres and the distance from the lower edge of the cross-bar to the ground is 2.14 metres
- e the space outside the field, behind the goal-posts and cross-bar and enclosed by the net, side-boards and backboard is a minimum of 0.90 metres deep at the cross-bar and a minimum of 1.20 metres deep at ground-level.

1.6 Side-boards and back-boards:

- a side-boards are 460 mm high and a minimum of 1.20 metres long
- b back-boards are 460 mm high and 3.66 metres long
- c side-boards are positioned on the ground at right angles to the back-line and are fixed to the back of the goal-posts without increasing their width
- d back-boards are positioned on the ground at right angles to the side-boards and parallel to the back-line, and are fixed to the end of the side-boards
- e side-boards and back-boards are of a dark colour on the inside.

1.7 Nets:

- a the maximum mesh size is 45 mm
- b attachment to the back of the goal-posts and cross-bar is at intervals of not more than 150 mm
- c the nets hang outside the side-boards and back-board
- d the nets are secured so as to prevent the ball passing between the net and the goal-posts, cross-bar, sideboards and back-boards