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First Floor 71b Westoe Road, South Shields, NE33 4LU

Mary Cohr Facial Treatments

Catio Vital 80mins £57.50

DEEP CLEANSING AND BEAUTIFYING

An exclusive customised deep cleansing treatment from Mary Cohr with a 'sauna effect' mask, dual ionisation of active ingredients and a relaxing massage with essential oils. The skin will look more radiant and rejuvenated.

Catio Lift 70mins £49.50

SPECTACULAR LIFTING EFFECT

A unique treatment method that lifts and tones the facial contours by using muscle stimulation, the face will appear more youthful and radiant.

A genuine alternative to Aesthetic Medicine.

Includes a hand and arm massage.

Express Catio Lift 30mins £25.00

Cleanse & 20 minute muscle stimulation.

Age Firming 70mins £65.50

A firming treatment that immediately reduces signs of fatigue and ageing focusing on the face, neck and décolleté.

Using an exfoliating scrub to eliminate dead cells through combined mechanical and enzymatic action for visibly smoother skin.

The unique stimulating massage lifts and firms while the active ingredients help improve elasticity.

Includes a hand and arm massage.

Beaute Aromatique 60mins £47.50

Express Beaute Aromatique 30mins £25.00

RELAXING AND REBALANCING

A personalised holistic skin care treatment using energising essential oils, with an exclusive Mary Cohr relaxing facial massage, and a radiance enhancing mask with plant concentrates. Improves all skin types and creates a radiant complexion.

Eye Lift 30mins £37.50

An exclusive skin care method that treats problems effecting the eye area including wrinkles, puffiness and dark circles.

(10% off when you book a course of 4 full price facials)

Medik8 Facial Treatments

Platinum Facial 70mins £63.50

A relaxing anti ageing facial with our platinum infused age defying mask that visibly lifts, rejuvenates and firms the skin for a more youthful and radiant appearance.

Pore Refining Facial 70mins £49.00

Targeted actives and gentle exfoliation are used to gently break down pore blockages and promote the appearance of a smoother complexion with less visible, enlarged pores.

Clarity Facial 70mins £49.00

Deep cleansing actives are used to target oily, problematic and blemished skin. Rebalancing products are used throughout this facial to soothe, calm and generate a clearer complexion.

Deep Hydration Facial 70mins £49.00

A complete nourishing and comforting facial to restore skin vitality to dull, flaky and compromised skin. Gentle exfoliation allows the long lasting, replenishing Medik8 formulations to deliver deep hydration to the complexion.

(10% off when you book a course of 4 full price facials)

SkinBase Microdermabrasion

Essentials Facial £24.50

Includes skin cleanse and microdermabrasion

Deluxe Facial £28.00

Includes skin cleanse, microdermabrasion and soothing mask

The SkinBase facial is chemical free and non-invasive yet achieves amazing results revealing younger, healthier looking skin from the very first treatment. It uses a stream of non-allergenic crystals to remove the outer most layer of dead skin cells. It can treat a variety of skin concerns including acne and acne scarring, dull and tired skin, pigmentation, congested skin and fine lines and wrinkles.

Medik8 Peels

Rewind Peel

50mins

£66.00

A targeted formulation that helps to promote collagen production to reduce the appearance of fine lines and wrinkles.

Even Peel

50mins

£66.00

A brightening peel targeting sun damage hyperpigmentation and dull, uneven skin. Helps to restore a more even and radiant complexion.

Clarity Peel

50mins

£66.00

A powerful blend of acids that sink deep into pores to effectively clarify and decongest the complexion. Rapidly brings blemishes under control and dramatically reduces the risk of future breakouts.

Universal AHA Peel

50mins

£66.00

Suitable for everyone and any skin concerns, it visibly brightens, smooths, decongests and revitalises the skin. Ideal for a first time peel or to maintain results from other peels.

Sensitive PHA Peel

50mins

£66.00

A new addition for extremely sensitive or redness-prone skin to visibly smooth skin texture and help promote a stronger skin barrier.

Dermalux LED

Light Therapy

30mins

£30.00

Dermalux uses unique combinations of clinically proven blue, red and near infra-red wavelengths to boost collagen production, increase hydration, calm redness and irritation and blitz blemish causing bacteria. As the light triggers a whole cascade of skin enhancing processes the benefits continue even after the treatment has finished.

with any Medik8 or Mary Cohr full price facial

£10.00

with any Express facial or Microdermabrasion

£20.00

Body & Soul

Relaxing Full Body Massage	£44.00
Relaxing Back Massage	£24.00
Deep Tissue Full Body Massage	£54.00
Deep Tissue Back Massage	£28.00
Hot Stone Full Body Massage	£49.00
Hot Stone Back Massage	£25.00
Indian Head Massage	£24.00
Leg Massage	£17.00
Full Body Exfoliation and Treatment	£34.00
Mum-to-be Back Massage	£24.00
Mum-to-Be Full Body Treatment	£44.00
An indulgent face and body treatment suitable for pregnancies over 12 weeks. Includes an express facial, a deeply relaxing back massage performed on your side and a draining leg massage to relieve 'heavy legs.	
Euphorx Taster Package	£38.00
Express Aroma Facial, Express Back Massage, Hand and Arm Massage.	

Eye Treatments

Eyebrow Tint **	£7.50
Eyelash Tint **	£12.50
Eyelash Tint, Eyebrow Tint and Eyebrow Wax	£25.00
LVL Lash Lift	£38.50

Nails

Shellac Gel Nails	£24.50
File, Buff and Polish	£16.50
Intense Manicure*	£28.00
Intense Pedicure*	£33.50
Intense Pedicure with Hardskin Removal	£39.00
Intense Manicure with Gel	£42.00
Intense Pedicure with Gel	£47.00
Gel Removal	£8.00
Free when you have a new application of gel (T&Cs apply)	

Spray Tan

ST. TROPEZ Full Body	£22.00
ST. TROPEZ Half Body	£11.00
CALIFORNIA TAN Full Body	£22.00
CALIFORNIA TAN Half Body	£11.00
Children under 10 Full Body (St Tropez or California)	£13.00

Hair Removal

Eyebrow Wax**	£9.00
Lip**	£7.50
Chin**	£7.50
Lip and Chin	£13.00
Neck**	£7.50
Forearm	£14.00
Full Arm	£19.00
Underarm	£13.00
Bikini Line	£15.00
Brazilian	£18.00
Hollywood	£27.00
Full Leg	£30.00
Half Leg	£18.50
Male Chest	£18.00
Male Back	£25.00

LYCON (Hot wax)

Eyebrow Wax	£11.00
Lip	£9.00
Chin	£10.00
Underarm	£16.00
High Bikini	£21.00
Brazilian	£25.00
Hollywood	£33.00

Monday	Closed
Tuesday	9.30am - 4.30pm
Wednesday	9.30am - 12.30pm
Thursday	11.00am - 7.00pm
Friday	9.30am - 5.00pm
Saturday	9.30am - 4.00pm
Sunday	Closed

Pensioner & Student Discount

Treatments indicated with * £5.00 off

Treatments indicated with ** 20%

Tuesday only

The Perfect Gift

Vouchers available for any
treatment or value

**As from 1st January 2023 we will be taking
a 50% booking fee for any treatments
costing over £20**

Cancellations with less than 24 hours notice and failing to attend
an appointment will forfeit the deposit