

## The Landscape

Frøslev Plantation has a unique history, and a hike along the Frøslev Polde Trail provides insight into this extraordinary landscape. The area on the heath plain is significantly shaped by wind activity. Over long periods following the ice age, the wind created large sand deposits in the form of inland dunes, also known as "polde."

In the last 100 years, major parts of Frøslev Plantation have suffered storm damage. Some areas have been replanted, but clearing the forest has also revealed geologically interesting zones. These areas are fenced off and maintained by grazing cattle, ensuring greater biodiversity and preserving the open landscapes for the future.

## Nature – Plants and Animals

The sandy landscape heavily influences the local flora and fauna, with only hardy plants able to survive the poor and dry soil. In open, sunlit areas, you'll find species such as wavy hair-grass, purple moor grass, mountain woodrush, heather, and crowberry. The area is also home to roe deer, red deer, and fallow deer. In spring, you might spot a sun-bathing adder on a warm slope.

## The Route and Signage

The Frøslev Polde Trail is about 10 km long, with an option to shorten it to 6 km via a shortcut. The route begins at Frøslev Camp and continues through forest and natural areas. The trail has a medium level of difficulty, but sturdy hiking boots are recommended since the path mainly consists of natural surfaces. The trail is unsuitable for those with mobility challenges.

Trail markers include pictograms on posts and blue dots painted on trees through wooded areas. The route can be followed in both directions.

## Trail Development

The Frøslev Polde Trail was established as a collaboration between the Danish Nature Agency and Aabenraa Municipality as a European Quality Hiking Trail. It is also designated as a "Hærvejens Perler", offering a circular hiking option connected to the Hærvejen cycling route.

### Leading Quality Trail Certification

The European Ramblers Association (ERA) has certified the Frøslev Polde Trail as a day hiking route under the "Nature Delight" category, focusing on nature and landscape experiences.



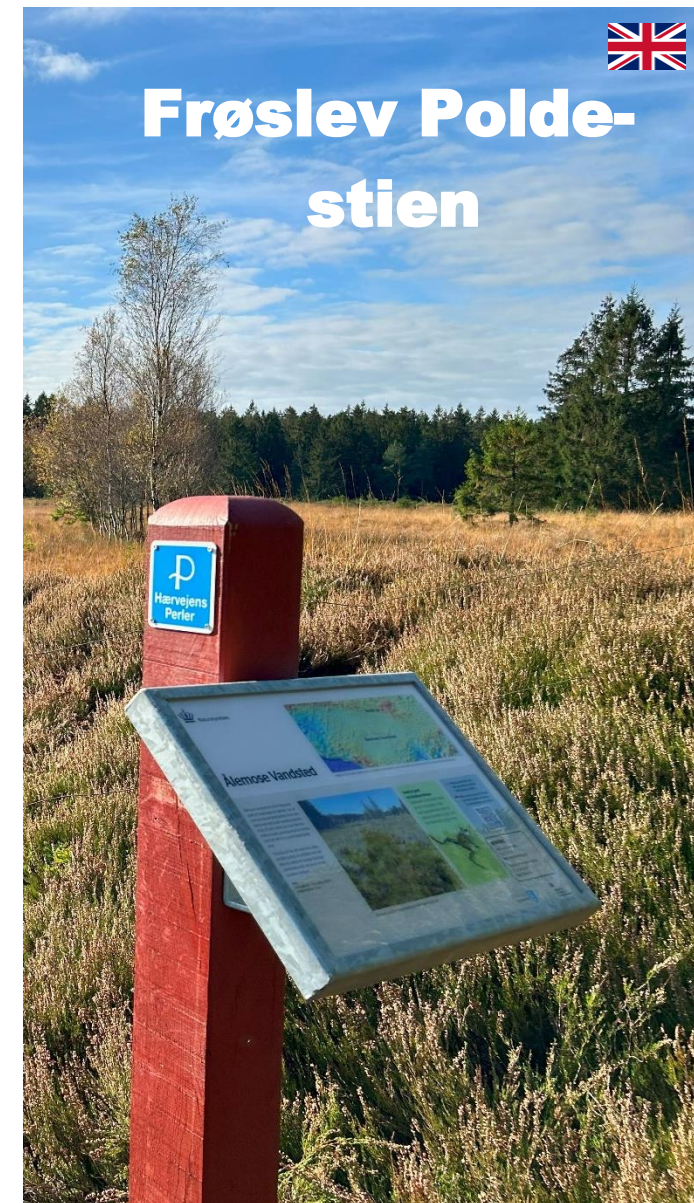
## Highlights Along the Trail

- 1 Inland Dunes**  
In the northern part of Frøslev Plantation, west of the so-called main terminal moraine line, lies a 4 km long inland dune. Its middle section is completely straight. These inland dunes are locally called "polde."
- 2 Klimper (Deflation Hollows)**  
In many parts of Frøslev Plantation, you'll encounter landscape depressions where sand around the inland dunes has been blown away, exposing moist surfaces. These geological features, called "klimper," are typically lowest in the center.
- 3 Wet Klimp**  
The wet klimp is characterized by moss and peat deposits on its top. Over time, leaching processes have formed an impermeable layer in the soil, combined with the higher edges of drifting sand, preventing rainwater from draining. If no standing water is visible, it can often be found just below the surface.
- 4 Ålemose Watering Site**  
This watering site was created by local farmers who removed the drift sand from a wet klimp, exposing the water-retaining layer. It has since served as a reliable watering hole for animals.

## Safety in Fenced Areas

- Keep a safe distance from animals.
- Avoid getting between adult animals and their young.
- Keep dogs on a short leash.
- Move calmly and quietly within enclosures, especially when near animals.

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