

2nd European Aqua Walking Challenge 2023 Mandelieu La Napoule – October 13-15, 2023

Instructions for participating

Composition of a federal team (licensed athletes)

12 athletes + 4 staff members + 4 accompanying persons maximum per delegation

6 men + 6 women, i.e. 12 athletes divided as follows

- 4 athletes for the 800m: (1 male pair + 1 female pair)
- 2 athletes for the 200m: (1 man + 1 woman)
- 2 athletes for the 50m mono paddle: (1 man + 1 woman)
- 4 athletes for the Aqua Beach Trail: (2 men + 2 women)

The 4 athletes for the 4x50 relay are 2 athletes designated in the lot above

Registration package for the competition (3 days)

Package for 12 athletes: 800€

- If less than 12 athletes: 70€ per athlete

- 20€ per staff member

All-inclusive accommodation and food package (3 nights)

October 12 to 15, 2023

- Athlete rate: 210€ per athlete

- Staff and accompanying person rate: 240€.

Or

All-inclusive accommodation and food package (2 nights)

October 13 to 15, 2023

-Athlete rate: 190€.

-Staff and accompanying person rate: 210€.

Registration and reservation calendar

February 23, 2023

- Designation of the head of delegation for each federation

From January 30th to March 1st, 2023, for each delegation

- Indication of the number of athletes (12 max. 6H+6F)
- Indication of the number of staff (4 max.)
- Indication of the number of accompanying persons (4 max.)

Invoicing of the competition registration fees

- Payment before March 15, 2023

Accommodation packages to be paid for each delegation as a whole

- 50% of the stay package on March 15, 2023
- 50% of the stay package on September 1, 2023

Sports registration

October 01, 2023

Designation of the flag bearer for each delegation (CV + prize list)

Nominative list of athletes for each event

- 50m single paddle (1H + 1F)
- -200m solo bare hands (1H + 1F)
- 800m binomial bare hands (2H + 2F)
- Aqua Beach Trail (2H+2F)

- 4x50m relay (2H+2F)

Modification of the nominative lists on written request with medical proof.

Contact: <u>secretariat@era-ewv-ferp.com</u> and <u>internationalaquawalking@gmail.com</u>