

Hi-Ability wants to open the doors to new spaces of education, promoting an education for autonomy, independent and inclusive life, in a context still not very accessible such as hiking and eco-tourism.

Hi-Ability aims to promote the empowerment and the social inclusion of people with intellectual disabilities (PWID), by enhancing their abilities in the field of outdoor touring and hiking.



Very often, social and cultural interventions aimed at the integration of PWID tend to segregate the beneficiaries, as they are provided within protected, "closed" contexts, taking place in a perspective of "assistance" and isolation. This has negative consequences on the perception of disability towards society and a misreading of the real needs of PWID.

Hi-Ability will produce 4 main results:

Hi-Ability Toolkit for educators - IO1

The Toolkit aims at developing the skills of educators in the field of empowerment and improvement of psycho-physical wellbeing of PWID through outdoor activities.

Hi-Ability Mobile App - IO2

An easy to read app on nature tourism dedicated to PWID and their families. It aims to promote the participation in tourism/excursion activities by PWID.

Hi-Ability Green Guide - IO3

The Guide, co-created by PWID, will contain information related to environmental/naturalistic tourism and accessible hiking.

Hi-Ability Policy recommendations - IO4

A document aimed to facilitate the transfer of the results outside the partnership.

Specific objectives:

- **Training the Trainers**
- **Training PWID as "assistants" to professional guides for outdoor tours**
- **A better accessibility through technological tools**
- **Definition of a European model for the education of PWID through outdoor activities.**

Hi-Ability will contribute to the specialization of educators working with PWID, improving the provision of services dedicated to this target group at local and national level.

The long term impact at the European level is to help organizations working with adults – and especially with PWID – to become innovative "training hubs", able to promote social inclusion and create opportunities for personal and professional growth.

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