Baltic Coastal Hiking is a long-distance hiking route, part of E9, along the Baltic Sea coast. The total length of the route is 1,200 km, from which 580 km are in Latvia and 620 km in Estonia. The Latvian name of the trail is Jūrtaka, the Estonian – Ranniku matkarada. The route includes more than 500 natural, cultural and historical objects, it is available for everyone and the 60-day well planned itinerary can also be done in parts. Baltic Coastal Hiking route is ready, it’s being actively used by local hikers and travellers from abroad, now it is your turn to join in!

The Baltic Coastal Hiking project has come to an end, to celebrate the success, to see where we stand in Europe and to share our experiences. You are welcome to join the final conference on September 13 and follow the common Coastal Hike (~14 km) on September 14, 2019.

More information about the Baltic Coastal Hiking on our web site www.coastalhiking.eu
## Friday, September 13
### Project final conference and evening hike at the Lepanina Hotel, Estonia

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:00</td>
<td><strong>Registration and coffee break</strong></td>
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<tr>
<td>11:00 – 11:00</td>
<td><strong>Final conference, Part I</strong></td>
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<td></td>
<td>Welcome words by organisers</td>
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<td></td>
<td>Greetings by Estonia-Latvia Programme representative, future prognoses for Est-Lat programme</td>
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<tr>
<td>11:30 – 13:00</td>
<td>Trends of long-distance hiking in Europe – developers and hikers</td>
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<td>Guest speaker Mr. Steen Kobberø-Hansen, representative from the European Ramblers Association</td>
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<tr>
<td>11:30 – 13:00</td>
<td>Baltic Hiking trail project experiences, surprises, struggles, process and follow ups, future plans and expectations.</td>
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<td>Ms. Asnāte Ziemele, “Lauku Celotājs” – Lead partner</td>
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<tr>
<td>13:00</td>
<td><strong>Lunch</strong></td>
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<tr>
<td>13:00 – 15:00</td>
<td><strong>Final conference, Part II</strong></td>
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<td>Stories and memories, lessons learned from personal experiences while doing the 1,200 km long-distance hike and Project partner’s ad-on’s</td>
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<tr>
<td></td>
<td>Lauku Celotājs, Juris Smajinskis</td>
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<tr>
<td></td>
<td>Project partners representatives</td>
</tr>
<tr>
<td>13:30 – 15:00</td>
<td><strong>Discussion</strong></td>
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<tr>
<td>15:00</td>
<td><strong>Energy break</strong></td>
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<tr>
<td>16:00 – 18:00</td>
<td><strong>Evening hike</strong></td>
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<td>around the area of the Lepanina hotel</td>
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<tr>
<td>18:00</td>
<td><strong>Dinner available in Lepanina hotel</strong> (own costs)</td>
</tr>
<tr>
<td>19:00</td>
<td><strong>Transfer buses</strong> back to starting point at Lepanina hotel or to accommodation in Salacgrīva or Parnu. Last public bus from Ainaži to Rīga is at 18:20</td>
</tr>
</tbody>
</table>

### Saturday, September 14
#### Hiking festival from Lepanina to Ainaži

We will be doing the Baltic Coastal Hiking route Day 31 coastalhiking.eu/en/route/day/31 with small changes. The hike will start at the Lepanina Hotel in Estonia and we will be walking to the Ainaži pier in Latvia.

**About the section:**
The coastal area up to Pärnu is a popular relaxation and swimming area. Several good birdwatching sites are located on the itinerary. From the Lepanina Hotel for ~4 km we will be walking on the beach, then bypassing the Orajõe Brook, the next 2.8 km are covered across a narrow, sandy or rocky and occasionally thickly overgrown beach. After passing Treimani village the trail turns towards the old Pärnu–Riga road as meadows and reeds stretch across the seashore until we will reach Ikla.

Ikla is the start of the Baltic Coastal Hiking Route in Estonia. We will continue the way to the Ainaži pier in Latvia which will be the end point of the hike.
Accommodation and venue place, the start of Hike: Lepanina Hotel
www.lepanina.ee

*Lepanina Hotel* is located on the seashore, 27 km from Latvian-Estonian border and half way between Riga and Tallinn. The restaurant boasts a marvellous sea view and summer terrace and is the perfect spot for enjoying the sunset. The hotel includes a number of facilities, including a hot tub and outdoor pool as well as a restaurant and bar. The hotel offers several conference rooms that are equipped with the latest technology. The area is well known for its beaches and pine forests. Internationally important nature reserves and popular hiking and nature trails are located not far from Lepanina Hotel. www.lepanina.ee

Address:
Kabli village, Häädemeeste, Pärnumaa, 86002 Kabli, Estonia

GPS:
57.992712, 24.418741

Reservations can be made directly by email lepanina@lepanina.ee or by phone +372 446 5024

Please use keyword “SEPTEMBRI SEMINAR 2019” for special price agreed for participants of the conference and/or hike (prices per night):
*twin room for single use 70.-
*twin room 78.-
*family room 94.-
*room with sauna 108.-
*room with jacuzzi 128.-

The price includes breakfast, usage of the sun terrace and open air swimming pool, VAT 9%.
Check in at 15:00, check out at 12:00.

More accommodation offers:
In Pärnu: VisitPärnu webpage visitparnu.com
In Salacgriva http://www.visitsalacgriva.lv/
Hotel and campsite “Kapteinu osta” www.kapteinuosta.lv
Campsite “Milleri” www.milleri.lv
Hotel “Plavas” www.plavas.lv

Some practical information:
There is no inappropriate weather, only inappropriate clothing! So, make sure you dress accordingly to the weather forecast!
Bring your own water for the hike, preferably in a reusable bottle
Participants take responsibility their own health conditions and physical preparedness to finish the hike.
For Barbecue party on 14.09. at the square by the Ainaži pier - event organisers are providing soup, bread, some sweet pastry and soft drinks. There will be barbeque grills open for use, so everyone is welcome to bring their own sausages and/or vegetables for grilling.

Registration and practical info:
https://forms.gle/XaAHwsRGS Dai2kJM7

Contact persons:
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project assistant
Lauku Celotajs, Latvia
ruta@celotajs.lv
+371 26433316
Map of the hike

TOURIST INFORMATION:
Pärnu Visitor Centre
Pärnu, Uus 4
www.visitPärnu.com
T.: +372 53304134
GPS: 58.385303, 24.49909

www.coastalhiking.eu