



Embracing Life

I would like to find a way to make sessions affordable for people and contribute to economic equity. This is an income based approach I am trying out and I am aware there are so many more things to be taken into consideration.

This is only a guide. Please give as much as you can give with joy holding me and yourself in mutual awareness.

Thank you,

Nadine Helm

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If your annual income* (or equivalent) is between:			Suggested 90min. contribution:
€0	-	€12,000	€65
€12,000	-	€15,000	€70
€15,000	-	€20,000	€75
€20,000	-	€25,000	€80
€25,000	-	€30,000	€90
€30,000	-	€35,000	€110
€35,000	-	€40,000	€125
€40,000	-	€45,000	€140
€45,000	-	€50,000	€155
€50,000	-	€60,000	€185
€60,000	-	€70,000	€215
€70,000	-	€80,000	€240
€80,000	-	€90,000	€270
€90,000	-	€100,000	€300
€100,000	-	€120,000	€325
€120,000	-	€150,000	€375
€150,000	-	€175,000	€430
€175,000	-	€200,000	€525
€200,000	-	€225,000	€625
€225,000 and up			€725

* gross income/before taxes