



**DIOCESE OF KUMBO**  
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KD/A – 103/2020/08  
13<sup>th</sup> March 2020

To  
All the Clergy,  
Religious Communities,  
The Lay Faithful,  
Diocese of Kumbo.

Dear brothers and sisters in Christ,

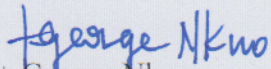
### **SOME RECOMMENDATIONS TO PREVENT THE SPREAD OF CORONAVIRUS**

With the recent outbreak of the coronavirus and its rapid spread, and given that “**prevention is better than cure**,” we are obliged to enact precautionary measures in the Diocese of Kumbo in order to prevent and stop the infection and spread. Concerning Liturgical Celebrations in the Diocese of Kumbo, we hereby instruct as follows:

1. The use of Holy Water Fonts in our Churches and public places shall be suspended till further notice.
2. At concelebrated Masses, only the Main Celebrant kisses the altar, while the rest of the concelebrants bow.
3. The greeting with hands during the time for the sign of peace at Holy Mass is suspended for the time being. The sign of peace will be exchanged by a wave, a smile or a simple nod of the head.
4. Holy Communion for the time being shall be received on the hand only.
5. Concelebrants at Eucharistic Celebrations are henceforth advised to receive the Most Precious Blood by intinction.
6. Priests, Deacons and all extraordinary ministers of Holy Communion should practise good hygiene by washing their hands thoroughly with soap and pure water before and after Mass and use a hand sanitizer before and after the distribution of Holy Communion.
7. We are to wash our hands thoroughly and frequently with soap and pure water or use hand sanitizer before and after using our hands.
8. Persons with flu-like symptoms or who are feeling sick are encouraged not to go to Mass or other Church gatherings.

Besides these liturgical recommendations, I urge that serious consideration be given to other relevant preventive measures such as personal hygiene, and available educative literature on this dreaded disease. I urge priests, medical personnel and all concerned to give this matter the attention it deserves for the sake of our health, that of our people and humanity. Let us continue to pray for a lasting solution to this coronavirus, for eternal rest on all those who have lost their lives as a result of this, and for divine consolation on our brothers and sisters who are infected by this virus, their families, friends, and loved ones.

Yours Devotedly in Christ

  
+ George Nkuo  
Bishop of Kumbo

GN/endI/KD/A – 103/13/03/2020/08

