



# Northumberland & Durham Swimming Association

## 2025 Teams Day

(under Swim England Laws & Technical Rules)

### MEET INFORMATION

#### EVENT VENUE DETAILS:

**Dates:** Sunday 2<sup>nd</sup> March 2025  
**Venue:** Sunderland Aquatic Centre  
**Pool:** 10 lane x 25 metre (full electronic timing)  
 2 x separate warm-up and swim-down facilities (25 metre)

**Meet Promoters:** Northumberland & Durham Swimming Association

**Session Times:**

<b>Sunday 2<sup>nd</sup> March</b>	Session 1	Warm Up:	08:00
		Start:	09:00
	Session 2	Warm Up:	13:00
		Start:	14:00

*NB. Session times will be finalised once all entries have been received and processed.  
 Any new session times will be notified with confirmation of entries.*

#### PROGRAMME OF EVENTS:

Session 1 Sunday 2 March 2025 @ 09:00			Session 2 Sunday 2 March 2025 @ 14:00 (TBC)		
<b>101</b>	Open 11/12/13/14yrs	4x50m Freestyle*	<b>201</b>	Female 11/12/13/14yrs	4x50m Freestyle*
<b>102</b>	Female Open	4x100m Medley	<b>202</b>	Open	4x100m Medley
<b>103</b>	Open	4x100m Freestyle	<b>203</b>	Female Open	4x100m Freestyle
<b>104</b>	Female 9/10yrs	4x50m Medley	<b>204</b>	Open 9/10yrs	4x50m Medley
<b>105</b>	Open 9/10yrs	4x50m Freestyle	<b>205</b>	Female 9/10yrs	4x50m Freestyle
<b>106</b>	Female Junior (16yrs/under)	4x50m Medley	<b>206</b>	Open Junior (16 yrs/under)	4x50m Medley
<b>107</b>	Open Junior (16yrs/under)	4x50m Freestyle	<b>207</b>	Female Junior (16 yrs/under)	4x50m Freestyle
<b>108</b>	Female 11/12yrs	4x50m Medley	<b>208</b>	Open 11/12yrs	4x50m Medley
<b>109</b>	Open 11/12yrs	4x50m Freestyle	<b>209</b>	Female 11/12yrs	4x50m Freestyle
<b>110</b>	Female 13/14yrs	4x50m Medley	<b>210</b>	Open 13/14yrs	4x50m Medley
<b>111</b>	Open 13/14yrs	4x50m Freestyle	<b>211</b>	Female 13/14yrs	4x50m Freestyle
<b>112</b>	Mixed 9/10/11/12yrs	4x50m Medley **	<b>212</b>	Mixed 9/10/11/12yrs	4x50m Freestyle**
<b>113</b>	Mixed Open	4x50m Freestyle***	<b>213</b>	Mixed Open	4x50m Medley***
			<b>214</b>	Mixed Canon - "9/10", "11/12", "13/14", "15yrs/Over"	8x50m Freestyle****
<b>Break 15 mins</b>			<b>Break 15 mins</b>		
<b>FINALS OF ABOVE EVENTS</b>			<b>FINALS OF ABOVE EVENTS</b>		

\*Events 101 & 201 - Teams must swim in age order with one swimmer of each age.

\*\*Events 112 & 212 - Teams must comprise at least 2 x Female swimmers with one swimmer of each age but can swim in any order.

\*\*\*Events 113 & 213 – teams must comprise at least 2 x Female swimmers and can swim in any order.

\*\*\*Event 214- Teams must comprise of one Male and one Female swimmer in each age group. Teams must swim in age group order.

## **ELIGIBILITY TO COMPETE**

- All competitors must be bona fide members of Clubs affiliated to NDSA and hold a valid Swim England Swimmer Registration. Swimmers may only represent a Club with which they are formally registered with Swim England.
- A swimmer may only represent one Club throughout the event. This need not be the same Club that the swimmer represented at the 2025 NDSA Championships.
- All swimmers must swim as their age as at **31 December 2025**.
- The Female category (including in the Mixed events) is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

## **ENTRY TIMES**

- There are no qualifying times for this event, however all entries **MUST** include an entry time for seeding purposes. Any entries without an entry time will be rejected.
- The Promoters reserve the right to reject entries, in order to manage session lengths.

## **ENTRIES**

- The closing date for entries is **Noon, 12 February 2025**. Late entries will not be accepted.
- The team entry fee is £12.50 for each team per event.
- Clubs may enter up to a maximum of three teams for each event, and these should be named in alphabetical order (A, B and C). The Entry Spreadsheet is set up with separate columns for each team.
- Payment should be made by direct bank transfer into the NDSA Account. No entries will be accepted without the correct fee, or with the Entry Spreadsheet incorrectly completed. No refunds will be given.

### **Making Entries**

Entries will be by Excel Spreadsheet, which is obtainable from the Championships Manager (see below). The Entry Spreadsheet must be e-mailed to [ndchampionshipentries@outlook.com](mailto:ndchampionshipentries@outlook.com)

## **POOLSIDE PASSES**

- **Passes purchases for the 2025 NDSA Championships will be valid for this event.**
- Additional poolside passes for Teams Day Only, are available to purchase at a cost of £5.00 each.
- Passes can only be purchased through competing Clubs and to obtain a Poolside Pass the member must have either a Coaching Qualification or completed a Team Manager Course, have obtained a Safeguarding Certificate and been subject to a DBS check. These must be showing on their Swim England Membership record.
- A pass is required for any adult wishing to be poolside or in swimmer only areas. Within the venue, all coaches and team managers must wear the appropriate accreditation pass and have it visible at all times. As part of Swim England, and the NDSA's commitment to safeguarding and welfare, from 1 January 2025 all Club staff whose DBS and/or Safeguarding expire will not be allowed poolside unsupervised.

## **TEAM LINES**

- TEAM LINE spreadsheet will be issued with the accepted entries.
- All Clubs must submit their team lines by email to [ndchampionshipentries@outlook.com](mailto:ndchampionshipentries@outlook.com) no later than **Noon on Friday 28 February 2025** – the electronic form must be used for this purpose, and any late changes to the declared teams must be provided to the Championships Manager or Recorders prior to the start of the relevant session.
- Clubs are permitted to amend team lines between heats and finals so long as such amendments are formally declared to the Recorders before the start of the final's session. Swimmers who compete for one team in the heats **MAY NOT** be brought into a different team for the final.

## **FINALS**

- In Open events (Events 102, 103, 113, 202, 203 and 213) – the fastest 10 teams from the Heats will qualify for the Final regardless of Club.
- In **ALL** other events, only one team from each Club will be eligible to qualify for the Final.

## **WITHDRAWALS**

### **Heats**

Any withdrawals or amendments prior to the event should be notified to the Entry Manager by e-mail [ndchampionshipentries@outlook.com](mailto:ndchampionshipentries@outlook.com) providing full details (Team Name, Event and Event Number) by no later than 3pm on Saturday 1<sup>st</sup> March 2025.

### **Finals**

Any team wishing to withdraw from a Final must inform the Recorders, in writing, within 15 minutes of the announcement of the finalists.

## **AWARDS & PRESENTATIONS**

- Medals shall be awarded to the top 3 teams in each Final.
- Medal presentations will take place during the Finals (time permitting). Swimmers must wear appropriate clothing for the presentations. It is responsibility of the Clubs to ensure the medallists, or a deputy be available for presentation. Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

## **OFFICIALS**

This event cannot run without a full team of licensed officials. Clubs must provide at least one licensed official for each session of the event during which they have a team completing. The Promoters reserve the right to reject entries from Clubs who do not comply with this minimum official requirement.

The Lead Referee for the 2025 Teams Day is Mrs Christine Johnston who can be contacted on [ndofficials@gmail.com](mailto:ndofficials@gmail.com)

## **GENERAL INFORMATION/EVENT REGULATIONS**

- The organisation of this Event shall be in the hands of the NDSA Management Board with powers delegated to the Championships Manager. The Event shall be held under the relevant FINA/Swim England Technical and Judicial Rules/Laws.
- It is the responsibility of Clubs, via their coaches and team managers, to ensure that their swimmers are aware of the details of these conditions and regulations.
- The Promoters will not be responsible for any unaccompanied swimmers on poolside. Clubs are responsible for ensuring appropriate supervision levels are arranged for their own swimmers.
- A draft entry list and/or programme will be distributed to competing Clubs prior to the Event.
- The maximum number of lanes available will be used for both heats and finals.
- A secondary strobe will be available during the Event.
- The changing facility at the venue is a mixed changing village and may at times be open to the general public. Pool staff/event staff/officials will carry out spot checks of the changing area during the event. ANY observed or reported incidents of misconduct will be dealt with accordingly, in line with Swim England guidelines and may be disqualified from any further involvement in the Event.
- Warm up and swim down facilities will be available at the Event and will be supervised by venue staff. Swimmers using such facilities must adhere to any instructions issued by such supervisors. Clubs, via their coaches/team managers will be held responsible for the behaviour and actions of their swimmers using the facilities.
- Submitted entry times will be used for seeding and rejection purposes where necessary. The Championships Manager has the authority to adjust the number of entries accepted to ensure the smooth running of the Event.
- No person may, for commercial purposes, take photographs or use any video recording equipment at the event without the express written permission of the Promoters. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with Swim England guidelines and the rules and standard operating procedures of the venue.
- Any person wishing to use photographic equipment (including still, video, digital and mobile phone cameras) at this event will be required to comply with the applicable Swim England's Wavepower guidelines.
- No flash photograph is permitted at any time within the competition pool hall.
- The use of any **mobile phones** in the **changing areas** during any Swim England regulated event **is prohibited**. This includes - making/receiving calls, emails, messages, accessing the internet, listening to music or podcasts as well as use for photography/videography. When in the changing areas, phones should remain out of sight in bags or pockets. This applies to everyone involved in the activity - swimmers, coaches/team staff, officials, meet management, and volunteers.
- For health & safety reasons, no chairs are permitted to be brought into the spectator area.
- Notification of the time when the spectator area will open each day will be published prior to the Event.
- The NDSA Board has the power to vary the Event conditions, and as such may be subject to change at short notice.

**Any queries should be directed to the Championships Manager:**

[ndchampionshipmanager@outlook.com](mailto:ndchampionshipmanager@outlook.com)

**Supported by: NESS Swimwear & Smart Office Systems**

