



Derwentside & Gateshead Swim Team

Christmas Cracker 2024



(Licensed by ASANER – 3NE241944)

at

The Louisa Centre, Stanley
30th November & 1st December 2024

Saturday

Session 1

Warmup 8:00 Start 9:00

Event 101	Open/Male	10/Ov	200m Butterfly
Event 102	Female	9/Ov	100m Freestyle
Event 103	Open/Male	9/Ov	50m Freestyle
Event 104	Female	9/Ov	200m Backstroke
Event 105	Open/Male	9/Ov	100m Breaststroke
Event 106	Female	9/Ov	50m Butterfly
Event 107	Open/Male	10/Ov	200 IM

Session 2

Warmup TBA

Event 201	Female	10/Ov	400m Freestyle
Event 202	Open/Male	9/Ov	100m Backstroke
Event 203	Female	9/Ov	50m Backstroke
Event 204	Open/Male	9/Ov	50m Breaststroke
Event 205	Female	9/Ov	200m Breaststroke
Event 206	Open/Male	9/Ov	200m Freestyle
Event 207	Female	9/Ov	100m Butterfly

Sunday

Session 3

Warmup 8:00 Start 9:00

Event 301	Female	10/Ov	200m Butterfly
Event 302	Open/Male	9/Ov	100m Freestyle
Event 303	Female	9/Ov	50m Freestyle
Event 304	Open/Male	9/Ov	200m Backstroke
Event 305	Female	9/Ov	100m Breaststroke
Event 306	Open/Male	9/Ov	50m Butterfly
Event 307	Female	10/Ov	200 IM

Session 4

Warmup TBA

Event 401	Open/Male	10/Ov	400m Freestyle
Event 402	Female	9/Ov	100m Backstroke
Event 403	Open/Male	9/Ov	50m Backstroke
Event 404	Female	9/Ov	50m Breaststroke
Event 405	Open/Male	9/Ov	200m Breaststroke
Event 406	Female	9/Ov	200m Freestyle
Event 407	Open/Male	9/Ov	100m Butterfly

Entries open at 8am on - Saturday 26 October 2024