

DARLINGTON ASC CLUB GALA 3 2024 – TUESDAY 8th October 2024

Dolphin Centre, Darlington

(LEVEL 4 – licence to be added)

Programme of Events

Session 1 – 5:15 Warm up Gala Start 6:15

- 1. Open 200m IM (Top/A1/A2 Squads, A3 Squad at coach discretion)
- 2. Girls 200m IM (Top/A1/A2 Squads, A3 Squad at coach discretion)
- 3. Open 50m Breaststroke (All Squads)
- 4. Girls 50m Breaststroke (All Squads)
- 5. Mixed 25m Freestyle (B2 Squads only)
- 6. Open 100m Butterfly (Top & A Squads)
- 7. Girls 100m Butterfly (Top/ & A Squads)
- 8. Open 200m Backstroke (Top/A1/A2 Squads, A3 Squad at coach discretion)
- 9. Girls 200m Backstroke (Top/A1/A2 Squads, A3 Squad at coach discretion)

DARLINGTON ASC MAY CLUB GALA 3 2024 TUESDAY 8th October 2024

Dolphin Centre, Darlington (LEVEL 4 – licence to be added)

- 1. The Dolphin Centre, Darlington 8 lane, 25m pool with Omega electronic timing system.
- 2. Single club competition restricted to club squads and age as specified in SE Regulations no minimum age.
- 3. Entry fee £2 per event.
- 4. No qualifying times apply
- 5. Events are restricted to some squads.
- 6. Events as listed.
- 7. Ages at 8th October 2024.
- 8. Age groups for awards are 10/under yrs, 11&12yrs, 13&14yrs, 15/over yrs (note age groups for 25m Breaststroke event are 8/under yrs, 9yrs, 10yrs only)
- 9. Entries and results compiled using Sportsystems meet management software.
- 10. Referee's decision is final.
- 11. Closing date for entries 1st October 2024.
- 12. Seeded heat start lists will be produced prior to start of the session. Any withdrawals to be notified by 5.45pm.
- 13. Over the top starts will be used during the meet at the discretion of the referee. Swimmers will be requested to remain in the water until asked to leave the pool.
- 14. Results will be published on the club website https://www.darlingtonasc.co.uk/

Any points not covered above will be at the discretion of the Meet Manager (Clare Wheeler). Referee's (Shirley Sharp) decision is final.