



Long Course qualifying times - Upper limit times – (must not be faster than)

	OPEN/MALE							FEMALE						
	9/10	11	12	13	14	15	16/OV	9/10	11	12	13	14	15	16/OV
50 Free	00:33.00	00:29.50	00:28.50	00:27.50	00:25.50	00:24.50	00:24.00	00:32.00	00:30.00	00:29.00	00:28.50	00:28.00	00:27.50	00:27.00
100 Free	01:10.00	01:07.00	01:02.00	00:58.00	00:56.00	00:54.00	00:52.00	01:10.00	01:07.00	01:03.00	01:02.00	01:01.00	01:00.00	00:59.00
200 Free	02:30.00	02:23.00	02:15.00	02:08.00	02:03.00	01:58.00	01:52.50	02:30.00	02:23.00	02:17.00	02:13.00	02:11.00	02:10.00	02:08.00
50 Breast	00:42.00	00:39.00	00:36.00	00:34.00	00:32.00	00:30.00	00:29.50	00:43.00	00:40.00	00:38.00	00:37.00	00:36.00	00:33.50	00:33.00
100 Breast	01:36.00	01:30.00	01:22.00	01:16.00	01:13.00	01:09.00	01:05.00	01:30.00	01:26.00	01:22.00	01:19.00	01:16.00	01:14.00	01:13.00
200 Breast	03:15.00	03:05.00	02:50.00	02:37.00	02:29.00	02:27.00	02:25.00	03:14.00	03:06.00	02:57.00	02:51.00	02:47.00	02:44.00	02:42.00
50 Fly	00:35.00	00:33.00	00:31.00	00:29.00	00:27.00	00:26.00	00:25.00	00:37.00	00:35.00	00:32.00	00:31.00	00:30.00	00:29.00	00:28.50
100 Fly	01:20.00	01:15.00	01:10.00	01:05.00	01:02.00	00:59.00	00:58.00	01:19.00	01:16.00	01:11.00	01:08.00	01:07.00	01:06.00	01:04.00
200 Fly	03:15.00	03:00.00	02:50.00	02:36.00	02:23.00	02:15.00	02:12.00	03:15.00	03:00.00	02:50.00	02:38.00	02:28.00	02:25.00	02:22.00
50 Back	00:37.00	00:35.00	00:33.00	00:30.00	00:29.00	00:28.00	00:27.00	00:38.00	00:35.00	00:34.00	00:33.00	00:32.00	00:31.00	00:30.00
100 Back	01:22.00	01:17.00	01:12.00	01:07.00	01:04.00	01:02.00	00:59.50	01:19.00	01:15.00	01:12.00	01:10.00	01:08.00	01:07.00	01:06.00
200 Back	02:51.00	02:43.00	02:33.00	02:25.00	02:19.00	02:14.00	02:10.00	02:49.00	02:42.00	02:35.00	02:30.00	02:27.00	02:24.00	02:23.00
200 I.M.	02:52.00	02:44.00	02:34.00	02:26.00	02:20.00	02:15.00	02:13.00	02:50.00	02:43.00	02:36.00	02:31.00	02:28.00	02:25.00	02:23.00