

## Spring Meet Information Haven Point, South Shields, 24th – 26th May 2024

This meet is licensed by SENE as Level 3 (3NE240614)

## **Upper Qualifying Times** – Swimmers must not have ranked times faster than the above in the time period since 1st January 2022

Male/Open							Female					
9 years	10 years	11 years	12 years	13 years	14/over	Event	9 years	10 years	11 years	12 years	13 years	14/over
No Upper Qualifying Time						50 Free	No Upper Qualifying Time					
01:16.00	01:07.00	01:03.00	00:57.00	00:55.00	00:53.00	100 Free	01:13.00	01:04.00	01:01.00	00:59.00	00:57.00	00:54.00
02:45.00	02:23.00	02:15.00	02:09.00	02:01.00	01:54.00	200 Free	02:40.00	02:18.00	02:13.00	02:09.00	02:04.00	02:02.00
No Swim	04:00.00	04:00.00	04:00.00	04:00.00	04:00.00	400 Free	No Swim	04:10.00	04:10.00	04:10.00	04:10.00	04:10.00
No Swim	No Swim	08:45.00	08:40.00	08:35.00	08:30.00	800 Free	No Swim	No Swim	08:45.00	08:40.00	08:35.00	08:30.00
No Swim	No Swim	16:45.00	16:40.00	16:35.00	16:30.00	1500 Free	No Swim	No Swim	16:45.00	16:40.00	16:35.00	16:30.00
No Upper Qualifying Time						50 Back	No Upper Qualifying Time					
01:30.00	01:15.00	01:13.00	01:10.00	01:04.00	00:58.00	100 Back	01:21.00	01:12.00	01:07.00	01:06.00	01:04.00	01:00.00
03:07.00	02:40.00	02:36.00	02:27.00	02:17.00	02:12.00	200 Back	02:59.00	02:35.00	02:25.00	02:20.00	02:16.00	02:12.00
No Upper Qualifying Time						50 Breast	No Upper Qualifying Time					
01:39.00	01:30.00	01:20.00	01:12.00	01:07.00	01:04.00	100 Breast	01:37.00	01:28.00	01:19.00	01:15.00	01:12.00	01:09.00
03:20.00	03:10.00	02:55.00	02:37.00	02:31.00	02:20.00	200 Breast	03:45.00	03:10.00	02:51.00	02:40.00	02:36.00	02:32.00
No Upper Qualifying Time						50 Fly	No Upper Qualifying Time					
01:26.00	01:17.00	01:13.00	01:06.00	01:01.00	00:58.00	100 Fly	01:34.00	01:21.00	01:13.00	01:06.00	01:03.00	01:00.00
03:10.00	02:47.00	02:37.00	02:34.00	02:19.00	02:07.00	200 Fly	03:33.00	03:05.00	02:44.00	02:32.00	02:24.00	02:16.00
01:28.00	01:17.00	01:13.00	01:10.00	01:06.00	00:58.00	100 I.M.	01:29.00	01:17.00	01:11.00	01:08.00	01:05.00	01:04.00
03:47.00	02:40.00	02:34.00	02:25.00	02:13.00	02:03.00	200 I.M.	03:09.00	02:54.00	02:34.00	02:24.00	02:20.00	02:10.00

Time only swims may be accepted at the entry manager's discretion should a swimmer wish to enter who has a ranked time faster than the above. In this case no medal will be awarded and the swimmer will not be placed on the results, but the time will be submitted to rankings.