

**Swim England North East Regional Open/Youth  
Championships 2024 (50m)  
4<sup>th</sup> – 6<sup>th</sup> May 2024  
Sunderland Aquatic Centre, Sunderland**



**Programme of Events**

Saturday 4 <sup>th</sup> May 2024	Sunday 5 <sup>th</sup> May 2024	Monday 6 <sup>th</sup> May 2024
Session One A – Heats 9am	Session Three A – Heats 9am	Session Five A – Heats 9am
Open/Male 4x100m Medley Teams H.D.W. Female 4x100m Medley Teams H.D.W.  Open/Male 200m Freestyle Female 200m Freestyle Open/Male 100m Breaststroke Female 100m Breaststroke Open/Male 100m Backstroke Female 100m Backstroke Open/Male 400m I.M. Female 400m I.M. Open/Male 100m Butterfly Female 100m Butterfly	Open/Male 4x100m Freestyle Teams H.D.W. Female 4x100m Freestyle Teams H.D.W.  Open/Male 200m Butterfly Female 200m Butterfly Open/Male 200m Breaststroke Female 200m Breaststroke Open/Male 50m Backstroke Female 50m Backstroke Open/Male 400m Freestyle Female 400m Freestyle	Open/Male 4x200m Freestyle Teams H.D.W. Female 4x200m Freestyle Teams H.D.W.  Open/Male 50m Butterfly Female 50m Butterfly Open/Male 50m Breaststroke Female 50m Breaststroke Open/Male 200m Backstroke Female 200m Backstroke Open/Male 50m Freestyle Female 50m Freestyle Open/Male 200m I.M. Female 200m I.M. Open/Male 100m Freestyle Female 100m Freestyle
Session One B – Heats 1pm tbc		Session Five B – Heats 1pm tbc
Mixed 1500m Freestyle H.D.W.		Mixed 800m Freestyle H.D.W.
Session Two – Finals 5pm	Session Four – Finals 5pm	Session Five – Finals 5pm
Open & Junior Finals of Open/Male 200m Freestyle Female 200m Freestyle Open/Male 100m Breaststroke Female 100m Breaststroke Open/Male 100m Backstroke Female 100m Backstroke Open/Male 400m I.M. Female 400m I.M. Open/Male 100m Butterfly Female 100m Butterfly	Open & Junior Finals of Open/Male 200m Butterfly Female 200m Butterfly Open/Male 200m Breaststroke Female 200m Breaststroke Open/Male 50m Backstroke Female 50m Backstroke Open/Male 400m Freestyle Female 400m Freestyle	Open & Junior Finals of Open/Male 50m Butterfly Female 50m Butterfly Open/Male 50m Breaststroke Female 50m Breaststroke Open/Male 200m Backstroke Female 200m Backstroke Open/Male 50m Freestyle Female 50m Freestyle Open/Male 200m I.M. Female 200m I.M. Open/Male 100m Freestyle Female 100m Freestyle

There may have to be more than one Heat Session, with a separate Warm Up.  
Further information will be issued once entries have closed.