



Tynemouth ASC NER Qualifier 22nd- 24th March 2024

Programme of events

Session 1 – 22 nd March			
Warm-up: 17:45		Start: 18:15	
Event	Gender	Distance	Stroke
101	Mixed	800	Free
102	Mixed	1500	Free

Session 2 – 23 rd March			
Warm-up: 8:00		Start: 9:00	
Event	Gender	Distance	Stroke
201	Female	400	IM
202	Open/Male	200	Free
203	Female	100	Fly
204	Open/Male	100	Back
205	Female	50	Breast
206	Open/Male	50	Free
207	Female	200	Back
208	Open/Male	200	Breast

Session 4 – 24 th March			
Warm-up: 8:00		Start: 9:00	
Event	Gender	Distance	Stroke
401	Open/Male	400	IM
402	Female	200	Free
403	Open/Male	100	Fly
404	Female	100	Back
405	Open/Male	50	Breast
406	Female	50	Free
407	Open/Male	200	Back
408	Female	200	Breast

Session 3 – 23 rd March			
Warm-up: TBC		Start: TBC	
Event	Gender	Distance	Stroke
301	Open/Male	400	Free
302	Female	200	IM
303	Open/Male	100	Breast
304	Female	100	Free
305	Open/Male	50	Fly
306	Female	200	Fly
307	Open/Male	100	IM
308	Female	50	Back

Session 5 – 24 th March			
Warm-up: TBC		Start: TBC	
Event	Gender	Distance	Stroke
501	Female	400	Free
502	Open/Male	200	IM
503	Female	100	Breast
504	Open/Male	100	Free
505	Female	50	Fly
506	Open/Male	200	Fly
507	Female	100	IM
508	Open/Male	50	Back