



# Middlesbrough Amateur Swimming Club

Founded in 1886

Affiliated to Swim England, N.E.R & N & D

SwimMark



## MIDDLESBROUGH ASC MARCH 2024 MEET Saturday 9<sup>th</sup> & Sunday 10<sup>th</sup> March 2024

Individual Age Groups (Age as at 10 <sup>th</sup> March 2024)	9 years 12 years 15 years & over	10 years 13 years	11 years 14 years
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### Order of Events

Saturday 9th March 2024			Sunday 10th March 2024		
<b>Session 1 - 8:00am Warm Up - 9:00am Start</b>			<b>Session 3 - 8:00am Warm up - 9:00am Start</b>		
101	Girls	200m Individual Medley	301	Boys/Open	200m Individual Medley
102	Boys/Open	400m Freestyle (10 years & over)	302	Girls	400m Freestyle (10 years & over)
103	Girls	100m Breaststroke	303	Boys/Open	100m Breaststroke
104	Boys/Open	50m Backstroke	304	Girls	50m Backstroke
105	Girls	50m Butterfly	305	Boys/Open	50m Butterfly
106	Boys/Open	200m Butterfly	306	Girls	200m Butterfly
107	Girls	200m Breaststroke	307	Boys/Open	200m Breaststroke
108	Boys/Open	100m Freestyle	308	Girls	100m Freestyle
109	Girls	12/under - Skins Event	309	Boys/Open	12/under - Skins Event
110	Girls	13/over – Skins Event	310	Boys/Open	13/over – Skins Event
<b>Session 2 - Warm Up &amp; Start Time TBC</b>			<b>Session 4 - Warm Up &amp; Start Time TBC</b>		
201	Boys/Open	400m Individual Medley (10 years & over)	401	Girls	400m Individual Medley (10 years & over)
202	Girls	50m Freestyle	402	Boys/Open	50m Freestyle
203	Boys/Open	100m Backstroke	403	Girls	100m Backstroke
204	Girls	200m Freestyle	404	Boys/Open	200m Freestyle
205	Boys/Open	50m Breaststroke	405	Girls	50m Breaststroke
206	Girls	100m Butterfly	406	Boys/Open	100m Butterfly
207	Boys/Open	200m Backstroke	407	Girls	200m Backstroke