



Northumberland & Durham Swimming Association 2023 Championships

FINAL CLUB INFORMATION – WEEKEND 1

WARM UP DETAILS:

Friday 3rd February	Session 1	Warm Up:	17:00-17:50 Mixed
		Start:	18:00
Saturday 4th February	Session 2	Warm Up:	08:00-08:25 Boys 08:25-08:50 Girls
		Start:	09:00
	Session 3	Warm Up:	13:00-13:25 Girls 13:25-13:50 Boys
		Start:	14:00
Sunday 5th February	Session 4	Warm Up:	08:00-08:25 Girls 08:25-08:50 Boys
		Start:	09:00
	Session 5	Warm Up:	13:00-13:25 Boys 13:25-13:50 Girls
		Start:	14:00

Warm up for the Friday evening session will be continuous swimming in all lanes. For the final 5 minutes, lanes 0 and 9 can be used as one way sprint lanes as required.

All other warm ups will have one way sprint lanes introduced after not less than 15 minutes in lanes 0-3 and 6-9 from the scoreboard end as announced – swimmers should not stop before the 25m mark in sprint lanes. Swimmers can use the diving pit for both warm up and swim down as required but there is to be no diving in that pool.

Please note that Sunderland Aquatic Centre operates a strict limit on the number of swimmers in each lane at any one time. In the main competition pool, during warm up, no more than 18 swimmers must be in any one lane. In the diving pit, no more than 10 swimmers must be in any one lane.

Coaches are responsible for ensuring these limits are complied with and for supervising their swimmers in both warm up and swim down.

WITHDRAWALS:

Any withdrawals for Session 1 (Friday 3rd February) should be made by email to ndswimmingentry@hotmail.co.uk by 1pm on Friday 3rd February.

Any withdrawals for Sessions 2 and 3 (Saturday 4th February) should be made by 6pm on Friday 3rd February.

Any withdrawals for Sessions 4 and 5 (Sunday 5th February) should be made by 4pm on Saturday 4th February.

Withdrawals from finals should be made as soon as possible after the finalists have been announced to ensure reserves have the opportunity to swim.

RESULTS:

Results will be posted in the pool hall and online at the following link:

<https://asaner.org.uk/results/ndsa/2023/championships/index.php>

IMPORTANT INFORMATION FOR SPECTATORS:

Spectator tickets will be sold online, and no tickets will be available to purchase on the door. Tickets are sold on a first come first served basis. Ticket sales will open at 12 noon on Saturday 28th January 2023 for all 5 days of the Championships. Tickets are priced at £10 per day, save for the Friday night session (session 1) which will be £5. There are no concessions however children aged under 10 will be permitted free entry and do not need to purchase a ticket.

Tickets can be purchased using the following link:

<https://www.swimmingresults.org/events/nd23tickets/>

The doors will be opened for spectators at 8am each morning – no spectators will be admitted before this time. Spectators are not permitted on the swimmer side of the pool at any time.

For health & safety reasons, no chairs are permitted to be brought into the spectator area.

PRESENTATIONS:

- Medals shall be awarded to the top 3 swimmers in each event and in each age group.
- Medal presentations for HDW events will take place during the Heats in each session once the results have been announced. Coaches and Team Managers should ensure medallists, or a deputy, are available for presentation in accordance with the announcements made.
- Medal presentations for events with finals will take place during the Finals in each session. Swimmers must wear appropriate clothing for the presentations. Swimmers may be asked to remain at the presentation area immediately following their final to ensure attendance at the presentation. It is the responsibility of the Clubs to arrange for a deputy to attend if swimmers are unable to remain for presentation.
- Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting their medal.

STUDIO:

The Studio overlooking the pool can be used by coaches and team managers who are in possession of a poolside pass as a breakout room during the weekend. Tea and coffee will be available. Please note that the Studio will be used by officials during the lunch break and during the warm ups and therefore will not be accessible for coaches and team managers at those times.