



Safety Rules for the Trampoline Park

1. Only jump within your ability
2. Only ever land on the trampoline
3. Only one jumper per trampoline unless directed by a member of the ROP staff
4. Be aware of other jumpers around you
5. No running or other physical contact between jumpers
6. Only land on your feet, your bum or back
7. Remember to take your ROP
8. No climbing on the walls or the frame
9. No climbing on the safety net
10. No climbing on the safety net
11. No climbing on the safety net
12. No climbing on the safety net
13. No climbing on the safety net
14. No climbing on the safety net
15. No climbing on the safety net
16. No climbing on the safety net
17. No climbing on the safety net
18. No climbing on the safety net
19. No climbing on the safety net
20. No climbing on the safety net













Safety Rule Trampoline

1. Only jump within the boundaries of the trampoline.
2. Only ever land on the mat.
3. Only one jumper per trampoline unless supervised by a member of the ROP 55 staff.
4. No running or other physical contact between jumpers.
5. No running or other physical contact between jumpers.
6. Only land on two feet, your hands must be at your sides.
7. Samersaults are not allowed.
8. No climbing on the frame or springs.
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11. No climbing on the frame or springs.
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ROF 59
ACTIVITY CENTRE



































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