Nordic Osteopathic Journal 2026

Submission deadline: 15 October 2026

The *Nordic Osteopathic Journal* is a joint publication of the Nordic Osteopathic Associations. It is published annually at the end of the year. The journal is edited in cooperation with the NOA leadership and the editorial team, led by Editor Ingrid Nicander, Norway. Final editing and design are handled by the Norwegian Association of Osteopaths in collaboration with Appell Design Agency.

Articles are contributed by authors from the osteopathic community and beyond. The goal is to publish a minimum of two articles from each Nordic country, reflecting the shared responsibility of the national associations.

Author Guidelines

The editorial team recommends that all authors liaise with their respective national associations for guidance. This helps ensure that relevant topics are selected and that national contributions are in line with the NOA agreement.

Quality and scope of articles, editorials and commentaries

We strive to publish high-quality content based on sound research. Although the *Nordic Osteopathic Journal* is not yet a peer-reviewed journal, our vision is to publish content of a similar standard.

Articles, editorials and commentaries should preferably present knowledge and reflections on musculoskeletal health and related topics. The content should be informative for clinicians while also being accessible and engaging to a wider audience.

The editorial team will evaluate all submissions to ensure that they meet the agreed standards and align with the overall vision of the NOA and the *Nordic Osteopathic Journal*.

Content

Original articles should be between 500 and 1,500 words and should broadly follow the IMRaD structure (Introduction, Methods, Results and Discussion).

Editorials and commentaries should be between 250 and 1,000 words.

The reference style is **Numeric**.

Submission of content

Please submit your content for the *Nordic Osteopathic Journal* by email to editor@osteopati.org as a Word document.

Please include:

- the name(s) of the author(s)
- the title of the article
- contact information
- any photographs or other relevant illustrations
- any additional information that should be taken into consideration during the editing and publication process

Please insert photographs directly into the Word document at the appropriate location in the text to avoid any misunderstanding about their intended placement.

Proofreading and comments

Please ensure that your content has been carefully checked for spelling, grammar and other errors before submission.

If there are any elements of the article that you would like the editorial team to consider or provide feedback on, please mark these clearly in red directly in the Word document.

For any general comments or information that the editorial team should be aware of, please include this in the accompanying email.

If you have any questions, please do not hesitate to contact the editor.

Best regards,

Ingrid Nicander
Editor

Contact information: editor@osteopati.org