



## **Dr. Mandy Banton (United Kingdom)**

D. Prof (Ost), Osteopath

**Invited Speaker – Saturday 24. September from 11.20-12.50**

### **BIO**

Mandy Banton is an osteopath practising in Newcastle-upon-Tyne, UK. She has lectured on Osteopathy Masters programmes at Leeds Beckett University and the University College of Osteopathy, where she is an associate researcher and where she completed her professional doctorate in osteopathy in 2019. Her thesis investigated the intersubjective enactive experience shared by cranial osteopaths and their patients during clinical encounters. Her philosophical interests are in hermeneutic realism, phenomenology and the ontology of healthcare practice, and she is currently studying the work of the late phenomenologist and psychotherapist Eugene Gendlin. She is a member of the CauseHealth global network, and runs the Philosophy of Osteopathy project: <https://www.phost.uk/>

### **Presentation title**

A Hermeneutic Model of Clinical Practice: Osteopathy as a Sense-Making Alliance

## Abstract

Mandy proposes a reconceptualisation of osteopathy as a Lifeworld-led, non-dualistic, hermeneutic practice, in which sense-making is an intersubjective enactive process between the osteopath and patient, and the outcome of the therapeutic encounter is that what is meaningful to the patient is disclosed. She describes a Gendlinian model in which meaning manifests as embodied metaphor, and discusses the role of the tactile, kinaesthetic, interoceptive and proprioceptive sensory modalities in osteopathic communication.