

datum:

12/09/2021

wedstrijd:

open meeting

DALO Lommel (B)

	loopn.			ver	discus	speer	kogel	hoog
14u00	100 m	G recrea			14u00	14u00	14u00	14u00
		AMH d			js h	js d	schol h	kad d
		AMH h		14u15	mas M35-45	mas W35/45	mas M60-65	schol d
14u08		kad d		G recrea		mas W50-55		jsm d
14u11		schol d				mas W60-65-70		
14u14		jsm d				mas W75+		
14u17		kad h			14u30	14u45	14u45	
14u20		schol h			schol h	js h	kad h	
14u23		jsm h			mas M50-55	mas M35-45	mas M70-75	
15u00	1000 m	kad d					mas M80+	
15u00		schol d						
15u00		jsm d						
15u07		kad h		15u30	15u15	15u15	15u30	
15u14		schol h		kad d	js d	kad d	js h	
15u14		jsm h		schol d	mas W35-40-45	schol d	mas M35-45	
16u00	300 m	kad d		jsm d	mas W50-55-60+		mas M50-55	
16u04		schol d		AMH d	mas W 75+			
16u04		jsm d						
16u08	2 series	kad h						
16u08		schol h		16u15	16u00	16u00	16u15	
16u08		jsm h		jsm h	kad h	schol h	kad d	
18u00	uurloop	jsm d		AMH h	mas M60-65-70+	mas M50-55	schol d	
18u00	uurloop	jsm h						
					17u00	16u45	16u45	
					schol d	kad h	js d	
					kad d	mas M60-65	mas W35-40-45	
						mas M70-75	mas W50-55-60+	
						mas M80+	mas W75+	

		Categorie België			Categorie Nederland		
heren	kad	100 m	300m	1000			jun C
			discus	speer	kogel		
	schol	100 m	300m	1000			Jun B
		discus	speer	kogel			
	jsm	100 m	300m	1000	uurloop		Jun A / Sen / Veteranen
		ver	discus	speer	kogel		
dames	kad	100 m	300m	1000			jun C
		ver	discus	speer	kogel	hoog	
	schol	100 m	300m	1000			Jun B
		ver	discus	speer	kogel	hoog	
	jsm	100 m	300m	1000	uurloop		Jun A / Sen / Veteranen
		ver	discus	speer	kogel	hoog	
G recrea	M+V	100 m	ver				
AMH	M+V	100 m	ver				