



Team Delegations' Handbook

**AFBC Elite Men and Women Boxing Championships:
YAOUNDE 2023**

July 25 – August 06, 2023



Date : July 25 – August 06, 2023

To : All AFBC NATIONAL FEDERATIONS

Re : Invitation to AFBC Elite Men and Women Championships, 2023 Yaoundé

Dear Presidents, and Secretaries Generals,

On this special occasion, we are hereby pleased to extend this to you for the AFBC Men and Women Championships, 2023.

The Cameroon Boxing Federation has been entrusted with responsibility of hosting this prestigious Championships. The event period will be July 25 – August 06, 2023 in the host city of Yaounde.

Kindly find attached the Team Delegation Handbook and please note that the registration shall be completed via IBA, from June 10 to July 12, 2023.

AFBC looks forward to you participation and we remain available should you have any questions.

Yours sincerely,

A handwritten signature in blue ink is positioned to the left of a circular blue ink stamp. The stamp contains the AFBC logo and the text 'AFRICAN BOXING CONFEDERATION' at the top and 'THE PRESIDENT' at the bottom.

Bertrand MENDOUGA
AFBC President

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1. ORGANIZER

Fédération Camerounaise de Boxe, affiliated to IBA and AFBC has been entrusted with the organization of the AFBC MEN AND WOMEN BOXING CHAMPIONSHIPS Yaoundé 2023.

Address: **FEDERATION CAMEROUNAISE DE BOXE**

Headquarters : Immeuble de la Solidarité, Messa - Yaoundé

Tél.: + 237 699 27 42 77

Email: camerounboxe@yahoo.com / camboxe2009@yahoo.fr

THIS COMPETITION IS OPENED TO ALL AFRICAN NATIONAL FEDERATIONS.

2. CONTACT

| Subject | E-mail |
|------------------------------------|--|
| Registrations for team delegations | IBA DATABASE |
| Competition related | IBA DATABASE |
| Press & media related: | IBA DATABASE |
| Visa & Entry Requirements | camerounboxe@yahoo.com |
| Accommodations | camerounboxe@yahoo.com |
| Transport | camerounboxe@yahoo.com |

3. COMPETITION OFFICIALS

The Championships is an AOB 2-star Category A event and will be officiated by IBA Certified International Technical Officials and Referees/Judges.

4. REGISTRATION TO THE COMPETITION

All registrations for Team Delegations will have to be made through [IBA DATABASE](#)

The registrations are open from **June 10 to August 12, 2023.**

Please find a summary table below:

| Registration for: | Done by: | Deadline |
|--|---|-------------------------------|
| Boxers | Each national federation through IBA DATABASE | July 12, 2023 (00: 00 GMT) |
| Teams officials | Each national federation through IBA DATABASE | July 12, 2023 (00: 00 GMT) |
| Arrival/Departure time of Team Delegations | Each national federation through IBA DATABASE | July 12, 2023 (00: 00 GMT) |
| Rooming List | Each national federation through IBA DATABASE | July 12, 2023 (00: 00 GMT) |

Important note: Registration requests that will be received by email after the deadline will not be taken in to consideration. **Exceptions will not be granted.**

4.1. Participating Boxers

Men boxers between the age of 18 and 40 according to their year of birth (born between **January 1, 1983 – December 31, 2004**) will be eligible to compete in the following categories: **48kg, 51kg, 54kg, 57kg, 60kg, 63,5kg, 67kg, 71kg, 75kg, 80kg, 86kg, 92kg, 92+kg.**

Women boxers between the age of 18 and 40 according to their year of birth (born between **January 1, 1983 – December 31, 2004**) will be eligible to compete in the following categories: **48kg, 50kg, 52kg, 54kg, 57kg, 60kg; 63kg; 66kg, 70kg, 75kg, 81kg, 81+kg.**

4.2. Sport Entries Check

The Sport Entries Check will take place on July 25, 2023 full day and July 26, 2023 in the morning. Teams will be informed of the exact date and time of their appointment during accreditation after arrival. Please make sure to arrive in Yaounde – Cameroon until July 26, 2023.

Each Team delegation can appoint a maximum of 2 persons to attend the Sport Entries Check. AFBC recommends to each team to send the Team Manager and/or the Team Doctor and/or the Head Coach.

Each Team Delegation's representatives will have a 10-minute appointment with AFBC Officials to confirm the entry list of their delegation, the spelling of boxers' names, the uniforms, national flag and anthem and to present the official documents listed below to AFBC.

➤ **IMPORTANT**

All forms are attached to the Team Delegation Handbook

Please note that the presence of your representative is mandatory. In the event where Team Delegation Representatives do not show-up for the scheduled appointment, the entire Team will be disqualified.

ALL MEDICAL DOCUMENTS MUST BE PRESENTED.

Your representative(s) must present:

1. Entry list of the delegation
2. Passport of each boxer.
3. Record Book of each boxer.
4. Boxer's uniform examples.
5. Results of Hepatitis B, Hepatitis C and HIV tests, not older than 6 months
6. AFBC Medical certificates issued within the last 30 days for each boxer.
7. AFBC Fit to Box form (all boxers).
8. COVID-19 Declaration of No symptoms Form signed by all team members.
9. COVID-19 Liability Waiver Form signed by all team members.
10. Anti-doping consent forms signed by each boxer.
11. Video consent form signed by team manager/ head coach.
12. AFBC General Participation Form
13. AFBC Code of Conduct
14. AFBC Code of Conduct

4.3. Team Officials

Each Team Delegation can have the following number of Team Officials:

- 1 President or National Federation Representative
- 1 Team Manager
- 1 Team Physician (Medical Doctor)
- 1 Physiotherapist

4.2.1. Coaches

Number of coaches according to below table:

- 1 boxer: Up to 3 coaches
- 2-3 boxers: Up to 4 Coaches
- 4-7 Boxers: Up to 5 Coaches
- 8-13 Boxers: Up to 6 Coaches

- Each Boxer will be accompanied to the ring by up to three (3) Coaches. However, only two (2) Coaches may mount the apron of the ring and only one (1) may enter the ring.
- All boxers must be accompanied by at least 1-star IBA certified coach at ring side during the bouts.
- All Coaches allowed to work in the Field of Play (FOP) must be IBA certified (1-2-3 star). Or IBA certified Cut technician at ring side during the bouts.
- If any team does not have a 1-Star coach, please raise this at the Technical Meeting so arrangements can be made with another team.
- Any coach of National Level, who has not certified through IBA, **will not be allowed to enter the FOP.**

5. VISA & ENTRY REQUIREMENTS

- **LOC will provide assistance regarding Visa. For any information please contact:**
Mr Franck DEY YELEM - Tel : + +237 694 15 77 63
Email: camerounboxe@yahoo.com

5.1. Process

The process for obtaining visa for Cameroon will be as follows:

- Team delegations who needs Visas must immediately request it to Yaounde Embassy/ Consulate of their country, LOC will provide invitation letters for all Teams Delegations.
- LOC will provide landing visa letters for all Team Delegation who doesn't have Cameroon Embassy / Consulate in their own country.
- Visa cost: 170 USD

In this case please contact immediately **Mr Franck DEY YELEM** and provide him with valid passport copies of the applicant(s) before **July 12, 2023.**

Please note that after this deadline the LOC cannot grant any Visa.

6. TRANSPORTATION

6.1. International Transportation

All flight information related to the Team Delegation must be sent by e-mail to: camerounboxe@yahoo.com

The airport of arrival and departure will be **Aeroport International de Yaounde Nsimalen**

Deadline: July 12, 2023. (00:00 GMT)



6.2. Local Transportation

Local transportation will be provided by LOC:

- To and from **Aeroport International de Yaounde - Nsimalen**
- To and from the hotel to the competition venue and training venue.

In case of questions or emergencies upon arrival at the airport, please contact LOC at:

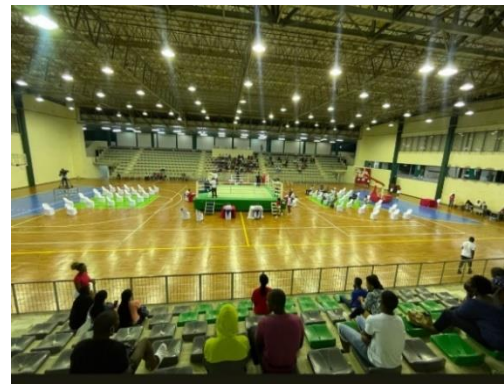
+ 237 696 67 99 83



7. COMPETITION & TRAINING VENUES

Name: Palais Polyvalent des Sports de Yaoundé

Capacity: 5,000 Seats



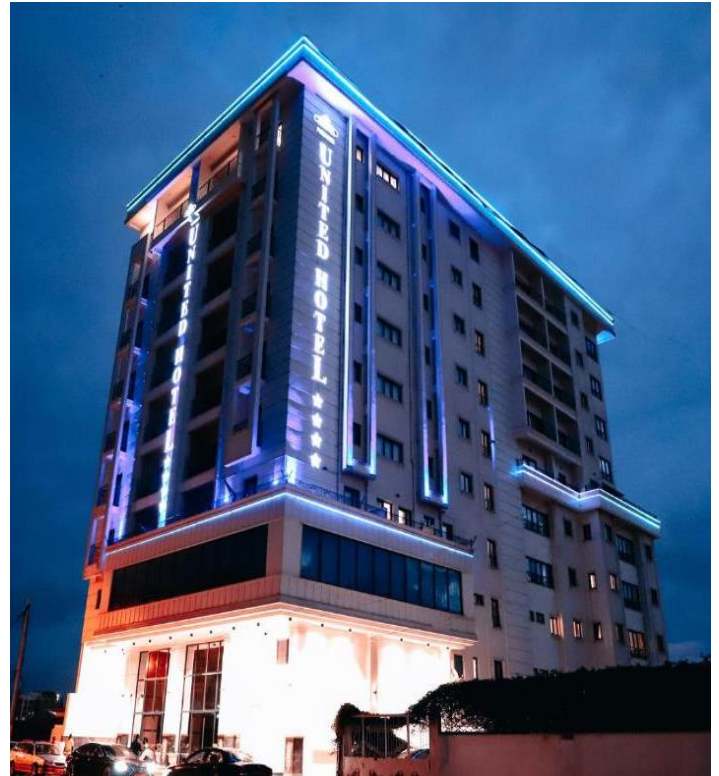
8. ACCOMMODATION

Allocation of single and double rooms required for the Team Delegation must be sent to Cameroon Boxing Federation by July 12, 2023 (00:00 GMT) via email at: Camerounboxe@yahoo.com

Room allocation must be sent to: Camerounboxe@yahoo.com

Deadline: July 12, 2023, (00:00 GMT)

8.1. Hotels for Team Delegation: United Hotel



Important: Only boxers and Team Officials listed in the point 3.2 will be allowed to stay in these hotels.

* Free Wi-Fi included.

8.2. Room rates

| Room Type | Price |
|------------------|------------------------|
| Single Occupancy | USD 95 / person/ night |
| Double Occupancy | USD 75 / person/ night |

The room rate will be available during the entire Championship Period. Room rate includes full board (3 meals per day).

8.3. Hotel for Officials: Hotel la Falaise



8.4. Payment conditions

Team Delegations must pay their full room charges as above for the entire Championships Period **July 25 - August 06, 2023**

- Only on-site payment in CASH will be accepted.
- LOC will not be able to accept any other form of payment on site.
- Team Delegations will not be able to receive accreditation cards and hotel room keys if the payment is not made in full.

8.5. Meals

Three Meals per day will be served. The daily menus will be done according to the IBA Dietary requirements. The Meal hours will be:

| | |
|------------|---------------|
| Breakfast: | 6:30 – 9:30 |
| Lunch: | 11:30 – 14:00 |
| Dinner: | 18:00 – 22:00 |

9. COMPETITION SYSTEM

The Championships will be run according to Current IBA Technical and Competition Rules. There will be no seeding for this event, according to the Appendix C of the Current AOB Competition Rules.

The Official Draw will be conducted by Scoring Machine through an electronic draw. One ring will be used for this competition.

The Scoring System will be based on a “Ten Point Must- System”.

There will be five (5) Judges for each bout in accordance with electronic draw by IBA Swiss Timing.

10. COMPETITION CALENDAR AND OTHER ACTIVITIES

| Event | Time | Place |
|--|---|--|
| July 25 - 26 | | |
| Arrivals | All day | Hotel la Falaise |
| July 25 – August 05 | | |
| Accreditation Centers | 08:00 – 20:00 (July 25 - 26) 10:00 – 20:00 (July 28 – August 05) | Hotel la Falaise Competition Venue |
| July 25 | | |
| Sport Entrys Check – Day 1 | 09:00 – 12:00 13:00 – 18:00 | Hotel la Falaise |
| July 26 | | |
| Sport Entrys Check – Day 2 | 08:00 – 11:00 | Hotel la Falaise |
| Technical Meeting | 15:00 – 16:00 | Hotel la Falaise |
| Official Draw | 16:00 – 17:00 | Hotel la Falaise |
| Opening Ceremony | 18:00 – 20:00 | Palais Polyvalent des Sports de Yaoundé - Cameroun |
| Welcome Dinner (officials, team representatives – no athletes) | 21 :00 – 22 :30 | Hotel la Falaise |
| July 27 – August 05 | | |
| Daily Weigh-in | 07:00 – 08:00 | Hotel la Falaise |
| July 27 – August 01 | | |
| Preliminaries/Quarterfinals | 14:00 18:00 | Palais Polyvalent des Sports de Yaoundé - Cameroun |

August 02 to 03

| | | |
|---------------|----------------|---|
| Semi - finals | 14:00 18:00 | Palais Polyvalent des Sports de Yaoundé - Cameroun |
|---------------|----------------|---|

August 04 to 05

| | | |
|-----------------------------|---------------|---|
| Ceremonia/Weigh Ins | 11:00 – 12:00 | Hotel la Falaise |
| Finals and Medal Ceremonies | 17:00 | Palais Polyvalent des Sports de Yaoundé - Cameroun |

August 06

Departures

Calendar and competition schedule may be changed or adjusted after general weight in and official draw.

11. SPORT ENTRY CHECK

11.1 All Boxers must bring the following items to the General Weigh-In:

- Filled Declaration of Non-pregnancy (for women boxers)

11.2 Each Team Delegation must bring the following:

- National flag 1 x 1.5m
- National anthem on MP3 or CD

11.3 Boxer's Uniform:

- Each Boxer must bring two sets of uniform (**complete red and blue color sets not being mixed with any other color**)
- Boxers must wear a same color set of either red or blue form fitting vest and shorts/skirts as per the Boxers' respective corner allocation which will be their own responsibility
- The belt line of any shorts/skirts must be clearly indicated by a contrasting color and by using a 6-10 cm wide elastic waistband (the belt line is an imaginary line from the navel to the top of the hips).
- Bring Hair-net/bandana (for women boxers)

12. OFFICIAL BOXING EQUIPMENT

All official boxing equipment for the AFBC Men and Women Boxing Championships Yaounde 2023 will be provided by IBA Official Licensee.

13. MEDALS

AFBC and the Local organizing committee will distribute for each of the ten weight categories:

- 1st Place: gold medal (1)
- 2nd Place: silver medal (1)
- 3rd Place: bronze medal (1)
- 4th Place: bronze medal (1)

For the prize money the AFBC is in discussion with IBA and the conclusion will be published very soon.

14. ACCREDITATION

14.1. For Team Delegations

All Team Delegation members (as listed in 3.2) who registered for the AFBC Men and Women Boxing Championships Yaounde 2023 through the entry form by July 12, 2023 (00:00 GMT) will receive their accreditation after payment of the accommodation

14.2. For National Federation Members (EXTRA OFFICIALS)

Each National Federation has the possibility to request up to six (6) extra accreditations for its internal needs and VIP by completing the accreditation request form in annex and send it back to: **LOC:** (camerounboxe@yahoo.com) for approval **no later than** July 12, 2023 (00:00 GMT)

15. INSURANCE

All participants are requested to get their own travel and medical insurance, as the LOC will provide liability insurance for all participants only at the Competition Venue.

16. MEDICAL CARE

The LOC will provide medical care and first aid during the entire Championships Period to any participant who suffers from a sports injury contracted during the Championships.

17. DOPING CONTROL

Anti-doping control will be carried out in accordance with the IBA Anti-Doping Rules and the World Anti-Doping Code.

According to WADA regulations, blood testing may be conducted during IBA & AFBC Competitions.

18. COVID-19 PROTOCOL FOR TEAM DELEGATIONS

All official members of Team Delegations, whether they are competitors or staff, international or local are obligated to:

- Present, on arrival, an individual COVID-19 medical certificates (PCR test made within 72 hours before arrival) with a negative result.
- Covid test cost at departure is **50 USD**
- Complete an individual medical survey not earlier than 72 hours before the arrival that will be sent to your email.
- Wear a mask at all times during the Tournament, with exceptions of:
 - o boxers in training when it is not possible to wear it
 - participants in respective hotel rooms, where it is the choice of participants
 - participants during their meals only when seated at their dining table
- Observe social distancing at all times (1,5 m), except for boxers during their bouts and during warming up with their coach.
- Avoid entering hotel rooms of other participants under any circumstances.
- Avoid any contact with individuals who are not on the training camp as workers, other athletes...
- Submit to contactless temperature screening by the LOC and/or local health authorities at any time during the Tournament
- Submit to COVID-19 testing at any time during the Tournament on request of LOC COVID-19 Managers and/or local health authorities
- Follow all instructions of LOC COVID-19 Event Managers, including following isolation, quarantine, observation procedures and provision of detailed contact tracing in case of need
- Timely report all COVID-19 protocol violations during the Event to AFBC/LOC COVID-19 Managers

WELCOME TO YAOUNDE

GOOD LUCK FOR THE CHAMPIONSHIPS