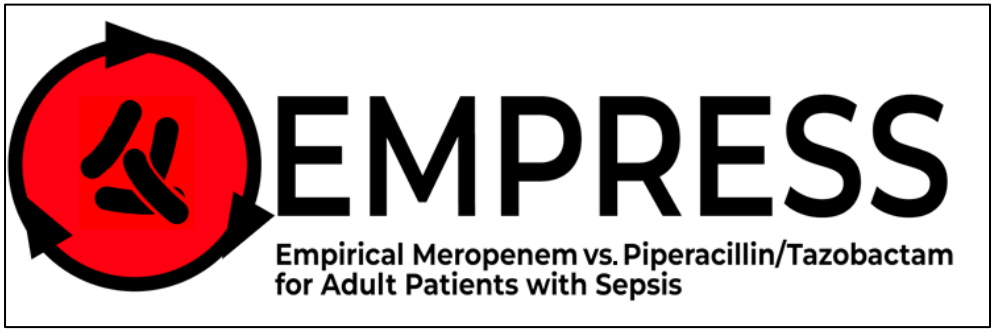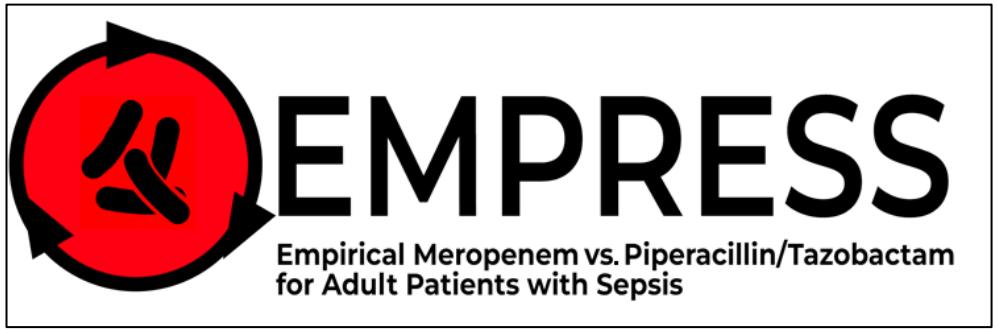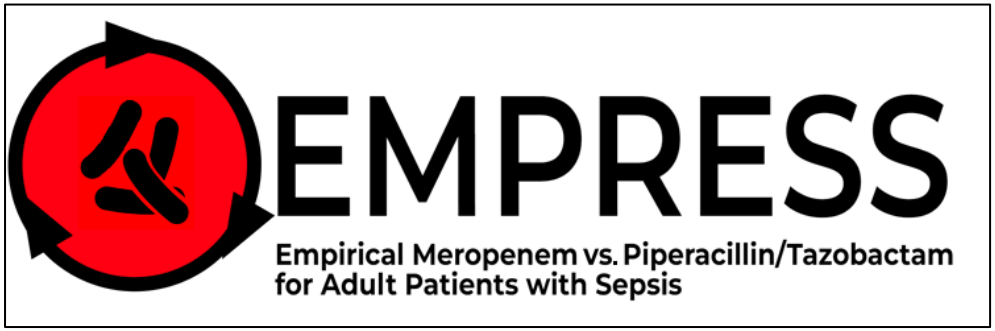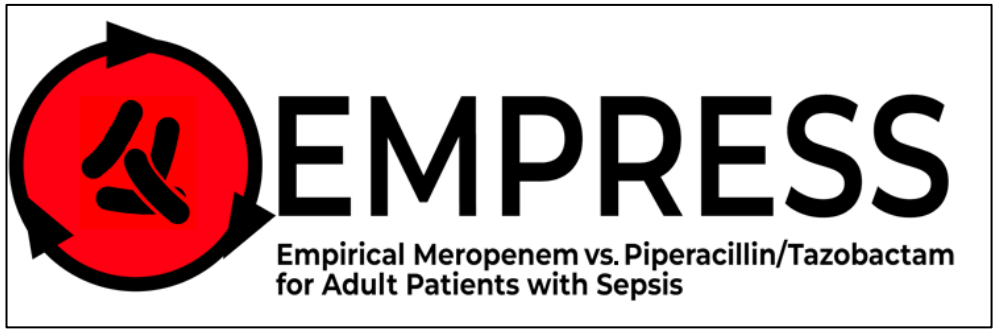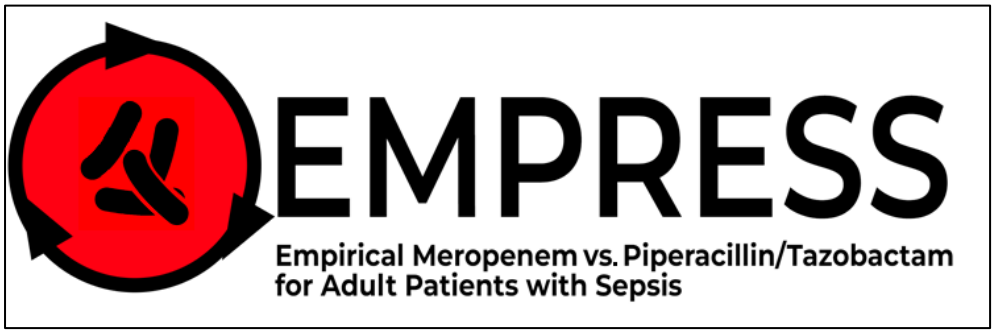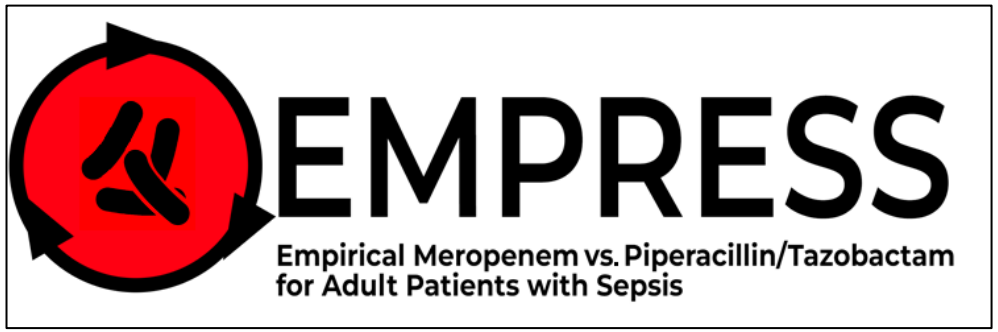**To be printed, cut out and laminated**