

Pocket Cards

On the next page you will find a front page and a back page for a pocket card the physicians in your department can use when they screen and randomise patients in the GODIF trial.

How to do:

1. Print the page in colours
2. Cut the paper in the middle
3. Put the two pieces with the back against each other. Cut around the blue edges.
4. Laminate the page
5. It can be folded in the middle as a little booklet. There will be text on all 4 pages.



Trial drug:

Starting bolus dose: 0.5 – 4 mL according to physicians’ discretion followed by infusion of 2 mL/hour. The infusion can be regulated between 0 – 4 mL/hour according to effect and goal for daily fluid removal.

Resuscitations algorithm:

If the patient develop lactate ≥ 4.0 mmol/L, MAP < 50 mmHg or mottling beyond edge of the kneecaps the trial drug must be paused, and resuscitation initiated.

Resuscitate with bolus of 250-500 mL of crystalloid. The trial drug must not be restarted before all the above parameters are gone and the patient is assessed stable enough to tolerate fluid removal.

Trial drug can be accessed online on www.cric.nu/godif/



Inclusion criteria for the GODIF trial

- **Acute admittance in the ICU**
AND
- **18 years of age or older**
AND
- **Clinical stable assessed by treating physician** (minimum criteria: MAP > 50 mm Hg, noradrenaline ≤ 0.20 mikrog/kg/min and lactate < 4.0 mmol/L)
AND
- **Fluid accumulation (minimum):** estimated according to 4 parameters: cumulative fluid balance (if possible), daily fluid balance, changes in body weight, and clinical examination.

Height	Man	Woman
≤ 159 cm	+3000 mL	+2500 mL
160 – 169 cm	+3500 mL	+3000 mL
170 – 179 cm	+4000 mL	+3500 mL
180 – 189 cm	+4500 mL	+4000 mL
≥ 190 cm	+5000 mL	+4500 mL

Estimated fluid accumulation must be documented in the patient file.



Practical information on randomisation

1. **Follow your national regulations according to informed consent.**
2. **Go to www.cric.nu/godif**
 - **Choose:** 'Screen, randomise, and enter data'
 - **Log on and choose** 'Go to Patient Screening'
 - **Fill in** the screening form
3. **Prepare the trial drug and start the intervention**

Remember: Women < 50 years of age must have a negative urine hCG or plasma hCG at the time of screening.

Minimum daily fluid removal until a neutral fluid balance is achieved:

Height	Man	Woman
≤ 159 cm	-1300 mL	-1200 mL
160-169 cm	-1500 mL	-1400 mL
170-179 cm	-1700 mL	-1600 mL
180-189 cm	-1900 mL	-1800 mL
≥ 190 cm	-2000 mL	-1900 mL

Prescribe daily weight, trial drug and negative fluid balance according to chart above in the patient file.

Neutral fluid balance must be assessed by the clinical team according to the following 4 parameters: cumulative fluid balance (if available), daily fluid balance, changes in body weight, and clinical examination and noted in the patient file. Stop fluid removal when the patient is in neutral fluid balance

**GODIF-hotline:
+45 4829 6773**