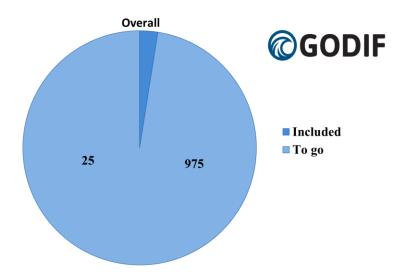


## GODIF Newsletter August to November 2020 Thank you for committing to the GODIF trial!

The GODIF trial was initiated the 17.th of August 2020 in the ICU on Nordsjællands hospital. In September the ICU in Rigshospitalet and Kolding joined. In the first 3 month we have included 25 patients.



More sites are about to start up. The ICU in Vejle is expected to join in December and the ICU in Aalborg in January. More sites will join later when the formalities are in place. We are looking forward to welcoming Odense, Aabenraa, Roskilde and Gentofte. We are now recruiting sites outside Denmark and the application process has begun.

A new systematic review and meta-analysis about fluid overload and mortality in adult critical care patients is just published in Crit Care Med and supports that fluid overload and positive cumulative fluid balance are associated with increased mortality in a general population and defined subgroups of critically ill patients. This is why GODIF is so important. With GODIF we want to investigate if deresuscitation with fast and goal directed fluid removal will benefit this group of patients with increased mortality.

Fluid Overload and Mortality in Adult Critical Care Patients—A Systematic Review and Meta-Analysis of Observational Studies

Anna S. Messmer, MD¹; Carina Zingg¹; Martin Müller, MD¹³; Joël Loic Gerber, MD¹; Joerg Christian Schefold, MD¹; Carmen Andrea Pfortmueller, MD¹

https://journals.lww.com/ccmjournal/Abstract/9000/F luid Overload and Mortality in Adult Critical.95484 \_aspx



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Kind Regards form the GODIF team

Morten (Sponsor) and Sine (Coordinating Investigator)

We look very much forward to further collaboration. Thank you for your support!

We wish you all a merry Christmas and a happy new year.



