

Place in Site Master File #13

**AID-ICU newsletter – March/April/May 2021**

**Thank you for your commitment to the AID-ICU trial!**

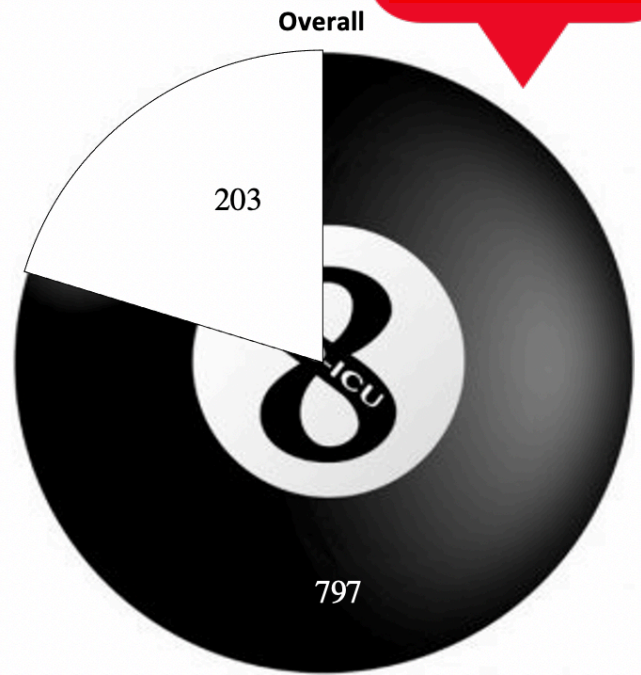
**≈ 80%  
included**

**STATUS**

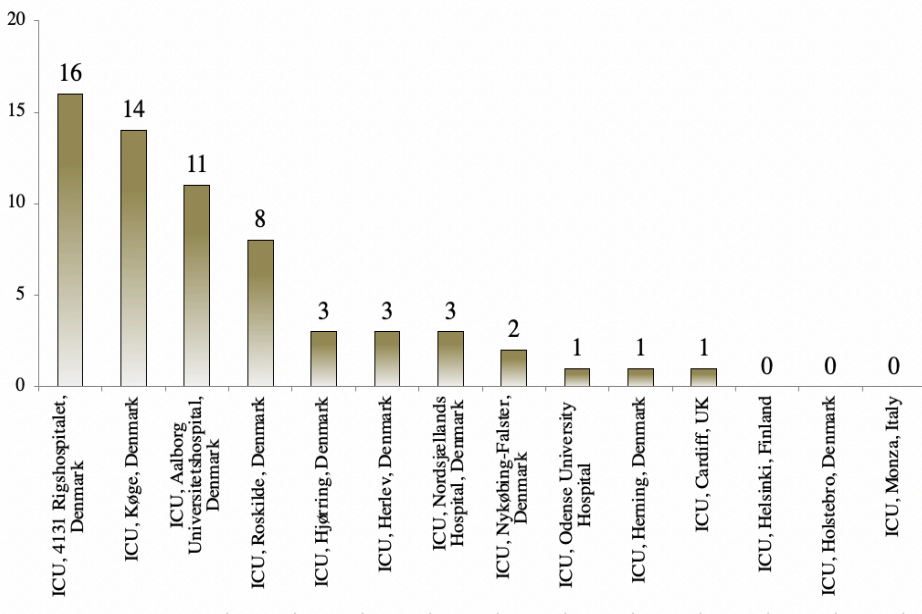
We are closing in on 800 participants in the AID-ICU trial and thereby in our final year of recruitment. We hope to finalize the trial in the beginning of 2022 and thereby expect to have results ready at this time next year. This can only be achieved with your continued support in the trial. Thank you for this commitment and all the work you put into the trial.

15 sites are currently randomising patients in the trial, 13 danish sites and 2 international sites. Danish participants are predominant in the trial but we hope to include more international participants through collaborators in UK, Spain and Finland.

Keep up the good work and we will soon be able to improve evidence and outcomes for critically ill patients suffering from delirium!



**Top Recruiters in March, April and May (combined)**



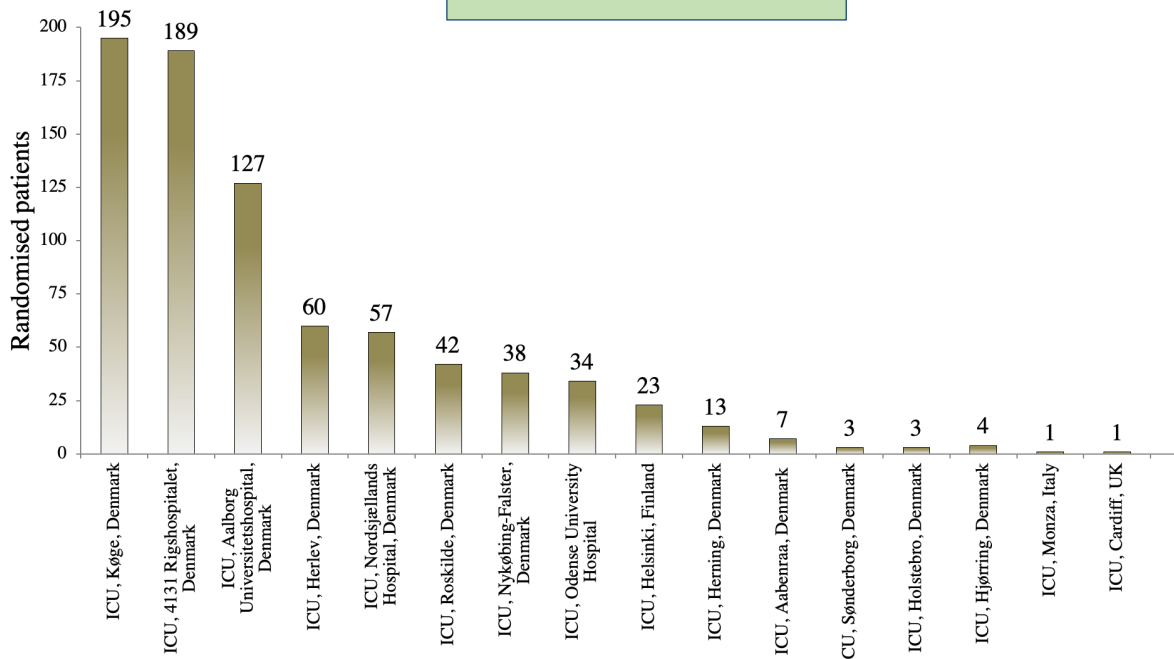
**THIS PERIOD RECRUITER-CLIMBER:**

**ICU Roskilde from 2 to 8!**

A special thanks to Thomas Hildebrandt and Bülent Uslu

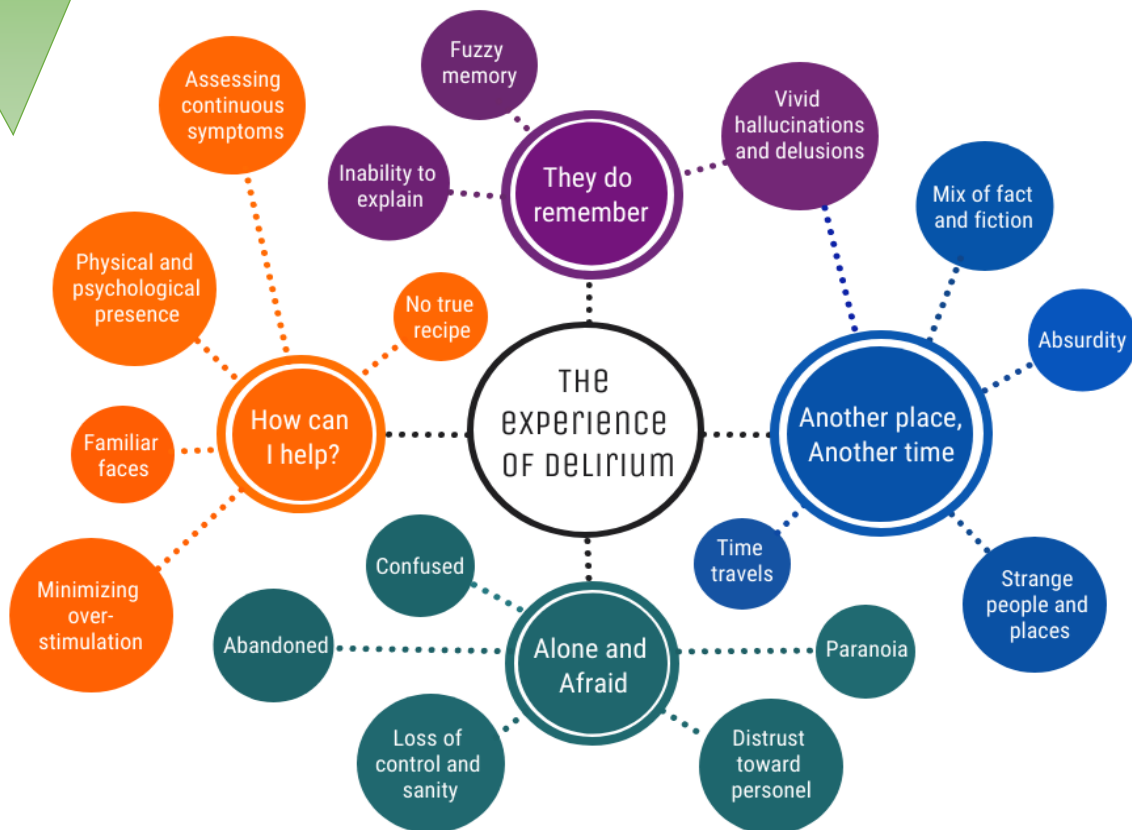


### Top recruiters overall



26 delirium survivors and AID-ICU participants agreed to participate in a qualitative interview about their experience of delirium. Interviews were conducted when patients were discharged from the ICU and delirium free. 18 (69%) of 26 participants remembered being delirious and 15 (58%) reported their delirium experience as extremely distressing. Thematic analysis of transcribed interviews resulted in 4 themes and 12 subthemes describing the delirium experience. These are visualized below in the mind map below.

DID YOU KNOW?



### Other important news from the coordinating centre

1. Please strive to keep protocol compliance, we have had an unfortunate increase in protocol violations due to open-label antipsychotics. It is very important to manage delirium with trial medication followed by escape medication when trial medication is insufficient for safe delirium management. Please check SOP Trial medication (<http://www.cric.nu/aid-icu-sop-trial-medication/>).
2. Please ensure that email notifications of warnings and major protocol violations are handled to secure adherence to the protocol.
3. Please check the site master file log (<http://www.cric.nu/aid-icu-log-for-site-master-file/>) regularly for updates.

### Welcome to ICU Hjørring

Primary Investigator Kjeld Damgaard, Project nurse Lillian Lundberg and their team at Hjørring ICU. The site has already included 4 patients in the AID-ICU trial – well done!



to our team!

**Remember the Coordinating Center is always available on the:**

**AID-ICU HOT-LINE: +45 93 57 77 50**

[www.cric.nu/aid-icu](http://www.cric.nu/aid-icu)

**Kind Regards from the AID-ICU team  
Lone (sponsor), Camilla Bekker Mortensen (After-AID)  
and Nina (Coordinating Investigator)**